



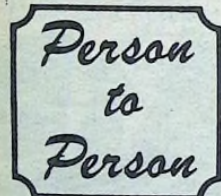
HELOTES ECHO

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VOLUME XXIV, NUMBER 6

HELOTES, BEXAR COUNTY, TEXAS — November 16 — November 30, 1984

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Christmas Days To Be Dec. 7-9

Reform Laws Challenge Northside Educators Santa Due In Town Saturday

Opening day of the 1984 white tail deer hunting season tomorrow, Nov. 17 should find the deer in fairly good condition, according to one local rancher. Though the deer suffered during the summer drought, recent rains have improved their food supply. In a typical year about 250,000 deer are harvested in the Hill Country counties.

Deer hunters won't be happy if the warm weather of the past week continues. It takes really cold weather to make the deer move about. The daytime temperatures this week have been in the 70's, with cool nights and cloudy mornings.

American Education Week was observed this week, Nov. 11-17... and Nov. 18-24 is National Adoption Week, including Thanksgiving.

Of nine San Antonio area teachers selected for 1984 Terrific Teacher Awards by the Texas Congress of PTA's, four are from the Northside district, including Eleanor Cogburn of Helotes School.

Don Dunford's Chaparral Ford of Devine has been recognized as one of Ford Motor Company's outstanding leaderships. Don is the son of Mr. and Mrs. E. J. Dunford of Helotes.

Helotes Independent Baptist Church will dedicate its new sanctuary on Sunday, Nov. 18, at 2 p.m. Guest speaker will be Dr. Weldon Spracklen, pastor of Calvary Baptist Church, Wayne, Michigan.

Doctors Okay Fluoridation

The Medical Faculty Assembly of The University of Texas Health Science Center passed a resolution Friday, Nov. 2, endorsing fluoridation of the San Antonio water supply.

The group includes about 500 faculty members responsible for teaching medical students. The faculty assembly joins the dental school faculty and numerous individual departments in the university which already have endorsed city water fluoridation.



In this Pat Neff Middle School history class, Teacher Rick Piper incorporates new curriculum guidelines. Rick is one of 3,888 staff members affected by new education reform laws.

It's now been more than four months since House Bill 72 and Chapter 75 became a part of every educator's vocabulary. Rigorous grading systems, strict curriculum guidelines, and tough attendance laws are just a few changes which contribute to 1984-85's emerging reputation as a year of transition and frustration for Northside District educators.

"The biggest problems and biggest challenges," says Deputy Superintendent Dr. C. Warren Alexander, "are due to inconsistency of information we've received from many sources."

"Regardless of this absence of information," says Alexander, "schools still have to operate under the best available information possible. We believe we are doing most things right." Although some adjustments will have to be made as the newly-appointed State Board begins to interpret new laws,

Northside continues to review district policies regularly to ensure they are in line with state laws.

Northside administrators agree that it would have been easier to implement HB 72 if all compliance deadlines were one year later. A September, 1985, deadline would have allowed Texas school systems to develop operations and procedures to deal with new mandates such as tutoring and weekly eligibility status for extra-curricular activities of students.

"Because we had no lead time," says Dr. Alexander, "it was a frustrating situation especially for a school district our size (29,223 students) to communicate changes in a timely manner to staff, parents and students." HB 72 was passed by the Texas Legislature just weeks before school started this Fall.

"As a result," adds Alexander, "we were down to the wire, for example, on the 1984-85 budget. We

knew Chapter 75 was coming but then HB 72 was passed in mid-summer. Combined, the reforms were of such great scope that all school operations were affected."

Superintendent Jack C. Jordan commends staff cooperation. "There has been no undercutting, no sabotage, no lip service. While we may not agree with everything in the new law, we all do agree with the intent of the law." He adds that a positive effect of this renewed emphasis has been more parental involvement.

Students have, for the most part, accepted the changes. Many are trying harder to maintain good grades. "They have accepted their added responsibilities and obligations and are coming through with flying colors," Jordan says. "Of course, now all students have realized the importance of new regulations governing grade

[Continued On Page 10]

Marking the Christmas season in this historic town will be the fourth annual Helotes Christmas Days celebration, which takes place Friday, Saturday and Sunday, Dec. 7, 8, and 9.

The Christmas Days events are sponsored by the Helotes Business and Professional Association and several other local civic clubs.

Friday is chiefly for shopping and homecoming and dining and dancing. Christmas decorations will be judged on Thursday for the downtown and shopping centers. The Helotes area was famed in the past as a source of Christmas trees, firewood, holiday fare and such as beef, wild turkey and corn as well as venison brought in by the hunters. Seldom did a San Antonio family miss the chance to see the oak leaves and sumac in full color. Mistletoe from here was shipped to distant family members as a prized part of Christmas.

Saturday will be big for shopping. In addition the Helotes Historical Society will sponsor a sale at the Helotes General Store. The Grey Forest Volunteer Fire department will hold an auction at the Helotes Lions Club who are co-sponsors. Other civic organizations will have cake sales for everyone's holiday fare.

Merchants are offering Christmas merchandise and many will have door prizes on Saturday.

Santa Claus is due at the General Store and elsewhere in town and has promised to let his picture be made with any young children who wish. He will pass on their requests for those who can help him on Christmas Day.

Sunday will be a gala time with most of the restaurants open. There will also be a Craft Show in the afternoon at the VFW Hall. On Dec. 12 the festivities marking Our Lady of Guadalupe Day will conclude at the Catholic Church here on Riggs Road.

Work To Begin On Loop 1604

Bids for the improvement of Loop 1604 and three other Bexar County roadways including Huebner Road have been opened by the State Department of Highways and Public Transportation, and contracts will be awarded shortly.

The apparent low bidder on the Loop 1604 improvement was the H. B. Zachry Company at 13.6 million.

The project, extending 5.28 miles from the railroad east of Interstate Highway 10 to F.M. 2696 (Blanco Road), will provide a four-lane divided highway and interchanges at Military Drive N. W. (F.M. 1536), Huebner, Bitters and Blanco (FM 2696) roads.

The new facility will promote safer movement of goods and people

on this section of San Antonio's vital outer loop. Over 11,000 vehicles per day use this section of Loop 1604, while 20 years ago it was only 500 per day.

Heath Constructors, Inc., at \$163,000, were the apparent low bidders for the rebuilding of Huebner Road. The project, from Evers Road to the city limits of

Leon Valley, will reconstruct the roadway, with four travel lanes. A drainage structure is also included.

William Garbade, SDHPT supervising resident engineer in charge of the projects, estimates that 300 working days will be needed to complete the Loop 1604 improvements and that 60 work days will be sufficient to finish Huebner Road.

The upgrading of traffic signals on San Pedro, from Loop 410 to U.S. 281, was apparently won by Loyd Electric Company with low bid of \$206,000.

A. O. Hilgers, SDHPT supervising resident engineer responsible for both projects, estimates that the San Pedro improvements will require 35 work days to finish and that the Mayfield bridge construction will need 90 days, weather permitting.

The recent motor fuels tax and vehicle registration fee increases will help provide the funding for these badly needed improvements.

After the SDHPT reviews supplemental papers and documents relating to these projects, the contracts will be awarded.

"In the morning of life, work; in the midday, give counsel; in the evening, pray." Greek Proverb



Greg Trimble is owner of the new A-1 Transmission shop at the corner of Eckhart and Bandera Roads.

Greg Trimble Opens Transmission Repair Shop

Gregory (Greg) Trimble held the grand opening of his business, A-1 Transmission, on Friday, Nov. 16, at 7350 Eckhart Road (Eckhart and Bandera) in North Valley Industrial Park.

Greg has been a resident of Braun Station since 1975, and is a member of Our Lady of Guadalupe Church in Helotes. He and his wife, Rosalie, have three children and two grandchildren. Greg is a charter member of the Helotes Knights of Columbus, and recently was elected Grand Knight.

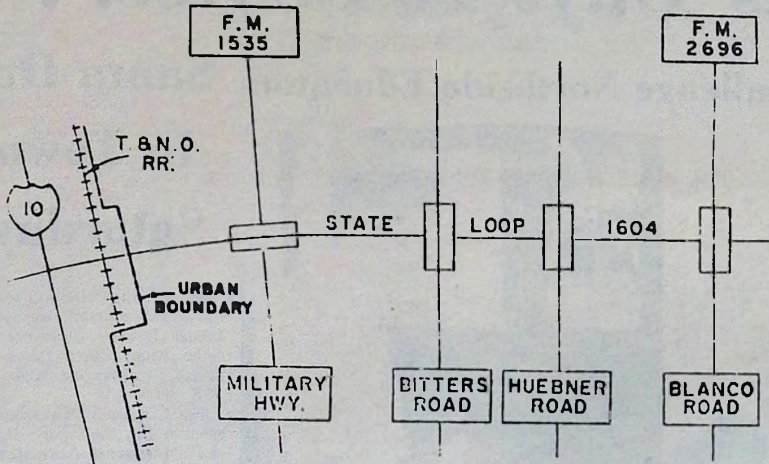
From 1962 to 1970, Greg served as a Deputy Criminal Investigator for the Bexar County District Attorney. He left San Antonio in 1970 to accept a position with the United States Postal Inspection Service as a Criminal Investigator. He was assigned to Washington, D. C., and later served in Salt Lake City and Albuquerque. In 1974 he returned to San Antonio.

