

Team _____ Athlete # _____

BB 1N Warm Up 0:30	Dance - Add'1 A VP (X Skills) Split jump/leap/straddle (min 45°) Tuck / straight jump w ¼ turn Turns: Pivot, 1/2 turn on 1 foot (any technique), Fwd or bwd swing, Squat, Toe flick ½ turn	Acro - Add'1 A VP (X Skills) Lever to touch beam Partial HS (lead leg <45° from vert) Cross /side HS to vert (no hold) Push to bridge (1s) Candlestick roll	Dismounts - Add'1 A VP (X Skills) Cartwheel to partial HS Stretch/tuck/straddle jump (90°+) HS 1/4 turn (1s) Jump w 180° or 360° of rotation Knee Scale Whip	Fall Time 0:45 All mounts = A VP if not in skill chart No B or higher VP No salto/aerial dismounts <p style="text-align: right;">Routine Time 0:30</p>
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Other: Toe flip drop knee sit, Fwd/Swd releve kick (1s), Needle kick (120°+), Arabesque (L1-2/XB only), Prone position (2s), Splits (2s), Knee scale (2s), Whip squat stand

Requirements (0.5 Each)

- Pivot / Squat Turn
- Stretch Jump
- 2s hold on 1 leg
- Dsmt (no salto/aerial)

Value Parts A (4) 0.1 each

B+ (restricted) 0.5 off SV

SV	
Execution	_____
Artistry	/ 3
Dynamics	/ 2
Sureness	/ 2
Footwork	/ 3
Rhythm Throughout	/ 2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*
 Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00

Team _____ Athlete # _____

BB 2N/XB Warm Up 0:30	Dance - Add'l A VP (X Skills) Split jump/leap/straddle (min 45°) Tuck / straight jump w ¼ turn Turns: Pivot, 1/2 turn on 1 foot (any technique), Fwd or bwd swing, Squat, Toe flick ½ turn	Acro - Add'l A VP (X Skills) Lever to touch beam Partial HS (lead leg <45° from vert) Cross /side HS to vert (no hold) Push to bridge (1s) Candlestick roll	Dismounts - Add'l A VP (X Skills) Cartwheel to partial HS Stretch/tuck/straddle jump (90°+) HS 1/4 turn (1s) Jump w 180° or 360° of rotation Knee Scale Whip	Fall Time 0:45 All mounts = A VP if not in skill chart B split leaps/jump ok, other B+ restrict No salto/aerial dismounts <p style="text-align: right;">Routine Time 0:35</p>
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Other: Toe flip drop knee sit, Fwd/Swd releve kick (1s), Needle kick (120°+), Arabesque (L1-2/XB only), Prone position (2s), Splits (2s), Knee scale (2s), Whip squat stand

Requirements (0.5 Each)

- ½ turn 1 ft
- Leap or jump
- HS - lead leg min 45° from vert, 2nd leg must leave BB
- Dsmt (no salto/aerial)

Value Parts A (5) 0.1 each

B+ (if restricted) 0.5 off SV

SV	
Execution	_____
Artistry	/ 3
Dynamics	/ 2
Sureness	/ 2
Footwork	/ 3
Rhythm Throughout	/ 2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*

Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00

Team _____ Athlete # _____

<p>BB</p> <p>SN</p> <p>Warm Up 0:45</p>	<p>Dance - Add'l A VP (X Skills) Split jump/leap/straddle (min 45°) Tuck / straight jump w ¼ turn</p> <p>Turns: Pivot, 1/2 turn on 1 foot (any technique), Fwd or bwd swing, Squat, Toe flick ½ turn</p>	<p>Acro - Add'l A VP (X Skills) Partial HS (lead leg < 45° from vert) Cross /side HS to vert (no hold) Push to bridge (1s) Candlestick roll</p>	<p>Dismounts - Add'l A VP (X Skills) Cartwheel to partial HS HS 1/4 turn (1s) Knee Scale Whip</p>	<p>Fall Time 0:45 All mounts = A VP if not in skill chart</p> <p>B split leaps/jumps ok, other B+ restrict</p> <p style="text-align: right;">Routine Time 0:45</p>
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Other: Toe flip drop knee sit, Fwd/Swd releve kick (1s), Needle kick (120°+), Prone position (2s), Splits (2s), Knee scale (2s), Whip squat stand

Requirements (0.5 Each)

