

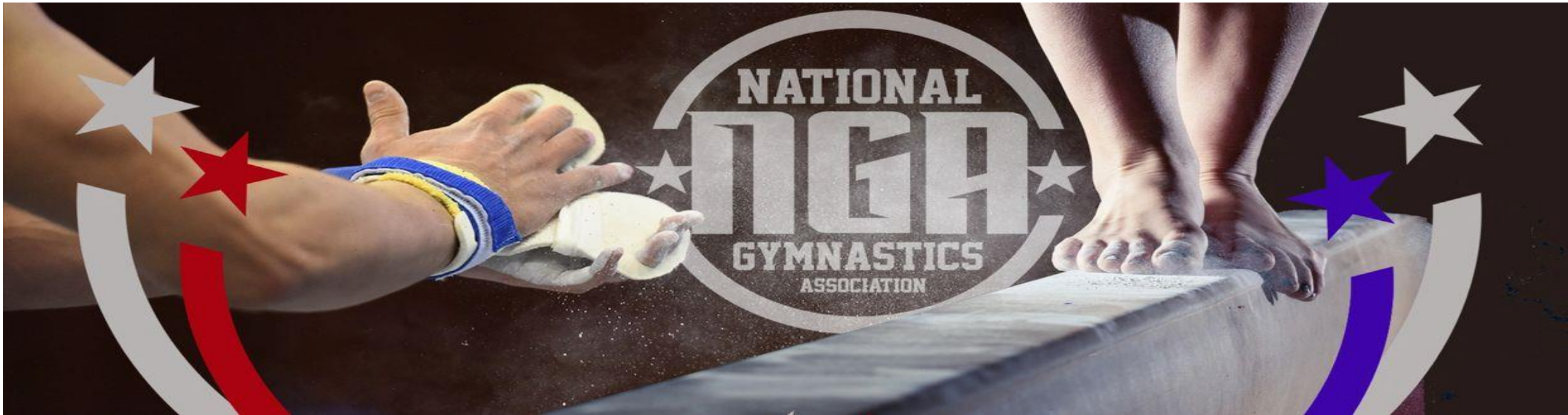


Team Parent
Information
Session

NATIONAL
GYMNASTICS
ASSOCIATION (NGA)



★ **GEORGIA** ★



MISSION STATEMENT

To provide a fun and affordable competitive gymnastics program that allows children of all ages and levels to achieve their own personal goals.

ONE SET OF RULES

This competitive program offers an all optional program with different skill and level requirements for each of the ten (10) skill levels. It is designed to combine all levels of competitive gymnastics into one program - Beginner-Skill Level 1 to College Bound-Skill Level 10

ONE SET OF DEDUCTIONS

Utilizing one program for each level of competition allows for one set of deductions over the ten (10) levels offered. Having deductions that apply for all levels based on the requirements of each level will streamline the judging process.

ONE GOAL

To keep the business of gymnastics strong by providing a fun, safe environment for all levels of athletes.

Introduction to National Gymnastics Association (NGA)

- ❑ NGA is a COLLEGE-bound track program as opposed to the USAG ELITE-track program: Focus is on kids with a broad range of gymnastics ability – not geared towards supporting the 1% of athletes who qualify for Elite
- ❑ Priority is on preparing athletes for the college recruitment process rather than the Elite track
- ❑ College gymnastics includes a wide range of options
 - ❑ NCAA teams – teams like UGA and LSU
 - ❑ T&T (Tramp and Tumbling) college teams
 - ❑ NCATA - National Collegiate Acrobatics and Tumbling
 - ❑ GymAct – Collegiate Men’s Gymnastics Program
 - ❑ NAIGC – National Association of Independent Gymnastics Clubs for Women
- ❑ Many others!

