



## SUMMER CAMP SCHEDULE FOR CAMPS STARTING AT 9:00AM

### SATURDAY

8:15-9:00	Check in time
9:00-9:30	Warm-Up/INTRODUCING THE COACHES
9:30-10:15	1 <sup>st</sup> Event
10:15-11:00	2 <sup>nd</sup> Event
11:00-11:45	3 <sup>rd</sup> Event
11:45-12:45	Lunch
12:45-1:00	Stretch
1:00-1:45	4 <sup>th</sup> Event
1:45-2:30	5 <sup>th</sup> Event
2:30-3:15	6 <sup>th</sup> Event
3:15-3:45	Fun Activity
3:45-4:00	Stretch and Camp Closing

### SUNDAY

8:30-9:00	Check in time
9:00-9:30	Warm-Up Activity
9:30-10:15	1 <sup>st</sup> Event
10:15-11:00	2 <sup>nd</sup> Event
11:00-11:45	3 <sup>rd</sup> Event
11:45-12:15	Snack
12:15-1:00	4 <sup>th</sup> Event
1:00-1:30	CHOREOGRAPHED DANCE SHOW FOR PARENTS

EVENTS:(ORDER OF EVENTS WILL VARY) BARS, BEAM, FLOOR, VAULT, DANCE, FLOOR&BEAM LEAPS  
JUMPS(LINES)

### WHAT TO BRING:

PLEASE REMIND ALL CAMPERS TO BRING LUNCH ON SATURDAY AND A SNACK FOR SUNDAY,  
WATER BOTTLE & OWN CHALK. CAMPERS SHOULD WEAR A LEOTARD (WITH SHORTS IF  
PERFERRED) AND HAVE HAIR TIED UP.

PARENTS ARE WELCOME TO STAY IN HOST VIEWING AREA TO WATCH