



OFFICIAL RULES & REGULATIONS

2021-2022

Effective January 28, 2022

TABLE OF CONTENTS

PART A—NGA PROGRAM

CHAPTER 1—NGA COMMUNICATIONS

- Section 1 [Men's State Communications](#)
- Section 2 [Women's State Communications](#)
- Section 3 [NGA Communications Pathway](#)

CHAPTER 2—MISSION AND PURPOSE

- Section 4 [Mission, Vision, Purpose](#)

CHAPTER 3—CODE OF ETHICAL CONDUCT

- Section 5 [Ethics Code/Screening](#)
- Section 6 [NGA National Coaches Character](#)
- Section 7 [Best Safe Practices](#)
- Section 8 [Compliance & Enforcement](#)

CHAPTER 4—ATHLETE MEMBERSHIP

- Section 9 [Athlete Membership](#)
- Section 10 [Athlete Right & Obligations](#)
- Section 11 [Athlete Residency/Club Residency](#)

CHAPTER 5—COACH MEMBERSHIP

- Section 12 [Coach Membership](#)
- Section 13 [Rookie Coach Membership](#)
- Section 14 [Coaches' Responsibilities](#)

CHAPTER 6—JUDGES/MEDICAL STAFF MEMBERSHIP

- Section 15 [Judges' Membership](#)
- Section 16 [Judges' Responsibilities](#)
- Section 17 [Medical Staff Membership/Responsibilities](#)

CHAPTER 7—CLUB MEMBERSHIP

- Section 18 [Club Membership](#)
- Section 19 [Club Responsibilities](#)

PART B—JUDGES

CHAPTER 1—COMPETITION JUDGES

- Section 1 [Contracting Judges](#)
- Section 2 [Affiliation of Judges](#)
- Section 3 [General Duties of Judges](#)
- Section 4 [Specific Duties of Judges](#)

CHAPTER 2—JUDGES COMPENSATION

- Section 5 [Non Judging Expenses](#)
- Section 6 [Judges Compensation—Women](#)
- Section 7 [Compensation Charts—Women](#)
- Section 8 [Judges Compensation—Men](#)
- Section 9 [Compensation Charts-Men](#)

PART C—COMPETITIONS

CHAPTER 1—SANCTIONS

- Section 1 [Domestic Sanctions](#)
- Section 2 [Sanction Requests](#)
- Section 3 [Sanction Violation & Penalties](#)
- Section 4 [Sanction Reports](#)

CHAPTER 2—COMPETITION GUIDELINES

- Section 5 [Competition Guidelines](#)

CHAPTER 3—TYPES OF COMPETITIONS

- Section 6 [Invitationals](#)
- Section 7 [NGA Championships](#)

CHAPTER 4—EQUIPMENT REQUIREMENTS

- Section 8 [Men's Equipment Requirements](#)
- Section 9 [Women's Equipment Requirements](#)

CHAPTER 5—SELECTION OF COMPETITION HOSTS

- Section 10 [NGA Competition Host](#)

CHAPTER 6—COMPETITION FORMATS

- Section 11 [Formats](#)
- Section 12 [Draw](#)
- Section 13 [Men's Warm ups](#)
- Section 14 [Women's Warm ups](#)
- Section 15 [Scoring](#)
- Section 16 [Inquiries](#)
- Section 17 [Spectators](#)
- Section 18 [Awards](#)
- Section 19 [Tie-Breaker](#)

Click on:

White Logo = Table of Contents

Black Logo = NGA Main website

Pictures = Relevant website page

Table of Contents Chapter or Section = Direct link to topic

PART A

NGA PROGRAM

CHAPTER 1—COMMUNICATIONS

CHAPTER 2—MISSION & PURPOSE

CHAPTER 3—CODE OF ETHICAL CONDUCT

CHAPTER 4—ATHLETE MEMBERSHIP

CHAPTER 5—COACH MEMBERSHIP

CHAPTER 6—JUDGES/MEDICAL STAFF MEMBERSHIP

CHAPTER 7—MEMBER CONDUCT POLICY



Chapter 1

NGA COMMUNICATIONS

MEN'S STATE COMMUNICATIONS

WOMEN'S STATE COMMUNICATIONS

NGA COMMUNICATIONS PATHWAY

Section 1



MEN'S STATE COMMUNICATIONS—STATE REPS

Zone 1	<u>AZ</u> Mike Naddour	<u>CA-N</u> Michelle Huffman	<u>CA-S</u> Heinz Schulmeister	HI	NV	<u>UT</u> Justin Wright		
Zone 2	AK	<u>ID</u> Chris Nagy	MT	OR	<u>WA</u> Josh Blaser	WY		
Zone 3	AR	CO	KS	NM	OK	TX		
Zone 4	IA	MN	<u>MO</u> Richard Quick	NE	ND	SD	WI	
Zone 5	IL	IN	KY	MI	<u>OH</u> David Forister	<u>NC</u> Shawn Bryant		
Zone 6	CT	<u>ME</u> Jonas Contakos	MA	NH	NY	RI	VT	
Zone 7	DE	MD	NJ	PA	VA	WV	DC	
Zone 8	AL	<u>FL</u> Brian Fowler	GA	<u>LA</u> Kevin Anderson	MS	NC	SC	TN



WOMEN'S STATE COMMUNICATIONS

Zone 1	<u>AZ</u> Mike Naddour	<u>CA-N</u> Donagene Jones	<u>CA-S</u> Bambi Olesiuk <u>CA-S</u> Monique Wiesmuller	HI	NV	<u>UT</u> Fred Gunderson		
Zone 2	AK	ID	MT	OR	<u>WA</u> Claudia Cecil	WY		
Zone 3	AR	CO	KS	NM	OK	TX		
Zone 4	IA	<u>MN</u> Krystal Wallerich <u>MN</u> Sam Bradley	<u>MO</u> Terin Humphrey	NE	ND	SD	WI	
Zone 5	IL	<u>IN</u> Jim Sharp	<u>KY</u> Shannon Wickel	<u>MI</u> Ashley Griffith	<u>OH</u> Steve Glenn			
Zone 6	CT	<u>ME</u> Doug Springer	<u>MA</u> Christine Potamis <u>MA</u> Amy Patch	<u>NH</u> Becky Cook	<u>NY</u> Christina Fuller <u>NY</u> Bill Borges	<u>RI</u> Sue Paul	VT	
Zone 7	DE	MD	NJ	<u>PA</u> Rob Axelrod	VA	<u>WV</u> Billy Bob Taylor	DC	
Zone 8	AL	<u>FL</u> Noele Figueroa	<u>GA</u> Jackie Estes	<u>LA</u> Jessica Smith	MS	<u>NC</u> Melissa Ruffino	SC	<u>TN</u> Jennifer Sawyer



NGA COMMUNICATION PATHWAY

COMMUNICATION		
Who asks Questions	What is the Question	Who answers the Question
<ul style="list-style-type: none"> • General Public • NGA Membership 	<ul style="list-style-type: none"> • Programming • Rules & Regulations clarification • Abuse non-emergency • All Membership questions 	<ul style="list-style-type: none"> • State Reps • NGA Membership Department
<ul style="list-style-type: none"> • General Pubic • NGA Membership • Judges Community 	<ul style="list-style-type: none"> • Judging requirements • Judging rules clarification 	<ul style="list-style-type: none"> • State Reps • National Technical Administrator • National Judging Administrator
<ul style="list-style-type: none"> • Individual State Reps 	<ul style="list-style-type: none"> • Technical questions • Code of Point questions • Athlete Petitions • Recommendations for Changes • Athlete Qualification/Registration • Competition Bids • Competition Reports • Rules & Regulations questions 	<ul style="list-style-type: none"> • Men's Program Administrator • Women's Program Administrator
<ul style="list-style-type: none"> • Media inquiries 	<ul style="list-style-type: none"> • General information 	<ul style="list-style-type: none"> • NGA Director of Communications



NGA Board Chairperson
Kaye Pinkowski

Men's Program Administrator Mike Naddour	Women's Program Administrator Bryan Neal	Membership/Sanctions/Events Carie Minshall	President/CEO Linda Barclay
Men's Judging Administrator TBD	Women's Technical Administrator Rebecca Wissmiller	Merchandise Elaine Snapp	Director of Communications Robert Neat
<i>Click title for email</i> <i>Click name for phone</i>	Women's Judging Administrator Donagene Jones	GotScored Event Director (Virtual) Kim Keller	

Chapter 2

MISSION AND PURPOSE

MISSION STATEMENT & INTRODUCTION



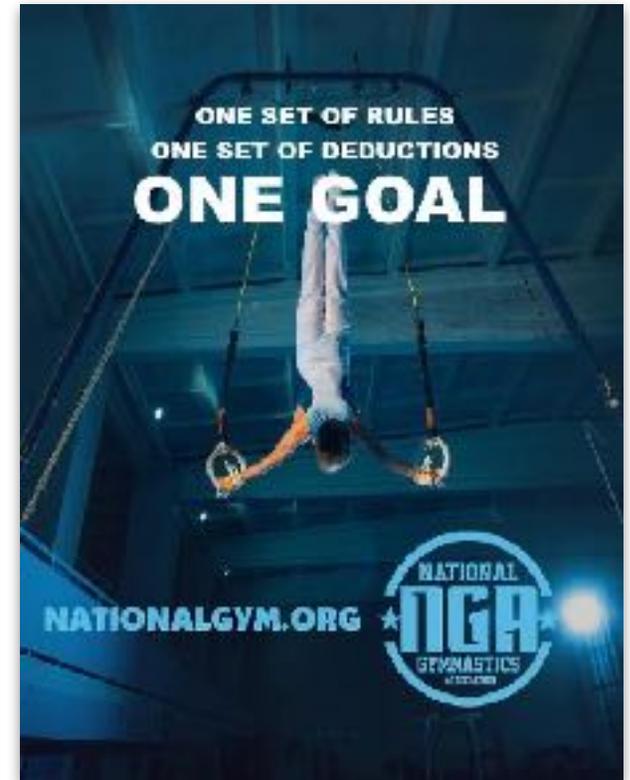
MISSION, VISION AND PURPOSE

NATIONAL GYMNASTICS ASSOCIATION

MISSION	HISTORY	WELLNESS VISION STATEMENT
<ul style="list-style-type: none"> • Provide a positive and healthy competitive and wellness program for the sport of gymnastics that will permit participants of all levels to achieve their own personal goals 	<ul style="list-style-type: none"> • NGA initiated its 501(c)3 application in 2021. Once approved, this item will be updated • The first National Championships were achieved in 2021 and are anticipated as a culmination for all future seasons • NGA has a focused goal to bring NGA to all fifty (50) states by the end of the second season 	<ul style="list-style-type: none"> • National Gymnastics Association strives to provide a positive and competitive wellness program for the sport of gymnastics that creates a transparent, safe and nurturing environment to foster excellence by engaging athletes and their families in programs that promote athletes' physical, social and emotional health • This vision allows participants of all ages and ability levels to achieve their own personal goals

ALL ONE TOGETHER

ONE SET OF RULES	ONE SET OF DEDUCTIONS	ONE GOAL
<ul style="list-style-type: none"> • As a completely optional program, there are ten (10) skill levels for men and fourteen (14) for women • Designed to combine all levels of competitive gymnastics into one program—Level 1N (beginner) through Level 10N (college bound) 	<ul style="list-style-type: none"> • Utilizing one program for each level of competition allows for one set of deductions over the skill levels offered and streamlines the judging process 	<ul style="list-style-type: none"> • To provide a fun, safe environment for each member that will also keep the business of gymnastics strong



Learn more about our Camps!