- Min ½ turn 1 ft
- Any Leap/Jmp
- A Acro VP (excl Lever)
- A Dsmt (excl jump)

Value Parts A (5) 0.1 each

B+ (if restricted) 0.5 off SV

SV	
Execution	_____
Artistry	/ 3
Dynamics	/ 2
Sureness	/ 2
Footwork	/ 3
Rhythm Throughout	/ 2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*
 Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00

Team _____ Athlete # _____

BB 3N Warm Up 0:45	Dance - Add'l A VP (X Skills) Split jump/leap/straddle (min 45°) Tuck / straight jump w ¼ turn Turns: Pivot, 1/2 turn on 1 foot (any technique), Fwd or bwd swing, Squat, Toe flick ½ turn	Acro - Add'l A VP (X Skills) Partial HS (lead leg <45° from vert) Cross /side HS to vert (no hold) Push to bridge (1s) Candlestick roll	Dismounts - Add'l A VP (X Skills) Cartwheel to partial HS HS 1/4 turn (1s) Knee Scale Whip	Fall Time 0:45 All mounts = A VP if not in skill chart *Move thru or achieve vert. If HS, no hold req & mark vert w legs joined B split leaps/jumps ok Other B+ restrict Routine Time 0:45
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Other: Toe flip drop knee sit, Fwd/Swd releve kick (1s), Needle kick (120°+), Prone position (2s), Splits (2s), Knee scale (2s), Whip squat stand

Requirements (0.5 Each)

- Min ½ turn 1 ft
- Leap/Imp ≥60° split
- *Acro vert (see description)
- A Dsmt (excl jump)

Value Parts A (5) 0.1 each

B+ (if restricted) 0.5 off SV

SV	
Execution	_____
Artistry	/ 3
Dynamics	/ 2
Sureness	/ 2
Footwork	/ 3
Rhythm Throughout	/ 2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*

Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00

Team _____ Athlete # _____

<p>BB</p> <p>4N</p> <p>Warm Up 1:00</p>	<p>NCAA Adopted Skill Values Straddle pike/split jmp w a 1/4 turn C Ring or Stag-ring leap/jump (rear leg @ head) D Tourjete ¼ E Switch side leap ¼ E Double turn on 1 foot or double wolf turn E Salto fwd take off from 1 or 2 legs to a sit D Salto bwd lay w step-out D Salto 2 ft bwd lay thru vert then pike down to 2 ft D</p>	<p>Dismount NCAA Adopted Skill Values Gainer front lay w 1/1 off side/end C Salto fwd tucked or lay w 1 1/2 twist (off 2 ft) D Double full twist D Gainer salto tucked or lay w 1 1/2 twist to side D Gainer salto tucked w 1/1 twist off end D Salto fwd lay w 2/1 twist (off two feet) E Gainer salto bwd lay w 2/1 or 2 1/2 twist to side E</p>	<p>Fall Time 0:45 All mounts = A VP if not in skill chart</p> <p>Move thru/achieve vertical (if HS, hold NOT req for VP credit), excl mt or dismt B dance & non-flt acro ok Other B+ restricted</p> <p style="text-align: right;">Routine Time 1:00</p>
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Requirements (0.5 Each)

- Min Full turn 1 foot
- Leap/Jmp ≥90° split
- Acro vert (see descr)
- A Dsmt (HS ¼ turn ok)

Value Parts A (5) 0.1 each

B+ (if restricted) 0.5 off SV

SV	
Execution	_____
Artistry	/ 3
Dynamics	/ 2
Sureness	/ 2
Footwork	/ 3
Rhythm Throughout	/ 2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*

Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00

Team _____ Athlete # _____

<p>BB</p> <p>GN</p> <p>Warm Up 1:00</p>	<p>NCAA Adopted Skill Values Straddle pike/split jmp w a 1/4 turn C Ring or Stag-ring leap/jump (rear leg @ head) D Tourjete 1/4 E Switch side leap 1/4 E Double turn on 1 foot or double wolf turn E Salto fwd take off from 1 or 2 legs to a sit D Salto bwd lay w step-out D Salto 2 ft bwd lay thru vert then pike down to 2 ft D</p>	<p>Dismount NCAA Adopted Skill Values Gainer front lay w 1/1 off side/end C Salto fwd tucked or lay w 1 1/2 twist (off 2 ft) D Double full twist D Gainer salto tucked or lay w 1 1/2 twist to side D Gainer salto tucked w 1/1 twist off end D Salto fwd lay w 2/1 twist (off two feet) E Gainer salto bwd lay w 2/1 or 2 1/2 twist to side E</p>	<p>Fall Time 0:45 All mounts = A VP if not in skill chart HS Exception - hold NOT req for VP credit *one ele moves thru vertical (HS not "thru vert")</p> <p>B dance & non-flt acro ok Other B+ restricted</p> <p style="text-align: right;">Routine Time 1:00</p>
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Requirements (0.5 Each)

