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# HELOTES ECHO

VOLUME XI, NUMBER 18

HELOTES, BEXAR COUNTY, TEXAS — 10 CENTS PER COPY

SEPTEMBER 17, 1976

## Person-to- Person

With the passing of teasing hairstyles, short and interesting haircuts are in vogue among beauty shop patrons. Now, the Vidal Sassoon influence is likely to add much glamour here. During his clinics last week, he had in his audience representatives of both local shops. From Ella's Beauty Shop, in attendance were Ella Dunford as well as Elaine Graham, Carol Lancaster, and Norma Jean King. From Yolie's Chat 'N Curl were Yolie Balero and Jackie Bryant. Yolie plans to attend some further classes in San Francisco also. For those who cannot make it to California, these talented local beauticians will be glad to interpret the famed cut invented in London by Vidal in terms of 1976 in Texas. Sassoon stresses studying bone structure so that each person has an individual haircut and style. The clinic was at Turtle Creek Country Club.

Mr. and Mrs. James Logan will be honored next weekend with a series of social events marking their 25th wedding anniversary which is Sept. 22 and they are expecting all their boys to be home for the occasion.

The Helotes Lions Club are using their Field donated for use by Ollie Whetstone for fundraising also. They allow parking during big events here, helping the traffic situation.

Most recent fundraiser took place Wednesday, when Willie Nelson came to town with his big following and packed the patio at Floore Country Store. The crowds loved Willie and the new parking facilities also.

Jay DuBose, Principal of William Hobby Middle School, has accepted membership on the Curriculum and Career Education Committee, Texas Association of Secondary School Principals.

Congratulations to Mr. and Mrs. James Douglas Kazen on the arrival of a baby boy Sept. 11 at Nix hospital, who is also being welcomed by his brothers, Doug and Jeff, and his grandmother, Mrs. Drusilla Perkins Kazen, owner of La Duquesa Antiques and Art Gallery here. Also welcomed by numerous aunts, uncles and cousins, the young man is to be named Julien Dermott Kazen in honor of his great-grandfathers.

## FESTIVAL FUNDRAISER DANCE TO BE SEPT. 24



### Dale Keith To Play Friday

Dale Keith will be playing and everyone is invited to one of the major social functions of the season Friday.

The Helotes Spring Festival Fundraiser Dance—scheduled for Friday night, Sept. 24, at Floore Country Store—is the first event to raise funds to stage the 1977 CORNYVAL which will be held here April 27-May 1.

Festival President James F. Wilson invites everyone in the community to attend Friday's dance, which also launches the membership drive for the Helotes Spring Festival Association.

Dale Keith and His Starlite Ramblers will play from 9 p.m. to 1 a.m. There will be refreshments on sale throughout the evening, and the early dancers will be served free tamales and beer while the supply lasts, the dance committee reports.

Children will be admitted free under 12 years old, and adult donations will be \$1.50.

The reigning Miss Helotes, Lisa McMullan, and her court will be honored, and new officers will be introduced.

The Festival is the largest community event staged annually in Helotes and gives all local and

visiting organizations an opportunity to raise funds for their various worthy projects.

The Festival Association is non-profit and bears the major expense of staging the gala Helotes Spring Festival which in the 11 past times has established a statewide reputation for fun and festivity among thousands of guests and tourists as well as homefolks who enjoy it.

Those wishing to join the membership of the Festival Association may come to the regular meetings the first Monday of each month at Floore Country Store at 7:30 p.m.

Football is in the air, and the fans of Marshall Rams predict that the team will be winning more games as the season progresses. Several on the team are second generation players making more than three generations of fans to boost them. Incidentally, the Fundraiser dance was placed on the only Friday night—next Friday—that the Rams would not be playing, as Festival fans tend to be real Ram fans as well.

## Ram Band To Gain At Game

Marshall Ram Band performs during pre-game and half-time activities at the Trinity University Tigers vs. Tarleton State Game. Kick-off time is 7:30 p.m. Saturday, Sept. 18 at E.M. Stevens Football Field.

Pete Murphey, Trinity University Athletic Director, has invited the Ram Band to participate in the ceremonies. One dollar from each adult ticket sold and the proceeds from all students' tickets will benefit the Ram Band in their "drive" to reach Pasadena, Calif., for the Rose Bowl Parade.

Tarleton State is in Stephenville, Texas.

Big John's Steak and Seafood Restaurant on Wurzbach Road hosted a chicken dinner for the Band on Sept. 13 which added to the growing fund. Three thousand were expected and the Ram Booster Club assisted.

