

# HELOTES ECHO

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HELOTES, BEXAR COUNTY, TEXAS - NOVEMBER 4-NOVEMBER 11, 1983

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# Council Okays New Reserve Officer

#### News Bulletins

Biggest news of the week was the rape of a Helotes Park Estates woman early in the week. Other crime news included break-ins and burglaries reported in several Helotes and Grey Forest homes. At one home in Helotes Ranch Acres, Helotes police arrested a white male Sunday evening who was trying to break down a door. Arrested and given a charge of public intoxication was James Craig Fletcher of 13411 Danvers in San Antonio. Police said that Craig said he "was going to return to Helotes and roam the area with a shotgun." All residents should keep their window curtains or shades closed at night.

The 1983 hunting season for deer and turkey will open Saturday, Nov. 12, and reports are that both will be plentiful, particularly in the Hill Country.

\*\*\*\*\*\*\*

The John Marshall Rams won the District 28-5A championship Thursday night by defeating the Clark High Cougars, 23-6. The Rams had to win by at least 14 points to get a place in the play-offs. Clark already had won a play-off spot.

#### PTA Helps At Braun

Citing "incredible community support," Braun Station Elementary School PTA President Nancy Collins has announced the completion of playground equipment built by PTA members and teachers and financed through donations by area business and builders. The two large wooden structures were designed by a professional playground designer.

According to Mrs. Collins, the equipment was designed with the needs of the children to have a safe place to play. One structure is especially built for the younger children in kindergarten through second grade and the other is designed for the older children in grades three to five. Principal Jim Carson says that a wooden obstacle course will be added in the near future to enhance the physical education program.

# City Council At Work



Members of the Helotes City Council authorized appointment of a new reserve officer for the Police Department and adopted a Revenue Sharing Budget during their meeting Wednesday night. Regular meetings in the future will be held on Thursdays.

#### October Rain Is 2.2 Inches

The Helotes area received a total of 2.2 inches of rain in October, Henry Brauchle, rancher and weather observer has reported. That brings the total for the year to 31.7 inches.

The October rainfall followed a pattern that began in August, when 3 inches fell, and continued in September with only 2.9 inches.

#### Artists To Show At St. Mary's

An exhibition of work by mixed-media artists Lena Morin of Grey Forest and Donna Zarbin-Byrne will be on display at the St. Mary's University Academic Library, Nov. 11—Dec. 10.

The public is invited to a

The public is invited to a reception for the artists at 7 p.m. Friday, Nov. 11, and also to a lecture by the artists at noon Monday, Nov. 14.

Hours for viewing the exhibition are from 8 a.m.—11 p.m. Monday through Thursday; 8 a.m.—5 p.m. Friday and Saturday; and 1—10 p.m. Sunday.

#### **Diabetes Month To Stress Strict Control**

More than 300,000 persons, roughly equivalent to the population of the city of El Paso, died last year from the devastating consequences of diabetes and many hundreds of thousands more suffered ailments ranging from heart disease to kidney failure caused by diabetes.

In San Antonio more than 80,000 people are battling the disease which is the leading cause of blindness in adults ages 20 to 74 and a major cause for loss of the feet and legs due to amputation.

legs due to amputation.
November is National
Diabetes Month. The Bexar
County Hospital District is
using the occasion to stress to
the public these consequences do not have to occur.
The complications of
diabetes can be prevented
through strict control.

Dr. Richard Becker, who heads the outpatient diabetic services at the Brady/Green Community Health Center, emphasizes two major points about the disease.

First, he says, diabetes is much more serious than many people give it credit for being. Diabetes kills, cripples and reduces quality of life.

Second, diabetes is not cured by using the drug insulin.

The answer for diabetics, says Dr. Becker, is prompt awareness and treatment of the disease and a strict control of nutritional intake.

"There is serious evidence all of the complications of diabetes are preventable with strict control," says Dr. Becker.
"The development of

"The development of glucose-oxidase-impregnated sticks," he continues, "for use in home monitoring of glucose level, is one of the most important developments, after the discovery of insulin, in the history of the disease."

Home monitoring, says Dr. Becker, can help the diabetic control the disease by monitoring levels of blood glucose and the effects of diet and exercise on glucose level.

"It's a major development and, with our combined services here in the clinic — podiatrist, teaching nurse, dieticians and physicians — we can offer an excellent program of diabetes care to our patients," says Dr. Becker.

# Revenue Sharing Budget Adopted

At a meeting of the City Council Wednesday, November 2, Interim Chief Dewey (Sam) Tilley was authorized to add Larry Perez as a reserve officer for the Helotes Police Department, bringing the force of reserve officers on part time duty to ten. Chief Tilley, a full-time officer also has a half-time assistant chief on the staff. Selection of a Chief will be made in the near future, Mayor Frank Thompson and Councilman Pat Wootton said, after applications are reviewed.

#### 1984 Stock Show To Seek Record Prizes

Kicking off their 35th annual fund-raising campaign, the Livestock Auction Sales Committee has announced a goal of \$750,000 to help guarantee premium and above-premium prices for area youth bringing their livestock to San Antonio for the 1984 Stock Show & Bodeo

the 1984 Stock Show & Rodeo.
Rodney Yates, cochairman for the 1984 Auction Sales Committee, made
the announcement before a
group of over 250 volunteers,
saying, "I know this figure is
high and will require a lot of
effort from each committee
member, but with the support of San Antonio and South
Texas businessmen, this will
be the best year in the 35-year
history of the San Antonio
Auction Sales Committee."

Volunteers are divided into four sub-committees: steers, chaired by Jimmy Hasslocher; hogs, chaired by Ron Wolma; lambs, chaired by Joe Ray Ackerman; and poultry, chaired by Tom Gritzer.

Donations will ensure each youth a premium price for their show animal, plus enough money to cover expenses and to buy and new animal for next year's competition.

The 35th Annual Stock Show & Rodeo will open at Joe and Harry Freeman Coliseum on Feb. 10 and run through Feb. 19. The main item on the agenda was the adoption of a Revenue Sharing Budget, where the City will benefit from items provided the local area through federal revenue. The summary of the budget will be available at the City Hall for citizens to review.

Councilwoman Verna Thompson presented a series of certificates to all the children who had participated in 1983 in the Road Gang, a group of volunteers who gave up Saturday activities elsewhere to repair streets and remove underbrush along the rights-of-way. Some were as young as seven years old, and the grown-up crew ranged up to 83 years old, she reported, including some of the most respected citizens in the community. One 1982 certificate was given to a little girl who had been overlooked at that time.

Mayor Thompson announced that the regular meetings will again be held on Thursdays and the next one will be held Thursday, November 17 at PARC at 7 n.m.

#### Fort Sam To Honor Veterans

Army personnel from Fort Sam Houston will participate in the annual Veteran's Day Memorial Services, Friday, Nov. 11, at the Fort Sam Houston National Cemetery.

Sponsored by the Veterans of Greater San Antonio, the 10 a.m. observance will be highlighted by presentation of wreaths at the cemetery in memory of United States military personnel who lost their lives in combat.