- Min Full turn 1 foot
- Leap/Jmp ≥90° split
- 2 non-flt acro, 1 thru vert
- A Dsmt

Value Parts A (6) 0.1 each

B+ (if restricted) * 0.5 off SV

SV	
Execution	_____
Artistry	/ 3
Dynamics	/ 2
Sureness	/ 2
Footwork	/ 3
Rhythm Throughout	/ 2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*

Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00

Team _____ Athlete # _____

<p>BB</p> <p>5N</p> <p>Warm Up 1:00</p>	<p>NCAA Adopted Skill Values Straddle pike/split jmp w a 1/4 turn C Ring or Stag-ring leap/jump (rear leg @ head) D Tourjete 1/4 E Switch side leap 1/4 E Double turn on 1 foot or double wolf turn E Salto fwd take off from 1 or 2 legs to a sit D Salto bwd lay w step-out D Salto 2 ft bwd lay thru vert then pike down to 2 ft D</p>	<p>Dismount NCAA Adopted Skill Values Gainer front lay w 1/1 off side/end C Salto fwd tucked or lay w 1 1/2 twist (off 2 ft) D Double full twist D Gainer salto tucked or lay w 1 1/2 twist to side D Gainer salto tucked w 1/1 twist off end D Salto fwd lay w 2/1 twist (off two feet) E Gainer salto bwd lay w 2/1 or 2 1/2 twist to side E</p>	<p>Fall Time 0:45 All mounts = A VP if not in skill chart</p> <p>Rolls ok if move thru vert w hand support Up to 1/2 twist allowed in salto dismount</p> <p>A/B VP allowed, all else restricted</p> <p style="text-align: right;">Routine Time 1:00</p>
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Requirements (0.5 Each)

- Min Full turn 1 foot
- Leap/Jmp ≥120° split
- Bwd acro or B acro (see desc)
- Min A Dsmt

Value Parts A (6) 0.1 each

B (receive A VP credit)

C+ (restricted) 0.5 off SV

SV	
Execution	
Artistry	/ 3
Dynamics	/ 2
Sureness	/ 2
Footwork	/ 3
Rhythm Throughout	/ 2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*

Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00

Team _____ Athlete # _____

<p>BB</p> <p>6N</p> <p>Warm Up 1:30</p>	<p>NCAA Adopted Skill Values Straddle pike/split jmp w a 1/4 turn C Ring or Stag-ring leap/jump (rear leg @ head) D Tourjete ¼ E Switch side leap ¼ E Double turn on 1 foot or double wolf turn E Salto fwd take off from 1 or 2 legs to a sit D Salto bwd lay w step-out D Salto 2 ft bwd lay thru vert then pike down to 2 ft D</p>	<p>Dismount NCAA Adopted Skill Values Gainer front lay w 1/1 off side/end C Salto fwd tucked or lay w 1 1/2 twist (off 2 ft) D Double full twist D Gainer salto tucked or lay w 1 1/2 twist to side D Gainer salto tucked w 1/1 twist off end D Salto fwd lay w 2/1 twist (off two feet) E Gainer salto bwd lay w 2/1 or 2 1/2 twist to side E</p>	<p>Fall Time 0:45 All mounts = A VP if not in skill chart Series awarded regardless of # of attempts Up to full twist allowed in dismount</p> <p>A/B VP & 1 C dance ok C+ acro & D/E restrict</p> <p style="text-align: right;">Routine Time 1:15</p>
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Requirements (0.5 Each)

- Min Full turn 1 foot
- Leap/Jmp ≥150° split
- Acro series OR 1 ft ele
- Min A Salto/Aer Dsmt

Value Parts A (5) 0.1 / B (1) 0.3

C+ (when restricted)* 0.5 off SV

SV	
Execution	_____
Artistry	/ 3
Dynamics	/ 2
Sureness	/ 2
Footwork	/ 3
Rhythm Throughout	/ 2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*

Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00

Team _____ Athlete # _____

<p>BB</p> <p>PN</p> <p>Warm Up 1:30</p>	<p>NCAA Adopted Skill Values Straddle pike/split jmp w a 1/4 turn C Ring or Stag-ring leap/jump (rear leg @ head) D Tourjete 1/4 E Switch side leap 1/4 E Double turn on 1 foot or double wolf turn E Salto fwd take off from 1 or 2 legs to a sit D Salto bwd lay w step-out D Salto 2 ft bwd lay thru vert then pike down to 2 ft D</p>	<p>Dismount NCAA Adopted Skill Values Gainer front lay w 1/1 off side/end C Salto fwd tucked or lay w 1 1/2 twist (off 2 ft) D Double full twist D Gainer salto tucked or lay w 1 1/2 twist to side D Gainer salto tucked w 1/1 twist off end D Salto fwd lay w 2/1 twist (off two feet) E Gainer salto bwd lay w 2/1 or 2 1/2 twist to side E</p>	<p>Fall Time 0:45 All mounts = A VP if not in skill chart Series awarded regardless of # of attempts</p> <p>A/B VP & C dance ok C+ acro & D/E restrict</p> <p style="text-align: right;">Routine Time 1:30</p>
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Requirements (0.5 Each)

- Min Full turn 1 foot
- Leap/Jmp ≥ 150° split
- 2 non flt ele, iso/series, 1 thru vert **OR** 1 B acro
- Min A Dsmt

Value Parts A (6) 0.1 / B (1) 0.3

C+ (when restricted)* 0.5 off SV

SV	
Execution	_____
Artistry	/ 3
Dynamics	/ 2
Sureness	/ 2
Footwork	/ 3
Rhythm Throughout	/ 2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*

Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00

Team _____ Athlete # _____

<p>BB</p> <p>7N</p> <p>Warm Up 1:30</p>	<p>NCAA Adopted Skill Values Straddle pike/split jmp w a 1/4 turn C Ring or Stag-ring leap/jump (rear leg @ head) D Tourjete ¼ E Switch side leap ¼ E Double turn on 1 foot or double wolf turn E Salto fwd take off from 1 or 2 legs to a sit D Salto bwd lay w step-out D Salto 2 ft bwd lay thru vert then pike down to 2 ft D</p>	<p>Dismount NCAA Adopted Skill Values Gainer front lay w 1/1 off side/end C Salto fwd tucked or lay w 1 1/2 twist (off 2 ft) D Double full twist D Gainer salto tucked or lay w 1 1/2 twist to side D Gainer salto tucked w 1/1 twist off end D Salto fwd lay w 2/1 twist (off two feet) E Gainer salto bwd lay w 2/1 or 2 1/2 twist to side E</p>	<p>Fall Time 0:45 All mounts = A VP if not in skill chart Series awarded regardless of # of attempts</p> <p>A/B VP & C dance ok C+ acro & D/E restrict</p> <p style="text-align: right;">Routine Time 1:15</p>
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Requirements (0.5 Each)

- Min Full turn 1 foot
- Leap/Jmp ≥180° split
- Acro series & 1-B flt (flt may be incl in series)
- Min A Salto/Aer Dsmt

Value Parts A (5) 0.1 / B (2) 0.3

C+ (when restricted)* 0.5 off SV

SV	
Execution	
Artistry	/ 3
Dynamics	/ 2
Sureness	/ 2
Footwork	/ 3
Rhythm Throughout	/ 2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*

Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00

Team _____ Athlete # _____

<p>BB</p> <p>8N</p> <p>Warm Up 2:00</p>	<p>NCAA Adopted Skill Values Straddle pike/split jmp w a 1/4 turn C Ring or Stag-ring leap/jump (rear leg @ head) D Tourjete ¼ E Switch side leap ¼ E Double turn on 1 foot or double wolf turn E Salto fwd take off from 1 or 2 legs to a sit D Salto bwd lay w step-out D Salto 2 ft bwd lay thru vert then pike down to 2 ft D</p>	<p>Dismount NCAA Adopted Skill Values Gainer front lay w 1/1 off side/end C Salto fwd tucked or lay w 1 1/2 twist (off 2 ft) D Double full twist D Gainer salto tucked or lay w 1 1/2 twist to side D Gainer salto tucked w 1/1 twist off end D Salto fwd lay w 2/1 twist (off two feet) E Gainer salto bwd lay w 2/1 or 2 1/2 twist to side E</p>	<p>Fall Time 0:45 All mounts = A VP if not in skill chart Series awarded regardless of # of attempts</p> <p>A/B VP, C dance & 1-C Acro ok - lay step out (D) ok as 1-C acro above Add'l C acro & other D/E restricted</p> <p style="text-align: right;">Routine Time 1:30</p>
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Requirements (0.5 Each)