A-1 Transmission will be specializing in American and foreign automobile transmission service and repair. Julian Puente has been hired as the company's chief transmission rebuilders. Having 26 years experience in the business, he is considered one of the top transmission rebuilders in the city," Trimble said.

Gail Daniels, one of the few women in the transmission field, will be the operations manager. She comes to A-1 with several years experience in transmission operations.

Trimble said, "We will offer A-1 service to our customers for a fair price and with excellent quality of workmanship on each transmission we repair or rebuild."

Jack Dempsey fought only 138 minutes as world champion. During that time he made \$2,137,000—or \$15,000 per minute.



This is the section of Loop 1604 to be widened next. It is 5.26 miles long, from just east of IH-10 to Blanco Road. It will be widened to four lanes. Traffic will continue on the present two lanes while the new lanes are built. The cost will be \$13.6 million.

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Christmas Plays At St. Mary's Offer Treat

What happens when a child goes to heaven and doesn't know anyone there?

On November 16, 17, 18 and 30, December 1, 2 St. Mary's University of San Antonio will present back-to-back "The Littlest Angel" and "The Second Shepherd's Play". Time, a secretary in the Drama Department said, will be about an hour and 20 minutes for the two.

The littlest angel creates quite a problem for St. Peter and all the

other angels. When the exciting news comes of the birth of the Christ child, all must decide what gifts they will offer Him on the greatest night that heaven has known. The Littlest Angel's gift becomes a special one.

"The Second Shepherd's Play" is taken from one of the early cycles of miracle plays and loosely translated into modern English. It is the story of a thief and his wife who steal the sheep of neighboring shepherds. The search for and discovery of the

sheep, the appearance of an angel, the trip to Bethlehem and lessons of forgiveness and love make this a show for all ages.

Friday evening performances are at 7:30 p.m. Saturday and Sunday performances are at 2:30 p.m. Tickets are \$2 per adult, \$1 per child. Group discounts are available through reservation by calling the drama department, 436-3545. Reinbolt Hall's theatre will be play site.

La Quinta Opens Inn On Loop 410

On December 6, 7 Gian Carlo Menotti's opera "Amahl and the Night Visitors" will be presented by St. Mary's University, S.A., for the "perfect Christmas offering".

At 20, you just know that love makes the world go round; after 40, you wonder why Cupid turned in his driver's license.

San Antonio-based La Quinta Motor Inns celebrated the opening of 150 motor inns at its grand opening party for La Quinta Motor Inn-San Antonio Ingram Park, Wednesday, Nov. 14.

The 129-room motor inn is the company's 10th La Quinta in San Antonio. Located at 7134 N.W. Loop 410, the motor inn is managed by Jack and Gerri England. The company will break ground soon on its 11th motor inn in San Antonio at I-35 and Topperwein Rd.

Along Our Route

Helotes, Texas

Dear Mr. and Mrs. Brown,

Thank you so much for printing my articles in your newspaper. I've had a very positive response from friends and neighbors. I've received some letters from readers (I'll answer their questions in the next column which I'm writing now.)

I've also enclosed another column to be printed.

Cordially,
Michael Scheft

Hondo, Texas

Dear Friend,

On behalf of the children who benefit from the Medina County Association for Exceptional Children's Fund, I want to thank you for your contribution to this year's Trail Ride.

With your help we were able to raise over \$7,000 this year. Your kindness and compassion toward this worthy cause was manifested by your generosity and support.

All of us who work so hard each year to make this Trail Ride a success could never accomplish so much without your support. We thank you for once again helping those who are less fortunate.

The children who benefit from this fund send their thanks and may God Bless.

Sincerely,
Carl W. Mickey
Public Relations Director

San Antonio, Texas

Dear Mrs. Brown:

Thank you so much for your help in publicizing San Antonio Garden Center's 31st Annual Christmas Pilgrimage and Merry Mart.

We do hope you will use the enclosed two tickets to have a lovely afternoon.

Yours truly,
Betty Roach
Publicity Chairman

HELOTES ECHO

"Ye shall know the Truth"

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A Thanksgiving Prayer

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HELOTES PARK PLAZA

Texas Agriculture Provides Holiday Hors D'Oeuvres

By KAREN DeCUENNIC MITCHELL

Whether you are ready or not, the Holidays are here! In a few days traditional and memorable foods will appear on the festive table and in special gifts for family and friends.

During these joyous days ahead, capitalize on our wealth of Texas agricultural products in holiday hors d'oeuvres.

Some ideas include tasty cheese balls with whole wheat crackers. Fresh broccoli, carrots and cauliflower are a natural when used as dippers.

Ground beef, lamb and pork can be prepared as savory sauced meat balls. Try spiced pecans or Texas hot peanuts.

And don't forget orange and grapefruit juice from the Rio Grande Valley in wassail. This year you will be able to find a Lone Star wine to complement any hor d'oeuvre you select.

According to Irma Rombauer and Marion Becker in "The Joy Of

Cooking," hors d'oeuvres loosely translated means "outside the main works". It's a good idea to avoid repetition of flavors between hors d'oeuvres and the main dish.

Heartier appetizers, such as meatballs, are more filling and best served at parties or hours before the main meal. SWEET AND SOUR MEAT BALLS are quick to prepare and always popular. For the lamb lovers, try APPETIZER LAMB MEAT BALLS.

Try BARBEQUED PECANS as an hors d'oeuvre or gift idea. Also try a favorite microwave recipe of the Roosevelt High School Home Economics Department, SPINACH HERB BALLS.

For more information about Texas agricultural products, write to the Texas Department of Agriculture, 2800 N. E. Loop 410, #301, San Antonio, Texas 78218. HAPPY HOLIDAY HORS D'OEUVRES!

SWEET AND SOUR MEATBALLS
1 lb. lean ground beef

1/4 C. water
1/4 C. bread crumbs
1 egg
1 sm. onion, grated
1 tsp. salt
1/4 tsp. ground black pepper
1 C. canned chili (without beans)
1/2 C. grape jelly
Juice of 1 lemon

Combine the first seven ingredients and blend well. Shape into 1-inch meatballs. Combine the chili, grape jelly, and lemon juice in medium saucepan; mix well. Add meatballs, coat with the sauce and simmer 1 hour. Stir occasionally. Makes 3 dozen appetizer meatballs.

APPETIZER LAMB MEATBALLS
1 1/2 lb finely ground lamb
1/4 C. dry bread crumbs
1 egg
1/2 C. water
2 tsp. salt
1/2 tsp. pepper
1/2 C. minced onion

Mix together all ingredients. For easy handling, allow to stand in refrigerator 1 hour before shaping. Shape into 1-inch meatballs. Brown on all sides in fat in frying pan; use a spatula or wooden spoon for turning. When done, place in a chafing dish or food warmer. Stick toothpicks in meatball and dip into honey mustard sauce. Makes about 72 balls.

BARBEQUED PECANS

4 T. butter
4 T. Barbecue sauce
1/4 tsp. seasoned salt
2 dashes red pepper sauce
1 lb. pecan halves
Melt butter in a large saucepan; add barbecue sauce, salt, and red

pepper sauce. Mix in pecans. Spread on a cookie sheet and bake at 300 degrees F. for 30-45 minutes. Stir frequently during cooking time. Spread out on brown paper and allow to cool.

SPINACH HERB BALLS

2 T. Butter
1 pkg. sesame seeds (about 1/2 c.)
1 pkg. frozen chopped spinach
1 pkg. (8 oz.) cream cheese
1 C. herb-seasoned bread cubes
1 egg
1/4 C. parmesan cheese
1 tsp. lemon juice
1. Microwave [high] butter in 12"x8" glass baking dish 1/2 min. or until melted. Stir in sesame seed.
2. Microwave [high] uncovered, 5-6

min. or until lightly toasted, stirring every minute. Set aside. Place spinach in 1 qt. glass casserole. Cover.

3. Microwave [high] 4-5 min. or until spinach is hot, stirring twice. Drain.

4. Microwave [high] cream cheese in small bowl 1 min. Stir until smooth; add to spinach. Stir in bread crumbs, egg, cheese and lemon juice. Form into 1/2" balls. Roll in toasted sesame seed. Arrange in baking dish. Cover with wax paper.