Fifth Army Band will provide music for the ceremony, and the Military Honors Section will fire the gun salute and raise the flag to full staff, A Joint Services Color Guard will post the colors as the ceremony begins

ceremony begins.

Military commanders, veterans organizations, and civilian dignitaries will place wreaths at the cemetery.

#### Johnson-Bates Rites

James (Jiggie) Johnson of San Geronimo and JoAnne Bates will be wed Saturday morning, Nov. 12, at 10:30 at the Normandie Rose Ranch

in San Geronimo. Johnson is head of the Bodet Travel Agency, and his bride-to-be is employed by USAA as an investment counselor.

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THE TERRY FAMILY

#### To Speak At Leon **Springs**

Dr. Milton Duke will be the guest speaker at the First Baptist Church of Leon Springs beginning Sunday evening, Nov. 6, at 7 p.m., and continuing Nov. 7—9 at 7:30 p.m. The public is invited and a nursery will be

Each evening music will be directed by Dan Stephens, and special music by Darylene Perkins.

The church is located 1/4 mile west of IH-10 on the Boerne Stage Road. Dr. Milton Duke is pastor of Eisenhauer Road Baptist Church in San Antonio.

#### UTSA To Show Film In French

French film enthusiasts will have an opportunity to view the critically-acclaimed "Mon Oncle Antoine" Uncle Antoine) Nov. 19 at The University of Texas at San Antonio. The movie will be shown at 7 p.m. in the Humanities—Business Building, Room 2.02.12.

The French-Canadian film, in French with English subtitles, has won fourteen prizes at film festivals all over the world, including those held in Moscow, Chicago and Toronto.

A representative from the Canadian Consulate will introduce the film and lead a discussion following the

#### 'Way To Go'

Saturday, Nov. 5:
 \*Turkey Shoot, Braun
Hall, 10 a.m. till dark,
sponsored by VFW Post 7108 and Ladies Auxiliary.

•Trash and Treasure and Bake Sale, Handy Andy sidewalk, 10 a.m. to 2 p.m., sponsored by Helotes Lioness Club

·Garage Sale, Our Lady of Guadalupe Church grounds, 8 a.m. to 4 p.m. sponsored by the Altar

Society.
Monday, Nov. 7:
•Helotes Spring Festival Association to meet, Our Lady of Guadalupe Community Center, 7:30 p.m. Everybody needed to help plan Cornyval '84.

Wednesday, Nov. 9:

•Helotes Business and Professional Association to meet, El Chaparral Mexican Restaurant, 7:30 p.m. Prospective members and guests welcome.

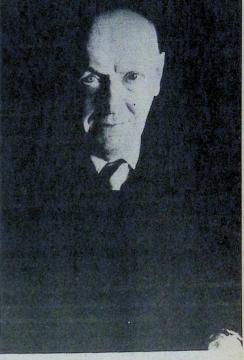
Thursday, Nov. 10:

\*Hobby Display Show,
PARC Building, Helotes
Hills United Methodist Church, 2 to 4 p.m., admission free, sponsored by the Silver Belles Club.

•Helotes City Council to meet, PARC Building, 7 p.m. Citizens to be heard.



ten gallon filled, can actually only hold 3/4 of a gallon.



#### Nobel Prize Winner

Nobel Prize-winning writer Isaac Bashevis Singer will present a lecture at Trinity University, Wednesday, Nov. 9, in Ruth Taylor Concert Hall. Admission will be free. The lecture will begin at 7:30 p.m., followed at 9 p.m. by a book sale and signing reception in the foyer.



During the Middle Ages, peppercorns were sometimes used as money in Western Europe



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# Duran vs. Hagler on Nov. 10

Roberto Duran, left, will challenge World Middleweight Champion Marvin Hagler in a match to be telecast live on closed circuit television at the San Antonio Convention Center arena, Thursday night, Nov. 10, beginning at 8 p.m. Also on the card will be matches between Juan Roldan of Argentina and Frank Fletcher of the U.S., and Charlie Brown and Blaine Dickson. Reserved seat tickets are on sale at all Ticketron outlets.

# Northside **Swimmers**

#### To Visit

Saturday, Nov. 12, swim-mers and divers from the Northside Aquatic Teams will knock on doors in the area. They won't want money. They will want returnable glass bottles.

This year, the Aquatics Boosters decided to forego the usual pledges for a Swim-A-Thon or candy sales. "We were tired of asking people for money," said Booster President Sam Fowlkes. So a Bottle Drive evolved as the best way to raise funds

without asking for money.

It will also be a way "to spread the word about swimming," adds Coach Doug Andrew. Each house also will receive a flyer telling about the teams and the Northside Aquatic Center.

#### 'Music In America' To Be Heard

"Music in America, 1850-1920" is the theme of a results of the theme of a special performance by the Trinity University Wind Symphony and Choir, Sunday, Nov. 13, at 3 p.m. in the Dome Theater of the University of Texas Institute of Texan Cultures.

Under the direction of Dr. Bruce Chamberlain, the choir will perform a selection of works by Charles E. Ives including "Let There Be Light," "Sixty-Seventh Psalm," and "Crossing the Bar." Horatio Parker's "Urbs Syon Unica" and R. Nathaniel Dett's "Listen to the Lambs" also will be presented.

The wind symphony, with Dr. Eugene Carinci conducting, will perform "Looking Upward Suite" and "The Stars and Stripes Forever" by John Philip Sousa, "Light Cavalry Overture" by Franz

von Suppe, and "Bones Trombone" by Henry Fillmore. A cornet solo by Dr. James A. Ode will feature Herbert L. Clark's "Carnival of Venice."

For the finale the symphony and choir will join together to perform "Circus Band" by Ives.

The event is free and open

to the public. The Institute of Texan Cultures is located at the corner of South Bowie Street and Durango Boulevard on HemisFair

#### **Trinity To** Present **Two Plays**

Two plays as different from each other as a baroque palace from a French Quarter tenement will be performed in rotating repertory (every other night) by the Trinity University speech

Trinity University speech and drama department. Tennesee Williams' "A Streetcar Named Desire," considered by New York Times drama critic Walter Kerr to be the greatest American play, will be presented Nov. 4, 10, 12, 16 and 18.

"Tartuffe," Moliere's classic farce on religious hypocrisy, will run Nov. 5, 9, 11, 17 and 19. Both will be staged in Ruth Taylor Theater One at 8 p.m., on the theater's newly desired. theater's newly designed thrust stage.

For reserved tickets, \$4 and \$5, call the box office at 736-8515.

way to cut driving costs in the winter is to clean the snow and ice off from under the fender to reduce gas-eating weight.

#### New Arrival

Ryan Gregory Sekula was born Friday, Oct. 21, to Mr. and Mrs. Gregg Sekula of Low Road. Ryan is the 17th grandchild of Ben Sekula. Ryan weighed in at 81/4 pounds and was 211/2 inches

#### **Future Teachers To Meet**

Future educators will gather at The University of Texas at San Antonio on Nov. 19 when the University hosts the annual District XX convention of the Future Teachers of America.