The University of Texas at Austin will bear watching too, and everyone is asking when UTSA can hope to field a team.



Photo by Bill Terry

Paving in downtown Helotes in front of the Post Office and adjoining areas by the County is adding to the move to improve the historic strip of the Bandera Road which has been boxed off Highway 16, making Helotes appear more timelessly Western than at any time since the cattle drives added life to this ancient Indian village, named for the green corn that once grew on fields a few blocks away. Plans are going forward to open the road at the Northwest and to mark entry from the South as well for tourists.



## Better Life For Patients Invented By Therapist

Dozens of times Charles Reed, a certified occupational therapist assistant at Bexar County Hospital, has asked a patient, "What can I do to make your life better?" Each time the answer is different, and each time Reed goes to his workshop and invents an adaptable appliance that will improve the quality of his patients' lives.

Reed asked a burn patient with diabetes how his life could be improved. The patient explained that because of the burns, he had lost much of the use of his hands and was having difficulty giving himself insulin. Reed made a wooden platform that held the insulin bottle and syringe and made it possible for the patient to give himself insulin with much

less difficulty.

Throughout the years Reed has made call buttons for patients in the hospital that can be pushed with feet, elbows or shoulders. With this device even a patient with a broken neck can call for a nurse.

With the help of occupational therapy students, Reed has made mirror stands for patients in traction, crutches for people in body casts and crutches for patients who have no strength in their wrists.

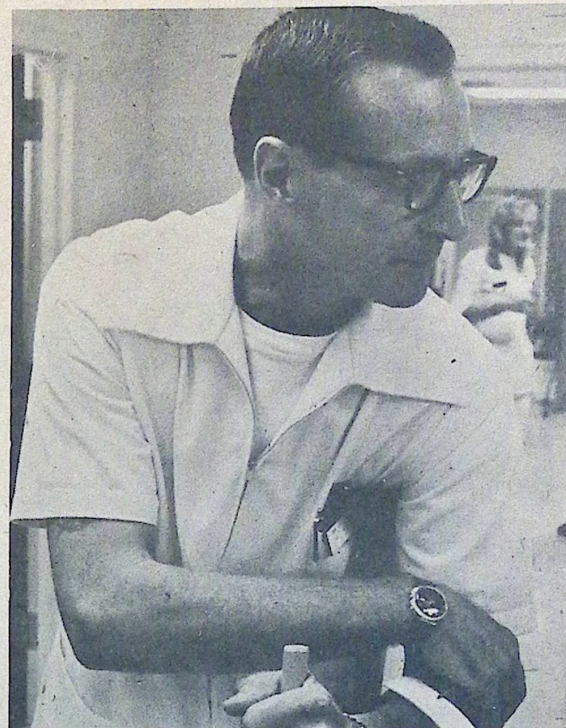
"Once I learned of a patient in traction who did not have a television. At night he would take his traction off and slide across the floor so he could watch television. I made him a mirror stand so he could watch television

while he was in traction. After that, he didn't take his traction off anymore," Reed said.

Reed said a few weeks ago he asked a man who was paralyzed on one side what his biggest problem was. "The man lived alone and was having difficulty opening soup cans. He would put the can between his knees and try to open it with one hand. Reed made a can holder for the man and made it possible for him to open cans with one hand and not spill it.

Reed builds the adaptable equipment first and then draws his plans. Some of the equipment he builds is made out of bird house kits. "I just picture in my mind what is needed, and I make it. I guess if I were a carpenter, I would build a house first and then draw up the blue prints," he laughed.

Mary Ayers, director of occupational therapy, said she has great respect for Reed. "He is unique in his profession. He is able to problem solve. He sits down with the patient over a cup of coffee and asks what the problem is. He thinks about the problem and comes up with a solution. He is a tremendous asset to the department," Ayers said.



Charles Reed, certified occupational therapist at Bexar County Hospital, has unique talent for inventing aids for handicapped patients. He constructs the aids himself.

## Let's Dance

**EVERY SATURDAY NIGHT**

**SATURDAYS — 9 P.M. to 1 A.M.**

**Saturday, September 18 —  
EXOTIC COUNTRY**

**Sunday, September 19 —  
SLIM ROBERTS**

**Friday, September 24 —  
Helotes Spring Festival  
Fundraiser Dance  
Featuring DALE KEITH  
& HIS STARLITE RAMBLERS**

**Saturday, September 25 —  
EXOTIC COUNTRY**

**Saturday October 2 —  
DALE KEITH**

**Sunday, October 3 —  
SLIM ROBERTS**

\*\*\*\*\*  
For PRIVATE PARTIES, call 695 8827

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BREAD — SAUSAGE — TAMALES — AND MORE

FREE DANCE 5 P.M. EVERY SUNDAY

**Floore Country Store**  
33 Years In Downtown Helotes

## Sight-Saving Month Set

Mrs. Dolph Briscoe, wife of the Governor, will serve as statewide "Sight-Saving Chairperson" for this month's observance of Sight-Saving Month, it was announced this week by the Texas Society for the Prevention of Blindness.