5. Microwave [high] 4-5 min. or until balls are set, rotating dish once. Makes about 60 appetizers [If freezing, prepare through step 4 and freeze.].

Don't Forget Casseroles...

BY KAREN DeCUENNIC MITCHELL

Marketing Specialist

Texas Department of Agriculture
Whoever invented casseroles as a main dish was a genius. Whoever uses main dish casseroles frequently is a creative, cost conscious and organized cook.

Take your basic ground beef or ground pork casserole. Add chopped and sauteed onions, celery, green peppers, mushrooms or squash and your favorite herbs and spices for flavor.

Combine with a carbohydrate such as cooked rice, potatoes, beans, peas, or whole wheat pasta. Add seasonal fresh vegetables, lightly cooked until crisp tender, such as carrots, broccoli or cabbage.

Next hold all of these ingredients together with tomato sauce, white sauce or a can of cream soup flavored with a touch of Texas wine. Sprinkle the casserole with chopped pecans, peanuts, grated cheese or buttered cracker crumbs.

If you are organized, casserole preparation time takes 30 minutes on the average. Casseroles bake at 350° F. from 30 minutes to one hour.

An easy way to stretch the food dollar, large families love

casseroles because they usually serve 6-8 people. Small families love them even more because one casserole will stretch into two suppers.

Be creative with TEXAS BEEF CASSEROLE. If you would like a free seasonal chart of Texas vegetables and fruits, write to the Texas Department of Agriculture, 2800 NE Loop 410 #301, San Antonio, 78218.

TEXAS BEEF CASSEROLE*

1 lb. ground beef, 1/2 chopped onion, 1 clove garlic, minced, 2 (8 oz.) cans tomato sauce, 2 T chili powder, 1 1/2 cups (6 ounces) shredded cheddar cheese, 1 (16-ounce) can pinto beans, undrained, 1 (6-ounce) package cornbread mix.

Cook ground beef, onion, and garlic in a large skillet until meat is browned, stirring to crumble. Drain off pan drippings; stir in tomato sauce and chili powder. Spoon meat mixture into a lightly greased 12 x 8 x 2 inch baking dish. Top with cheese; spoon beans over cheese.

Prepare cornbread mix according to package directions; pour over beans. Bake at 400° for 25 minutes or until cornbread is golden. Yield: 6 servings.

*Adapted from Southern Living 1982 Annual Recipes.

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Elderly To Be Studied

The 37th annual meeting of the Gerontological Society of America will be held in San Antonio at the Convention Center on Nov. 16-20. Nationally prominent speakers will discuss concerns and issues that face the elderly population today.

Architect Firm Moves

The firm of Bradley/McChesney Architects, Inc., held an open house Thursday to announce their move into new corporate headquarters on the 8th floor in Lincoln Center at 7800 IH-10 West.

Realist To Exhibit Art

New York realist Walk Jurkiewicz, whose canvases range from large portraits to small landscapes, will display recent works in an exhibition opening Nov. 19 in the Art Teaching Gallery of The University of Texas at San Antonio.

The one-man exhibition will feature more than 20 oil-on-canvas portraits, landscapes and still life paintings in addition to several pencil drawings.

Engagement Announced



Mike Martin and Jean Wood

Mr. and Mrs. Charles D. Wood III announce the engagement of their daughter, Cheryl Jean Wood, to Michael Floyd Martin, son of Mr. and Mrs. Pepper Martin of Lytle, Texas.

Jean is a graduate of Texas A&M University with a bachelor's degree in Marketing. She is presently working for the Pitluk Group advertising agency as Production Traffic Coordinator. She was graduated from John Marshall High School in

1979.

Mike is a graduate of Southwest Texas State University with a bachelor's degree in Marketing. He is presently manager of the Alamo Stud Farm in Lytle, owned by his family. He was graduated from John Marshall in 1976.

The wedding will take place Jan. 5 at the First Presbyterian Church in San Antonio. The reception will be held at the Mehren House.

H · E · R · S

YOU: WISHING FOR ENDLESS SUMMERS?

If you're one of those people who wish it were always summer you're not alone. A recent survey by Harlequin books of its readers resulted in some unusual and ingenious ways to keep "summer" around all year. Here are some of the recommendations:

- Spend time acting like an old-time romantic heroine. Buy yourself a fan, sit on your veranda, porch, or fire escape and fan yourself while cooing lovelorn sighs. Read poetry aloud to your family after dinner—but pick your hour carefully, as you may have trouble competing with the TV. Talk your husband or boyfriend into serving you a mint julep while you're swinging in a hammock. One reader even suggested running across the nearest moor shouting "Heathcliff! Heathcliff!"

- "This is much more pleasant during the summer months than the muddy ides of March," she said, "but make sure it's a deserted moor, or you'll look awfully silly."

- Play up that summery look, Harlequin readers recommend. If you've worked hard on that tan, or you're naturally tawny, bring it out with lipsticks and makeup in sandy shades of peach and gold. In your leisure hours,



show off that sun-kissed skin with off-the-shoulder dresses that go as far above the knee as you dare. If the sun hasn't shown on you for a while, fake it. Sun bronzers can give you an instant tan that lasts until you wash it off, and home highlighting kits can give your hair the same hints of gold as three weeks at the beach.

- Take some "memory" pictures. Go to your favorite summer spot—beach, park, or cafe, and take pictures on a perfect sunny day. One Harlequin reader says that she does this every summer, then keeps the pictures posted in her kitchen during the winter. "Those pictures help me get through some of the drearier months when I really have cabin fever," she says. "Then I know summer will return."

- When those cold rainy days come around, readers recommend cheering yourself up by putting on your favorite wool sweater, curling up with a cup of cocoa, and reading a Harlequin romance, of course.

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Lampmans In Germany



Mr. and Mrs. C.J. Lampman, Sr., of Galm Road are home again after a month's vacation in Europe. They drove 3,000 miles and visited Germany, Austria, Italy, France and Switzerland. In this picture they are at the entry of the Neuschwanstein Castle in Fussen, Germany. Their next trip will be to Portland, Me., where they will be delegates to the National Grange convention. Cliff is Texas State Grange Master.

Guitarist To Play Concert

The middle son of the celebrated Los Romeros, "the Royal Family of the Guitar," Pepe Romero will present a solo concert on Monday, Nov. 19, at The University of Texas at San Antonio.

The classical guitarist, who has

appeared with virtually every major symphony orchestra in the United States and many in Europe, will begin his UTSA performance at 8 p.m. in the Recital Hall, located in the Arts Building on campus. Tickets are \$6 and \$3.

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Lady Roadrunners To Open Play Nov. 22

With its 1984-85 season opener just one week away, the UTSA women's basketball team is getting used to the patterns of new head coach Bill MacLeay. The Lady Roadrunners open Nov. 22-24 at the Plainview Queen's Classic in Plainview. UTSA will face Missouri in the first round Thursday, Nov. 22.

"We've looked much better this past week after struggling some the first week of practice," MacLeay said. "We've given the players a lot of new ideas to learn. We're working on a passing game offense against man-to-man defense, and it took time for everything to sink in. The older players were used to a pattern offense where the ball was walked up the floor. We'll have a different style of play this season. We'll run the ball more and try to score off the transition whenever possible."

Individually, three players have caught MacLeay's eye during early

workouts. "Karen Kroen has taken command at the point guard spot," MacLeay said. "Kim Duncan has looked strong inside and Starlite Williams has come on strong at the wing position. Also, veterans Margaret Martinovich, Alice Cannon and Tina Camacho have looked good."

MacLeay also feels he may have a candidate to take up some of the

slack left by the departure of Kim Maxwell. "Tina Camacho has been shooting the ball very well from the outside," he said. "It's hard to compensate when you lose a player like Kim who could score from long range. But, we've got two other players in Denise Aguirre and Celeste Van Auker besides Tina who can put the ball in the basket."

Northwest Y Invites Youth

The Northwest YMCA is gearing up for its 1984-85 Youth Basketball Program. Boys and girls ages 4-11 participate in a progressive program designed to teach basketball skills and teamwork in a fun, enjoyable atmosphere. Teams are formed by neighborhood and grade levels and are coached by volunteers with a sincere commitment to the YMCA, its goals and philosophy, and the

development to youth.

Registration will begin Nov. 19. Cost of the program is \$30 plus a \$5 Youth Membership. Each child receives a colorful YMCA T-shirt or jersey and a certificate of participation. Practices will start Dec. 10, and the first games are Jan. 12. Registration forms may be picked up at the Northwest YMCA, 6530 Wurzbach Rd. For more information call the YMCA at 681-9770.

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Marshall High Picks 42 For Choir

Forty-two choir students from John Marshall were selected for Region XI Choir at competition held recently, according to the choir director, Judy Stephenson. Those selected include:

SOPRANO I: Elena Morgan, Kristin Eaddy, Lori Kilian, Sonya Ochoa, Jessica Guerra, Emily

Cruse, Sherrie McMahon, Jennifer Parchesky and Jennifer LaMar.