High School students from San Antonio and surrounding areas who plan to become

teachers will workshops and presentations at the day-long convention.

The meeting is sponsored at UTSA by the Division of Education and the Texas Student Education Association.



Information about your changing telephone service from Jim Reed, Division Manager-Residence Services

#### A look at the future

When Southwestern Bell is divested from AT&T next January and becomes a separate company, you can be sure that your local telephone service will continue working the way it always has. We're committed to providing high quality, dependable local service at affordable rates

But there will be some changes in the way you do business with us...from how to handle telephone repairs to the way you're billed. Here's a quick look at what will and won't change:

#### Local service

As mentioned, Southwestern Bell will continue to be responsi-ble for providing local telephone service. To start, stop, change or move service, you will do the same as you do now — call your Southwestern Bell business office.

#### Long distance service

Beginning January 1, South-western Bell will still provide long distance service within your surrounding area. However, calls outside this area will be handled by AT&T or other long distance companies. Since there will be more competition in the long distance market, there will be more choices for you as a customer.

#### Telephone sets

Between now and the first of the year, all single-line customers have the option of buying the telephones that they currently lease on a monthly basis from Southwestern Bell. If you decide to continue leasing your telephone sets, ownership of this equipment will be trans-ferred to AT&T January 1. Of course, you'll still have the option of purchasing new telephone equipment from a variety of other suppliers. Pending agreement from the Federal Communications Commission. Southwestern Bell may also offer telephone equipment for sale, beginning in 1984.

#### Telephone repair

If you continue to lease the

Bell-owned telephones, repairs will be handled by AT&T begin-ning January 1. There will be no charge for repair of these phones, provided you either mail your leased phone or return it in person to designated AT&T locations, However, if you wish to have a service technician repair your phone on your premises, there will be a charge for this service.

Telephones purchased from Southwestern Bell before the end of the year also will be serviced by AT&T, but you'll be charged for those repairs if your set is out of warranty. Of course, repairs of telephones purchased from companies other than Bell should be referred to the store they were purchased from or the manufacturer.

#### Billing

You'll continue to receive one bill for all services provided today by the Bell System, except for purchases of new equipment from AT&T. This single bill - to be produced by Southwestern Bell — will list Southwestern Bell's charges separately from AT&T charges. In the future. Southwestern Bell may serve as a billing agent for other long distance companies as well. Toll-free telephone numbers of each company will be featured on your statement in case you have questions about your bill.

#### We want you to know

At Southwestern Bell, we want you to know about these and other changes that will affect the way we do business with you. Watch for more details in the months ahead - both in this column and in your bill insert.

Remember, if you have something to talk about, don't hesistate to drop me a line.

Jim Reed Southwestern Bell 4119 Broadway, Room 545 P.O. Box 2780 San Antonio, TX 78299



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# **Let's Dance** in December

Also announcing . . . that in November we will observe our Annual Vacation and will be closed all weekends to observe **Thanksgiving** and prepare for the Holiday Season.

# FREE DANCE

Every Sunday 6 P.M. No minors admitted without parents on Sunday afternoon after 6 P.M.

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Downtown Helotes

#### **Helotes School Holds Annual Costume Event**

All day, Thursday, Oct. 27, Helotes halls were haunted by inventively costumed students. In the classroom it was business as usual though at desks were seated a variety of witches, vampires, space aliens, pumpkins, pirates, etc. The spirit of the day was further evidenced by teachers, principal, cafeteria workers, bus attendants and parents in equally creative attire. Fun was had by all when the special day when the special day culminated in an annual parade and judging of costumes. First prize win-ners of this event included: Kindergarten: Adam Flores, gorilla; Dallas Moore, black ghost; Jose Ramirez, vampire.

First grade: Jennifer Allison, witch; William Burnett, GI; Gabriel Balero, goblin; Martina Meritz, clown; Sherry Salazar, fairy princess; Charla Smith, old lady.

Second grade: Chad Huff, hppie; Adriann Kobos, rab-bit; Ike Kutter, first blood; John Madla, dracula; Yolanda Ramirez, clown.

Third grade: Kris Balero. goblin; Brenda Bachhofer; Robbie Weyel, martian; Kim

# Pulitzer Play Due At

"Talley's Folly," a play which won both the Pulitzer Prize and the New York Drama Critics Circle Award as the best play of the season, will be presented at 7:30 p.m., Nov. 9-12, by the theater and communication department at San Antonio College

The play will be presented in McCreless Theater each evening. Admission is \$3.50 for adults, \$2 for students, free for children 12 and under, and free for Alamo Community College District students, faculty and staff.

Libert, Strawberry Shortcake; Bryan Stolte, Ewok

Fourth grade: Jonathan Armstrong, girl; Shannon Haby, pumpkin; Lizzie Rogers, gypsy; Marty Rose, pirate; Jason Smith, Indian.

Fifth grade: Vincent Freemyer, clown; Tammy James, queen; Robert Mof-fet, little girl; Glenn Santos, hobo; Ryan White, hippie.

# Along Our Route ...

Texarkana, Texas

Dear Mrs. Brown:

Hi, I'm Diana Stevenson, formerly of San Antonio. I know you personally as you have put pictures and stories about me in your nice paper. We are settled in our new home in Texarkana, and I would like very much for you to start sending me The Echo and bill me. Also I would like to hear from my friends in San Antonio so I can say "Hi" to them all. We will be moving back in 2½ years. Our address is: 5708 Larry Drive, Texarkana, Texas

Kindly, Your friend, Diana Stevenson

#### **Harrington Gets Award** As Builder

Force. He established Pro-

ject Warm - a rate relief

The Greater San Antonio Builders Association (GSABA) is pleased to an-nounce that G. E. "Ed" Harrington has been chosen as the Association's Builder of the Year. The award is given to the builder member who has made substantial contributions to the GSABA and the community. He is the developer of French Creek Village on Bandera Road.

Harrington is a past president and director of the GSABA and has been building in San Antonio for 26 years. He has served the National Association of Home Builders as a director, and has been an active director of the local Home Owners Warranty Corporation.

Harrington is as active in the political arena as he is in

#### Gorman To Have Show

The first gallery exhibition of the work of Indian Artist R.C. Gorman in San Antonio will open Dec. 10 at the DagenBela Galeria in Market Square. Gorman will be present at a reception and booksigning party honoring his new book from 5 to 8 p.m. on the 10th at the gallery. The reception is open to the public.

DagenBela Galeria is open Monday through Saturday from 10 a.m. to 5:30 p.m. and Sunday from 11 a.m. to 5 p.m.

the building arena. He is currently serving a second term as City Councilman for District 8 and has served as Chairman for San Antonio's Planning and Zoning Commission and the Streets Task

program for the disadvantaged — and is responsible for establishing the libraries in District 8

The GSABA will present the Builder of the Year award to Harrington at its November General Membership Meeting.

#### **That First Camera**

By Ryder Howard

Do you remember your first camera?