TSPB State President Gerald Z. Dubinski and Robert A. Hansen, president of TSPB's Austin Branch, said Mrs. Briscoe has filmed a television message for use throughout the State.

Gist of the message, they said, is that many Texans go blind every day—actually 225,000 each year—and that half of all this blindness can be prevented with knowledge and skills now available—"if we just reach them in time."

TSPB—a voluntarily supported nonprofit organization affiliated with the National Society for the Prevention of Blindness—is the only organization devoted exclusively to a comprehensive, statewide program aimed at PREVENTING blindness, Dubinski said.

The programs include free vision screening and free Home Eye Tests for preschool age children, free glaucoma screenings for persons over 35, industrial and school eye safety programs, public and professional education, and research.

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#### POSTER WINNER NAMED

Catherine Ibarra, right, fifth-grade student at Helotes Elementary, is given a certificate of excellence for participating in the Veterans of Foreign Wars Bicentennial Patriotic Poster event which marked this year's celebration.

Awarding the certificate is Mrs. Joe B. (Alice) Summers, chairman of the VFW contest, here.

### VFW Benefit Picnic Set

An Annual Orphan's Christmas Dinner will be the beneficiary of the Annual Picnic sponsored by the Sam Houston Post 76, Veterans of Foreign Wars and Ladies Auxiliary at Comanche Park No. 2, Sunday, Sept. 26. Serving starts at 11:30 a.m.

The Picnic features a Barbecue and Beef Dinner with all the trimmings for only a \$2.00 donation per plate.

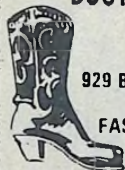
Come join the fun. Bring your family and friends. There will be

entertainment for all ages. Bazaar, Bingo, White Elephants, Dunking Tank, Fish Pond, Play Grounds and many other goodies. Pick up your admissions at the gate, Sunday, September 26.

The Raynolds Sisters and the New Oso Band will celebrate the release of their new single "By By Baby" and "Million Miles From Me" on World Records, Sunday, September 19 at the Cheatham St. Warehouse, 119 Cheatham St., San Marcos, Texas.

#### TOWNSEND

#### BOOT & SHOE REPAIR



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### FUNDRAISER DANCE

Featuring

DALE KEITH and His Starlite Ramblers  
AT FLOORE COUNTRY STORE

Friday, September 24 9 p.m. to 1 a.m.

Donation \$1.50 per Adult

Children under 12 admitted Free

Early dancers will be served tamales Free while they last

PROCEEDS GO TO PRODUCE FLOAT  
AND ACTIVITIES FOR CORNYVAL '77

JAMES F. WILSON, 1976-77 President, Festival Assn.

### Zonta To Have Antique Show

The 18th annual Zonta Antiques Show and Sale will take place October 1-3 in the Villita Assembly Hall, in the Alamo City. Show times are noon to 9 p.m. October 1 and 2 and noon to 6 p.m. October 3. The Show will be ushered in by a Gala and Fashion Show presented by Frost Bros. of San Antonio Thursday evening at 8 p.m. Sept. 30.

About 80 dealers from Texas and eight other states will offer prized antiques for sale. There will be fine china, crystal and glassware, jewelry, household utensils of bygone days, furniture, rare books, bric-a-brac and ornaments of all types. An outstanding exhibit of doll houses from the collection of Mr. and Mrs. Jack Beretta of San Antonio will be shown in two galleries.

Proceeds from ticket sales are used for community service projects such as the Breath of Life Program at the State Chest Hospital and the Children's Eye Clinic at the Bexar County Hospital. Zonta also contributes to the USO, the Ecumenical Center, the Texas Society for the Prevention of Blindness and some scholarship funds. Admission to the show is \$2.00 per person at the door. Advance tickets admit two persons for \$2.00 and are available from any member of the Zonta Club of San Antonio or from any Shaw's Jewelers Store in the city. The Gala tickets are \$5.00 per person and permit in-out privileges as often as desired throughout the show.