SOPRANO II: Janeen Leatherwood, Sheri Hammerstrom, Dawn Sheridan, Samantha Segar, Stephanie Peterson and Ana Corrado.

ALTO I: Laura Tomme, Laura Powell, Susan Stephenson, Susan

DeKruyff, Brenda Brischetto and Michelle Keller.

ALTO II: Cheryl Robinette, Melissa Goza, Darla Smythe, Susan Chang, Laura Villarreal, Karla Garcia, Shannon Sharp and Kellie Ginn.

TENOR I: Ken Gilliam, Scott Bossard, Greg Flinn, Ken Tomczak, Robert Saenz and Cameron Stephens.

TENOR II: Weldon Smith, Justin Binks and Tony Chapa.

BASS I: Cory Downs, Steve Hall, Alan Owens and James Roberts.

BASS II: Todd Blattman, Frank Newcomb, John Trinidad, Rob Seiler and Mike Meyers.

"Shining Windows for the Holiday!" is the current fundraising activity of the Marshall Choir. All day Saturday, Nov. 17, choir members will be out washing windows in the Leon Valley, Great Northwest and Helotes areas. For a donation of \$20, a team of three students with an adult leader will wash your downstairs windows inside and outside, and inside windows upstairs.

To schedule a window-washing team, contact any member of the Marshall Choir, or call the Choir Booster Club president, Dude Downs, at 342-4302 or 681-6631.

All-American Team Picks Trinity Co-ed

Becky Copeland, goalkeeper on the Trinity University women's soccer team, has been named to the All-American team for the Western Region among players from smaller colleges.

Copeland, a freshman student from Houston, was chosen on the second team for the Western Region

by the National Soccer Coaches Association of America.

Coach David Groth said this is the first time that a Trinity women's player has been named to the prestigious team. He pointed out that Copeland did an outstanding job as goalkeeper in the recent Colorado College Tournament at Colorado Springs.

"Fiction is what happens when truth changes hands a few times."

— Anon.

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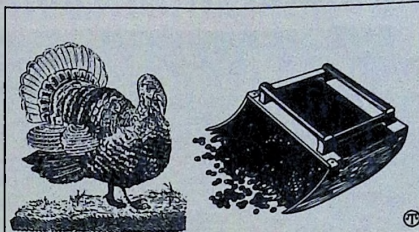
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Make a "pilgrimage" to the heartland of Thanksgiving—home of a unique free cranberry exhibit.

Make history come alive for your family with a "pilgrimage" to Plymouth, Massachusetts—site of the first Thanksgiving and a unique exhibit on the American cranberry.

The Cranberry World Visitors Center traces the cultivation, harvesting, and many uses of the cranberry from pre-Pilgrim days to present. It is sponsored by Ocean Spray Cranberries, Inc., and admission is free.

Located just a 10-minute walk from Plymouth Rock and Mayflower II, Cranberry World is open from 9:30 a.m. to 5 p.m. daily, April 1 through November 30, and extends its hours to 9 p.m. on weekdays during July and August.

Highlights include daily cooking demonstrations, free samples of cranberry foods and drinks, and a gift shop with cranberry related items.

Here is a Thanksgiving dessert recipe for Station One's Cranberry-Apple-Walnut Pie—winner of the Plymouth Area Cranberry Challenge.

For more information on Cranberry World, call 617-747-2350.

STATION ONE'S CRANBERRY-APPLE- WALNUT PIE*

In a 10" unbaked pie shell add:

6 large Cortland apples, peeled and sliced
2 cups coarsely chopped Ocean Spray Fresh Cranberries
1/2 cup chopped walnuts



Plymouth, Massachusetts is a mecca of American history.

1 cup sugar
3 tablespoons flour
1 teaspoon nutmeg
1 teaspoon cinnamon

Toss all together in a large bowl to mix well.

Mix separately:
3 tablespoons all purpose flour
3 tablespoons butter
2 tablespoons sugar

Crumble over the top of the Cranberry-Apple Mixture. Place in 450°F oven for 15 minutes. Lower heat to 350°F for 30 minutes. Remove from oven and cool.

A suggested pie dough recipe:

Mix:
1-1/4 cup all purpose flour
1/2 cup Crisco
1/4 teaspoon salt

Add slowly—1/4 cup ice water. Add water slowly and work crust with a fork or a pastry blender. Refrigerate for 1/2 hour before rolling out.

*Winning recipe entry submitted by: Station One Restaurant 51 Main Street Plymouth, MA 02360

Blood Bank Asks Holiday Donors

The South Texas Regional Blood Bank is asking all eligible blood donors to give blood prior to and after Thanksgiving Day in order to maintain the community's blood supply at an adequate level during the Thanksgiving holiday.

The blood bank is located down-

town at 318 McCullough at Broadway. Donation hours are from 8 a.m. to 6 p.m. on weekdays, and from 10 a.m. to 4 p.m. on Saturday. It will be closed hanksgiving Day.

Donors must be between 17 and 66 years old, in good health and weigh at least 110 pounds.

Some have thought throwing parsley into a pond cures sick fishes there.

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1st Sundays - Early Services 7:45 a.m. Sunday School 9:00 a.m.
Regular Church Services 10:15 a.m.

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111 Acres Sell for \$9 Million

A tract of 111 acres on the north-east corner of Bandera Road and Loop 1604 was sold this week for \$9 million—or \$83,000 an acre. This was the first large purchase of land outside the Loop, and brought urban development close to the Helotes city limits.

The buyer was a Dallas firm, Talmadge Tinsley Co. Tom Hillsman, a vice president of Talmadge Tinsley, said he envisioned development of the 111 acres split between 20 acres of retail shops, 20 acres of garden office development, 20 acres of mid-rise office projects, 30 acres of apartments and about 20 acres for roads, a green belt and recreation.

He said Talmadge Tinsley

planned to join with several other owners in the area to pay for city utilities—chiefly water and sewer—to be brought to the site. He said it would be at least 18 months before ground is broken for any structures because of delays in getting these utilities to the site.

The seller was Albritton Investments of Dallas. A spokesman for Albritton said his firm had sold the property in order to concentrate its efforts in developing another site in Northwest San Antonio.

A partner with Talmadge Tinsley in the Loop 1604 and Bandera venture is Alltex Construction Co. of Dallas, chiefly a builder of apartments.

Bake Sale To Aid Firefighters

The HAVFD Auxiliary will have its annual Thanksgiving Bake Sale on Saturday, Nov. 17, starting at 9 a.m. in front of the Handy Andy Store in Helotes. A variety of home baked goodies will be available and early birds will get the best choice.

In addition to home baked goods, the Auxiliary will offer for sale "MEALS AND MEMORIES OF HELOTES." This unique cookbook includes favorite recipes of local

cooks, some excellent art work by local artists and bits and peices of Helotes history mixed throughout the book. It makes an excellent gift and the Auxiliary has received many favorable comments on it.

All proceeds from this sale will go to defray costs of providing Workers Comp Insurance for the firefighters. All donations are tax deductible.

STALLION ON THE ROOF RESTAURANT



PLEASE JOIN US FOR A Special Thanksgiving Celebration! Thursday, November 22, 1984

choice of
Baked brie with almonds, Seafood served in pastry shell,
Pate maison, Cheddar cheese soup

Roast Tom Turkey Stallion Style
Baked Virginia Ham with Cumberland sauce
Prime Ribs of Beef with gravy of the roast
Fresh Salmon surprise

Vegetables from the Fall Harvest

Champagne Sherbert

Pilgrim salad

Desserts — Specialties of the House

Coffee Tea

Kiss of Liliane

Reservations required
12 o'clock or two o'clock
Please call 698-2386

\$20.00 per person

Muppets Appear At HemisFair

"Bon jour, it is moi, Miss Piggy, with an exclusive for my multitude of fans in the San Antonio area. At long last, I will bring my extraordinary skills as a television and big screen actress to the stage.

"Yes, cher readeu, my two-hour extravaganza displays moi's glamour, versatility and elegance...first, as the ravishing Queen of the Mermaids, and then, moi's incomparable dramatic portrayal of the red-hot femme fatale, "The Nightingale Pig"! The Muppet Show on Tour will be at the HemisFair Arena through Sunday, November 18.

"You'll see how mon frog, directeur Kermie, brings out my true inner character before the footlights. My dear, astute Kermie has also included teensy parts for Rowlf, Dr. Teeth and the Electric Mayhem Band, Gonzo and Fozzie Bear, thus allowing time for my many costume changes and much-needed breaks."

"And in concluz-ion, my faithful fans, thank you for taking this subtle hint: Tickets for my marvelous musical, appearing at The HemisFair Arena through Sunday, November 18 are available at all Rainbow Ticketmaster locations including Sears and Joske's, as well as The Convention Center Arcade Box Office! Kissy, Kissy!"