- Min Full turn 1 foot
- Leap/Jmp ≥180° split
- Acro series w min 1 ft
- Min A salto/aer Dsmt

Value Parts A (4) 0.1 / B (4) 0.3

C+ (when restricted)* 0.5 off SV

SV	
Execution	_____
Artistry	/ 3
Dynamics	/ 2
Sureness	/ 2
Footwork	/ 3
Rhythm Throughout	/ 2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*

Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00

Team _____ Athlete # _____

<p>BB</p> <p>DN</p> <p>Warm Up 2:00</p>	<p>NCAA Adopted Skill Values Straddle pike/split jmp w a 1/4 turn C Ring or Stag-ring leap/jump (rear leg @ head) D Tourjete ¼ E Switch side leap ¼ E Double turn on 1 foot or double wolf turn E Salto fwd take off from 1 or 2 legs to a sit D Salto bwd lay w step-out D Salto 2 ft bwd lay thru vert then pike down to 2 ft D</p>	<p>Dismount NCAA Adopted Skill Values Gainer front lay w 1/1 off side/end C Salto fwd tucked or lay w 1 1/2 twist (off 2 ft) D Double full twist D Gainer salto tucked or lay w 1 1/2 twist to side D Gainer salto tucked w 1/1 twist off end D Salto fwd lay w 2/1 twist (off two feet) E Gainer salto bwd lay w 2/1 or 2 1/2 twist to side E</p>	<p>Fall Time 0:45 All mounts = A VP if not in skill chart Series awarded regardless of # of attempts</p> <p>A/B/C VP, D/E dance, 1 D/E acro ok Add 1 D/E acro VP restricted</p> <p style="text-align: right;">Routine Time 1:30</p>
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Requirements (0.5 Each)

- Min Full turn 1 foot
- Jmp/leap series w ≥180°
- Acro series & 1-B flt (flt may be incl in series)
- Min A salto/aer Dsmt

Value Parts A (5) 0.1 / B (2) 0.3

D+ (when restricted)* 0.5 off SV

SV	
Execution	
Artistry	/ 3
Dynamics	/ 2
Sureness	/ 2
Footwork	/ 3
Rhythm Throughout	/ 2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*
 Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00

Team _____ Athlete # _____

<p style="font-size: 2em; font-weight: bold; margin: 0;">BB</p> <p style="font-size: 2em; font-weight: bold; margin: 10px 0 0 0;">9N</p> <p style="margin: 0;">Warm Up 2:00</p>	<p>NCAA Adopted Dance & Acro Skill VP Straddle pike/split jmp w 1/4 turn C Ring or Stag-ring leap/jump D Tourjete w 1/4 turn E Switch side leap w 1/4 turn E Double turn on 1 foot E Double Wolf turn E</p> <p>Fwd salto from 1 or 2 legs to a sit D Bwd lay w step-out D Bwd lay thru vert then pike down to 2 ft D</p>	<p>NCAA Adopted Dismounts Skill VP Gainer front lay w 1/1 tw off side/end C Salto fwd tucked or lay w 1 1/2 twist (off 2 ft) D Double full D Gainer salto tucked or lay w 1 1/2 twist to side D Gainer salto tucked w 1/1 twist off end D Salto fwd lay w 2/1 twist (off two feet) E Gainer bwd lay w 2/1 or 2 1/2 twist to side E</p>	<p>Bonus Acro (ex dsmt): <u>BC^{salto}+1</u> <u>CC+2</u> Acro (triple, mt/dsmt ok): <u>BBC+1</u> <u>BCC</u> <u>±3</u> <i>if triple acro has one C VP (excl dsmt series), receives 0.1 add'l CV</i></p> <p>Dance/Mix (ex dsmt): <u>BC+1</u> <u>CC+2</u> Turn Only: <u>AC+1</u></p> <p>Dsmt CV: <u>B^{acro}+C^{dsmt}</u> / <u>C^{dance}+C^{dsmt}+1</u> <i>Note: non flt B acro ok for dismount CV</i></p>	<p>Bonus Cont'd Front aerial / Lay Step out in BHS series*, treat element as C for CV but award DV *BHS series incl BHS SO, 2ft, Gainer, or Swing down</p> <p>All mounts = A VP if not in skill chart Series awarded regardless of # of attempts A/B/C VP, D/E dance, 2 D acro or 1E & 1D acro ok, Add'l D/E acro VP restricted</p> <p style="text-align: right;">Routine Time 1:30</p>
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Requirements (0.5 Each)