Mrs. Herbert G. Frees is President of the Zonta Club of San Antonio and has named Miss Johnnie Merchant General Chairman of the Antique Show, Mrs. H. Kenneth Holloway Chairman of Special Exhibits and Mrs. William J. Michnar Chairman of the Gala and Production Advisor for the Show.

Both the Zonta Club Antiques Show and Sale and the River Art Show will be taking place along the banks of the river in San Antonio the week end of October 1 to 3.

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Soup<sup>2</sup> For



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## HELOTES ECHO

"Ye shall know the Truth"  
VOLUME XI, NUMBER 18  
SEPTEMBER 17, 1976

PUBLISHED  
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FRIDAY EACH MONTH  
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15350 Scenic Loop Road  
Mailing Address: Box 228  
Helotes, Texas 78023  
Phone: 695-3613

### Storytelling Art Offered

Parents, daycare center personnel and others may learn about "The Art of Storytelling" as demonstrated by Dr. Pamela Werton-Dalton during an evening program Sept. 28.

The workshop, offered through UTSA's Division of Continuing Education, will meet from 6:30 to 9:30 p.m. at the Los Angeles



Photo by Gil Barrera

Puppets can be a help to parents and others in storytelling activities to pre-school children, as demonstrated here by Dr. Pamela Werton-Dalton, UTSA assistant professor of education. Dr. Dalton will conduct a Continuing Education workshop on "The Art of Storytelling" Sept. 28.

Heights United Methodist Church, make reservations, call the UTSA 802 Catalina. Program fee is \$10. Division of Continuing Education, For more information and to 227-9147.

### Helotes ECHO Has Anniversary

This month marks the 15th anniversary of the ECHO, and, looking back, the changes that have taken place in Helotes and its surrounding area appear somewhat staggering. Although ranching is still a big topic here, and all the ranching and farming pioneer families are mostly still represented in the leadership of the community—others have joined them—including towns and institutions of magnitude.

When the ECHO was launched September 1, 1961, the City of Grey Forest had not been heard of—and in those days the area was the Scenic Loop Playground, with more absentee owners than fulltime residents, and incorporation was still several years away.

The Helotes Art Guild, this month, is celebrating its 10th anniversary—five years younger than the ECHO.

Helotes Park Estates had not been developed yet—and the present Art Gallery was the ranch homelace of the land which was chosen. Helotes Park Plaza was also built about 10 years ago—with the third unit now about to open.

There was no Southwest Texas Medical Center on the skyline. The University of Texas at San Antonio was a dream. Several local former ranch sites were among contenders—and it was 1969 before anyone could guess the exact location of the big new University.

Ranch Town, now being built here, was the Lytle Ranch then. The legal hassles that made the new town famous and sparked a battle about the Edwards Aquifer was still to come. With the successful conclusion at the Supreme Court level of the Ranch Town's defense, roads are now visible leading to this future ranch town within the greater ranch town of Helotes.

Since the ECHO first published, three churches have been built within Helotes.

There were two then...The Zion Lutheran Church and Our Lady of Guadalupe Catholic Church appear only slightly altered and enlarged. But at that time, the Helotes Baptist Church was selecting the present location and 1961 was the year that saw the

laying of the cornerstone. This beautiful brick church was the first of the three added. The Forest Hills Presbyterian Church and the Helotes Hills Methodist Church followed a few years later as have several other churches in the area served by the ECHO.

There was no Helotes Spring Festival Association...as the first Festival or Cornyval was held in 1966 to mark the opening of the new post office—the present one, although for a century Helotes had had some post office officially. At that time, Postmaster Matilda Barham resigned and Postmaster Charlie Davis was host for the opening of the event which came in the incumbency of President Lyndon Johnson and was dedicated by Rep. Henry B. Gonzalez—then representing Helotes as well.

Many landmark businesses are still active and growing. But in that 15 years, many leaders of the community now legendary have passed away. These include James Riggs, Alex Parrigin, Jessie Madia, Max Toepperwein, John T. Floore, and many who worked for the community and whose names have been given to the streets and roads of the area as well as being daily quoted for their vision.

Leon Valley, at the time of the founding of the ECHO, was incorporated, but growth had been slow and the main street/held one general store, a school, and a few filling stations—two or three. Several businesses were getting started, but the hills were unmarked by homes looking down Bandera Road from the Leon Valley School. Even on the South side—where Loop 410 was being built—there was forested land surrounding Seneca Country Club—with, of course, no homes or Seneca Plaza. Leon Valley had only a small City Hall at the time.

Of course Marshall was already built—since the 50's, but it had earlier been the only high school in the district and was formerly Northside High School.