The Muppet Show On Tour is a VEE Corporation Production starring Jim Henson's Muppets in

cooperation with Henson Associates, Inc.

Tickets are on sale now at all Rainbow Ticketmaster locations including Sears and Joske's, and The Convention Center Arcade Box Office. For information and to charge tickets call 244-3000. Saturday, November 17, is "Military Day"

and \$3 discounts are available with the presentation of a military identification card for the 3 p.m. show. Thursday, November 15 at 7:30 p.m. and Sunday, November 18 at 6 p.m. are "Express News Family Nights" and \$2 discount coupons are available in The Express News.

Northside Enrollment tops 39,000

Growth in galloping Northside District continues to produce increasing numbers of students. The latest figure reported to the school board is 39,223, making Northside the eighth largest public school system in Texas.

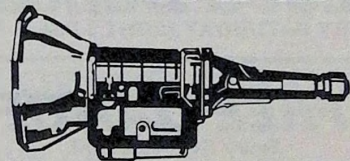
Besides suburban sprawl, the

District is experiencing "fill-in" growth of previously developed areas which has prompted Trustees to name architects to design classroom additions to Passmore and Shenandoah Elementary Schools, and add a fifth elementary school.



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Mobile Homes Still Problem

The Helotes City Council was undecided Thursday night as to what to do about the continuing problem of getting mobile homes out of the city. On Tuesday night the Planning and Zoning Commission tossed back to the Council the problem of two mobile homes on which hearings had been held. The Commission suggested that the Council "negotiate" with the owners of the mobile homes. But the Council put off deciding whether they would negotiate.

Maurene Mullins spoke during the Citizens To Be Heard section of the Council meeting and stated that "if there is to be an ordinance against mobile homes in the city, it should apply to all, and not be applied to some and not to others."

Education--

[Continued From Page 1]

reporting and absences, which may create some problems later. We're working with these students to impress upon them the seriousness of the law."

Elizabeth A. Garza, Northside Opportunity Center, sums up Northside's commitment to make the best of HB 72 and Chapter 75: "We have always done our job well, now we'll do our job even better."

Otherwise the Council should get the ordinance off the books, she said.

In other business, Officer Larry Perez, senior officer in charge of the Helotes Police Department, recommended that an additional paid, part-time officer be hired. Applications are now being taken at the City Hall for the new officer.

After an objection by Councilman Niels Jensen to the city's spending \$1,000 for a citizens survey to be made by UTSA, the council decided

to conduct the survey itself—to find out how citizens think about how the Council is conducting city business. A work session to design the survey will be held by the Council on Nov. 29.

The Council also approved the forming of a Texas 1986 Sesqui-centennial Commission in Helotes to coordinate the local celebration of Texas' 150th birthday.

The next regular meeting of the Council will be on Thursday, Dec. 6, beginning at 7 p.m.

Decorations To Be Judged

The Helotes Business and Professional Association voted Wednesday night at their November meeting to again sponsor a contest for Christmas decorations at local commercial stores and offices.

The judging will take place on Friday evening, Dec. 7, and the prizes will be \$25, \$15 and \$10 for

the first, second and third best decorations. The Association urges all commercial enterprises to have their Christmas decorations up by that date.

The Association also authorized a sign to be put up on Bandera Road at each edge of the city saying, "Welcome to Helotes."

Appraisals Less Than Market Value

Properties in Bexar County are appraised for tax purposes at an average of 87 percent of current market value according to the just-released "Annual Report" of the State of Property Tax Board.

Bill Burnette, Chief Appraiser of

the Bexar County District said he is "pleased with this ratio, but not satisfied". He pledged to get closer to full market value next year.

Burnette also commented that the ratio here in Bexar County compares very favorably with Dallas, also at 87 percent, Houston at 85 percent and Tarrant County at 55 percent of current market value.

While Bexar's overall average level of appraisal was reported at 87 percent, the state report noted that single family residences are appraised at 90 percent of current market value, apartments at 89 percent, and commercial properties at 88 percent.

Unimproved land appears to be appraised at lower ratios than improved properties. Vacant lots are valued at 63 percent in both Bexar and Dallas counties, 77 percent in Harris County, and 34 percent in Tarrant County.

According to the state report, the average cost per parcel appraised in the four large appraisal districts (Harris, Dallas, Bexar and Tarrant Counties) is \$16.99.

Burnette commented that Bexar Appraisal District's cost per parcel is just under \$13.93, lowest of the four large metropolitan areas in Texas.

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Hallowe'en Winner



Cole Kennedy, held by his mother, Mrs. Caroline Kennedy, was the youngest contestant and prize winner in the Hallowe'en night costume competition at the Village Scoop ice cream parlor. He is 6 months old. The oldest contestant was Linda Hernandez. Danette Morero won for the most realistic costume. Rocky Montez, 6, won for the most frightening costume, and Casey Luckett, 10, won for the most original costume (she was a litterbug).

Red Cross Send Aid To Africans

An estimated 40,000 people are dying from starvation monthly in 27 drought-scourged African countries. Civil war has driven more than 3 million people from their homes. A virtual disappearance of agricultural production represents a human tragedy so immense that it can not be measured in normal terms.

The African famine crisis is not limited to Ethiopia. The American Red Cross is supporting relief efforts in the 12 most seriously affected countries, Chad, Djibouti, Ethiopia, Kenya, Mali, Mauritania, Mozambique, Sao Tome, Senegal, Zambia, Zimbabwe and Tanzania. Over 26,000 tons of food have already been distributed to these countries; 9,500 tons of food is being provided by the U. S. Government

to the League of Red Cross and Red Crescent Societies.

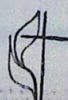
For 150 million people in African nations, the prospect of starvation from the effects of the worst drought in a century is real and immediate.

Although Africa's food crisis has been building for more than two decades, drought has aggravated conditions in several nations in the southeast portion of the continent. That is one of the reasons for the intervention of the Red Cross, whose primary mission includes relief following natural disasters.

Contribution checks or money orders, made out to the American Red Cross and marked "Fund for Africa," can be sent to the San Antonio Area Chapter American Red Cross, 90 Breas Blvd., San Antonio, Texas 78209.

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'Silver Pages' Directory Coming To San Antonio

Plans to introduce a new type of classified advertising directory in San Antonio—a directory that lists businesses providing discounts and special offers to senior citizens—have been announced by Southwestern Bell Media, the publishing arm of Southwestern Bell Publications, headquartered in St. Louis.

Called the Silver Pages, the localized directory covering businesses in the Greater San Antonio metropolitan area is scheduled to be distributed by July, 1985. A local force of account representatives is meeting with potential advertisers in the San Antonio area.

The specialty directory—to be published in approximately 110 U.S. cities over the next two years—was developed with the help of the Administration on Aging, the National Association of Area Agencies on Aging and various state and local agencies.

The Silver Pages will include only those businesses that provide discounts and special offers to senior citizens who are 60 or older. Senior citizens will use an identification card—called the Silver

Savers' Passport—to show eligibility for the discounts and special offers.

Al Notzon, executive director of the Alamo Area Council of Governments, congratulated Southwestern Bell Media on its initiative in creating the senior citizens discount directory. He said his organization is pleased to be helping the company understand the needs of the elderly.

Minnie R. Williams, coordinator of the Bexar County Area Agency on Aging, said that her agency also is glad to be working hand-in-hand with Southwestern Bell Media on the Silver Pages project.

"In addition to providing a handy guide to cost savings, the Silver Pages can be an ideal vehicle for our agency and others to explain the various services and programs offered to senior citizens," she said.

"I'm looking forward to the success of the Silver Pages concept here, and hope it will serve as a model for other communities which have not yet begun the Silver Pages program."

Applications for the Silver Savers' Passport will be made available to senior citizens in several ways.

UTSA Sets Deadline For Spring Term

The application deadline for persons wanting to attend UTSA during the 1985 spring semester is Dec. 3. Applications and all necessary supporting materials, including transcripts, must have been submitted to the Office of Admissions and Registrar.

Registration for newly admitted students will be held Jan. 9 and 10. Spring classes are scheduled to begin on Monday, Jan. 14.

Students considered eligible for registration are those who are newly admitted or readmitted for the spring 1985 semester. Former students not enrolled at UTSA during the fall semester must file applications for readmission and be accepted before registering for classes.

To obtain an application, or for more information, contact the UTSA Office of Admissions and Registrar at 691-4532 or 691-4537.

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Trinity Tigers All Return For 1984-85

The Trinity University men's basketball team returns all its starters from last season, and adds a group of tall and talented newcomers, as it readies for 1984-85 cage action.

Nine new players—six of them 6-foot-2 or over—join the team that in 1983-84 finished at 12-11. This gives Coach Pete Murphy better bench strength than he has had in several years.