Chapter 3

CODE OF ETHICAL CONDUCT

ETHICS CODE/SCREENING

NATIONAL COACHES CHARACTER

BEST SAFE PRACTICES

ENFORCEMENT OF RULES & REGULATIONS

ETHICS CODE/SCREENING

NGA COACHES ETHICS CODE (NCEC)

- | | | |
|--|--|---|
| <ul style="list-style-type: none"> • NGA Club, Coach and Judge Members have the obligation to and responsibility for providing a positive and safe environment for all NGA athletes with safety being a primary focus | <ul style="list-style-type: none"> • Accurate and positive communication with athletes is essential | <ul style="list-style-type: none"> • Each Member is responsible for contributing to a culture that includes inclusivity, positivity and organization while delivering a gymnastics program focusing on the athlete |
|--|--|---|

ABUSE PREVENTION SCREENING

- | | | |
|--|---|--|
| <ul style="list-style-type: none"> • Should a situation surface that cannot be handled by the local club member promptly and in a satisfactory manner, member should refer the matter to NGA via email: info@nationalgym.org | <ul style="list-style-type: none"> • All adult members (age 18 and over), as a condition of their membership with NGA, must submit to and complete a satisfactory background screening through NCSI link: NGA/Background | <ul style="list-style-type: none"> • Any person identified on any published banned list will be precluded from obtaining NGA membership |
| <ul style="list-style-type: none"> • Any professional member who facilitates or fails to report an individual who is ineligible or refuses to screen, will be terminated as a member | | <ul style="list-style-type: none"> • NGA will comply with sport-specific safeguarding arrangements for athlete protection • All NGA members are required to read and fully comply with the NGA Code of Conduct |
| <ul style="list-style-type: none"> • Membership shall be granted without discrimination or harassment on the basis of age, gender identity, race, ethnicity, national origin, religion, sexual orientation, gender expression, genetic information, disability, language, socioeconomic status, veteran status or marital status or any other status protected by federal, state or local law, where applicable | | |



Learn about the Benefits of Gymnastics!



NATIONAL COACHING CHARACTER

NGA NATIONAL COACHING CHARACTER (NCC)

- Coaches should be the most ethical persons in an organization
- The public and all of its people are constantly observing and scrutinizing sport organizations
- Sport organizations are in the public eye and the public should demand nothing less than professionalism from its coaches
- Everyone understands coaches are role models and any prospective coach should be aware of and strive to produce positive images and public relations for the sake of the sport organization and the community

- Whether or not a coach, or other professional, has violated the NCC Code does not by itself determine if they are legally liable in a court action, if a contract is enforceable or if other legal consequences occur—these results are based on legal rather than ethical rules
- However, compliance with or violation of NGA NCC Codes may be admissible as evidence in some legal proceedings, depending on the circumstances

- This Code and its parts also provides a common set of values upon which coaches and professionals build their professional work
- It is the individual responsibility of each person to aspire to the highest possible standards of conduct
- Coaches and industry professionals respect and protect human and civil rights and do not knowingly participate in or condone unfair discriminatory practices

- The **NATIONAL COACHING CHARTER (NCC)** Code is intended to provide standards of professional conduct that are applied to members of National Gymnastics Association (NGA)

- The NCC Charter provides both the general principles and the decision rules to cover most situations encountered by coaches and industry professionals
- Its primary goal is the welfare and protection of the individuals and groups with whom coaches work



NGA National Coaching Character

- The NCC Charter was inspired by the Ethical Principles of Psychologists and Code of Conduct (American Psychological Association, Vol. 47, No.12 1597-1611)
- Other ideas for ethical standards were drawn from Coaching Association of Canada and British Institute of Sport Coaches
- The NCC Code has been provided by the US Gymnastics Coaches Association, and partnered with US Elite Coaches Association as a document to use in its entirety by NGA and it's membership
- This charter is not intended to supersede USOPC SafeSport codes

BEST SAFE PRACTICES

BEST SAFE PRACTICE GUIDELINES

Adults with access to athletes should be mindful to avoid even the appearance of behaviors that could lead to or encourage grooming behavior. Below are suggested policies to avoid actions and appearances of inappropriate behavior. Healthy, happy athletes should be our common goal and consistent behavior as outlined below should assist in attaining individual best results.

BEING MINDFUL FOR ATHLETE SAFETY

Practice Sessions

- Whenever minors are training on site, parents and/or legal guardians MUST have access to observe

Medication/Drugs/Alcohol

- An impaired coach, instructor, adult should have NO contact with an athlete at any time

Hands on Adjustments, Tappings or Massages

- Rubdowns, massages, tappings or adjustment of any sort are not to be done without written consent from the parent and/or legal guardian and in an open area on the competition or gym floor in view of others

Click [here](#) for full document

One on One

- Athlete and coach should always remain in an open area (no closed door), visible by others or if a private conversation is necessary and/or appropriate, another adult must be present in the room
- A coach should never be alone with any number of gymnasts at any time

Stretching, taping, icing, correction and/or physical contact

- Physical interaction with an athlete should be for correction and coaching and should not include any compromising positions
- Physical interaction (coaching), Icing and taping should occur in an open area on the competition or gym floor in view of others

Locker Room (changing)

- No unrelated adult is permitted to be alone with an athlete in a changing area, dressing room or locker room
- Only a parent and/or legal guardian may be with their own child

Transportation

- Minor athletes (under the age of 18) should never ride alone with an unrelated adult

Reporting

- All coaches and staff of a club member are mandatory reporters of any child abuse
- If receiving a possible child abuse call you are to contact the child protection services and local police in your area
- Suspected child abuse should be reported to www.childwelfare.gov



Learn about NGA BEST SAFE PRACTICES

Email, Texting and other Social Media

- Any and all adult generated social media to a minor must also include the parent and/or legal guardian

Photos and/or Videography

- Athlete photographs or videos may only be taken in public view with parent and/or legal guardian approval and must be appropriate for any public publication

No Gifting

- Gifts are unnecessary and inappropriate unless all athletes are included for a specific purpose
- No individual gifts allowed and must be with parent and/or legal guardian consent



CODE COMPLIANCE & ENFORCEMENT

CODE COMPLIANCE

<p>Voluntary Compliance</p> <ul style="list-style-type: none"> • Compliance with the Rules & Regulations depends • First, on understanding and voluntary compliance • Second, on reinforcement by peers • Third, when necessary, on enforcement through disciplinary action 	<p>Refer</p> <ul style="list-style-type: none"> • Should a situation arise that cannot be handled by the local club member promptly and in a satisfactory matter, member should refer the matter to NGA via email: info@nationalgym.org 	<p>Athlete's Best Interest</p> <ul style="list-style-type: none"> • The best interest of each athlete must be paramount irrespective of the level of the athlete's competition 	<p>Complaint Process</p> <ul style="list-style-type: none"> • Any person who suspects or has knowledge of sexual or physical abuse MUST report to local authorities immediately • Any complaint of sexual or physical abuse to NGA will immediately be forwarded to the local authorities • NGA is not an investigating organization.
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MEMBER CONDUCT POLICY

<p>Documentation</p> <ul style="list-style-type: none"> • Member is responsible for accurate official documentation of personal information as well as any documentation submitted on behalf of athletes, (i.e. dates of birth, residence, scores submitted for qualification/advancing) 	<p>Role Model</p> <ul style="list-style-type: none"> • Each member is responsible for conducting themselves to not only be a role model for athletes under their care, but to utilize styles of teaching/learning that will preclude any athlete abuse • Such abuse to be avoided may include: verbal, emotional, sexual, physical, alcohol or drugs, or other inappropriate actions/behavior 	<p>Complaint Review</p> <ul style="list-style-type: none"> • Upon review of complaint and where appropriate, additional discussions with Complainant and/or Member who is subject of complaint, President or Chairman of the Board may: <ul style="list-style-type: none"> • Determine level of complaint • As appropriate, may refer to the State Reps or other involved persons 	<ul style="list-style-type: none"> • Fully documented complaints for mental or emotional abuse may be emailed to info@nationalgym.org. • Written notice to both parties and an opportunity for response, and, where appropriate, additional discussions with the parties, President or Chairman of the Board or an appointed designee may <ul style="list-style-type: none"> • Recommend counseling or mediation for both parties or the member who is the subject of the complaint
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POLICY VIOLATIONS AT SANCTIONED COMPETITIONS

<p>First Offense:</p> <ul style="list-style-type: none"> • Verbal warning issued by Competition Director/Competition Referee and/or designated representative of NGA • Warning to be documented and recorded by Competition Referee on sanction report form 	<p>Second Offense</p> <ul style="list-style-type: none"> • Withdrawal of floor credential, necessitating ejection from the competitive floor area (or possibly entire competitive arena) 	<p>Third Offense</p> <ul style="list-style-type: none"> • Loss of NGA membership for the remainder of the season • Severity of the violation may result in membership being permanently revoked 	<ul style="list-style-type: none"> • Impose an appropriate sanction or an appropriate relief of membership • Recommend athlete(s) move to another club
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Chapter 4

ATHLETE MEMBERSHIP

ATHLETE MEMBERSHIP

ATHLETE RIGHTS AND OBLIGATIONS

ATHLETE RESIDENCY

CLUB RESIDENCY



ATHLETE MEMBERSHIP

ATHLETE MEMBERSHIP

To be eligible for participation in a NGA sanctioned event, an athlete must be:

<p>Memberships</p> <ul style="list-style-type: none"> • Athlete membership is all inclusive and open to all athletes, ages 5 and up • Memberships are non-refundable and non-transferable • Memberships are good through July 31 and must be renewed annually to be in good standing. • Registration for following season starts on August 1 of each year 	<p>Approval</p> <ul style="list-style-type: none"> • Once approved, Athlete will be assigned a member number and will retain this number through the duration of their membership with NGA • Number and registration information will be available to the Club representative/administrator in the Club membership account 	<p>No Age Limit</p> <ul style="list-style-type: none"> • Athletes over 18 years must complete the Athlete Membership Application • Adult athletes will compete in their own “adult” age division • Adult athletes must complete Background Check, Abuse Prevention and Concussion Protocol course to be eligible as an adult athlete in a NGA sanctioned event
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ATHLETE MEMBERSHIP REQUIREMENTS

<p>Completed Form</p> <ul style="list-style-type: none"> • Received completion of Athlete Membership Application form (by the club) in addition to athlete registration fee 	<p>Fee</p> <ul style="list-style-type: none"> • Athlete registration fee determined annually <p>Annual</p> <ul style="list-style-type: none"> • 2021/2022 season: August 1, 2021-July 31, 2022 \$35 USD 	<p>Youngest Age</p> <ul style="list-style-type: none"> • Five (5) years old on the day of the NGA Sanctioned event 	<p>Affiliated</p> <ul style="list-style-type: none"> • All athletes must be a registered member with a NGA Club Member prior to competing 	<p>Parent Permission</p> <ul style="list-style-type: none"> • Athlete Form completed by parent/guardian and returned to the club member administrator for (online) team registration • Club will maintain Athlete Forms for future audit and/or request from National Office
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ATHLETE RIGHTS & OBLIGATIONS

ATHLETE RIGHTS

<p>Participation</p> <ul style="list-style-type: none"> • Enter and compete in a sanctioned NGA competition, provided all requirements for eligibility (<i>level, age, discipline</i>) are met 	<p>Competition Facilities</p> <ul style="list-style-type: none"> • Be provided with a safe competition facility • Use services of any person officially provided with the competition (physician, trainer, etc.) 	<p>Awards</p> <ul style="list-style-type: none"> • Receive awards based on scores and ranking in designated age group as outlined in the competition directives • If ties occur, awards mailed to club, free of charge, not later than 30-days after completion of competition if awards are not available at competition 	<p>Courteous Treatment</p> <ul style="list-style-type: none"> • Expect respectful treatment from all participants and competition personnel
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ALL ATHLETES ARE OBLIGATED TO:

<p>NGA Membership</p> <ul style="list-style-type: none"> • Obtain an Athlete Member number from NGA Membership • Be affiliated with a NGA Member Club 	<p>Safe Progressions - Mobility Score</p> <ul style="list-style-type: none"> • Be competent at lower levels prior to participating in higher levels • Achieve mobility score set to move up levels • 31AA Women / 40AA Men 	<p>Abide by Rules and Schedule</p> <ul style="list-style-type: none"> • Of NGA sanctioned competition • Remain in designated competition area until session is complete 	<p>Model Behavior</p> <ul style="list-style-type: none"> • Be courteous, polite, respectful to all judges, coaches, volunteers, competitors or other competition personnel 	<p>Cell phone</p> <ul style="list-style-type: none"> • Cell phone use (talk, text) or any wireless communication device is prohibited while in competition area
<p>Competition Arena</p> <ul style="list-style-type: none"> • Remain in the area of competition designated for athletes while in your competitive session • Food and drink—Eat or drink outside competition area (except water bottles) 	<p>Competition Apparel - Men</p> <ul style="list-style-type: none"> • Level 1N-5N - Only required to wear athletic shorts and team t-shirt or jersey top • Level 6N-10N - required to wear gymnastics shorts on FX & V, form pants and socks with jersey top on PH, SR, PH and HB 	<p>Competition Apparel - Women</p> <ul style="list-style-type: none"> • Long sleeve or tank leotard or unitard may be worn for competition • NO underwear (including sport bras) should be exposed • Nude color bras would be acceptable—Leotard back designs should be appropriate to fit appropriate bra types • Lycra shorts manufactured by a leotard company may be worn over or under the competition leotard and should be one color that compliments the competition leotard 	<p>Changing Area</p> <ul style="list-style-type: none"> • Athletes must change clothes in designated changing area or restroom. Not in public view on the competition floor <p>Sportsmanship</p> <ul style="list-style-type: none"> • Accept the received score without criticism or comment 	
<p>Violations</p> <ul style="list-style-type: none"> • Be aware violation of obligations could lead to deduction and/or expulsion by the joint decision of the Competition Director and Competition Referee • Athletes may NOT compete wearing any restricted medical device; i.e., cast or boot 		<p>Appearance</p> <ul style="list-style-type: none"> • Be well groomed: <ul style="list-style-type: none"> • Clean attire • Hair secured away from face to not obscure vision • Stud earrings only - Ears only. No other jewelry permitted • Contact National Office for any special concerns regarding apparel or appearance 		