The Greater Helotes Volunteer Fire Department was just being built—taking the burden off the only fire truck at the Scenic Loop Playground.

Main Street of Helotes already

## VISIT La Duquesa

Drusilla Perkins Kazen,  
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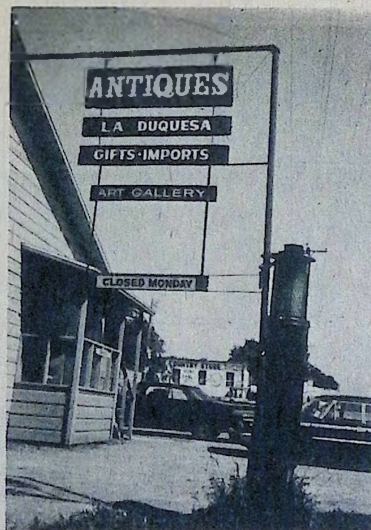
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**HELOTES PARK PLAZA**  
BANDERA ROAD



had Floore Country Store, Maltsberger's General Store had recently been sold. It is now Helotes General Store. The Helotes Inn was there also, and a Red and White Grocery.

Grey Forest Utilities had not even been talked about. The new permanent quarters blends into the landscape now opposite the gallery of Paul Kime.

Toepperwein's was considered the edge of town but it looked the same.

From the unconfirmed rumors that float around Helotes these days, the next 15 years should see many spectacular changes, such as the new apartments being built in the proximity of the campus, and even shorter cuts to Medina Lake. The arts and entertainment segment of the community especially appear to be enthusiastic about the future of Helotes, and education and medicine seem to be playing the biggest roles according to those who enjoy predicting the future of Helotes.

## Local Planning Seminar Open

Government officials from the U.S. Department of Commerce and UTSA faculty will conduct a free seminar titled "Data Foundations for Local Planning" from 9 a.m. to 12 noon Oct. 1 at the Institute of Texan Cultures at HemisFair Plaza.

Co-sponsored by the UTSA Division of Continuing Education and the UTSA Center for Studies in Business, Economics and Human Resources, the seminar will address specific users' questions and problems on local economic statistics.

The program is directed at technicians of private and public institutions who utilize such data in economic studies of the San Antonio area.

Speakers will include Edwin Coleman, chief, Regional

Economic Measurement Division of the Bureau of Economic Analysis; Joseph J. Knott, chief, Revenue Sharing Staff, Population Division of the Bureau of the Census; Paul Armknecht, senior economist for the Bureau of Labor Statistics; and Antonio Furino, director of the Center for Studies in Business, Economics and Human Resources at UTSA.

Topics to be discussed are the content and use of local personal income data; the role of administrative records in estimating local area population; and sources, estimating methodologies, and uses of local industry employment data.

Call the UTSA Division of Continuing Education, 227-9147, for more information and to make reservations for the seminar.

## Dr. Tucker Joins Music In Action Series To Open Trinity Staff

Dr. Stephen L. Tucker has joined the Faculty of Business and Management Studies at Trinity University as associate director of the health care administration department and associate professor of health care administration.

He will serve as acting director of the health care administration department this year while Dr. Barry Greene, chairman of the department, is serving a one-year appointment to Yale Medical School.

SAN ANTONIO, TEX. (IWC) — Gerard Jaffe, chairman of the Music Department of Incarnate Word College, has announced reopening of the Music in Action this fall.

The free, and open to the public, series of discussions with demonstrations begins on September 21, Tuesday night, at 8 p.m. It will be held in the Palestrina Recital Hall of the IWC fine arts center.

Theme for the first session is "On Composing and Composers."

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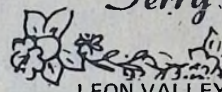
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LEON VALLEY - BANDERA ROAD

## Helotes Art Guild

Visit the Gallery Afternoons

and Attend the Outdoor

ART SHOW AND SALE

Sunday, Oct. 3

Admission Free

10603 Bandera Rd. - Ph. 695-9141



## New Arrival Welcomed

David Matthew arrived on Sept. 14 weighing 6 pounds and 13 ounces. He is welcomed by his brother William Jacob and parents Sharon and Mack Rigby.

The proud and smiling grandparents are Billie and Bill Rigby of San Antonio and Alice and Kenneth Browning of Helotes.