Various U.S. College Gymnastics Leagues

- ❑ Big Ten = Big Ten Conference
- ❑ Big 12 = Big 12 Conference
- ❑ EAGL = East Atlantic Gymnastics League
- ❑ ECAC = Eastern College Athletic Conference
- ❑ Ind. = Independent
- ❑ MAC - Mid-American Conference
- ❑ MIC - Midwest Independent Conference
- ❑ MPSF = Mountain Pacific Sports Federation
- ❑ Pac-12 = Pacific-12 Conference
- ❑ SEC = Southeastern Conference
- ❑ WIAC = Wisconsin Intercollegiate Athletic Conference

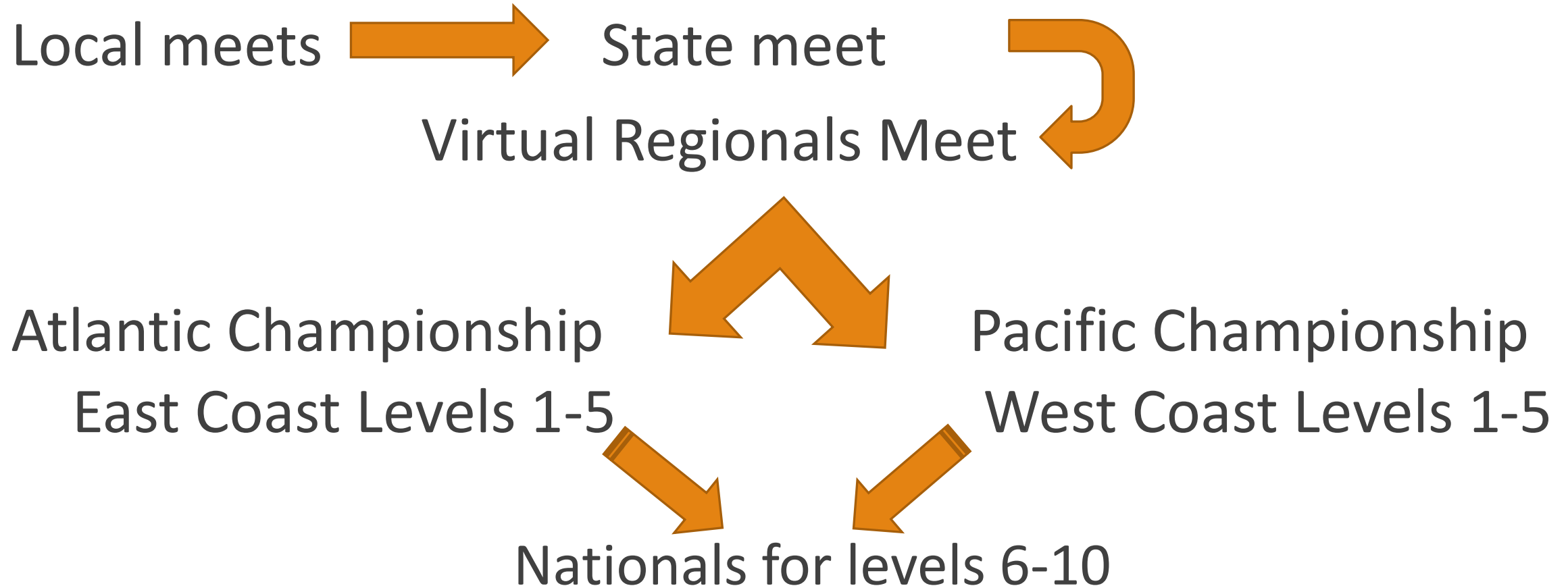
Fees and Costs for NGA

- ❑ 50% lower costs than USAG
 - ❑ \$35 athlete membership
 - ❑ \$95 fee for regionals (\$35 of this goes towards athlete membership in 2021)
- ❑ Fees go directly towards athlete services rather than large salaries, elite training costs, legal and restructuring costs of USAG*
- ❑ Coach membership is FREE which means lower team fees for parents

General Structure of NGA

- ❑ All-Optionals program Levels 1-10
- ❑ ONE set of rules
 - ❑ Recreational program progresses smoothly into competitive program which allows more kids to compete
 - ❑ ONE set of rules for all athletes allows for all coaches to have a cohesive overall coaching strategy
 - ❑ Code of Points from levels 1-10 is an opportunity to redefine the culture of gymnastics – shifting from a performance-centered code to an athlete-centered code
- ❑ Recreational coaches can begin coaching at a competitive level
- ❑ Level assignment is up to the coach and athlete – can skip up to two levels with a 31 AA mobility score for women and a 40 AA for men. The need for “score out” meets is eliminated.