ATHLETE RESIDENCY/CLUB RESIDENCY

ATHLETE RESIDENCY

Determined by the physical location of athlete's/team training facility

State Championships

- Athlete may compete in **one** State Championships, based on the state where their affiliated club is located
- Exception: if State Championships not held in that state

Address

- Athlete's training club physical address

CLUB RESIDENCY

Determined by the physical location of the facility

State Championships

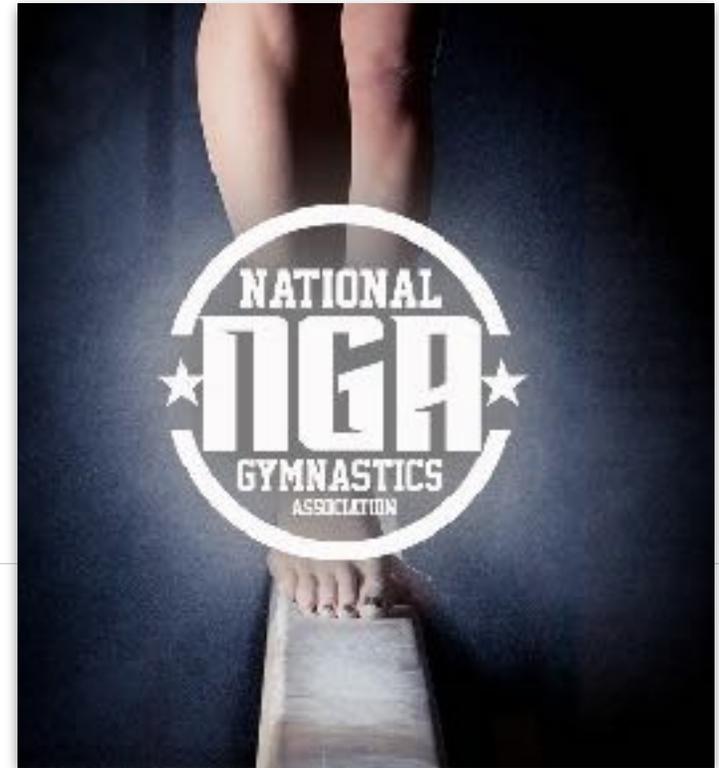
- Club competes in State Championships of the state where training facility is physically located
- Exception: if State Championships not held in that state

Multiple Club Locations

- Multiple locations, with same owner, must compete in the state of the clubs address as separate individual clubs

Multiple Clubs, Same Coach

- Same coach represents two clubs, clubs are considered separate individual clubs



Find out more about NGA Benefits

Chapter 5

COACH MEMBERSHIPS

COACH MEMBERSHIP

ROOKIE COACH MEMBERSHIP

COACHES RESPONSIBILITIES



COACH MEMBERSHIP

COACH MEMBERSHIP

Any gymnastics coach who satisfactorily completes the following will be eligible for Coach Membership

<p>Age Requirement</p> <ul style="list-style-type: none"> • 18 years and older 	<p>NGA Sanctioned Events</p> <ul style="list-style-type: none"> • Coach Member must hold a valid Membership prior to participating in any NGA Sanctioned event • Only Coach Members actively coaching are allowed on the competition floor for a sanctioned competition - NO wives, husbands or club owners, if not coaching 	<ul style="list-style-type: none"> • <i>Anyone who has been banned from any organization and/or has been denied a Safe Sport certification will be prohibited from obtaining a NGA membership</i>
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COACH MEMBERSHIP REGULATIONS

<p>Coach Membership</p> <ul style="list-style-type: none"> • NGA Annual Coach Membership is available for all coaches (18+) assigned to a registered NGA Club Member = FREE 	<p>Abuse Prevention</p> <ul style="list-style-type: none"> • Successfully complete Abuse Prevention Course—Annual Course = FREE 	<p>NCSI Background Screening</p> <ul style="list-style-type: none"> • Successfully complete NCSI Criminal Background Check = \$30 USD • <i>Must renew every 2 years</i>
<p>Unaffiliated Coaches</p> <ul style="list-style-type: none"> • NGA Unaffiliated Coach Membership available for coaches not affiliated with a club = \$35 USD annually 	<p>Concussion Protocol</p> <ul style="list-style-type: none"> • Successfully complete Concussion Protocol Annual Course = FREE • Heads-Up Concussion course located at: NGA Membership – Concussions 	<ul style="list-style-type: none"> • Coach screened by another sports organization using NCSI may email proof of screening—no further screening is necessary until after the current screening expires



ROOKIE COACH MEMBERSHIP

ROOKIE COACH MEMBERSHIP

Rookie Coach Membership is available only for coaches (16-17 yrs) who are coaching at NGA sanctioned events

<p>Age Requirement</p> <ul style="list-style-type: none"> • 16-17 years old 	<p>NGA Sanctioned Events</p> <ul style="list-style-type: none"> • Rookie Coach Member must hold a valid Membership prior to participating in any NGA Sanctioned event 	<p>Accompanied</p> <ul style="list-style-type: none"> • Rookie Coach must be accompanied by an active Coach Member (18+) to be eligible to be in the competition area as a coach
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ROOKIE COACH MEMBERSHIP REGULATIONS

<p>Rookie Coach Membership</p> <ul style="list-style-type: none"> • NGA Annual Rookie Coach Membership is available for all coaches (16-17 yrs) assigned to a registered NGA Club Member = FREE 	<p>Abuse Prevention</p> <ul style="list-style-type: none"> • Successfully complete Abuse Prevention Course—Annual Requirement = FREE 	<p>Concussion Protocol</p> <ul style="list-style-type: none"> • Successfully complete Concussion Protocol Annual Course = FREE • Heads-Up Concussion course located at: NGA Membership—Concussions
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Rookie Coach Membership turning 18 years of age

<p>18th Birthday</p> <ul style="list-style-type: none"> • Rookie Coach Members, upon their 18th birthday, coach may continue as a Rookie provided they are current 	<p>Expiration Date</p> <ul style="list-style-type: none"> • Upon Rookie Coach membership expiration, they will be required to renew as a Coach Member 	<ul style="list-style-type: none"> • <i>Anyone who has been banned from any organization and/or has been denied a Safe Sport certification, will be prohibited from obtaining a NGA membership</i>
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COACHES' RESPONSIBILITIES

COACH MEMBER RESPONSIBILITIES

<p>Credentials</p> <ul style="list-style-type: none"> • Maintain a current and valid National Gymnastics Association Coach or Rookie Coach membership—See Membership • At NGA Sanctioned Events, all Coach members must: <ul style="list-style-type: none"> • Sign-in and produce a current and valid Membership record showing: <ul style="list-style-type: none"> • Membership Expiration Date • Current and valid Concussion Course Certification • Current and valid Criminal Background Check Certification • Current and valid Abuse Prevention Course Certification 	<p>Ethics</p> <ul style="list-style-type: none"> • Proof of compliance may be pre-determined upon registration for a Sanctioned event • Adhere to the NGA Code of Conduct • Be the consummate professional— Set a good example for the athletes by displaying a positive attitude and exemplary conduct • Display good sportsmanship at all times • Dress in attire reflecting the best image of gymnastics <ul style="list-style-type: none"> • Rubberized sole athletic shoes with covered toes • Warm-up pants, athletic pants—no jeans or holes/tears in pants/shirt • Shorts with a reasonable inseam length • Avoid spaghetti straps, low-cut or stomach revealing tops • No hats, visors, head wear • Wireless communication device is prohibited within the competition area, except for recording athletes performance—Avoid texting and talking within the competition area • No e-cigarettes, vaping or other tobacco products allowed at any NGA Sanctioned Event
<p>Competition Arena</p> <ul style="list-style-type: none"> • Be familiar with the competition arena—and ready to attend all coaches' meetings • Must be present during warm-up and competition sessions • Provide floor routine music in digital format (MP3, computer, tablet, smart phone, etc.) <ul style="list-style-type: none"> • All digital devices must be kept on airplane mode • All digital devices, if possible, to have a display of athletes name • Follow all published competition guidelines as stated in NGA Rules & Regulations • Only coach of personal athletes—Exception; if another coach seeks assistance or athletes have no coach available • Direct all inquiries through Competition Director and/or Competition Referee • Coaches may approach an unoccupied judge during the competition with permission from Competition Referee • Inform the athletes and athletes' parents of their competitive rights and obligations 	<p>Injuries</p> <ul style="list-style-type: none"> • If needed, obtain a completed and signed Incident Report Form from the Competition Director and/or Medical Staff regarding any injury to an athlete • Incident Report forms included in Sanction packet must be given to Competition Director to be returned with Post Event Report • Coach or parent of injured athlete must secure a copy of the Incident Report form, completed by medical personnel and signed by Competition Director before departing the competition • Click here for form

Chapter 6

JUDGES/MEDICAL STAFF MEMBERSHIPS

JUDGES MEMBERSHIP

JUDGES RESPONSIBILITIES

MEDICAL STAFF MEMBERSHIP & RESPONSIBILITIES



JUDGES MEMBERSHIP - MEN/WOMEN

JUDGES MEMBERSHIP

Any judge who satisfactorily completes the following is eligible for Judges Membership

<p>Age Requirement</p> <ul style="list-style-type: none"> • 18 years and older • 16-17 years may judge Levels 1N-5N only 	<p>NGA Sanctioned Events</p> <ul style="list-style-type: none"> • Judges Member must hold a valid NGA membership and Judges Association membership prior to participating in any NGA Sanctioned event 	<p>Concussion Protocol</p> <ul style="list-style-type: none"> • Judges are NOT required to have Concussion protocol
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JUDGES MEMBERSHIP REGULATIONS

Judges are registered as individuals for their membership

<p>NGA Judges Membership</p> <ul style="list-style-type: none"> • NGA Annual Judge Membership is required for all judges assigned to a registered NGA sanctioned event = \$35 USD 	<p>Abuse Prevention</p> <ul style="list-style-type: none"> • Successfully complete Abuse Prevention Course—Annual Requirement = FREE 	<p>NCSI Background Screening</p> <ul style="list-style-type: none"> • Successfully complete NCSI Criminal Background Check = \$30 USD • <i>Must renew every 2 years</i>
	<ul style="list-style-type: none"> • <i>Anyone who has been banned from any organization and/or has been denied a Safe Sport certification will be prohibited from obtaining a NGA membership</i> 	<ul style="list-style-type: none"> • Judge screened by another sports organization using NCSI may email proof of screening—no additional screening is necessary until after current screening expires