## Serving American Food

Fresh Seafood

Finest  
Choice Steaks

Live Music Weekends

**Chef John's Loft**

AT HELOTES PARK PLAZA

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## Sunday Dinner Special

CHOICE OF 3 ENTREES  
DESSERT INCLUDED

COMPLETE \$2.50

11 A.M. TO 4 P.M.

**TOP SIRLOIN** For Two 30 Oz. \$8.50  
TWO SALADS, TWO BAKED POTATOES  
AND TWO GLASSES OF WINE

**CLUB STEAK** 12 Oz. \$4.50  
BAKED POTATO AND SALAD

**T-BONE** 15 Oz. \$4.50  
BAKED POTATO AND SALAD

**Homemade Rolls and Pies**

**HAPPY HOUR 4 P.M. - 7 P.M.**  
**OPEN FOR DINNER DAILY**  
**AT 5 P.M. (EXCEPT MONDAY)**

**FRIDAY NIGHT, SEPT. 17 . . .**

**Jerry and Freddie will play**  
**6 p.m. to 10 p.m.**

**Vito and His Kickers 10 p.m. to 2 a.m.**

**SATURDAY, SEPT. 18 - 8 p.m. Till ?**  
**The Deliverance**

**SUNDAY SUNDAY, SEPT. 19 -**  
**4 p.m. till ? . Vito and His Kickers**

**THIS SUNDAY - 4 P.M. ON**

**- All the bar-b-que & Beer**  
**You Can Eat - - \$3.00**

**Wednesday Night**  
**LADIES NIGHT**  
**\$3.00 a Drink**

**TUESDAY ON - FEATURING**  
**VITO AND HIS KICKERS**

**PRIVATE PARTIES, CLUBS, WEDDINGS**  
**ALSO WELCOME**  
**Call 695-8323**

**For Information and Reservations**

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**Except**  
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**DANCE TO**  
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RATES: 10¢ each word. Phone 2 words, address, 2 words. Payment must accompany ad. Mail to Helotes Echo, P. O. Box 228, Helotes Texas 78023 or bring your ad by Helotes Echo Office. Or may give to Editors. (Boxed ads in this section \$2 minimum. Classified 60¢ minimum.) Display ads this page at regular rates.

## REAL ESTATE

### REAL ESTATE FOR SALE

A REAL NICE COUNTRY HOME with one acre and well. 3 Bedrooms, 1 Bath, near Castroville. Clean. \$28,000.

BRUN REALTY  
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EVERY SUNDAY. Plenty of Shade Trees.

TABLES FURNISHED. \$3 per space.

IH 10 North from San Antonio—about 18 Miles. Take Cascade Caverns Turn-off to Oak Park Camping Grounds, next to Big-Tex.

9 a.m. until ?  
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Refrigerator—self defrosting. \$75.  
Washer, \$50. 688-3180.

### HELP WANTED

MAID WANTED. Call Mrs. John Barr, Grey Forest. 695-9372.

## TOEPPERWEIN'S 'Sportsman's Headquarters'

Bandera and Leslie Road Hunting & Fishing Licenses  
Ammunition GAS - ICE - GROCERIES Phone 695-8317  
Fishing Tackle DRINKS. Helotes, Texas

## SPECIAL NOTICE

### POOR BOY INC. Super Markets

Announces that on Thursday, September 23, 1976 between 10 a.m. and 5 p.m.

The New

**POOR BOY (PBI) Store**  
**Helotes Park Plaza**  
**Bandera Road — Helotes, Texas**

will be taking applications and will be interviewing applicants who have already filled out applications of employment.

### FOR FURTHER INFORMATION:

CALL KATHY SCALES  
MAIN OFFICE — POOR BOY INC.  
BOERNE, TEXAS at 698-1033

Or Come To  
**POOR BOY INC. Super Market Helotes, Texas**  
**Thursday, Sept. 23, 10 — 5**

DIAL-A-BLESSING (A Recorded Meditation). Call 828-5581.

SAY YOU SAW IT  
IN THE ECHO

## SEPTIC SYSTEM

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## Senior Citizens To Have Art Show

The Barrio Betterment & Development Corporation will sponsor its sixth senior citizens arts and crafts sale Oct. 7-9 at the Farmer's Market, Commerce and San Saba in San Antonio.

The hours Thursday and Friday will be 10 a.m. to 5 p.m. and on Saturday from 10 a.m. to 4 p.m.

All senior citizens living in San Antonio and Bexar County may participate. There is no entry fee and BBDC will pay all expenses.

Senior citizens who want to participate as entertainers and/or have crafts to sell as well as those who want more information may call Yolanda Vasquez at 224-1911 or Ramon Medellin at 224-2081.

