



REQUEST TO JOIN NOW!



Welcome to National Gymnastics Association

Education for NGA Members - sign in to get started!

[CLICK HERE](#)

EXCITING NEWS - THE WOMEN'S ANIMATED CODE IS [HERE](#). MEN'S CODE COMING SOON!

MUST BE A CURRENT NGA COACH/JUDGE TO ACCESS

Congratulations !

Club Member
Drawing Winner,
**Springfield Gymnastics
Center, IL**

You've won a 6 month FREE (\$1,200) group membership from ProMindset Academy!

NGA MEN'S GYMNASTICS IS HERE!

Interested in joining NGA Men's Gymnastics Program?

To find out more information on all things NGA Men's Gymnastics ([click here](#))



TO LEARN WHAT THE NGA MEN'S GYMNASTICS PROGRAM IS ALL ABOUT - JOIN US ON ZOOM

Zoom with us to get more information all things NGA Men's Gymnastics

Tuesday, December 1st - 12n and 8p est

Tuesday, December 8th - 2p est

Tuesday, December 15th - 12n est

[\(Link to zoom page here\)](#)

INTRODUCING NGA WELLNESS ADVISORY PANEL

Please welcome Dr. Lew Bayer to the new NGA Wellness Advisory Panel.

We would like to officially welcome Dr. Lew Bayer to the new NGA Wellness Advisory Panel to serve the members of the NGA organization. Dr. Bayer is one of only 14 Master Civility Trainers in the world; a top International Civility Expert. She brings her talents of civility in the workplace to NGA and all of our members.

"My entire career has been focused on speaking about, and fostering values of equity, inclusion, democracy, compassion, and justice. As such, I travel, speak and train at approximately 250 events a year. I believe that I have moral obligation not only to represent myself as honorable and "human-kind" but also to enable others to choose and exhibit those same values."



Dr. Lew Bayer believes that "Civility is its own reward". She suggests that "In choosing civility, people find their best self, and in doing so, they experience the grace, courage, generosity, humanity, and humility that civility engenders."

ATHLETE MEMBERSHIP IS OPEN FOR REGISTRATION!

Athlete Membership Fee \$35.00
All Skill Levels 1-10 Men/Women

Parents must complete the Athlete Membership form prior to online registration ([click here](#))

Individual Athlete Registration is available through the Club link to process multiple athlete registrations

[Click here](#) to Register your Athlete NOW!

WELCOME NEW NGA CLUB MEMBERS

GymNation- Saco- Saco, ME
Calumet Gymnastics Club- Griffith, IN
Hall's School of Gymnastics- Alexandria, LA
Alley Oop- Turnwater, WA
Mid-America- Marion, IN
MCA Gymnastics- Byron, NY
Pacific Edge Sports Academy- Fairfield, CA
Excel Gymnastics- Lawrenceville, GA
Metroplex Gymnastics, Allen, TX

GotScored Live Events are HERE!

NGA hosted their first official GotScored Live Virtual Competitions this past weekend - Compete in a "live" format similar to an in-person competition from your own gym. Check the National Calendar or GotScored for Upcoming Virtual Competitions

Qualifying scores for mobility and state championships.

NGA SANCTIONED MEETS

To find an NGA sanctioned meet near you ([click here](#))

Do you want your event added to the NGA event calendar? Please email your event information to info@nationalgym.org now!

Thank you to Lafayette Area Gymnastics for hosting the first in person NGA sanctioned meet with over 200 athletes!

UPCOMING EVENTS [REGISTER HERE](#)



- Submit routines from your own gym between November 15-30 for FREE.
- Available for both Men's and Women's
- Upload recorded videos for scores and evaluation by high rated NGA officials
- Includes a critique of the routine so you know if you are meeting the correct requirements..

INFORMATION FOR VIRTUAL COMPETITIONS
[REGISTER FOR VIRTUAL COMPETITION \(HERE\)](#)
EQUIPMENT SPECIFICATIONS AND GUIDELINES
[\(HERE\)](#)



SPIETH America Cleaning, Sanitizing and Inspection Services
Cleaning ALL your equipment, mats, beams, vault tables and more!

DO YOU NEED HELP KEEPING YOUR FACILITY CLEAN?

Take advantage of SPIETH America's cleaning, sanitizing and inspection services ([click here](#))

- Dry steam cleaning -Hydrostatic Equipment Spray
- Chalk extraction -Equipment inspection
- Comprehensive equipment report -Detailed floor plan