JUDGES' RESPONSIBILITIES

JUDGES MEMBER RESPONSIBILITIES

<p>Credentials</p> <ul style="list-style-type: none"> • Maintain a current and valid NAWGJ or NGJA membership • At NGA Sanctioned Events, judges must: <ul style="list-style-type: none"> • Sign-in and produce electronically or physically, a current and valid NGA membership record showing: <ul style="list-style-type: none"> • Membership Expiration Date • Current and valid Criminal Background Check Certification • Current and valid Abuse Prevention Course Certification 	<p>Ethics</p> <ul style="list-style-type: none"> • Proof of compliance may be pre-determined upon assignment to a Sanctioned event • Adhere to the NGA Code of Conduct • Come prepared and with full knowledge of the NGA Rules • Be the consummate professional— Set a good example by displaying a positive attitude and exemplary conduct • Display good sportsmanship at all times • Dress appropriately— See <u>Judges Uniform</u> • Be considerate of competition’s equipment—refraining from wearing footwear that could damage the equipment • Show proper respect for all competitors, coaches, meet personnel and volunteers • All competitors, regardless of the level, should be treated the same • During the competition, refrain from unnecessary conversation with other judges, coaches or athletes — never be involved with the athlete during warm-up or training • No e-cigarettes, vaping or other tobacco products allowed at any NGA Sanctioned Event • Judge not following the NGA Rules or abusing power may face disciplinary review from the National Judging Administrator
<p>Competition Arena</p> <ul style="list-style-type: none"> • Be familiar with the competition arena—and ready to attend all judges’ meetings • Maintain NGA Judges Accreditation ratings—For the appropriate level of competition, be current with all NGA Rules & Requirements • During a conference—Be expedient, cooperative, efficient in resolving differences • Remain at the event station—Until the competition has concluded • Be familiar with competition setup and organization—Unless it is a violation of the Rules & Regulations, a judge may seek to change the competition set up • Use of cell phones or —For talking, texting, is prohibited • May use electronic tablets for judging purposes only within the competition arena 	<p>Contracts</p> <ul style="list-style-type: none"> • Complete and honor all contracted assignments • If a cancellation must occur, notify the appropriate Competition Directors and NAWGJ/NGJA Assigner at earliest possible moment • Under extreme circumstances, should a judge not be able to honor the contract, they must contact the Competition Referee to work together to find a replacement • To maintain professionalism, please refrain from soliciting invitations to judge specific competitions or approaching other gymnastics professionals to further your personal business interests



MEDICAL STAFF RESPONSIBILITIES

MEDICAL STAFF MEMBERSHIP

<p>Credentials</p> <ul style="list-style-type: none"> • Maintain a current and valid National Gymnastics Association Medical membership (See Membership) • At NGA Sanctioned Events, all Medical Staff members must: <ul style="list-style-type: none"> • Sign-in • Have a current Criminal Background Check • NGA Medical Membership is FREE 	<p>Ethics</p> <ul style="list-style-type: none"> • Use NGA Code of Conduct and all Abuse Prevention Policies as guidelines • Serve only one job function at a competition—may not serve in a dual capacity (i.e. Medical Staff/Judge, Coach/Medical Staff, etc.) • Be the consummate professional— Set a good example for the athletes by displaying a positive attitude and exemplary conduct • Display good sportsmanship at all times • Dress appropriately • Be considerate of the competition’s equipment—refraining from wearing footwear that could damage the equipment • Show proper respect for all competitors, coaches, meet personnel and volunteers. • All competitors, regardless of the level, should be treated the same • During the competition, refrain from unnecessary conversation with judges and coaches unless necessary to evaluate an injury—Never be involved with an athlete during warm-up or training unless requested by the coach or athlete • No e-cigarettes, vaping or other tobacco products allowed at any NGA Sanctioned Event
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MEDICAL STAFF RESPONSIBILITIES

<p>Competition Arena</p> <ul style="list-style-type: none"> • Be familiar with the competition arena—and ready to attend any pre-competition meetings • Be familiar with competition setup and organization • If it is a violation of Rules & Regulations or an unsafe situation, seek to change the environment to protect all within the competition by working with the Competition Director to correct • Use of cell phones—For talking, texting, is prohibited • May use electronic tablets for medical purposes only within the competition arena 	<p>Acceptance of Medical Position</p> <ul style="list-style-type: none"> • Complete and honor all contracted assignments • If a cancellation must occur, notify the appropriate Competition Director(s) at earliest possible moment and provide a replacement if possible • Be confidential about medical matters occurring during the competition • Avoid a competition in which any personal bias (positive or negative) towards any competing team and/or individual athlete would affect the ability to objectively provide medical services
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Chapter 7

CLUB MEMBERSHIP

CLUB MEMBERSHIP

CLUB MEMBER RIGHTS AND OBLIGATIONS



CLUB MEMBERSHIP

CLUB MEMBERSHIP RULES

Any U.S. gymnastics club is eligible for Club Membership provided the Owner is not on a banned or suspended list of any kind.

Club Participation

- Club registration link is available on the [NGA Club Membership page](#)
- Club Membership provides ALL Coach and Rookie Coach memberships to be **FREE**
- Athlete's wishing to participate in NGA sanctioned events **MUST** be affiliated with a current NGA Club Member

Good Standing

- Club Members in good standing **ONLY** may apply for Athlete Membership with National Gymnastics Association
- Club owners must **NOT** be on any banned or suspended list to be in good standing

Club Number

- Club number assigned will remain the same through the length of membership with NGA



CLUB MEMBERSHIP REGULATIONS

NGA Club Membership

- Club Membership is available for a fee of **\$225 USD**
- Club Membership includes all coaches membership at no additional cost
- Coaches are responsible for creating their own profiles

Club Member Number

- Club Member Numbers assigned only after:
 - Payment of applicable fee in full is received
 - Club Membership Application form is received fully completed with all required information and signatures

Membership Protection

- Club Memberships are non-refundable, non-transferable and not prorated

Membership Length

- Club Membership is valid for one year, August 1 through July 31



CLUB MEMBERS RIGHTS & OBLIGATIONS

CLUB MEMBER RIGHTS

<p>Participation</p> <ul style="list-style-type: none"> • Enter and compete athletes in a sanctioned NGA competition, provided all requirements for eligibility (<i>level, age, discipline</i>) are met 	<p>Competition Facilities</p> <ul style="list-style-type: none"> • Be provided a safe competition facility • Use services of any person officially provided with the competition (physician, trainer, etc.) 	<p>Awards</p> <ul style="list-style-type: none"> • If ties occur, expect athlete/team awards to be mailed to club address, free of charge, not later than 3-days after completion of competition, if awards are not available at competition 	<p>Courteous Treatment</p> <ul style="list-style-type: none"> • Expect respectful treatment from all participants and competition personnel
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ALL CLUB MEMBERS ARE OBLIGATED TO:

<p>Compliance</p> <ul style="list-style-type: none"> • NGA has the right to audit Member Club to determine whether club is compliant with this member club Membership Agreement or any governing policy • Clubs are required to promptly provide all necessary information and access to property/personnel requested by NGA as part of any such audit • Club does not adhere to member club Agreement and all governing policies, it will lose membership 	<p>Follow NGA Policies</p> <ul style="list-style-type: none"> • Enforce all NGA policies, including Abuse Prevention, Rules & Regulations and Code of Conduct 	<p>Abide by Competition Rules</p> <ul style="list-style-type: none"> • Follow all rules and schedules of an NGA sanctioned competition 	<p>Abuse Prevention Policy</p> <ul style="list-style-type: none"> • All Club members must have an Abuse Prevention policy consistent with NGA's policy and National SafeSport policy that affirms commitment to the welfare of gymnastics participants in their club • Club Members policy must minimally include: <ul style="list-style-type: none"> • Description of conduct that will not be tolerated • Standards of behavior for staff/volunteers promoting athlete safety • Prevention polices to eliminate the opportunity for grooming behaviors • Process for receiving and handling complaints regarding conduct that violates Club Member requirements • Mandatory reporting of any suspected abuse to local authorities
<p>Insurance</p> <ul style="list-style-type: none"> • Maintain comprehensive general liability insurance, limits of at least \$1,000,000 per occurrence, \$2,000,000 annual aggregate for the entire duration of NGA club membership • Upon request of NGA, provide insurance policy certificate demonstrating the insurance required by this Agreement • Clubs must notify NGA at least 30 days before any cancellation of, or material change to, the required insurance • Failure to maintain required insurance is grounds to terminate NGA membership 	<p>Associations</p> <ul style="list-style-type: none"> • Will not hire/be associated in any way with persons permanently ineligible for NGA membership • Will not be associated/hire any person listed on a federal, state sex-offender registry—Search conducted: nsopw.gov 	<p>NGA Membership</p> <ul style="list-style-type: none"> • Obtain a Club Member Number from NGA Membership • Have Club coaches complete Coach membership requirements • Maintain all completed Athlete Registration forms for up to (5) years 	

PART B

JUDGES

CHAPTER 1—COMPETITION JUDGES

CHAPTER 2—JUDGES COMPENSATION



Chapter 1

COMPETITION JUDGES

CONTRACTING JUDGES

AFFILIATION OF JUDGES

GENERAL DUTIES

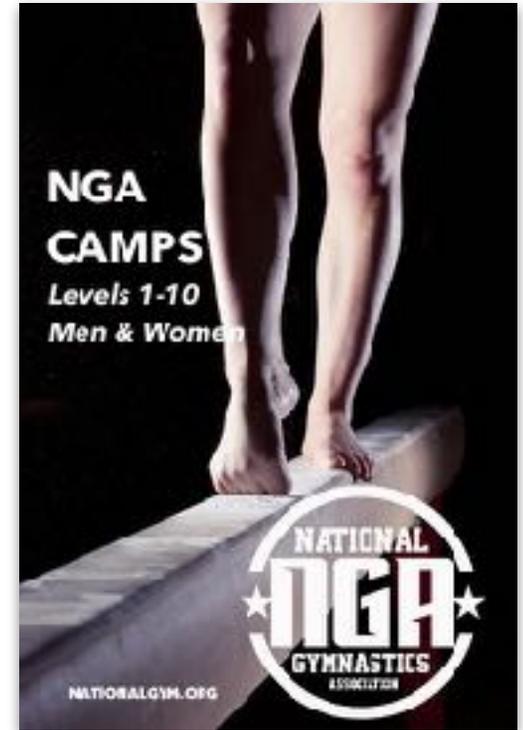
SPECIFIC DUTIES



CONTRACTING JUDGES

CONTRACTING JUDGES

<p>Judges' Contractor</p> <ul style="list-style-type: none"> • Current state designated (men's/women's) assigner and/or gymjas.com for women will be used for contracting NGA judges 	<p>State/Zones/Nationals</p> <ul style="list-style-type: none"> • Judges selected by the State Rep, National Judges Administrator and Program Administrators
<p>Women Judges Requests</p> <ul style="list-style-type: none"> • Competition Director submits to chosen women's contractor a complete "Request for Judges" with payment of \$3.00 for each judge contracted a minimum of sixty (60) days prior to competition dates • Competition Director may request specific judges when making judges request or when completing information on gymjas.com 	<p>Timeline</p> <ul style="list-style-type: none"> • Assignments for late requests are based on availability, as there may not be a sufficient number of certified judges available
<p>Judges Compensation</p> <ul style="list-style-type: none"> • NGA Judges' Compensation Package is used for all sanctioned competitions for both Men and Women • Non-sanctioned events may be negotiated directly with host club 	<p>Women Judges Assigned</p> <ul style="list-style-type: none"> • One (1)-Judge panel: L1N - L5N • Two (2)-Judge panel: L6N - L10N <ul style="list-style-type: none"> • 1-Judge panel may be used if judges are not available within 150 mile radius • Judges for one (1) judge panel must have a Level 10 (NGA National) rating or higher (L6N-10N)





AFFILIATION OF JUDGES

AFFILIATION OF WOMEN'S JUDGES

<p>Who is Affiliated</p> <ul style="list-style-type: none"> • Person employed by a club that is competing • Coach for a club that is competing • Club owner/administrator of a club that is competing • Athlete member of a club that is competing • Athlete enrolled in a recreational class of a competing club • Sports science/technical professional of a club that is competing • Immediate family member of: <ul style="list-style-type: none"> • Competing athlete • Coach of a competing club 	<p>Example of Affiliation</p> <ul style="list-style-type: none"> • <i>Employee or volunteer for a club that is competing is affiliated</i> • <i>Paid or unpaid coach for a club that is competing is affiliated</i> • <i>Owner, front office staff of a club is affiliated</i> • <i>Any level athlete member of the club, but not competing in the competition is affiliated</i> • <i>Athletic trainer, physical therapist, sports psychologist, choreographer who receives a paycheck as a full or part time employee of the club is affiliated</i> • <i>Judge with any family member coaching at a competing club is affiliated</i> • <i>Athlete's parent is judging a competition in which their athlete's club is actively competing is affiliated</i> 	<p>NGA Competitions Judges Panels</p> <ul style="list-style-type: none"> • Two (2) judge or more panel <ul style="list-style-type: none"> • Affiliated judge as a panel judge • Approved affiliated judge may NOT be assigned as Head Judge • Two (2) affiliated judges from same club may never serve on a two (2)-judge panel regardless if affiliated team is participating in the event • One (1) judge panel with club affiliation <ul style="list-style-type: none"> • May be assigned only if an unaffiliated judge is not available within 150 mile radius • Affiliated judge with participating team may not serve as Competition Referee
<p>Who is NOT Affiliated</p> <ul style="list-style-type: none"> • Competing club's athlete member participating in another NGA discipline is not affiliated 		<p>Minimal Panels with Affiliated Judges</p> <ul style="list-style-type: none"> • Affiliated judges may be assigned ONLY when unaffiliated judges are not available