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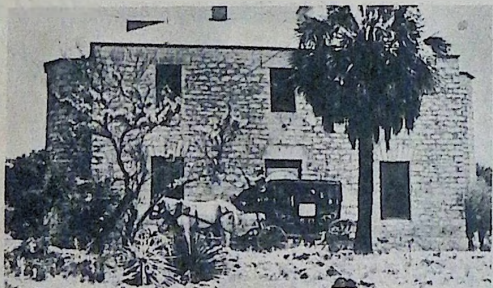
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## Some Tourists

### Come To Stay

The advertising and promotion efforts which depict Texas as the "land of promise" are having the same effect on the Salvation Army Welfare Center at 226 Nolan St. that the Depression of the 1930's had on California when people thought all you had to do for the "good life" was to go to the Golden State, live under an orange tree and eat off the tree.

"People are coming to us from all over the United States, telling us they read that San Antonio is the Ideal City, where jobs are plentiful, the weather is good and living is cheap," said Mrs. Ann Whitehead, social worker at the San Antonio center.

The center has 14 beds for women and children, but on a recent evening, 29 women and children came in for overnight lodging. Of course, some of them had to sleep on mattresses on the concrete floor.

"These people say they want to settle here, but often as not they spend all their money to get to San Antonio, and when they get here, they don't find a job," Mrs. Whitehead said.

Last month, 89 women and 96 children had to be put up by the Salvation Army for such emergency aid.

Andrew "Monty" Montwill, Coordinator of Community Education Programs, Northside Independent School District, is now chairman, for the second time, of Bexar County Coordinators Committee for Adult Education, for a six-county area.

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## Patriotism Taught At Summer Camp



As a patriotic service, the Order of the Sons of Hermann in Texas distributed booklets on how to display and respect the Flag of the United States to youngsters at the fraternal society's youth summer camp at Comfort, Tex.

Counselor Mark Hicks, left, of Temple, Texas, a student at Abilene Christian College, hands a U.S. Navy flag-respect booklet to Bryan Bertie, 11, of 9632 Circle S Drive, Helotes.

At right, John Mendel, 10, Mesquite, Texas, holds U.S. Army's Old Glory booklet.

The Hermann Sons began passing out flag booklets in the summer of 1975 with the idea that, over a four-year span, each of the services would be so honored, and 1976 was to be the Year of the Army, but the Army's Old Glory booklets were in limited supply. The situation was kept well in hand by continuing the use of the Marine booklets. When the Marine booklets were all gone, the U.S. Navy came to the rescue with ample supply of its booklet. Air Force booklets are still in the offering.

## Beard Reunion Held Here

Family reunions have been holding the spotlight here during the Bicentennial year, as more families dig into their histories and gather to acknowledge the debts they owe to their forefathers.

Labor Day week-end saw the gathering of the Beard clan descended from Samuel Bryant Beard who married Alice Duncan. Mrs. Cleta Mikel and her brother Verland Beard, who was born in Oklahoma, hosted the event along with Mike Mikel, Cleta's husband. Thirty-nine relatives and five guests spent the week-end in Grey Forest. The Grandfather Beard migrated from Kentucky, went to Oklahoma to run the Cherokee Strip. There were seven children in the generation of Forrest Beard—Mrs. Mikel's father—including twin brothers and four girls. Five of those survive, and all but one were represented at the reunion. Present at the event were five couples who had celebrated

golden wedding anniversaries.

Mrs. Mikel and her brother are compiling a complete history of their family.

SOMETIMES you meet the most interesting people...Recently, Alice Summers and a friend decided to meet and shop at North Star Mall. When Alice parked in the lot, she recognized Rep. Bob Krueger and shook hands with him. He was home for a visit to his constituents, and Alice told him some of the things Helotes needs him to see about. When she met her friend inside the Mall, she was ready to do a little namedropping. But her friend played the game of one-upmanship very well for this lady reported that she had just passed and greeted none other than Lady Bird Johnson, the former first lady.

## Vitamin E Lacks Magic

If you're using Vitamin E to increase sexual potency, grow a full head of hair, remain youthful or cure ingrown toenails, save your money, say experts.

Scientific studies by such authorities as the American Heart Association, the American Medical Association and the U.S. Food and Drug Administration report that Vitamin E has no special preventative or curative powers, related Dr. Joel Saegert.

A UTSA assistant professor of marketing, Dr. Saegert has conducted consumer surveys on various organic and health foods and vitamins—including Vitamin E. "Scientific research has proven that routine use of this vitamin does not improve health," he noted.