- Min Full turn 1 foot
- Dance/mix series w ≥180°
- Acro ser w min 2 B flt
- Dsmt Min B salto/aer or min C acro -> A salto

VP A (3) 0.1 / B (4) 0.3 / C (1) 0.5

D+ (when restricted)* 0.5 off SV

CV (max 0.3) _____

DV (max 0.1) _____

SV (9.7 base)	
Execution	_____
Artistry	/ 3
Dynamics	/ 2
Sureness	/ 2
Footwork	/ 3
Rhythm Throughout	/ 2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*
 Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00

Team _____ Athlete # _____

<p>BB</p> <p>ON</p> <p>Warm Up 2:00</p>	<p>NCAA Adopted Dance & Acro Skill VP Straddle pike/split jmp w 1/4 turn C Ring or Stag-ring leap/jump D Tourjete w 1/4 turn E Switch side leap w 1/4 turn E Double turn on 1 foot E Double Wolf turn E</p> <p>Fwd salto from 1 or 2 legs to a sit D Bwd lay w step-out D Bwd lay thru vert then pike down to 2 ft D</p>	<p>NCAA Adopted Dismounts Skill VP Gainer front lay w 1/1 tw off side/end C Salto fwd tucked or lay w 1 1/2 twist (off 2 ft) D Double full D Gainer salto tucked or lay w 1 1/2 twist to side D Gainer salto tucked w 1/1 twist off end D Salto fwd lay w 2/1 twist (off two feet) E Gainer bwd lay w 2/1 or 2 1/2 twist to side E</p>	<p>Connection Bonus Acro (ex dsmt): <u>AD +1</u> <u>CC BD +2</u> <u>DD +3</u> Acro (triple, mt/dsmt ok): <u>BBC +1</u> <u>BCC BBD +3</u> <i>if triple acro has one C VP (excl dsmt series), receives 0.1 add'l CV</i></p> <p>Dance/Mix (ex dsmt): <u>AD BC +1</u> <u>BD CC +2</u> <u>CD DD +3</u></p> <p>Turn Only: <u>AC +1</u></p> <p>Dsmt CV: $B^{acro} + C^{dsmt} / C^{dance} + C^{dsmt} + 1$ <i>Note: non ft B acro ok for dismount CV</i></p>	<p>Bonus Cont'd Front aerial / Lay Step out in BHS series*, treat element as C for CV but award DV *BHS series incl BHS SO, 2ft, Gainer, or Swing down</p> <p>All mounts = A VP if not in skill chart Series awarded regardless of # of attempts Add'l E acro bonus given when: E Acro, +0.70 CV+DV & 10.0 SV achieved Routine Time 1:30</p>
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UTL If no CV in acro series -> add'l D/E acro or E dance req (incl mt/dsmt). D/E acro dir to dsmt will not fulfill UTL. If series completed but CV not awarded due to fall, no UTL taken

Requirements (0.5 Each)

- Min Full turn 1 foot
- Dance/mix ser, dance ≥180°
- Acro ser, min 2 ft w C VP
- Dsmt Min C salto/aer

VP A (3) 0.1 / B (3) 0.3 / C (2) 0.5

CV (max 0.5) _____

DV (max 0.5) _____

E Acro Bonus 0.1

SV (9.4 base, 10+1 max)	
Execution	_____
UTL	0.1
No Bwd Acro	0.1
No Fwd/Swd Acro	0.1
Artistry	/3
Dynamics	/2
Sureness	/2
Footwork	/3
Rhythm Throughout	/2

Judge 1 _____ Judge 2 _____ Neutral Deductions _____ Final Score _____ *courtesy score 5.0*

Score Range 9.50 - 10 0.2 | 9.0 - 9.475 0.5 | 8.0 - 8.975 0.7 | Below 8.0 1.00