GENERAL DUTIES OF JUDGES

GENERAL DUTIES OF COMPETITION JUDGES

<p>Duties</p> <ul style="list-style-type: none"> Judges perform their duties as a competition judge according to NGA Rules & Regulations, NGA membership policies and Code of Conduct Judges capacity at an assigned competition is limited to judging, evaluating and scoring the assigned competition Judges not allowed to function in a dual capacity May not be directly involved or interact with an athlete or team during the competition 	<p>Contract</p> <ul style="list-style-type: none"> Each judge to sign/return contract to contracting organization & Comp Director Judges will honor and be bound by agreed upon terms of each individual contract 	<p>Financial Responsibility</p> <ul style="list-style-type: none"> Judges personal responsibility includes all financial reporting regarding payments and reimbursements to the appropriate agencies 	<p>Professionalism</p> <ul style="list-style-type: none"> Always act in a professional manner Remain at judging station during the competition until completed or unless on break If out-of-range, be willing to compromise if necessary Always give the benefit to the athlete- if determined an incorrect rule was applied, give back to the athlete
	<p>Uniform</p> <ul style="list-style-type: none"> Women’s judges permitted to wear any official NAWG licensed apparel, in addition may wear black pants, all blouses or shirts must be white, cardigans/vests worn over shirts may be red, white or navy Men’s judges to wear NGJA required apparel With direction of Competition Director judges may wear themed attire or NGA apparel 	<p>Year-end Championships Uniform</p> <ul style="list-style-type: none"> Judges must wear any official NAWGJ/ NGJA licensed apparel 	

GENERAL DUTIES OF COMPETITION REFEREE

<p>NGA Competitions</p> <ul style="list-style-type: none"> Competition Referee will be designated at all NGA sanctioned competitions 	<p>Payment Sheet</p> <ul style="list-style-type: none"> Responsible for final expense sheet and receipts for judges to Competition Director 	<p>Authority</p> <ul style="list-style-type: none"> Is final authority in all technical matters involving judges, timers, line judges, flashers, tabulators At request of Head Judge during conferences, may offer opinion and may recommend, but never force a score change 	<p>Competition Referee Duties</p> <ul style="list-style-type: none"> Acts as an overall liaison between coaches and judges If requested, assists in conducting draw for the competition Attends coaches meetings for all sessions Conducts pre-meet judges meeting <ul style="list-style-type: none"> Clarifications Scoring system Information from Competition Director Signs official sanction sheets
<p>After Competition</p> <ul style="list-style-type: none"> Be available to handle any technical issues, inquiries or questions Sign Sanction Report, including any infractions or violations 	<p>During Competition</p> <ul style="list-style-type: none"> Accepts inquiries, within ten (10) minutes of event completion, following through to completion of competition Monitors event panels 	<ul style="list-style-type: none"> Responsible to handle all video review requests Allow coaches to approach judges with quick questions if judges are unoccupied and available to discuss 	



SPECIFIC DUTIES OF JUDGES

GENERAL DUTIES OF HEAD JUDGE

<p>Duties</p> <ul style="list-style-type: none"> Evaluate routine quickly, accurately, without bias Record SV, SR, VP, Bonus, SR execution, artistry and composition deductions, when applicable Be available for all inquires Responsible for calling a conference if scores are out-of-range, i.e., impossible SV 	<p>Responsibilities of Performance</p> <ul style="list-style-type: none"> Confirms when an athlete may repeat a routine due to technical failure Terminates a routine, if after a fall, athlete is unable to resume 	<p>Neutral Deductions</p> <ul style="list-style-type: none"> Responsible for applying neutral deductions from average score Indicate to coach verbally or by visual means at conclusion of routine 	<p>Reports to Competition Referee</p> <ul style="list-style-type: none"> Incorrect attire infractions Unsportsmanlike conduct of coach or athlete (<i>after warning</i>) Failure to observe team warmup time
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GENERAL DUTIES OF PANEL JUDGE

<p>Duties</p> <ul style="list-style-type: none"> Must include for each athlete <ul style="list-style-type: none"> Judges initials, assigned number Athlete name, number, SV, Score 	<p>Score Change</p> <ul style="list-style-type: none"> Score change—Cross out first score, initial change, note new score. Do not erase 		
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GENERAL DUTIES OF PANEL ASSISTANT

<p>Line Judge—FX</p> <ul style="list-style-type: none"> Must be a rated judge Signal border error with raised hand or flag Inform Head Judge of violation 	<p>Routine Timer</p> <ul style="list-style-type: none"> Responsible for correct timing of routine—See Head Judge for details Inform Head Judge of time violation—indicate actual time 	<p>Fall Timer</p> <ul style="list-style-type: none"> See Head Judge for details Give incremental verbal warnings of remaining time 	<p>Warm up Timer</p> <ul style="list-style-type: none"> Do not begin timing until athlete is ready (within reasonable time) Athlete may finish skill, if time called Warn athlete after “time” called by announcing “time exceeded” Athlete continues, reports infraction to Competition Referee
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Chapter 2

WOMEN'S JUDGES COMPENSATION PACKAGE

NON-JUDGING EXPENSES—WOMEN

JUDGES COMPENSATION—WOMEN

COMPENSATION RULES—WOMEN

COMPENSATION CHARTS—WOMEN

COMPENSATION RULES—MEN

COMPENSATION CHARTS—MEN



WOMEN'S NON JUDGING EXPENSES

OTHER WOMEN'S JUDGING EXPENSES

Per Diem—General

- Competition Directors provide meals or pay per diem, according to competition type
- Provided meals to be nutritional and concession-type food should be avoided
- Special dietary needs may be communicated with Host, however the Host is not required to provide. To make sure needs are met it is recommended to bring your own food
- Judges are not to provide family with meals from hospitality area
- Judges will be notified in advance if meals will not be provided and per diem given
- Per Diem pay to judges at a rate of:
 - **\$20.00** per diem—On-site minimum 3 hours but less than 8 hours
 - Begins with report time, includes meetings, competition
 - **\$40.00** per diem—On-site 8 hours or more. \$20.00 per meal (maximum \$40.00 per day) assessed for meals not provided by Competition Director

Mileage

- If meeting a carpool, carpool mileage is paid from home to meeting point
- Only judge driving from meeting point to competition site is compensated for mileage

Mileage Rate

- Standard IRS rate is paid to driver(s)
- IRS mileage fee increases applied when increase is full cent
- IRS mileage rate changes announced in December, effective January
- Judges may be asked to show actual mileage electronically to Competition Referee for mileage reimbursement

Mileage vs Airfare

- Plane/train/bus/rental car approved travel expenses per contract are paid in full by Competition Director
- Total mileage cost not to exceed cost of airline ticket to same location
- Judge requests to drive, instead of fly, Competition Director determines cost of airline ticket and informs judge of maximum payment

Mileage—No Overnight Stay Required

- RT mileage paid for each day

General Expenses

- If requested by Competition Director, expenses must be listed on contract and approved to be paid
- Only standard/customary expenses with accompanying receipts are reimbursed in actual amounts (flight, hotel, etc)
- Expenses (such as baby-sitters, car repairs, reimbursement for lost salary, or other normal work related expenses) will not be paid

Mileage to Airport; Parking fees

- Mileage to/from airport, tolls, airport parking, fees for one bag (not overweight bag charges), taxi/limo service as stated in contract is paid by Competition Director

Mileage for Required Overnight stay

- Lodging provided by Competition Director
 - Judge chooses to return home, RT mileage paid once, unless pre-arranged with contracting judge and Competition Director
 - Mileage calculation requiring overnight stay. Total miles from home to hotel, to and from competition venue, return to home

Lodging

- Judge may stay overnight prior to/during/ following competition:
 - If requested and/or needed, lodging must be provided/paid for by Competition Director
 - Based on double occupancy—must provide two beds, not include a sleeper sofa
 - If judge needs to depart before 6 am for early report time and/or late finish, Competition Director may provide hotel options
 - Distance, traffic, road and/or weather conditions should be considered for overnight accommodations



WOMEN'S NON JUDGING EXPENSES

OTHER WOMEN'S NON-JUDGING EXPENSES

Judges Report Times and Fines

- Judges report 30 minutes prior to march-in for all invitational competitions, unless otherwise specified by Competition Referee
 - Possible **\$10.00 USD** penalty for late arrival may be applied at the discretion of the Competition Director—Late arrival time to be communicated on sanction report
- Report time for competitions requiring video analysis may be up to 1-hour prior to march-in
- Competition Referee to specify report time

Cancellations

- Contract obligations not fulfilled by either party due to extenuating reasons, no mandatory penalties are applied to either party
Example: Inclement weather (prohibiting travel) or grave illness
- If inclement weather exists (weather which delays/prohibits safe travel for judges), Competition Director is responsible for judges' lodging and meals

Modifications

- Conditions on contract are modified
 - Competition Director should immediately contact the assigner and all contracted judges

Failure of Contract—Judge

- Judge unable to fulfill contract due to personal reasons—obligated to contact assigner to determine if a replacement is available
- If judge cancels contract less than fourteen (14)-days prior to the competition date, any non-refundable expenses incurred by Competition Director must be repaid by judge if expenses cannot be reused for replacement judge

Failure of Contract—Competition Director

- Minimum fourteen (14)-days notice required for amendments/cancellation of judges
 - Cancellation occurs less than 7-days prior to competition and judges are not reassigned to another competition, Competition Director is responsible for two (2) hours payment per judge and any non-refundable expenses incurred



WOMEN'S JUDGES' COMPENSATION

WOMEN'S JUDGING COMPENSATION

<p>Hourly Competition Fee</p> <ul style="list-style-type: none"> Judges paid hourly fee, according to their rating, with minimum payment of three (3) hours <u>per day</u> Competitions with multiple sessions <u>per day</u>, judge provided min of two (2) 30 minute break times between sessions Daily number of paid hours calculated: <ul style="list-style-type: none"> Subtract required break time from total time at competition (from start of report time/judges meeting to completion of competition) 	<p>Sample: Three (3) Session Competition</p> <ul style="list-style-type: none"> Report time—Judges meeting 8 am Break between sessions 1/2 = 30 min Break between sessions 2/3 = 30 min Competition ends 8 pm Total time = 12-hours <ul style="list-style-type: none"> Deduct required one (1)-hour break (2 x 30-minute breaks) Judges pay = 11 hours 	<p>Sample: Four (4) Session Competition</p> <ul style="list-style-type: none"> Report time—Judges meeting 8 am Break between sessions 1/2 = 30 min Break between sessions 2/3 = 45 min Break between sessions 3/4 = 40 min Competition ends 9:20 pm Total time = 13 hours, 20 minutes <ul style="list-style-type: none"> Round up to 13.5 hours, subtract 1.0 hour for required break time (2 X 30-minute breaks) Judges pay = 12.5 hours 	<p>Championship Fees</p> <ul style="list-style-type: none"> Judges to receive same compensation based on hourly fee and break times unless otherwise specified in advance by the NGA National Judges Administrator
<p>Break Time</p> <ul style="list-style-type: none"> Required break times provided, payment for day calculated from contracted report time to end of competition for that day State/Zone/Nationals competitions requiring video analysis plus judges' meeting, paid time starts with scheduled meeting time, up to one hour prior to scheduled march-in time Judges' Compensation Package is in effect for all NGA competitions, as specified If sufficient break time is not provided, pay is based on report time to end of competition 	<p>Calculating Pay</p> <ul style="list-style-type: none"> Calculate total time of competition, round off to nearest half-hour—<u>Do not</u> round up for each session Subtract required break time from total (or adjusted) time to determine number of hours (paid hourly) Rate based on rating Fee scale indicated in this document will be applicable for all NGA Sanctioned Events unless otherwise specified in advance by the NGA National Judges Administrator Judges covering one single session of multiple session competitions to be paid a minimum of three (3) hours 	<p>Competition Referee/Head Judge</p> <ul style="list-style-type: none"> Receives additional \$10.00 per day at these NGA competitions: <ul style="list-style-type: none"> State competitions if four (4)-judge panel NGA Zones, regardless of number of judges per panel Atlantic/Pacific Championships, National Championships No dual compensation if Competition Referee also serves as Head Judge Competition Referee paid hourly fee for time conducting official Competition Referee responsibilities Competition Referee/Head Judge fees NOT paid at any invitational competitions 	<p>Number of Judges per Panel</p> <ul style="list-style-type: none"> One (1) Judge Panel allowed for Levels 1N-5N Two (2) Judge Panel used for Levels 6N-10N One (1)-judge panel may be used for Levels 6N-10N if judges are not available within a 150-mile radius - Rating must be Level 10 (NGA National) or higher