Whether it be an instamatic, disc, 35 mm, range-finder or whatever, the first camera owned by each of us seems to have instilled more than its just share of fear in all of us. What do you do with this high-priced piece of equip-ment? Put it on a shelf so that you do not have to face it, or gamely make an attempt to conquer it, or do you actually

master the dern thing?
With my first camera, I recall that I was young and foolish enough to think that after a week or two, this camera would inform me that either I was the greatest photographer in the world, or perhaps that I should give up. That camera did not learn to talk, or bite; and as a result, I wound up wasting all of my spare money on film and processing while experimenting with that camera.

I think that the worst part of my first camera was the fact that when people were wanting me to take a picture for them, it seemed that I would always find some new way to mess up. I have taken many beautiful shots of the inside of my lens cap, failed to put film in the camera, failed to use the correct settings on the camera, been out of focus on MANY occasions, and, in general, just fouled up in every conceivable way

The reason that I am telling you all of this is to point out that the camera cannot bite you, and that even professional photographers have made and still continue to make mistakes. Whatever you do, don't think that you cannot gain knowledge of your camera. Do not let it intimidate you. Just take it out and experiment without really being concerned about subject matter — just look for results. After getting your film developed, drop by and ask any and all questions about your results. (Texas Color Photographics, Helotes Park Plaza)

#### DR. THOS. J. HABERMAN, D.D.S., M.S. **FAMILY DENTISTRY**

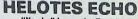
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Terry S. Vincent, M.D. Helotes **Family Practice Clinic** 

#### THE "WEAK BONES" DISEASE

By Terry Vincent, M.D.

A grandmother leaned over in her rocking chair to pick up a magazine - and broke three ribs! Another vigorous old lady pushed a heavy door, fracturing her wrist. Still another took a swat at an errant puppy and broke her forearm. Fractures of the hip are commonplace in the elderly. An octogenarian developed back pain and, when measured at the doctor's office, discovered she was an inch or two shorter than she used to be: x-rays showed a collapse of one or more vertebra.
These folks have one thing in common: osteoporosis, a thinning of the bone. It's more common in women because they have smaller and more fragile skeletons to begin with, but the lack of hormones after mid-life has a lot to do with it.

The person most likely to be affected by osteoporosis is a sedentary, post-menopausal white woman with a lifelong low-calcium intake. Let's take a closer look at this calcium factor. The body needs calcium for a lot of functions besides strong bones. The stores of this mineral are banked in the bones. To stay even on this bank account, we need 800 mg. of calcium daily. But the average American woman consumes less than 500 mg. daily, so the body mobilizes calcium from its skeletal safety deposit box. Add to this the fact that absorption of calcium from the diet becomes less efficient as we grow older. Thus, older persons actually need more dietary calcium than the teenager to prevent thinning bones. For instance, a healthy thirty-five year old woman may need as much as 1,000 mg. of calcium a day, while those over fifty need at least 1,500 mg. daily. So the older we get, the higher the calcium intake should be.

Most milk is "fortified" with vitamin D. Why?

Because it helps maintain normal serum calcium. About

half of our vitamin D comes from dietary sources, and surprise! — the remainder from a chemical reaction in the skin stimulated by ultraviolet radiation, which means sunlight. The elderly are more frequently afflicted with osteoporosis because of decreased dietary intake of calcium, meager exposure to sunlight, and decreased absorption of both vitamin D and calcium.

Other factors enter into osteoporosis. It occurs less frequently in those who remain physically active throughout their lives, who don't smoke cigarettes, and who don't drink excessive amounts of alcohol. All of the foregoing factors apply equally to men and women. Then why is it ten times more common in grandmaw than grandpaw? The answer lies in hormones, or rather the lack of hormones. Mother Nature plays a cruel trick on the female by turning off estrogen production in midlife, while the male continues to produce hormones to the grave. Estrogen has a protective effect on the bone, although exactly how it works in preventing excessive bone loss is not completely understood. So, you ask, why not give all post-menopausal estrogen? Well, there's an increased risk of cancer of the uterus if estrogen is given after menopause, so treatment among these lines must be individually assessed by your doctor, who may insist on close gynecologic followup care. It 's a risk/benefit thing that only you and your doctor can

Do the things that will help you avoid osteoporosis. Make sure you get enough calcium and vitamin D in your diet(but don't go overboard on vitamin D because too much can lead to a dangerous deficiency of calcium in the blood!) Remain as physically active as possible; a daily two-mile walk only takes a half hour and is good for your heart and circulation as well as your bones. If you are a smoker, stop. Alcohol intake should be strictly limited.

Okay, but what if your doctor says you've already got some degree of osteoporosis? Can it be reversed? Probably not, but you can keep it from getting worse. Get out in the sunlight now and then to stimulate the vitamin D formation in the skin. Eat foods that are high in calcium: dairy products, fish, and green leafy vegetables. Take a calcium supplement, preferably one with vitamin D; many are available without prescription and your pharmacist can advise you. As to the post-menopausal administration of hormones, your doctor will decide what is best for you.

#### Mrs. Scheel Dies At 50

Mrs. Geraldine Scheel, 50, of San Antonio, was buried Monday morning, Oct. 24, in Zion Lutheran Cemetery. She had died on Thursday, Oct. 20, after a short illness. Mrs. Scheel was a teacher in the San Antonio schools for twenty years.

Survivors include her husband, Clinton; a daughter, Jennifer, and a son, Paul; her mother, Mrs. Lydia Theis; and a sister, Mrs. Lydia Speckmiear, and brother, Norman Theis.

Mrs. Scheel was a graduate of Incarnate Word College.

#### Sign Now For UTSA

Those who wish to enroll in The University of Texas at San Antonio for the spring semester must have their applications and supporting materials on file with The University by Dec. 1.

Applications and all sup porting documents, including transcripts, must be on file by that date. Applications may be obtained in the UTSA Office of Admissions and Registrar, Room 1.01.20 of the John Peace Library. The office is open Monday through Thursday from 8 a.m. to 6 p.m., and until 5 p.m. on Fridays.

For more information or to obtain an application, call 691-4352



Probably the smallest of our James Madison presidents. feet four, never more than 100

#### Wurst Run To Be Held Saturday

The Wurst Run will be held Saturday, Nov. 5, at Landa Park in New Braunfels with race time at 8 a.m. and registration from 7 to 7:45. The registration fee is \$8.

Entrants will receive a T-shirt and free Wurst Fest tickets with awards for top three finishers in all divisions. Money raised in the event will benefit the South

Texas Multiple Sclerosis Society.

The first sidewalk in the U.S. was laid in 1657 on a New York thoroughfare called Stone Street.

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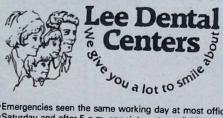
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BUDGET PAYMENT PLAN Expires November 18, 1983

#### Las Colonias Marathon To Draw 1.800 Runners

More than 1,800 runners from the United States and countries in South America are expected to enter the ninth annual Las Colonias de San Antonio Marathon, set for Sunday, Nov. 13, on a new scenic course through the ci-

Competitors will race to beat last year's record time — two hours, 17 minutes, and 28 seconds — set by Loretto Arana of Monterrey, Mexico. The runners will also try to clinch the winner's prizes, an all expense-paid trip to the Boston Marathon for the top male and female finishers.