"The early association of the vitamin with sexual functions and the claims of its association with heart disease have led to widespread recommendations that diets be supplemented with Vitamin E to enhance sexual potency and prevent heart attacks, as well as alleviate scores of unrelated conditions ranging from acne to varicose veins," Dr. Saegert remarked.

Despite the fact that Vitamin E manufacturers themselves do not make claims for positive effects of their product, Vitamin E has become one of the most popular food supplements for health faddists.

In a recent study among students at the University of Denver where he taught prior to joining UTSA, Dr. Saegert and his wife Merry Mayne Saegert, a dietician, conducted consumer surveys on uses of various organic and health foods and vitamins—including Vitamin E.

As an aside, Dr. Saegert said those who use vitamins will get the same benefits whether the vitamin is natural or synthetic. "The chemical composition of vitamins is the same regardless of whether it's natural or synthesized."

"Although the consumers were knowledgeable about basic nutrition, they were distrustful of the information from the scientific community and federal agencies," Dr. Saegert stated.

There was also a strong tendency for those who used Vitamin E to use a variety of other health related products such as Vitamin C and health foods, the market analyst added.

"A person would do better to use the money to buy fruits and vegetables. The best nutrition is still a well balanced, varied diet," he remarked.

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## Ramp Meter Begins Oct. 4

Signal maintenance personnel of the State Department of Highways and Public Transportation are installing new ramp metering equipment at the Martin St. and Marshall St. northbound entrance ramps to I.H. 10. Work is being done during slack traffic periods.

The new ramp metering signals, along with signals already installed at the San Pedro entrance ramp, will commence operation on October 4. The new Martin and Marshall street ramp signals will operate only during weekday peak traffic hours between 4:00 and 6:00 p.m. The San Pedro ramp signal is traffic-responsive and is

activated whenever the I.H. 35 mainline traffic approaches a congestion level.

Alternate routes to less congested sections of I.H. 10 will be marked for motorists who do not want to use the metered ramps. For example, the Martin St. traffic will be trailblazed west

to Colorado St. and then north to the I.H. 10 entrance. The Marshall St. traffic will be trailblazed north on Cameron St. to Poplar St. Then west to Colorado St. and north to the I.H. 10 entrance.

Despite increases in the volume of traffic on I.H. 10, ramp metering on southbound entrance

ramps has significantly decreased the amount of congestion on the expressway lanes. This has enabled San Antonio motorists to enjoy reduced travel times with fewer rush hour accidents. Entrance ramps to be metered are determined by the Freeway Corridor Management Team. The

Team membership includes engineers and officials from the San Antonio Transit System; the San Antonio Police Department; the Traffic and Transportation Department of the City of San Antonio; Bexar County; and the State Department of Highways and Public Transportation.

## 'Check Before You Pay'

Millions of aged and disabled Americans benefit from the Medicare program administered by the Social Security Administration, said Gilbert G. Gonzalez, manager of the San Antonio social security office.

Unfortunately, people fraudulently representing themselves to be social security representatives sometimes prey on these people by making false demands for money on the pretext that additional coverage can be obtained or threatening to terminate Medicare coverage if payment is not made.

Gonzalez said that social security representatives do occasionally call on people eligible for Medicare. However, it is unlikely that they will request payment, and they always have adequate identification with them.

The manager suggests that anyone who is contacted by someone claiming to be a social security representative ask to see his identification. If there is still any doubt telephone the social security office and ask that they identify the caller. Following this practice will safeguard Medicare beneficiaries, and help put the people who prey on them out of business, Gonzalez said.

He also pointed out that many private insurance companies offer policies that supplement Medicare coverage. The manager said that social security does not encourage or discourage purchase of these policies. It is entirely up to the individual.

However, he said that social security does not work in conjunction with these private companies and cannot guarantee payments or coverage. Purchase of any private medical insurance has no effect on Medicare coverage.

Dr. Joe Ashby, chairman of Trinity University's economics department, has been notified that a Spanish edition of his book, "Organized Labor and the Mexican Revolution," will be published in Mexico.



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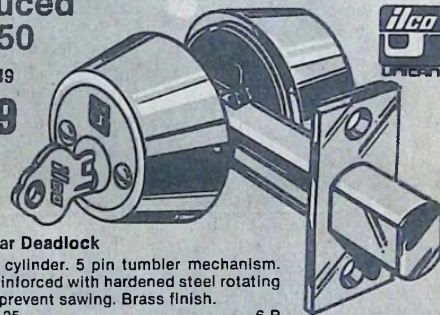
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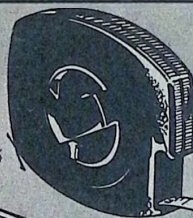
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