WOMEN'S JUDGES COMPENSATION CHART

HOURLY JUDGING COMPENSATION CHART - WOMEN

****New Ratings and Pay Rate Effective January 1, 2022**

***Prior to January 1st current ratings and pay rates apply**

RATE	\$37.00	\$34.00	\$31.00	\$27.00	\$23.00
NEW Ratings	Elite	National	Regional	State	Local
Levels to Judge	1N-10N	1N-10N	1N-10N	1N-10N	1N-5N
Current	Brevet	National	Level 10	Level 6-9	Level 4-5
HRS					
3.00	\$111.00	\$102.00	\$93.00	\$81.00	\$69.00
3.50	\$129.50	\$119.00	\$108.50	\$94.50	\$80.50
4.00	\$148.00	\$136.00	\$124.00	\$108.00	\$92.00
4.50	\$166.50	\$153.00	\$139.50	\$121.50	\$103.50
5.00	\$185.00	\$170.00	\$155.00	\$135.00	\$115.00
5.50	\$203.50	\$187.00	\$170.50	\$148.50	\$126.50
6.00	\$222.00	\$204.00	\$186.00	\$162.00	\$138.00
6.50	\$240.50	\$221.00	\$201.50	\$175.50	\$149.50
7.00	\$259.00	\$238.00	\$217.00	\$189.00	\$161.00
7.50	\$277.50	\$255.00	\$232.50	\$202.50	\$172.50
8.00	\$296.00	\$272.00	\$248.00	\$216.00	\$184.00
8.50	\$314.50	\$289.00	\$263.50	\$229.50	\$195.50
9.00	\$333.00	\$306.00	\$279.00	\$243.00	\$207.00
9.50	\$351.50	\$323.00	\$294.50	\$256.50	\$218.50
10.00	\$370.00	\$340.00	\$310.00	\$270.00	\$230.00

NON JUDGING EXPENSE CHART

PER DIEM & MILEAGE

ALL RATINGS PER DIEM

PER DIEM RATES	DAY COMPETITION	OVERNIGHT
\$20.00 each Lunch & Dinner \$40 per day maximum	2 sessions - Lunch 3-4 sessions - Lunch & Dinner	\$20.00 per meal not provided up to a maximum \$60 per day
	1 session less than 3.00 hrs BUT 100 miles or more Round Trip - Lunch	
No Breakfast	Day Competition Travel to/from in 1-Day	

ALL RATINGS MILEAGE

MILEAGE	SINGLE DRIVER	CARPOOL
Current IRS Rate for 2022 \$.56 /mile	All mileage paid RT	Mileage paid RT to meet carpool

COMPETITION REFEREE / HEAD JUDGE FEES

Championships	4+ judging panel	\$10.00 per day
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MISCELLANEOUS

Mileage to Airport, Taxi, Tolls, Parking, 1st Bag Fees paid with receipts (no overweight charges) and in contract with Competition Director		
Judge driven to airport, mileage reimbursed for each RT—not to exceed parking cost		



MEN'S JUDGES' COMPENSATION

MEN'S JUDGING COMPENSATION

<p>Per Judgement Judges Fee Sessions = less than 50 judgments</p> <ul style="list-style-type: none"> • Payment = # athletes entered x # of events judged (min 50) judgments per session required <i>Example #1: 35 judgments X 2 events judged = 70 X cost per judgment = Judges Fee</i> <i>Example #2: 35 judgments X 1 event judged = 50 (min) X cost per judgment = Judges Fee</i> • Payment fees are based on current rating of judge 	<p>Modified Capital Cup <i>“Warm up, compete, warm up, compete —format where competition is interrupted for primary warm up time per event once competition has begun)</i></p> <ul style="list-style-type: none"> • Negotiable increase of max of 30% per judgment fee per session is paid extra <p>Capital Cup</p> <ul style="list-style-type: none"> • Competition with judging not interrupted) do NOT incur this fee • One Touch warm up—Each athlete gets one brief turn, do not incur this fee 	<p>Mileage</p> <ul style="list-style-type: none"> • Each judge may only receive driver <u>or</u> rider fee • Driver—Receives current IRS rate = \$0.56/mile • Rider—Receives up to 30% of current IRS mileage rate \$0.56/mile <i>Total mileage cost should not exceed cost of round trip airplane ticket to same location</i> • Tolls & Parking—Amount paid per vehicle to the driver 	<p>Meals/Per diem</p> <ul style="list-style-type: none"> • If nutritious meals are not provided by host club, the following rates apply: <ul style="list-style-type: none"> • Breakfast: \$12 • Lunch: \$15 • Dinner: \$18
<p>Mixed sessions</p> <ul style="list-style-type: none"> • Payment = # of L1-5N judgments X L1-5N fee and # of L6-10N judgments X L6-10N fee 	<p>Simplify reporting and payment</p> <ul style="list-style-type: none"> • Number of judgments determined at beginning of each session—deemed the same for each judge per session (flight for Capital Cup)—base payment on number of competing athletes 	<p>Lodging</p> <ul style="list-style-type: none"> • Lodging must be provided if a judge must stay over-night prior to, during, or after a competition 	<p>Downtime</p> <ul style="list-style-type: none"> • Downtime: \$10 per 1/2 hour • Calculated after initial 2 hours from session end time



MEN'S JUDGES COMPENSATION CHART

JUDGING COMPENSATION CHART - MEN		
2021-2022		
	LEVEL 1N-5N	LEVEL 6N-10N
<i>Cost per judgement</i>		
RATING	Minimum 50 Judgements	Minimum 50 Judgements
Brevet	\$1.80	\$2.20
National	\$1.65	\$1.95
JO	\$1.40	N/A
ALL RATINGS	Modified Capital Cup add 30%	Modified Capital Cup add 30%

All judges required to complete NGJA Expense Form found [here](#)

NON JUDGING EXPENSE CHART		
PER DIEM & MILEAGE		
ALL RATINGS PER DIEM		
PER DIEM RATES	DAY COMPETITION	OVERNIGHT
Breakfast \$12 Lunch \$15 Dinner \$18 \$45 per day maximum	Day Competition Travel to/from in 1-Day	\$45.00 per day maximum
	1 session less than 3.00 hrs BUT 100 miles or more RT- 1 meal	
	2 sessions - 1-2 meals 3-4 sessions - 2-3 meals	
ALL RATINGS MILEAGE		
MILEAGE	SINGLE DRIVER	CARPOOL
Current IRS Rate for 2022 \$.56 /mile	All mileage paid RT	Mileage paid RT to meet carpool Tolls, parking paid per vehicle to driver
COMPETITION REFEREE / HEAD JUDGE FEES		
Championships	N/A	N/A
MISCELLANEOUS		
Mileage to Airport, Taxi, Tolls, Parking, 1st Bag Fees paid with receipts (no overweight charges) and in contract with Competition Director		
Judge driven to airport, mileage reimbursed for each RT – not to exceed parking cost		

PART C

COMPETITIONS

CHAPTER 1—SANCTIONS

CHAPTER 2—COMPETITION RESPONSIBILITIES

CHAPTER 3—TYPES OF COMPETITIONS

CHAPTER 4—EQUIPMENT REQUIREMENTS

CHAPTER 5—SELECTION OF COMPETITION HOSTS

CHAPTER 6—COMPETITION FORMATS



Chapter 1

SANCTIONS

NGA DOMESTIC SANCTION EVENT

SANCTION REQUEST

SANCTION VIOLATIONS AND PENALTIES

SANCTION REPORTS

DOMESTIC SANCTIONS

DOMESTIC EVENT SANCTIONING

<p>NGA Independence</p> <ul style="list-style-type: none"> • NGA, as an independent body for the sport, is responsible for granting of NGA sanctions 	<p>Competition Sanction</p> <ul style="list-style-type: none"> • Sanctions required for all NGA competitions with NGA registered participants 	<p>Educational Sanctions</p> <ul style="list-style-type: none"> • Sanctions may also be obtained for clinics, workshops, educational events, tours exhibitions 	<p>Sanction Holder</p> <ul style="list-style-type: none"> • Only current NGA Clubs may register athletes into sanctioned events • To host NGA sanctioned competition, all Competition Directors MUST be a current NGA Member with: <ul style="list-style-type: none"> • NCSI background check • Abuse Prevention Training Course • Concussion Protocol Training Course • Competition Director Certification (when available)
<p>Sanction Restrictions</p> <ul style="list-style-type: none"> • NGA sanctioned event CANNOT be run concurrently in same session with non-NGA sanctioned event 	<p>Competition Director</p> <ul style="list-style-type: none"> • Competition Director Certification test coming soon 	<p>Athlete Affiliation</p> <ul style="list-style-type: none"> • Unaffiliated athlete will not be permitted to participate in the event 	



[Click for schedule](#)



SANCTION REQUEST

DOMESTIC EVENT SANCTION REQUEST

<p>Sanction Request</p> <ul style="list-style-type: none"> Domestic sanctioned events may be applied for online via NGA Club Login Page Complete sanction request form at: NGA/Sanction 	<p>Sanction Location</p> <ul style="list-style-type: none"> Events conducted in more than one location—each location must have separate sanction 	<p>Sanction Fees</p> <ul style="list-style-type: none"> Domestic Sanction Fee <ul style="list-style-type: none"> Fee is FREE for the 2021-2022 season for ALL domestic sanctioned events—\$100 value Future sanction fees (plus any late fees) are non-refundable or transferable Rush Fees <ul style="list-style-type: none"> Sanction request for in-house processing 7-days days or less than start date of event charged rush fee FREE for 2021-2022 season <p>Certificate of Insurance</p> <p>To request a Certificate of Insurance - Complete Request for Certificate of Insurance form and submit to contact listed on form AT LEAST 30 days in advance of event</p> <p>Forms may be found under Sanctions; Sanction Forms or nationalgym.org/sanctions</p>
<p>Sanction Restrictions</p> <ul style="list-style-type: none"> Request for sanction must include equipment/venue set-up/take down and training days, as well as competition days 	<p>Granted Sanction</p> <ul style="list-style-type: none"> Once sanction is granted, NGA Rules and Regulations must be followed. See specific Competition Director responsibilities 	
<p>Competition Director</p> <ul style="list-style-type: none"> Only one discipline per sanction 		





SANCTION VIOLATIONS & PENALTIES

SANCTION VIOLATIONS

Violations may result in a fine, a voided sanction, a voided competition and results or penalty of sanction privileges