The Las Colonias race is the city's official marathon, and is sponsored by Budweiser to benefit the Westside YMCA. Since it is sanctioned by the Athletic sanctioned by the Athletic Congress, any runner finishing at two hours, 20 minutes, or less is eligible to qualify for the Olympic marathon.

The race will begin at 7 a.m. at Dickman Street bet-ween Austin and Reynolds Streets on Fort Sam Houston, then wind through downtown San Antonio before leading into the King William area. The route then turns to Com-

merce Street and Old Castroville Road prior to heading north on 36th Street and Hillcrest, around Woodlawn Lake, and finishing at Westside YMCA, 2900 Ruiz St.

Spectator stands will be erected so running fans may view the race from several points. The stands will be at Dickman Street on Fort Sam Houston, at Houston and Las Moras Streets, at Woodlawn Lake, at Hillcrest and Bandera Streets, and at the finish line.

Runners may still enter the race by contacting Lawrence Baiza at the Westside YMCA, 2900 Ruiz St., San Antonio, Texas, 78228, 512/433-6391.
Entry fee is \$15. All entries must be received by 6 p.m., Saturday, Nov. 12, at the Westside YMCA.

In addition to the Boston Marathon prizes, top-ranked male and female finishers in several age divisions will take home trophies. Every contestant will receive a complimentary t-shirt. Also, a carbo (carbohydrate) loading party will be held for all runners Friday, Nov. 11, at 6:30 p.m. at the Westside YMCA.

Announcing

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**DRAWINGS for GIFTS** 

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"What a child is taught on Sunday it will remember on Monday."
Welsh proverb

#### 15 Lucky **Seniors Will** Get Free **Air Tickets**

The Alamo Area Council of Governments' Area Agency on Aging will be coordinating the Southwest Airlines "Home for the Holidays"
Program for the coming holiday season.

This program affords fifteen senior citizens an opportunity to be with friends or relatives during this special time of the year. It is Southwest Airlines' gift to some of the seniors who could not have been able to afford to travel.

Individuals must reside in Bexar County, be 60 years of age or older and on a fixed income. Both singles and married couples are eligible. Departures must be made on Christmas Day. Return flights may be scheduled any time on or before Jan. 10. Each individual must travel to one of the Southwest Airlines' destinations

Those interested in participating in the drawing on Nov. 18, should submit their name, address and phone number to Minni R. Williams, AACOG Area Agency on Aging, 118 Broad-way, Suite No. 400, San Antonio, Texas 78205 on or before November 14.



# Life At The Plaza Hotel

Ray Stewart and Eileen Fulton star in the Neil Simon comedy, "Plaza Suite," now playing at the Fiesta Dinner Playhouse through Nov. 27. A special performance for the hearing impaired will be given on Nov. 17. One more production, "My Three Angels," is scheduled before the Playhouse closes in January.

#### **Rughs Return**

The Ashley Rughs of Helotes Park Estates have returned from a trip to Washington, D.C., Philadelphia, New York City and Valley Forge. "The fall foliage was gorgeous," Mrs. Rugh said. The Rughs were accompanied by Mrs. Ashley Rugh, Sr., and joined by their son Tom from Texas A&M University.

#### **Zodiac To Be Theme** of Concert

Dr. Larry Barnes, music professor at The University of Texas at San Antonio, will present the first San Antonio performance of a 12-part composition for amplified piano Nov. 13 at 3 p.m. at the McNay Art Institute, 6000 N. New Braunfels Ave. Admission is free.

Host of the KPAC-FM Radio program, "Musica Nova," Dr. Barnes will perform "Makrokosmos, Vol. I (Complete)" by George Crumb, a composition containing 12 movements inspired by the signs of the Zodiac.

Phi Mu To

Have Buffet

San Antonio Alumnae

chapter of Phi Mu will enter-

tain with a buffet supper,

Saturday, Nov. 5, in the home of Jean Miller, 96 Windmill

Road. Harriette Mergele will co-hostess. Husbands or

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# **Madrigal Christmas Dinner To Return**

UTSA Madrigal Singers (left to right) Esther Lazos, Darin Middleton, Keith Neisler, Suzanne Spivey and Mike Morrison inspect a boar's head, the presentation of which is a highlight of the annual Madrigal Christmas Dinner, set this year in William Shakespeare's home. An authentic Elizabethan Yuletide celebration sponsored by the UTSA Division of Music, the dinner is scheduled for Dec. 9 and 10. Tickets are \$15 and \$25 dinner. (Photo by John Poindexter)

#### Hermann Sons Top 80,000

The Order of the Sons of Hermann in Texas, oldest fraternal benefit society in the nation, in early October reached the 80,000-member mark for the first time in its history.

Louis B. Engelke of San Antonio, grand president, announced that Larry Wayne Cox, 31, of Jourdanton had been identified by the Data Processing Department as the 80,000th member. Cox, recently inducted in the Jourdanton Hermann Sons Family Lodge No. 310, was reported on the Grand Lodge computer listing Oct. 6.

The Order of the Sons of Hermann was organized in 1840 by German immigrants in New York City. It was named in honor of a folk hero, Hermann the Cherusker, whose tribal forces in the Battle of Teutoberg Forest in 9 A.D. annihilated three Roman legions. Since the Romans were thus denied these Teutonic lands, the battle has been listed as one of the 15 most decisive in world history.

Hermann Sons came to Texas in 1860 with the organization of Harmonia Lodge No. 1 in San Antonio. The new lodge was chartered in 1861, and by 1890, when a Grand Lodge was founded in San Antonio, there were lodges in seven other Texas communities.

In 1921 the Sons of Hermann in Texas ended its 60-year affiliation with the national order and became a separate entity. The Texas group already had more members than the lodges in all other states.

Although founded by German immigrants, Hermann Sons has not been exclusively "German" since the late 1930s when the order completed its change from the German language to the English. Thousands of persons of other European lineage have become members over the past four and one-half decades. With 159 lodges in some 140 cities and towns across Texas, it is now the largest fraternal benefit society in America operating in a single state.

In addition to other fraternal benefits, the Texas society operates a youth summer camp at Comfort for its junior members age 9 through 13, some 26 dancing schools for juniors age 3 to 18, and a home for its aged members at Comfort.

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#### Shakespeare In Person

Australian actor Rob Inglis will portray William Shakespeare and some of his characters on Wednesday, Nov. 16, at 7:30 p.m. in San Antonio College's McCreless Theater. Inglis also will give a one-man performance of Chaucer's "Canterbury Tales" on Nov. 15, and of Robert Louis Stevenson's "Dr. Jekyll and Mr. Hyde" on Nov. 17. All performances

#### HELOTES HILLS UNITED METHODIST CHURCH

13222 BANDERA ROAD Rev. David McNitzky, pastor SUNDAYS

Church School – 9:45 a.m. Worship Services Youth Activities – 695-3761

### Music Of France, Spain Set

A concert of French and Spanish music will be presented by three Universi-ty of Texas at San Antonio music professors, Nov. 8 at 7:30 p.m., in the UTSA Recital Hall. Admission will be free.