The Tigers will begin their 13th season under Murphy on Nov. 16 at Jackson Miss., in the Dr. Pepper Classic—against host Millsaps, Tougaloo and Rhodes. Murphy-coached teams have a 132-144 record, many against higher classification college teams.

The nine newcomers join eight letter-winners returning from last year. Lettermen back are Don Rogers, Perry Deckard, Paul Hensley, Scott Corbo and Greg Beam, all starters, and Mike Cordes, Glenn MacLeay and Doug Sullivan, first-line reserves.

Rogers, 6-5 senior forward from El Paso, paced Trinity the past season in scoring with 429 points, an average of 18.7 a game, and in rebounds with 212, an average of 9.2 per contest.

Deckard was runnerup in point-making with 358, averaging 15.6 per game, while Hensley was third high in scoring with an average of 12.6 a game, and was close behind Rogers in rebounding with 199 for an 8.7 average. Deckard is a senior guard

from San Antonio Churchill, while Hensley is a sophomore post man from Boerne.

A senior guard from San Antonio Madison, Corbo, led the TU team in assists in 1983-84 with 65, while averaging seven points a game. Beam, senior guard from El Paso, was a play-maker on last season's quintet.

Topping the list of new players is John Spillane, a 6-7 transfer from the University of Houston. At Dickinson High School in his 1982-83 senior year, he averaged 11 points and 10 rebounds, and was placed on the all-district team. Clay Hosterman, a 6-6 freshman, was an all-district center at his Tulsa, Okla., high school.

Two other high school all-district

players also join the Tigers. Curt Arnette comes from Austin Westlake, while Tom Haeussler earned the honor last season at New Braunfels Canyon.

Trinity should also be bolstered by the addition of Rick Singer, a junior transfer from Our Lady of the Lake, where he was team captain. In high school at Skokie, Ill., he was an honorable mention all-state performer at guard.

After the Mississippi tournament and opening at home against Incarnate Word on Nov. 20, the NCAA Division III Tigers will have their usual tough schedule, including games with Baylor in Waco on Nov. 23, and with Pan American at Edinburg on Jan. 22.

Young Builders Elect Neely

Young Builders Club President Paul Weppner handed over the gavel to incoming President Steve Neely at the group's inaugural festivities recently. The Young Builders Club (YBC) is a division of the Greater San Antonio Builders Association (GSABA).

Officers for the 1984-85 fiscal year also include Vice President Jesse Adams; Secretary Mike Brown; Treasurer Ron Pease; and Associate Vice President James Caddell. Board members also presented at this event include Dennis Nie-

meyer, Randy Brown, Mike Van Meter, Bill Kulesza, Jay Moritz, Mike Zuber, Glenna Adam, Marty Hammonds and Howard Duckworth.

Neely is president of Neely Investment Corporation and has been in the home building business since 1973. He is an active member of the San Antonio Board of Realtors and is currently serving on the Board of Appeals of the City of San Antonio. Neely has been on the YBC Board of Directors for two years, serving as secretary and vice president.

UTSA To Take On Texas A&I First

Extensive work on pressure defense and a rugged battle at the point guard position highlighted the second week of practice for the UTSA Roadrunner basketball team as they move closer to their season opener Wednesday, Nov. 29, against Texas A & I.

Coach Don Eddy emphasized his squad has worked hard to get the rest of its offense and defense in by the end of this week so they can concentrate on fundamentals and final polish the last three weeks before the opener. "The intensity level in practice has been very high," Eddy said. "We've gotten a first class effort out of everyone and the team attitude has been great. By far, we've had the best first two weeks of practice since we've been in San Antonio."

The battle for the point guard spot took an interesting twist last week as sophomore squadman Gary Payne showed signs of moving ahead of veteran Vince Cunningham and junior college transfer Chuck Johnson. "Gary Payne has been outstanding," Eddy noted. "If we were to start the season right now, Payne would be our point guard. We've gotten some good work out of all three players. Vince Cunningham has shown a lot of improvement and is holding his own, but it's still going to come down to the wire as to who starts this year."

Eddy has also been pleased with

the efforts of the Roadrunner newcomers. "All of our new players have put out a great deal of effort," he added. "They are still going through a tough transitional phase and they've got a lot to learn—it takes time. We're counting on someone stepping forward to show us they want to play before the season starts. Todd Joyner and Roger Durden have both shown some signs of being able to contribute this year also."

Bernard Brown, junior transfer from Cleveland, Ohio, also has impressed the UTSA coaching staff in early drills. "Bernard is everything we thought he'd be," Eddy said. "He plays hard every time he goes on the court and has shown he really wants to learn. He's still improving on defense and has shown us a complete game, hitting the backboards and running the court very well."

Junior Derrick Gervin also has made steady improvement on defense and his passing game has looked sharp. Ike Thornton, Robert Wallace and Scott McKoin, UTSA's first senior class, have all provided excellent leadership and experience in early workouts.

Screening To

Test For Cancer

A city-wide, mass screening campaign for the detection of Colorectal Cancer is expected to reach over 100,000 San Antonians within the next four weeks. Methodist Hospital, Eckerd Drugs, and KE'nS-TV Channel 5 are sponsoring the program because it is estimated that 5,000 San Antonians have colorectal cancer and don't know it.

Because early diagnosis and treatment of Colorectal Cancer yields better than a 90 percent cure rate, Eckerd Drugs is offering FREE test kits which detect many disorders of the colon, including cancer. When completed, these simple, in-home, painless test kits are to be mailed to Methodist Hospital (in the self-addressed envelope provided) for FREE laboratory processing. Test results are then mailed back to each individual.

An extensive follow-up process will be maintained by Methodist Hospital to insure that all those receiving positive test results contact their respective private physicians.



Some Indians had different names in different seasons.

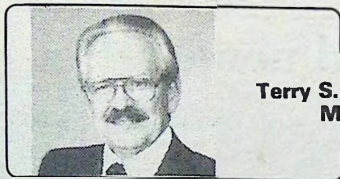
THE UNIVERSITY OF TEXAS HEALTH SCIENCE CENTER AT SAN ANTONIO announces

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**Terry S. Vincent,
M.D.**

DOCTOR, I SWALLOWED A...

By Terry Vincent, M.D.
Helotes Family Practice Clinic

The list of foreign bodies (FBs) that we swallow or breathe into our bodies is endless. Almost anything that will fit into the mouth stands a chance of going on down. Coins, keys, bones, buttons, hardware, pencils, broken glass — you name it and it's been swallowed or aspirated by someone.

Eighty percent of the patients are under 15 years of age, not surprising because of the propensity of children to put all sorts of things into their mouths. In adults, the most common FB is hastily chewed food, like a chunk of meat lodging in the throat. Mental patients, though few, set records for the amazing number of different things found inside their bodies. Schizophrenics may ingest hundreds of nails, bolts, nuts, pins, needles, paper clips, or even pens and pencils before their aberration calls them to medical need.

FBs will go either into the digestive tract or the respiratory system. An inhaled (aspirated) foreign body is a true emergency. Symptoms develop almost immediately: severe coughing, audible wheezing and increasing shortness of breath. The victim may appear a dusky blue and have difficulty speaking. This type of aspiration calls for on-the-spot intervention with the well-publicized Heimlich maneuver to cause forcible exhalation and possibly expel the object. Sweeping the back of the throat as deeply as your finger can reach may dislodge the obstruction. The patient should be taken to an emergency room, even if seemingly relieved. Here's why:

Some FBs can be aspirated into the lungs to cause major problems later on. Any FB in the lungs will usually result in pneumonia. A sharp one can cause pneumothorax. A peanut swells with moisture and can lead to a later collapsed lung. Chewing gum may lodge deep within the lung to cause an abscess. Both peanuts and gum are very hard to spot on Xray, so it follows that very young children should not be given peanuts or allowed to chew gum. They can't tell you what happened!

Swallowed FBs are less urgent. Once past the vocal cords and into the esophagus, it's still a problem but rarely an acute emergency. Still, an FB may hang up before reaching the comparative safety of the stomach. A common lodging site for coins is near the notch in the top of the breastbone. The child develops a hacky cough, complains of pain on swallowing, gags frequently, and might not be able to swallow anything, even liquids. Removal usually isn't difficult for someone trained in the use of the proper medical instruments.

Another constriction occurs about a third of the way down the esophagus, where the aorta compresses it, but FB lodgement occurs more often at the very bottom end of the esophagus. Chunks of poorly chewed meat often stop here because of the valve action of this area. This effectively stops up the tube and prevents anything from entering the stomach. Symptoms include pain, frequent gagging, and the inability to retain anything taken by mouth. It'll take a specialist with a gastroscope to dislodge it.