<p>Sanction Violations</p> <ul style="list-style-type: none"> • Competition Director fails to follow NGA Rules & Regulations may receive actions/penalties by NGA National Office 	<p>Violations by a competitor</p> <ul style="list-style-type: none"> • Individual athlete violates regulations, they and their team are disqualified, all awards returned <u>Example:</u> Wrong age division 	<p>Violations by a Coach/Judge</p> <ul style="list-style-type: none"> • Individuals without appropriate/current NGA Membership, falsifies a membership, attempts to participate in NGA sanctioned competition 	<p>Competition Director Sanction Violations</p> <ul style="list-style-type: none"> • Allow coach, judge, athlete on competition floor without current, valid membership
<p>Competition Director Violation Penalties</p> <ul style="list-style-type: none"> • Competition Director may receive penalties for violating—penalties could include: <ul style="list-style-type: none"> • 1st time violation—fine of \$100 for one violation plus \$100 for each additional violation associated with same sanction • 2nd time violation—letter/fine of \$500 for one violation plus \$500 for each additional violation associated with same sanction • 3rd time violation—fine of \$1000 for one violation plus \$500 for each additional violation associated with same sanction, plus one (1) year suspension of sanctioning privileges 	<p>Competition Director Violation Penalties</p> <ul style="list-style-type: none"> • Hosting groups may also be denied sanctioning privileges if violations are repeated with multiple Competition Directors • Violation due to lack of mandatory forms being returned will incur loss of ability to sanction an event to until all mandatory forms are returned • Fine assessed but not satisfied by deadline indicated, Competition Director's membership may be placed in a pending status • Escalating penalties accrue during current competitive season August 1 to July 31 • Competition Director incurs three (3) sanction violations in one (1) competitive season, will be placed in pending status with loss of Competition Director privileges for a one (1) year period 	<p>Member Violation Penalties</p> <ul style="list-style-type: none"> • NGA member may receive penalties for violating any of the listed violations: <ul style="list-style-type: none"> • 1st time violation = fine of \$100 • 2nd time violation = fine of \$500 • 3rd time violation = fine of \$1000 plus possible membership suspension <p>Violation Fines Rules</p> <ul style="list-style-type: none"> • Fines apply only to individual Competition Director • State Rep/NGA National Office notified of any violations via e-mail • Fine assessed but not paid by assigned deadline, NGA Membership goes into pending status until all balances paid • Escalating penalties accrue during current competitive season August 1 to July 31 	<ul style="list-style-type: none"> • Any regulation violation within Rules & Regulations • Improper timing of competition: <ul style="list-style-type: none"> • Athletes in gym more than five (5) hours • Starting warm ups before 8 am • Finishing after 10 pm due to poor scheduling • Fail to return required sanction forms by designated deadline • Altering NGA language on sanction report form • Fail to obtain signatures/initials of judges/coaches on sanction sign-in form



SANCTION REPORTS

SANCTION REPORT FORMS

<p>Sanction Report Form</p> <ul style="list-style-type: none"> Official NGA Sanction Report Form will be emailed to Competition Director prior to the competition date 	<p>Sanction Report State Copy</p> <ul style="list-style-type: none"> Sanction Report copy sent to State Reps within 72 hours 	<p>Sanction Report NGA Copy</p> <ul style="list-style-type: none"> Keep copy of report form, e-mail, fax or mail marked pages of Sanction Report form plus all sign-in sheet(s) to NGA Membership within 72 hours
<p>Sanction Restrictions</p> <ul style="list-style-type: none"> Applicable competition fees sent to State Rep of host state (based on physical location of Competition) 	<p>Granted Sanction</p> <ul style="list-style-type: none"> Event is cancelled, written notification submitted to NGA Membership prior to event start date Email: membership@nationalgym.org 	<p>Post Event Report</p> <ul style="list-style-type: none"> Sanction includes a post event report that must be returned with completed sanction within 72 hours



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Chapter 2

COMPETITION GUIDELINES

PRE-EVENT DUTIES

ADVERTISING

SANCTION REQUEST

JUDGES

COMP SET-UP

DECOR

EVENT APPAREL

HOSPITALITY

GIFTS

CHECK-IN

ANNOUNCER

AWARDS / GIFTS

VOLUNTEERS

SCORE TABLE

SANCTION

REQUIREMENTS

OUTSIDE VENUE

LAST STEPS

DURING EVENT

INJURIES / MEDICAL

END REPORTING



COMPETITION GUIDELINES

COMPETITION GUIDELINES																				
COMPETITION DIRECTOR	COMPETITION DIRECTOR																			
<p>PRE DUTIES</p> <ul style="list-style-type: none"> <input type="checkbox"/> Determine dates <input type="checkbox"/> Decide levels/divisions <input type="checkbox"/> Determine competition format—Formats are found in NGA Rules & Regulations/Competition Formats <ul style="list-style-type: none"> ▶ If possible, keep sessions between 2.5 - 3.0 hours, and include all same levels/divisions ▶ If not possible, include levels or divisions similar in requirements ▶ Follow all NGA regulations <input type="checkbox"/> Contact—Community Sports Commission—Support, advice, assist in venue contact negotiation <input type="checkbox"/> Secure venue—Contract signed by Comp Director <input type="checkbox"/> Secure equipment provider—Contract <input type="checkbox"/> Determine budge <input type="checkbox"/> Create sponsorship packet—Send to potential event sponsors <input type="checkbox"/> Determine theme (if desired) <input type="checkbox"/> Procure scoring system <input type="checkbox"/> Prepare media advertising materials <input type="checkbox"/> Establish Coordinators with job responsibilities 	<p>COMPETITION TIMETABLE</p> <ul style="list-style-type: none"> <input type="checkbox"/> In calculating for number of sessions and start and end times, NGA suggests the following timetable: <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="background-color: #e0e0e0;">TIME CALCULATION</th> <th style="background-color: #fce4ec;">WOMEN</th> <th style="background-color: #e1bee7;">MEN</th> </tr> </thead> <tbody> <tr> <td style="text-align: left;">Open Stretch Amount at discretion of Comp Director</td> <td>Min 15 minutes Max 30 minutes</td> <td>Min 15 minutes Max 30 minutes</td> </tr> <tr> <td rowspan="6" style="text-align: left;">Total Time Calculation Per gymnast per event INCLUDING Warm-up INCLUDING Competition</td> <td>Levels 1N & L2N 1:25 m</td> <td></td> </tr> <tr> <td>Levels SN & 3N 1:50 m</td> <td>Levels 1N thru 5N 1:50 m</td> </tr> <tr> <td>Levels 4N & GN & 5N 1:75 m</td> <td></td> </tr> <tr> <td>Levels 6N & 7N 2:00 m</td> <td></td> </tr> <tr> <td>Levels PN & 8N 2:25 m</td> <td></td> </tr> <tr> <td>Levels 9N & XN 2:50 m</td> <td>Levels 6N thru XN 2:50 m</td> </tr> </tbody> </table> <p>LEVEL TITLES</p> <ul style="list-style-type: none"> <input type="checkbox"/> Level titles for results for both Men and Women should be consistent throughout the NGA program <input type="checkbox"/> Allows for Meetscoresonline to catalog and maintain consistent NGA results used for State, Zone, and National qualifiers—All results must be posted on meetscoresonline.com <ul style="list-style-type: none"> ▶ Men = Level 1N, Level 2N, Level 3N, Level 4N, Level 5N, Level 6N, Level 7N, Level 8N, Level 9N, Level XN ▶ Women = Level 1N, Level 2N, Level SN, Level 3N, Level 4N, Level GN, Level 5N, Level 6N, Level PN, Level 7N, Level 8N, Level DN, Level 9N, Level XN 	TIME CALCULATION	WOMEN	MEN	Open Stretch Amount at discretion of Comp Director	Min 15 minutes Max 30 minutes	Min 15 minutes Max 30 minutes	Total Time Calculation Per gymnast per event INCLUDING Warm-up INCLUDING Competition	Levels 1N & L2N 1:25 m		Levels SN & 3N 1:50 m	Levels 1N thru 5N 1:50 m	Levels 4N & GN & 5N 1:75 m		Levels 6N & 7N 2:00 m		Levels PN & 8N 2:25 m		Levels 9N & XN 2:50 m	Levels 6N thru XN 2:50 m
TIME CALCULATION	WOMEN	MEN																		
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	Levels 9N & XN 2:50 m	Levels 6N thru XN 2:50 m																		



COMPETITION GUIDELINES

COMPETITION GUIDELINES

COMPETITION DIRECTOR

ADVERTISING

- Create website and Competition Packet—Send to potential clubs—containing:
 - ▶ Event location—Address via Google Maps
 - ▶ Entry fee information – Include levels/divisions, cost per athlete, per team, number per team, etc.
 - ▶ Entry procedures—Online
 - Publish address—Fees, entry deadline date
 - Determine late fee—Entries, if applies
 - Determine refund policy—Athletes unable to attend
 - ▶ Admission fee—Spectators
 - ▶ Secure Hotels—Participants and families, availability dates, cost, locations
 - ▶ Communicate—Airport location
 - ▶ Directions—To/from hotel(s) to competition site via Google Maps
 - ▶ Media/Ad book—Sales information (if desired)
 - ▶ Competition Apparel—Order information

SANCTION REQUEST

- Apply, pay for NGA sanction
 - ▶ Request sanction online—Min 30-days prior to event date: nationalgym.org
 - ▶ Comp Directors must have NGA Individual Membership in good standing to host sanctioned NGA competition
- Separate sanction—Necessary for each discipline
- After sanction issued—Event posted to NGA National Calendar
- Sanctioned event cancelled—Submit notice via email to NGA National office—Prior to start date

SANCTION VIOLATIONS & PENALTIES

- Verify athletes/coaches for—Valid Athlete/Coach Membership number on entry form
- Coaches' responsibility—Indicate correct level, age division

COMPETITION DIRECTOR

SECURE / PAYMENT JUDGES

- Comp Director—Bound by individual contract terms agreed upon for each competition
- State Rep—NGA Comp Director MUST utilize contracting body for judges for NGA Sanctioned Competitions
- Request Judges—Complete request at GymJas.com for women or state NAWGJ/NGJA assigner
 - ▶ \$3.00 assigning fee—Per Judge requested due to state NAWGJ Rep
- NGA Judges Compensation Package—Comp Director to not exceed payment of judges at any sanctioned competition
 - ▶ Compensation—Paid directly to each judge
 - ▶ Judges' pay scale—Follows rating of judge per current industry standard rates contracted through NAWGJ//NGJA
 - ▶ Judges payment—Following competition is responsibility of Comp Director/Comp Host
- Min break time—Required for judges between scheduled sessions—See *Men's and Women's Judges Requirements*
- Terms of Sanction—Comp Director fails to comply with terms of sanction or NGA Rules & Regulations, judges may refuse to perform contract obligations
 - ▶ Make every attempt/effort to resolve any disputes, in keeping with best interest of athletes involved
 - ▶ No action to be taken that would jeopardize/compromise safety or wellbeing of any athlete



COMPETITION GUIDELINES

COMPETITION GUIDELINES

COMPETITION SET-UP COORDINATOR	DECORATION COORDINATOR	EVENT APPAREL COORDINATOR
<p>COMPETITION SET-UP / TEAR-DOWN</p> <ul style="list-style-type: none"> ❑ Establish venue floor plan for equipment—Allow space as venue permits <ul style="list-style-type: none"> ▶ Judges Tables—Seated comfortably, no obstruction from table to equipment ▶ Proper seating for judges, auxiliary officials, volunteers ▶ Designate chairs for athlete seating (each event)—Away from equipment to not disturb/distract gymnast competing ▶ In mapping out area—Consider all reasonable safety measures ▶ Each area to not overlap with another competitive area ▶ No obstructions on floor area ▶ Must be sufficient room for entering/exiting competition area ▶ Must be sufficient room for medical attention to be given, if needed ❑ Obtain name/cell numbers—Facility manager, Equipment truck driver ❑ Arrive at venue—1-hour before set-up/teardown scheduled time <ul style="list-style-type: none"> ▶ Organize volunteers—Set-up ▶ Check—Equipment company arrives at arranged delivery time ▶ Verify—All equipment specifications are correct, properly installed 	<p>DECORATIONS / THEME</p> <ul style="list-style-type: none"> ❑ With Comp Director—Determine theme for decorations, including competition logo for use on banners, entry information, programs, gifts, etc ❑ Arrange: <ul style="list-style-type: none"> ▶ Purchase/donation/creation of decorations ▶ With hospitality room volunteers, tables/chairs on competition floor, lobby areas, awards area, etc. ❑ With Volunteer Coordinator <ul style="list-style-type: none"> ▶ Arrange help for putting up decorations ▶ Arrange for display of American Flag ▶ Maintain/refill any supplies—Decorations. (judges tables, banners, etc) ▶ Tear down—Decorations to storage for future competitions 	<p>EVENT APPAREL GIFT</p> <ul style="list-style-type: none"> ❑ With Comp Director <ul style="list-style-type: none"> ▶ Design event apparel ▶ Apparel selections, pricing, ordering procedures ▶ Collate athletes sizing from entry information ▶ Place apparel order ▶ Arrival of event apparel/gifts—Organize by club for distribution during competition PROSHOP AT COMPETITION ❑ With Comp Director <ul style="list-style-type: none"> ▶ Verify location, delivery dates of apparel ▶ Secure pro-shop location at competition site ❑ With Volunteer Coordinator <ul style="list-style-type: none"> ▶ Secure volunteers for pro-shop set-up ▶ Work pro-shop, clean up after