Mezzo soprano Dr. Evelyn Troxler, UTSA assistant professor of voice, will be joined by Dr. Thomas Gaab, guitar instructor, and Dr. Janice Hodges, assistant professor of piano, in performing duets for voice and guitar and voice and piano.

The program will include Handel's "Cantata" in Spanish for voice and guitar, French songs by Gabriel Faure and Georges Bizet with piano accompaniment, and Spanish songs and "seguidillas" (or short lively songs), by composers E.
Morera and Fernando Sor with guitar accompaniment.

#### **Edwards Directors** To Meet

Directors of the Edwards Underground Water District will consider at their bi-monthly meeting Tuesday, Nov. 8, a memorandum of understanding between the district and the City of San Antonio concerning a water resources study.

The 15-member board will meet at 10 a.m. in the conference room on the fourth floor of the Tower Life

Building.
The San Antonio City Council voted Sept. 8 to undertake a study of water resource issues, and the Edwards Underground Water District board approved a proposal Sept. 13 to discuss with the cithe possibility of participating in the study.

The Edwards board, representing Bexar, Comal,

Hays, Medina and Uvalde Counties, stipulated that financial support from the EUWD be conditioned on the consideration of district-wide

Board Chairman Robert C. Hasslocher of Bexar County and EUWD General Manager Tom Fox were authorized to contact city officials and to invite a presentation concer-

ning the water study.

In a related matter, the board at the Nov. 8 meeting will also consider proposals for expenditure of the district's Surface Water Development Fund.

Other business on the agenda will include a review of Texas Department of Water Resources proposed rules concerning the Edwards

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#### Health Science Center To Get Super Scanner

The biggest star currently on the medical diagnostic scene, being called by excited scientists "ahead of the state-of-the-art," is being acquired by The University of Texas Health Science Center at San Antonio.

The university will pur-chase a pre-production model of a nuclear magnetic resonance (NMR) imaging unit from the General Elec tric Corporation that will be available to the community for patient diagnosis, as well as to health science center faculty and other scientists for research and training of future health care profes-

Although NMR has been used in industrial applications for many years, the importance of its applications to medical imaging has become apparent only in the last five to seven years. To date, only a few prototype NMR scanners have been placed in ma-jor medical centers.

"NMR imaging gives important diagnostic informa-tion about many disease processes which is not available with conventional x-rays, angiography, or even CAT scans," said Stewart R. Reuter, M.D., J.D., chairman of radiology at the health science center. "Moreover, NMR does not use x-rays or expose the pa-tient to ionizing radiation. And, unlike angiograms and CAT scans, NMR does not require the use of a contrast medium."

NMR explores the body at the molecular level by recording the presence and distribution of protons, the nuclei of hydrogen atoms, which abound in the human body. The patient is placed inside the magnet, a sevenfoot long cylindrical tube. The body's protons, each a tiny magnet in itself, are drawn into alignment by the magnet, much as the pointer of a compass aligns with earth's magnetic field. Radio waves then are aimed at the body, "exciting" the nuclei body, "exciting" the nuclei out of alignment. As the magnet draws them back in-to alignment, the computer

records and analyzes the radio waves that the protons in turn produce. Different kinds of tissue (cancerous vs. normal tissue, for example) resound the waves differently. The end result is a computerized "photograph" of the tissue on a television screen for diagnosticians to

The health science center's NMR unit, which it expects to receive in early 1985, will have a 1.5 Tesla magnet, which for the foreseeable future probably will be the strongest magnet applied to diagnostic imaging. In general, units of this strength cost about \$2 million.

The university's unit will require a separate facility on the campus. The separate facility is recommended because the magnet used with the NMR system develops strong magnetic forces that affect the operation of other equipment in the immediate vicinity

Scientists expect the NMR to help them look at nearly every part of the human body. In addition to its value in early cancer diagnosis, it also is expected to be particularly effective in detecting changes in the nervous system and evaluating the status of muscle in disorders like muscular dystrophy and Lou Gehrig's Disease.

#### HELOTES CHRISTIAN CHURCH

Meeting at 14120 Bandera Road

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#### Soprano

Spanish soprano Montserrat Caballe will perform a recital of Italian and Spanish music in the first concert of "In Performance at Trinity University," Thursday, Nov. 17, at 8 p.m., in Laurie Auditorium. Tickets range in price from \$9.50 to \$21.50, and may be reserved by calling 736-8145.

#### Runners To Go To Georgetown

UT San Antonio's men's cross country team will enter the NCAA District 6 regional qualifying meet on Saturday, Nov. 12, on the Kurth-Landrum Golf Course in Georgetown

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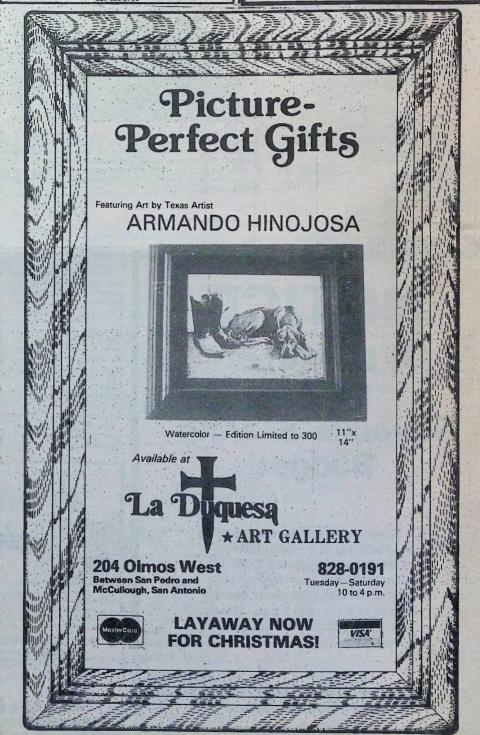
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#### **Bicycle Auction Set**

The San Antonio Police epartment will hold an aucion of bicycles unclaimed by ormer owners. The auction all be open to the public and

will be held at the Police Bicycle Storage Lot. 443 Ninth St. on Saturday, Nov. 19 at 9 a.m.

Music Instruction For All Ages Colleen Natalicchio Piano-Organ-Theory Ear Training-Harmony 15526 Purple Sage San Antonio, TX 78255 (512)695-8362

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#### Royal Academy Exhibit



'Souvenier of Velaszuez,' a painting by Sr. J. E. Millais, is one of 40 works in the exhibit of painting from London's Royal Academy to open Sunday, Nov. 6, at the San Antonio Museum of Art. The museum is open Tuesday through Sunday from 10 a.m. to 5 p.m. Admission is free Saturday and Sunday mornings from 10 a.m. to noon, otherwise it is \$2 for adults and \$1 for children under 12.

"Contentment turns all it touches into gold."

Benjamin Franklin

#### **UTSA Jazz** Ensemble To Play

The University of Texas at San Antonio Jazz Ensemble will present its first fall concert Nov. 9 at 7:30 p.m. in the UTSA Recital Hall.