Athlete Progression



Gymnast Benefits of NGA

- ❑ More gymnasts may qualify for Regionals and Nationals
 - ❑ 31 AA score for Levels 1-5 and 32 AA score for Levels 6-10 for women. For men it is a 40 AA.
- ❑ Athletes may be event specialists in any event if they are not able to compete in All Around.
- ❑ Gymnasts may move between levels by skipping up to 2 levels with a 31 AA Mobility score for women and a 40 AA mobility score for men – Coach has more flexibility to determine level
- ❑ Nationals meet will also include an education and wellness conference which includes an athlete and parent education track
- ❑ NGA is an all-Optionals program – ONE set of rules which build on each other which is easy to understand and gives athletes more ownership over their progress
- ❑ Health Benefits Program for athletes for \$17/month for the entire family (see following slide)

Family Health Benefits Program of NGA

- ❑ Open to coaches, parents and athletes
- ❑ \$17/month membership fee for entire family
- ❑ Virtual medical consults with PT's, Psychiatrists, dentists, pharmacy and other medical practitioners
- ❑ Access to practitioners 24/7 through Tele-medicine
- ❑ Can be used for CO-pays and deductibles with current medical policy
- ❑ Health Advocates assist members with payments, appointments and benefits
- ❑ Discounted charges for any visits or procedures
- ❑ Even Veterinary benefits!!

More cool stuff:

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- ❑ Transparency and simplicity in intentions and philosophies – administration is focused on athletes, not lawsuits and settlements, bankruptcy, messaging/marketing and restructuring after a massive abuse and cover-up scandal
 - ❑ Local leadership – State Chair lives in Decatur (Middle Georgia Chair – ISG Owner)
 - ❑ NGA membership includes: Abuse Prevention Certification (equivalent to Safe Sport), plus Concussion Protocols certification for coaches
 - ❑ Nationals Meet includes GymFest – an education and wellness conference with tracks for Coaching, Business Development and athletes/PARENTS!
 - ❑ Over 3,000 athlete members and around 160 member gyms from 32 states as of April 2021 (8 gyms in Georgia and more each week)
 - ❑ Men's and Women's Judges associations have provided positive feedback and support. Easy clarifications for NGA Code of Points
 - ❑ For Levels 9&10, there is College-Bound training session at Gym Fest for athletes and parents

Intown Stars NGA Roll-out Strategy

Intown Stars Gymnastics Team Parents Zoom Info Session and Q&A

For 2021/2022 Season:

- ❑ ISG's Optionals team will attend NGA virtual Regionals meet May 3rd-9th
- ❑ Optionals Team invited to attend NGA Nationals in Orlando June 9th-13th
- ❑ Team Director to begin training Team Coaches in Code of Points
- ❑ Executive Team will work on incorporating NGA Code and skills into recreational program

For 2022/2023 Season:

- ❑ Goal for 70% NGA and 30% USAG membership
- ❑ 100% recreational program transition

Questions?

Resources

www.nationalgym.org

NGA ANNOUNCES THE 1ST ANNUAL NATIONAL GYMNASTICS FESTIVAL
June 9-13, 2021
Rosen Shingle Creek Resort
Orlando, Florida

- ★ **National Championships**
Levels 1-10 for Men & Women
Meet Fee \$125.00/gymnast for all levels
\$1000.00 cash prize for Super Teams- Men & Women
- ★ **Education and Wellness Summit**
for athletes, parents, coaches, judges, gym owners
Fee for Summit is \$30/NGA Member
\$75.00/Non-Member
5 Tracks – Men / Women / Education/ Wellness / Athletes & Parents
- ★ **Supplier MarketPlace**
- ★ **State Rep Season Review Meeting**
- ★ **All Entertainment Options**
Orlando has to offer
– Disney, Universal, SeaWorld
- ★ **All COVID Protocol** will be followed
Face masks mandatory
Sanitization stations
Social Distancing
Temperature Checks

*For qualification requirements to Nationals - visit nationalgym.org/nga-events



NATIONAL GYMNASTICS FESTIVAL

NATIONALGYM.ORG