Once the FB reaches the stomach, we (both doctor and patient) can begin to relax a bit. The vast majority of swallowed FBs that make it this far then continue to traverse the entire intestinal tract and pop out with a bowel movement. However, we've got to be on the lookout for possible mishaps. One is perforation of the intestine by a sharp FB. It is truly amazing how pins, needles (even hypodermic needles!), nails, and slivers of bone can make the whole trip without puncturing the bowel wall. But now and then it happens. There's an abrupt onset of pain that doesn't let up, later followed by distention and nausea. As soon as the diagnosis is confirmed, it's time for emergency surgery.

Intestinal obstruction can occur. The FB is usually larger like a denture or a good-size bone (or a small toy!). Plastic FBs present the same problem as peanuts and gum: they don't show up well on Xray. Symptoms include a slow onset of intermittent but rhythmic colicky abdominal pain, followed by distention. Nausea and vomiting are late developments. Treatment, of course, is surgical relief of the obstruction as soon as possible.

The appendix can become the final resting place for all sorts of junk. Key chains, pencil stubs, paper clips, or nails, to name a few. The symptoms are those of any appendicitis attack and treatment is an appendectomy.

The last constriction where FBs lodge is the anus. Local pain, often misinterpreted as hemorrhoids, is excruciating and soon drives the patient to seek medical help where outpatient removal is usually easily accomplished.

If you've aspirated something, seek medical aid immediately.



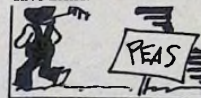
According to the latest statistics, highway fatalities are on the increase. Joggers and bicycle riders are in particular danger of being hit by cars after sundown.

Now, however, safety can be more portable for the outdoor sportsperson. VR Sport Lights, weighing less than

one ounce send out a blinking red warning light visible for more than 250 feet. Operating on replaceable batteries that last over 400 hours, this safety device is easy to attach to jogging shoes, backpacks, hats, hunting jackets, bike fenders, lunch pails or pet collars. They are available by mail for \$11.95 plus \$2 for postage and handling from VR Sport Lights, 42 Weston Rd., Waltham, MA 02154.

Set a good example for your

children and other family members by never jogging or bicycling after dark without a safety light. This protection may well be responsible for saving your life, and if, as is usual, your youngsters follow your example, it may even save theirs.



Some say it's best to plant peas under a waning moon.

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Elegant and Easy Dessert



Cheese and fruit make one of the easiest desserts imaginable, say the Associated Milk Producers, Inc., in their 1984 Cheese Jamboree. This tray shows a large Edam cheese at the center and, clockwise from left, Cheddar slices, Brie triangles, apple wedges, prunes with Edam and slices of Port Salut, then repeated with prunes, apples, Brie and pears.



Antiques

BY RANDY ORMSBY

Cat lovers (or, as they refer to themselves, cat people) are a strange lot. They love not only cats, but practically anything related to cats, anything shaped like a cat and anything depicting cats.

It has only been during the last few years, however, that cat people began to take themselves and their obsession seriously. Previously, cat collectors were thought of as little old ladies, slightly on the eccentric side, who hoarded anything and everything pertaining to cats. Today, however, antique dealers and other collectors have come to admire the sophistication and market savvy demonstrated by many a serious cat collector.

Much of the credit for this elevation

in the cat collector's reputation belongs to a single individual, Marilyn Dipboye, who organized Cat Collectors, a national club for cat people, in the early part of 1982.

Through a bi-monthly newsletter, members are informed about new books of interest, current market prices for new and antique cat-related items, museum displays featuring cats, artists and authors who specialize in cats and what other members are up to or are interested in buying or selling.

Many collectors, like Dipboye, enjoy collecting everything related to cats. Others, however, specialized once the house begins to overflow with cat memorabilia.

Ten Commandments Of Firearm Safety Listed

Accidents with firearms don't just happen. They are caused by ignorance, carelessness or disregard for safety rules.

With hunting season at hand, now is a good time to review firearm safety rules, says Bob Bailey, Kendall County Extension agent.

He lists these "Ten Commandments of Firearm Safety:"

1. Treat every gun with the respect due a loaded gun.
2. Watch that muzzle! Be able to control the direction of the muzzle even if you should stumble.
3. Be sure the barrel and action are clear of obstructions and that you have only ammunition of the proper size for the gun you are carrying.
4. Be sure of your target before you pull the trigger; know identifying features of the game you hunt.
5. Unload guns when not in use. Take down or have actions open; guns should be carried in cases to the shooting area.
6. Never point a gun at anything you do not want to shoot; avoid all

horseplay with a firearm.

7. Never climb a fence or tree or jump a ditch with a loaded gun; never pull a gun toward you by the muzzle.

8. Never shoot a bullet at a flat, hard surface or water; at target

practice be sure your backstop is adequate.

9. Store guns and ammunition separately beyond the reach of children and careless adults.

10. Avoid alcoholic beverages before or during shooting.

Aquifer Grab Denied

The status of the Edwards Aquifer will not change under proposed legislation, according to Thomas P. Fox, general manager of the Edwards Underground Water District.

"Based upon the information I have, the proposed legislation drafted by Governor Mark White, Lt. Gov. Bill Hobby and Speaker Gib Lewis will not alter the status of the Edwards Aquifer or any other groundwater that is under the jurisdiction of a groundwater district," Fox said.

The primary emphasis of the proposed legislation would be to allow local governments to solve problems

that may exist with respect to groundwater issues. An example of this action is the current Regional Water Resources Study. Some reports said the legislation would put the Edwards Aquifer under State control.

Concerned elected officials met this week as part of a two-day briefing by the Edwards Underground Water District, the City of San Antonio and the Technical Advisory Committee to familiarize them with the present situation of the Edwards Aquifer and the Regional Water Resources Study.

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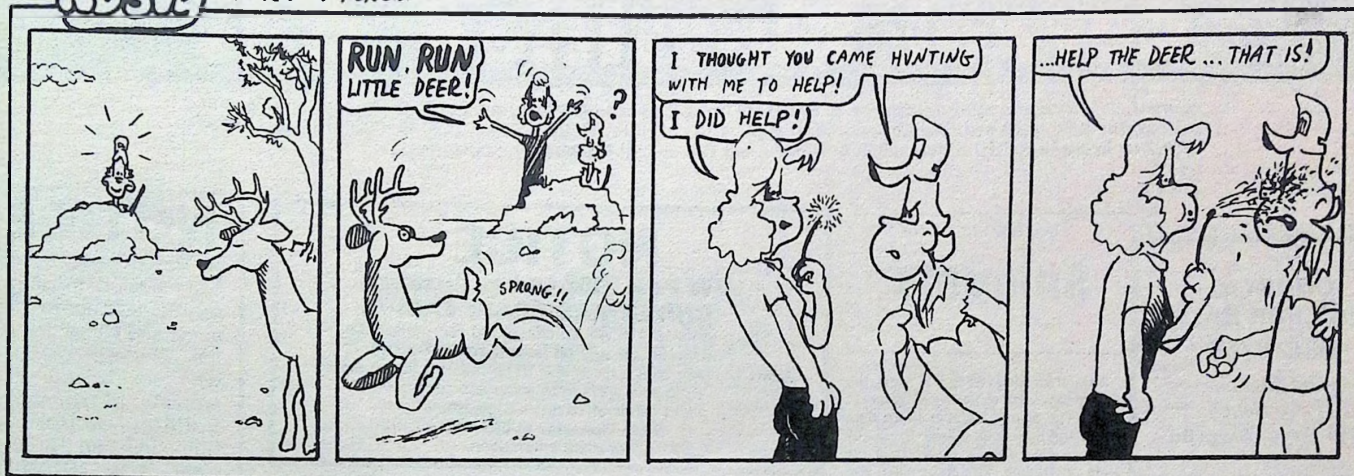
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Scouts Party Here



The Scouts also competed at blowing Ping Pong balls across a table using straws to blow through.

Water Levels Rise in Edwards Wells

Water levels in the Edwards Aquifer monitoring wells and spring flow throughout the five county Edwards Underground Water District rose significantly in the month of October. The following water levels measured October 31 are shown in altitude in feet above mean sea level with recorded highs and lows in parenthesis:

Uvalde: 859.4 Up 2.5 (886.3-811.0)
 Sabinal: 723.0 Up 8.6 (835.4-664.0)
 Castroville: 664.8 Up 15.3
 (737.8-622.3)
 Hondo: 685.4 Up 15.6 (773.8-662.3)
 San Antonio: 643.2 Up 17.2
 (696.5-612.5)

New Braunfels: 622.5 Up 2.3
 (630.2-613.3)
 San Marcos: 574.9 Up 0.6
 (581.9-574.7)
 Spring flow at Comal Springs and San Marcos was up 86 and 28 cubic feet per second (cfs) respectively.