Under the direction of Gary Rosenblatt, music instructor, the 22-member group will perform Phil Wilson's "Basically Blues," Howie Smith's "Amphibology" and Don Fagen's "Aja." The con-cert will also include "Blue Bossa" by Kenny Durham, "Tiger of San Pedro" by John Labarbera and "Bones for Basie" by Alan Hare. The UTSA Jazz Ensemble

follows the traditional "big format, which includes saxophones, trombones, trumpets rhythm. Its performing repertoire is selected from pieces representing jazz, swing, rock and big band

The concert is free and the public is invited to attend.

#### RV's To Meet At Utopia

The Bluebonnet Chapter of the Good Sam Club of America, a recreational vehicle club, will hold its regular monthly campout, Nov. 11-13, at the ranch of Milton and Willie Gabriel near Utopia.

The Gabriels will be assisted in hosting by the Leslie Mazuriks, also of Utopia, and May Gill of San Antonio. Fishing will be enjoyed, as well as the usual biking, hiking, assorted games, eating and fellowship. The devotional will be led by May Gill.

Good Sam members not affiliated with a chapter are welcome to visit. Additional information may be obtained from Arthur J. Schmidt,

# NOTICE

# Of Enactment Of The **Revenue Sharing Budget**

The Summary of the Revenue Sharing Budget adopted at a regular meeting of the City Council, November 2, 1983, for the City of Helotes, is available at the City Hall, 12614 F.M. 1560 North, between the hours of 9 a.m. and 3 p.m., Monday through Friday for public review and inspection.

Mayor Frank N. Thompson City of Helotes, Texas

#### DAR To Observe 25th Year

The Ol' Shavano Chapter of the Daughters of the American Revolution, will celebrate the 25th anniver-sary of its organization on Nov. 11 with a luncheon at Los Patios at 11:30 a.m.

Mrs. Wayne Douglas Tiner, State Regent, will present certificates to the followng 25-year members: Opal Baldwin, Faith Compton, Glory Felder, Betty Hamner, Jo Hestand, Elizabeth Mohle, Harriet Peck, Frances Smith and Nancy Sunday.
The Ol' Shavano Chapter

vas organized by Mrs. Rudy



November 4 - November 11, 1983 To clean piano keys, apply toothpaste to a well damp-ened cloth. Rub the keys well, wipe dry and buff with a dry soft cloth.

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#### Home Builders Launch New Training Institute

The National Association of Home Builders (NAHB) has announced that it has established the Home Builders Institute, the new educational arm of NAHB that will operate all of the association's education and training services.

The Home Builders Institute (HBI) merges the NAHB Education Foundation, the Training and Education Department and the Manpower Development and

Training Division of NAHB into one nonprofit corporation. The new organization was approved by the association's board of directors last month at their fall meeting in Portland, Oregon.

"The Home Builders Institute represents an unprecedented opportunity for expanding our nationwide training programs and all member services," NAHB President Harry Pryde said. "Both the Training and Education Department and the Manpower Division have grown tremendously in their functions and services during the past few years. Bringing these two service divisions together under one umbrella and one management team is a logical consolidation of talent and resources into one cost-effective and efficient operation."

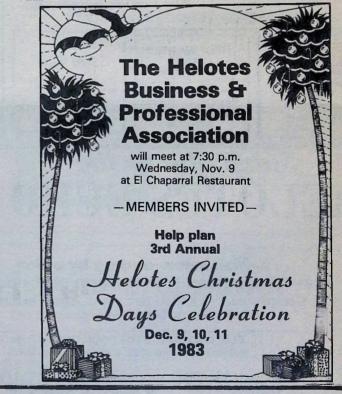
HBI immediately assumes operation of all education and training programs administered by NAHB. These include a nationwide network of construction skills training, apprenticeship, and job placement programs for people who want to enter the building industry, as well as educational and professional development programs for NAHB members.

The HBI Seminars Department now operates NAHB's educational and professional development services for the association's membership of 115,000 residential and light commercial builders, remodelers and apartment managers. Regularly scheduled seminars are held throughout the country to meet the business and management needs of all NAHB members.

HBI offers training in 11 different construction skills at more than 100 locations throughout the United States. More than 4,000 people are currently enrolled in these programs, which were previously administered through NAHB's Manpower Development and Training Division.

All HBI training programs include job placement in private sector construction jobs. HBI is able to secure jobs for its program com-

pleters because of its close ties with more than 800 state and local home builder associations.



# ROTICE

The Helotes Hills Chapter

of AARP

meets in PARC Bldg. at 1:30 p.m. Reg. Meeting — 2nd Wednesday

Northwest YMCA fitness classes meet at Our Lady of Guadalupe Catholic Church Community Center in Helotes, offering aerobic and non-aerobic programs. The classes are on-going and can be joined at any time.

For those interested in the benefits of aerobic fitness, fast-paced calisthenics set to music provide a total work-out. Classes are held Tuesdays and Thursday evenings from 6:00 to 7:00. The monthly fee is \$16.00. "Easy Does It," a non-aerobic, low-level exercise class designed for Senior Citizens or those desiring a less strenuous work-out, meets Tuesday and Thursday mornings from 10:30 to 11:15. The cost is \$11.00 per month.

Come join the YMCA.

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# Corral Classified Ads

RATES: 10c each word. \$1 minimum. Mail to Helotes Echo, P.O. Box 228, Helotes, Texas 78023 or bring your ad to Helotes Echo Office. Or may give to Editors. (Boxed ads in this section \$2 minimum.)Display ads this page at regular rates. Call 695-3613.

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#### **BUS GIRLS**

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2 to 4 Nights a week. Must have transportation. Apply in person only.

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#### HELP AN ELF

The Elf Louise Program needs many new volunteers to assist in this years' program. Call 224-1843 for details.

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#### SPECIAL NOTICE HELPI

Grey Forest Volunteer Fire Department has a patron who has promised up to \$1,000 in matching monies against like amount in donations. Must be now. Phone 695-3788.

# SPECIAL NOTICE NEEDED:

Items for auction to be held by the Grey Forest Volunteer Fire Department to help pay for the department's new fire truck. Auction to be Dec. 10. Phone 695-3788 for pick-up of donated items. CILE MURRAY Repair & Restore

STAINED GLASS 695-9776

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MERCANTILE
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Small group to go to Laredo in comfortable, a ir-c o n dition e d passenger van. Leaving San Antonio 7 a.m., returning 7 p.m. 647-3530.

#### LOST

Scenic Loop & Babcock Black & White, 8-month-old female Australian Shepherd. Was not wearing tags.

Please Call 695-8112 \$100 Reward

#### Season Tickets On Sale

Season tickets for 15 UTSA
Roadrunner basketball home
games are on sale through
the Roadrunner Ticket Office. Basketball fans interested in obtaining more information on San Antonio's
only NCAA Division I basketball team, can write the
Roadrunner Ticket Office,
University of Texas at San
Antonio, San Antonio, TX
78285, or call 691-6466.

A 20 percent discount is available for persons who purchase season tickets prior to the Roadrunners home opener Nov. 25 against Presbyterian College. The 1983-84 ticket package includes 14 home games in the Convocation Center, and the St. Mary's contest at Hemisfair Arena Feb. 6.

Group seating and a ticket exchange program is available at UTSA this season, so anyone interested in seeing major college basketball in San Antonio is encouraged to "Come Fly With Us."

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#### Hot Rod Pull To Open Friday At Coliseum

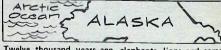
Life Beer will be presenting the Miller High Life Hot Rod Pull on Friday and Saturday, Nov. 4 and 5, at the Joe & Harry Freeman Coliseum.
Both nights the gates will open at 7 p.m. and the event will begin at 8 p.m. Entries will be coming from all over the state as well as Kentucky, Oklahoma, Missouri and New Mexico, to compete for a cash purse of \$20,000.

Reserved box seats are \$10. general admission is \$8, and

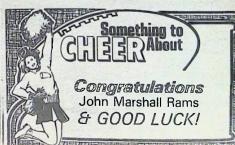
Championship Produc- children under 12 will get in tions, Inc. and Miller High free. Spectators will be allowed into the pit area after the event each night.

Friday night will feature dragster tractors pulling 5,500 pounds; and two-wheeldrive, super-modified trucks, and modified 4x4 trucks pull-

ing 5,800 pounds.
Saturday night's tractor
pull will feature dragster machines pulling 7,200 pounds, and two-wheel-drive, super-modified trucks, and modified 4x4 trucks pulling 6,200 pounds.



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#### Lady Roadrunners Look To Third Winning Season

With less than a month to go before the first game of the 1983-84 season, the UTSA Lady Roadrunner basketball team is looking to make its third season in NCAA Division I competition another

winning one.

The Lady Roadrunners return three letter winners from last year's 17-10 squad with narrowly missed making the NCAA playoffs. Margaret Martinovich, a 6-1 junior center, leads the way, as she led the Ladies in both scoring and rebounding a year ago at 17.4 points and 9.1 rebounds respectively. Also, seniors Valerie Wells, a 5-11 forward, and Kim Maxwell, a 5-10 guard, are back at UT-SA. Wells averaged 13.9 points a game, and Maxwell added 12.1 per contest for the Ladies.

Head Coach Ginny DeHaven maintains the com-petition for all five starting positions is intense. "All the players on this year's squad can assume a starting posi-tion," DeHaven said. "We've got so much more talent than we've ever had before, and with their desire and en-thusiasm, I look forward to another winning season."

DeHaven has recruited eight new players for the 1983-84 squad. Topping the list is 5-10 power forward Alice Cannon, who was a Kodak All-American at Central Florida Junior College last season. Also, junior college transfers Kim Duncan (6-2 JR C) and Theresa Stone (5-11 JR G) will add needed depth. Two San Antonians top the freshmen recruit list. Rhonda Hoffman, a 5-7 guard from San Antonio Lee High School, and Starlite Williams, a 5-10 forward from Jay High School, will compete for starting spots. Also, Karen Kroen (5-6 FR G), an all-stater from Satellite Beach, Fla.; Nanette Charlier (6-2 FR C); and Ruby Hollins (5-11 FR F) will bolster the UTSA attack.

"We're going to be a quicker, bigger team this year, but we'll still be young and inexperienced,"
DeHaven said. "All the
players on this year's team
have played on state championship teams, and will have winning instincts. The nucleus of Martinovich, Maxwell and Wells will give us good stability, but we haven't firmed up a starting five yet. The players are all working hard, because they know they'll have to play like an All-American to keep a starting spot," she said.

#### Karate Classes To Start

The Northwest YMCA is presently accepting registra-tions for Karate classes being conducted at the Breezewood Extension Center, 5726 Ingram Road, on Tuesday and Thursday evenings from 7 to 8 p.m. Classes are being taught by Dwight Wong, third degree black belt with sixteen years of teaching experience and a member of both the San Antonio and the United States Karate Associations

Registration forms are available at Northwest YM-CA, 6530 Wurzbach Road. A five dollar Youth or ten dollar Adult Annual Membership is required for non-members in addition to the \$22 monthly class fee. For more information call, 681-9770.

## **UTSA Basketball Squad Preps For Opener**

UT San Antonio basketball coach Don Eddy was excited about the Roadrunner's first week of workouts, prepara-tion for the squad's season opener Friday, Nov. 25 against Presbyterian College in the Convocation Center.

"We had an outstanding first week of practice," Eddy said. "We accomplished a lot because we have a group which has been here for one or two years, and they know what to expect. Our new players have good basketball knowledge, and they have responded very well. We now have the nucleus of a good basketball team, which we haven't had in the past, and are starting to get the advan-tages of that. We don't have to start with the elementary basics of basketball like we

did the first two years.
"Our new point guards played a big part in the positive aspect of our first week. Vince Cunningham and Gary Payne have played a lot of basketball and can grasp things more quickly. Both of them can move the ball and free everybody else up to just play basketball," Eddy continued.

"All of our returning players are in very good con-dition and have followed the weight program well. Rick Doyle (SR 6-10 center and Ike Thornton (JR 6-4 guard) have looked good in early workouts. Also, Alden Wren (SR 6-2 guard); Robert Wallace (JR 6-0 guard); and Vince Cunningham (JR 6-0 guard) have been impressive in early drills," Eddy said.

#### Veteran's Day Gifts Aid Fight

The American Cancer Society Board of Directors of the Bexar Unit are requesting the public to support the Society's Memorial Pro-

gram on Veterna's Day.
Veteran's Day celebrated to honor our country's armed forces veterans. A Gift of Honor in the name of a veteran or a memorial in memory of a deceased veteran will go a long way towards helping in the fight

against cancer.

To make a Veteran's Day contribution, contact the American Cancer Society at 8214 Wurzbach Rd., San Antonio, Texas 78229. Be sure to include the name of the person to be honored and to whom the acknowledgement card should be sent.

#### Trinity Tennis Star Wins National Award

Louise Allen of Trinity University has won the 1982-83 Broderick Sports Award as the outstanding woman collegiate athlete in

As winner of the Broderick Award in tennis over five other nominees from colleges around the nation, Miss Allen now is a candidate for the prestigious Broderick Cup in competition against finalists

in other athletic categories.

The Broderick Cup, which is being presented for the seventh time, is awarded to the women collegiate athlete of the year as determined by a vote of women athletic directors.

A senior three-time All American, Miss Allen team-ed with Trinity's Gretchen Rush to win this year's na-

tional collegiate doubles championship and the gold medal for first place in doubles at the Pan American Games at Caracas, Venezuela. With a 30-2 collegiate dual match record. she was ranked third in the nation at the end of last season

Miss Rush also was a finalist in Broderick tennis

competition, along with Beth Herr, NCAA singles run-nerup and silver medal singles winner at the Pan Am Games; Georgetown's Suzanne Kuhlman, NCAA Division II nation champion, and Laurie Laughlin, Southwestern of Memphis player who was runnerup for the Division III singles championship.



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