To Remember Pearl Harbor

The Pearl Harbor Survivor's Association will have a memorial ceremony in front of the Alamo on Friday, Dec. 7, at 11:30 a.m. All veterans organizations are invited to present their colors and lay wreaths. The 5th Army Band from Fort Sam Houston will play.

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Found. Older male dog, black body and tan face. Has red collar with silver studs. On Scenic Loop Road Saturday night. Please claim at 695-9469. Has short legs with tan floppy ears.

Snippets

Named for King Phillip II of Spain, the Philippines were visited by Magellan in 1521. The islands number more than 7,100 and have a total area of 115,707 square miles, slightly larger than the state of Arizona. The archipelago was ceded to the United States in 1898 following the Spanish-American War for \$20 million. The Philippines became independent in 1946.

In 1768 a French scientist presented Frederick the Great with a rare pair of rubber riding boots. Unfortunately, vulcanization — the process of heating rubber with sulphur to make it permanently firm and uniformly elastic — had not yet been discovered by Charles Goodyear, and Frederick's boots stuck to his feet in hot weather and cracked in the cold.

Guyana lies on the north coast of South America and is about the size of Idaho. Its neighbors are Venezuela to the west, Brazil to the south and Surinam on the east. Dense tropical forests cover much of the land, although a flat coastal area up to 40 miles wide — where 90 percent of the population lives — provides rich alluvial soil for agriculture.

NOTICE

VFW Post 7108 Ladies Auxiliary CHRISTMAS CRAFT FAIR

Space rental of \$15 will be charged to Fair participants.
The Craft Fair will be held Sunday, Dec. 9, from 12 noon to 8 p.m. at the VFW Hall on Braun Road. Exhibitors wishing to show and sell art and handcrafted articles, please call: **Viola Gonzalez at 681-4885** for more information.

The Helotes Hills Chapter of AARP meets in PARC Bldg. at 1:30 p.m. Regular Meeting — 2nd Wednesday Games Day — 4th Friday

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Thanksgiving

There will be no classes for Northside District students on Thursday and Friday, Nov. 22 and 23, in observance of Thanksgiving. Also, Wednesday, Nov. 21, will be an early release day. Classes will be dismissed one hour early.

HELP WANTED

Lady to clean house. Will provide transportation if necessary. Not looking for couple or cleaning service. Helotes Area.
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Teenagers for restaurant work. Three days a week (must work Fridays & Saturdays). Will train. Transportation necessary. Apply in person. Grey Moss Inn.

HELP WANTED

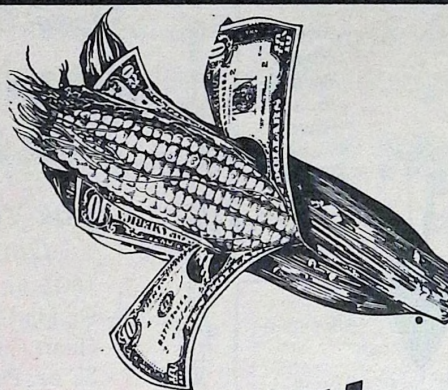
SECRETARY/RECEPTIONIST. Part-time, hourly wages per experience. Type 50 WPM. Transcribing. Word processing/computer experience. Zion Lutheran Church of Helotes. 732-5115/Ms. Finical to apply and test.

NOTICE

A \$500 reward has been posted for information leading to the arrest and conviction of the person or persons who vandalized the property of Longhorn Building Materials Company on Friday night, Oct. 19, after closing hours. The vandalism resulted in severe damage to parked trucks and vehicles, including damage to tires and fuel tanks. Also damaged were outdoor lighting equipment and the interior of the trucks.

The informer may remain anonymous.
**Contact Loyd Evans,
Longhorn Building
Materials, Bandera
Rd., Phone 695-3595.**

"Acquaintance: A degree of friendship called slight when its object is poor and obscure, and intimate when he is rich and famous."
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Refuse As A Resource

"Take out the garbage!" That's not as simple as it may sound for the nation. In fact, though most people aren't aware of it, disposing of America's garbage has become a major problem of the 80s. In most American cities, a small fraction of our solid waste is recycled, and the rest is disposed of in landfills. As a country, we have a seemingly unlimited capability to generate waste but a finite amount of space in which to put it. As we are forced to go farther from our urban areas to buy land suitable for landfill, the cost of disposing of our refuse begins to reach unacceptable levels.

Fortunately, there is an alternative—resource recovery, a process that literally converts waste to energy safely and cheaply.

A resource recovery process converts ordinary garbage into a clean, odorless fuel which is then burned in safe, energy-efficient boilers fitted with the latest air quality control systems. The resulting heat turns water to steam which drives conventional turbine generators. The generated electricity is then sold to offset hauling and disposal costs.

Just as important, such a process from Combustion Engineering, a leader in en-



Resource recovery can convert ordinary garbage into a clean, odorless fuel.

ergy technology world-wide, provides an important new source of sustainable energy that conserves fossil fuel resources. Last year alone, the company's systems converted a variety of waste solids, liquids and gases into energy that saved the equivalent of 86 million barrels of oil, or some \$3 billion worth of energy.

Resource recovery technology also makes sound environmental sense because it can dramatically extend the useful life of landfills as much as sixfold.

Converting waste to energy reduces our dependency on fossil fuels, it dramatically extends the lifespan of our dwindling landfills and it promises to be the lowest cost way to dispose of our garbage. Little wonder resource recovery is considered by many to be one of the most remarkable developments of recent years.

"Nothing is good or bad but thinking makes it so."
Shakespeare

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To Discuss

Modern Art

Noted New York City gallery director, Allan Stone, who has been called a major force in the art world of this country, will discuss "Issues in Contemporary Art" at The University of Texas at San Antonio on Wednesday, November 28.

The lecture, scheduled for 3:30 to 5 p.m., will be held in ARTS 2.02.24, a painting studio located in the Fine Arts Building on the campus. Admission is free.

"What I value more than all things is good humor."
— Thomas Jefferson

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The San Antonio Handweavers Guild will present Weaving Momentum VIII through Dec. 2 in cooperation with the Southwest Craft Center, 300 Augusta, in San Antonio. Admission is free.

Weaving Momentum is the guild's annual exhibit and sale of a wide variety of handwoven art pieces, clothing and practical items produced by the guild's professional and hobbyist membership.

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"Art alone supplies an enjoyment which requires no appreciable effort, which costs no sacrifice and which we need not repay with repentance."
Schiller

"Everyone has foolish ideas but a wise man keeps them to himself." —Wilhelm Busch

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Teen Pageant Scheduled

Applications are now being
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ship, all expense trip to the national
pageant including airfare, jewelry,
color portrait, crown, banner,
trophy, and a host of gifts and
products.In addition to the state title,
awards will be given in leadership,friendship, and photogenic cate-
gories.The Texas pageant will be held at
the North Park Inn in Dallas.
Judging is based on poise,
personality, school, and community
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So Why Not Let Our Money Work For Us?

By Michael Scheft

THE MOVES OF THE MARKET

There are three basic tools which investors can use to select the time to buy
and sell stocks: economic, monetary, and psychological.The economic indicators are the ones that are concerned with the outlook for
business. If the economy is growing in real terms, sooner or later corporate pro-
fits and dividends will grow too. This is positive for stock prices. However, a
recession or a decline in real gross national produce poses the threat of declin-
ing corporate profits and dividend cuts. This will obviously hurt stock prices.The monetary indicators deal primarily with action of the Federal Reserve and
the demand for credit. They measure, among other things, the outlook for long
term interest rates. You might hear on the news that the stock market had an in-
terest rate rally. This is basically a condition where rates are declining and for
most businesses that means good times are ahead. Lower interest rates mean
people can once again pursue buying a new home, car or other major purchase.
Again the reverse is also true and higher rates can mean a more dismal business
outlook.The psychological indicators are the ones that deal with investors attitudes to
stocks. These psychological indicators can vary by the individual. Some people
attempt to gauge whether selling pressure has dried up, if institutions have the
potential buying power available to come into the market or just whether the
market is behaving emotionally. I sometimes find the contrarian theory to work
well. When everyone seems to be talking about how well they are doing in the
market and how things seem to be so perfect with their stocks, so totally happy
that it seems nothing can go wrong, that is the time to SELL! However, the
converse works well too. When you seem so disgusted with the market and you
find yourself saying "I've had it with the market — it seems to keep going down.
I'd better sell all my stocks." That is the time to BUY! When you are totally hap-
py SELL and when you are feeling disgusted BUY! Simple? — Good luck.Next: **READER'S QUESTIONS**Please direct any questions to Helotes Echo or directly to M. Scheft, c/o
Knibbe Financial Group, 1250 N.E. Loop 410, Suite 730, San Antonio, Texas
78209. (Telephone number 512-821-5364.) Your questions are welcomed and
will be answered in this column or confidentially if you wish.

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Santa Arrives
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they can
have pictures
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