COMPETITION GUIDELINES

COMPETITION DIRECTOR GUIDELINES

HOSPITALITY COORDINATOR

HOSPITALITY

- With Decoration Committee—Competition theme in hospitality room
 - ▶ Judges’/coaches hospitality rooms—Separate, combined if limited space
- Solicit donations—For hospitality food/beverages from local organizations
- With Comp Director—Procure participant list—Includes number of coaches/ judges per session
- With Comp Director—Arrange meals—Volunteers/delivered/catered for each day
- Meals required:
 - ▶ Breakfast each day (coffee only)
 - ▶ Lunch each day
 - ▶ Dinner each day—Judges immediately leave meet site after final session, Comp Host can either pay for meal or provide “to go” meal
- During event—Arrange hospitality room volunteers
 - ▶ Volunteers—Periodically check w event judges—Provide beverages
 - ▶ After event—Teardown/clean up hospitality room

GIFTS COORDINATOR

GIFTS

- Work w Comp Director
 - ▶ Gifts—Coaches, judges, athletes w theme of event
 - ▶ Gift budget
 - ▶ Gift list—Number of attending coaches, judges, athletes
 - ▶ Place gift order—Work w Event Apparel Coordinator if event gift is apparel
 - ▶ Date/location—Gift delivery
- With Volunteer Coordinator—Volunteers to distribute gifts per session

JUDGES GIFTS

- Comp Directors/Comp Host—May provide gifts to judges, however not required



COMPETITION GUIDELINES

COMPETITION DIRECTOR GUIDELINES

CHECK-IN COORDINATOR

CHECK-IN

- With Comp Director—Coach/athlete check-in location
- Obtain roster/rotation list—Competing gymnasts per session—must have names of gymnasts on sheet—MUST not include birthdates
 - ▶ Mark athletes on roster/rotation list as they arrive
 - ▶ Athletes—Provide information for open stretch
- Obtain coaches list—Attending coaches (sorted by club)
- Obtain competition schedule—Referencing session and warm up times
- At competition—Provide tables for volunteers responsible for checking coaches in, handing out credentials, any competition packets, or other related materials
 - ▶ Each coach must personally check in to receive their credential
 - ▶ Coach may not pick up credential for another coach from their club—Coach must sign their name to receive their credential

ANNOUNCER / MUSIC COORDINATOR

ANNOUNCER

- With Comp Director
 - ▶ Secure MP3 sound system—Announcements, routine music
 - ▶ Recommend charger—Used while playing routine music, remind coaches all devices are fully charged, in airplane mode, volume turned up before starting routine
- With Comp Director—For upbeat music to play in down times
- With Comp Director—Arrange, announce National Anthem (live/recorded)
- With Awards Coordinator—Awards list for announcing awards ceremony
- Prepare script—Approval of Competition Director
- Obtain club list and judges—Announce during introductions—correct pronunciation of names
- Obtain sponsor list—Recognition announcements
- With Comp Director—Announce rules (i.e., “no flash photography”)
- During event—Arrive min thirty 30-mins prior—Ensure sound equipment in working order, including microphone and music
- Available at designated announcer area—To make announcements for Comp Director
- Prior to awards—Be familiar with NGA Rules & Regulations award procedures



COMPETITION GUIDELINES

COMPETITION GUIDELINES

AWARDS / RESULTS COORDINATOR

AWARDS COORDINATOR

- With Comp Director—Delivery date, location of awards
- Perform medal inventory—Report issues to Comp Director
- With Comp Director—Secure location for awards ceremonies
- With Decoration Volunteer—Tie in with theme
- With volunteers—Assist in set-up/take-down of Awards area
- With Comp Director—Obtain list of awards presented—Per session
- With Comp Director—Understand NGA Rules & Regulations regarding ties
- Arrange for presenters—Each competition session
- With Announcer—Awards ceremony

RESULTS

- Competition results distributed to ALL participating clubs in print, mailed, posted online
- ALL competition results MUST be posted live or after competition on meetscoresonline.com**
- Comp Director MUST email competition results w/in 72 hrs:
 - ▶ Invitational Competitions:
 - State Rep or designated Rep
 - ▶ State, Zone, Atlantic/Pacific National Championship competitions:
 - NGA National Office

NOTE: Results should NOT include athletes' date of birth

VOLUNTEER COORDINATOR

VOLUNTEERS

- With Competition Director
 - ▶ Schedule of competition—Determine volunteer staffing per session
 - ▶ Create copy—Volunteer assignments w scheduled report times
 - ▶ Develop job descriptions—Each volunteer position
 - ▶ Develop—Volunteer apparel requirements
- Conduct training sessions—New volunteers to provide understanding of job prior to reporting
- Scoring system—Each session may need adult judges volunteers:
 - ▶ One routine timer
 - ▶ Create written record of all judges scores and average score
- Each session requires
 - ▶ Volunteers—Admissions at gate—supplied cash box w start money
 - ▶ Volunteers —Concession stand (some venues, concessions are run by venue)
Check with Comp Director regarding venue rules
- During event—Arrive 30-min before scheduled Open Stretch to coordinate jobs
- Coordinate all volunteers—In place for all jobs required



COMPETITION GUIDELINES

COMPETITION GUIDELINES

SCORE TABLE COORDINATOR

SCORE TABLE

- With Comp Director
 - ▶ Determine scoring system used
 - ▶ Entry of competitors information
 - ▶ Set up scoring system at venue
 - ▶ Placement of score display units—Placed to avoid being blocked
 - ▶ Score table supplies—Staplers, tape, paper clips, scissors, stop watch, extra batteries, pens, pencils, paper
 - ▶ Set up Score Table volunteers/assistants—Recommend computer scoring system operators be well versed in program prior to competition
- Each Session—Arrive 45-min prior to With Comp Director—Open Stretch to check all equipment
- With Comp Director—Train judges/volunteers on Score system with keypad entering,
- Monitor—All entries into score system
- Be available—All scoring system issues
- Award rankings report per session—Create 2 reports to Announcer/Awards Coordinator
- Post final results—Each age division in warm up area and one accessible to spectators
- After entry deadline—Develop competition structure—Verify all athlete, coaches, judges memberships

COMPETITION DIRECTOR

SANCTION REQUIREMENTS

- Print several copies Sanction Report form, Coaches/judges sign-in sheets from NGA web site
- Read, follow instructions on each section of sanction
- REQUIRED—Post Certificate of Sanction at event
- Verify—Athlete, coaches, judges NGA membership online at admin.nationalgym.org/ngatools.verifynganumbers
 - ▶ Coach/judge w/o current NGA membership is NOT allowed on competition floor during event, no exceptions
 - ▶ Coach members must show proof of membership at any time during event

OUTSIDE VENUE

- If requested by venue, submit Certificate of Insurance request—Form & procedures found in sanction packet
 - ▶ To provide outside venue Certificate of Insurance, Competition Director must be signer on all contracts required for venue use—be listed on Sanction Form
- To request a Certificate of Insurance - Complete Request for Certificate of Insurance form and submit to contact listed on form AT LEAST 30 days in advance of event



COMPETITION GUIDELINES

COMPETITION GUIDELINES

COMPETITION DIRECTOR

LAST STEPS

- Determine, publish final schedule
- Order awards
- Order athlete/judges/coaches' gifts
- Finalize set-up, take-down schedule
- Organize volunteer schedule
- Prepare hospitality volunteer schedule plus meal plans for event
- Finalize competitor program, determine cost, send for printing
- Finalize all scripts, information for Announcer
- Communicate travel arrangements made for judges, equipment reps, other competition judges
- Notify judges if per diem will be given and no food provided
- Organize rotation sheets, athlete score cards, competition packets for coaches, etc.
- Communicate specific information to all participating clubs through website or email (parking instructions, etc.)

COMPETITION DIRECTOR

DURING EVENT

- Arrival—Supervise event set-up
 - ▶ Ensure spectators' line of sight is unobstructed
 - ▶ Head score tables placed to not interfere w competition
 - ▶ Provide Comp Referee station—Easily accessible by coaches for an inquiry form/score verification
- Before start—Post important notices/papers
 - ▶ NGA Certificate of Sanction at head score table clearly visible to participants
 - ▶ Judges' sign-in form in judges' hospitality room—*All judges sign or initial sign-in form next to member information.* Competition Referee required to sign, date, return to Competition Director to submit to NGA at end for submission to NGA
- Conduct coaches' meeting prior to each session
 - ▶ Welcome coaches and athletes
 - ▶ Remind coaches—REQUIRED to sign-in w/proper NGA membership info on designated sign-in sheet—Discuss competition format and how it will run
 - ▶ Call for scratches—make adjustments to rotation sheet
 - ▶ Introduce Comp Referee
 - ▶ Communicate Inquiry Form—Location and procedures
 - ▶ Explain FX music procedures—Volunteer used or coaches need to play their own music
 - ▶ Introduce medical personnel
 - ▶ Discuss determination of age divisions, award distribution
 - ▶ Communicate hospitality logistics—Room for coaches



COMPETITION GUIDELINES

COMPETITION GUIDELINES	
COMPETITION DIRECTOR	COMPETITION DIRECTOR
<p>INJURIES</p> <ul style="list-style-type: none"> <input type="checkbox"/> Consult medical staff on site <input type="checkbox"/> Provided Injury Report Forms—Completed by medical staff or Comp Director for any injury <ul style="list-style-type: none"> ▶ Injury Report Forms—See Sanctions; Sanction Forms or nationalgym.org/sanctions ▶ Copy of completed form—Give to coach/parent/legal guardian at competition ▶ Completed form—Submitted to Insurance contact listed on form <p>MEDICAL STAFF—INVITATIONALS</p> <ul style="list-style-type: none"> <input type="checkbox"/> Comp Director—MUST provide first aid kit, ice, organized plan for medical emergencies <input type="checkbox"/> Medical staff—Recommended for all levels <input type="checkbox"/> Competition out-of-gym—Required medical for L6N-10N <p>MEDICAL STAFF—NGA COMPS</p> <ul style="list-style-type: none"> <input type="checkbox"/> State, Zone, Atlantic/Pacific, National competitions—Required qualified medical personnel (physician, trainer, physical therapist, nurse, etc.) be available at all times during warm ups and competition 	<p>SESSION END</p> <ul style="list-style-type: none"> <input type="checkbox"/> Conclusion of each session—Announce award winners, thank athletes, coaches, spectators for attending, supporting event <input type="checkbox"/> Post each session results—Website and scoring application <input type="checkbox"/> All final results—Posted on meetscoresonline.com <p>EVENT END</p> <ul style="list-style-type: none"> <input type="checkbox"/> Assign volunteer—Write, distribute checks to judges <input type="checkbox"/> Assign volunteer—Transport judges to airport <input type="checkbox"/> Supervise take-down <ul style="list-style-type: none"> ▶ Ensure mats are packed properly ▶ Competition area/hospitality rooms are cleaned ▶ Pack all score table supplies <input type="checkbox"/> Venue payment—Contact, arrange for payment of facility rental <p>FORMS COMPLETED & RETURNED</p> <ul style="list-style-type: none"> <input type="checkbox"/> NGA Sanction Report Form to include <ul style="list-style-type: none"> ▶ Judges/Coaches Sign-In forms ▶ Completed Sanction Report Form including Post Event Report ▶ Copies of all Incident/Injury Report Forms <input type="checkbox"/> Copy Sanction Report Form—Forward to State Reps w State and/or Zone competition fee, if applicable, within 72 hours <input type="checkbox"/> Check w State/Zone Reps—Information on official results reporting and State and/or Zone competition fees <p>FINANCIAL REPORTS</p> <ul style="list-style-type: none"> <input type="checkbox"/> Comp Director for State and above competition—Must send completed Financial Report form w/in 60-days to NGA State Rep and NGA National Office <ul style="list-style-type: none"> ▶ Report forms—NGA website or from State Reps



COMPETITION GUIDELINES

COMPETITION CHECK LIST

COMPETITION DIRECTOR

GENERAL CONSIDERATION

- Athlete safety guidelines, as listed in the NGA Safety Handbook, should always be considered
- Recommended there be a clearance of 5' to 6' from one floor to any other
 - ▶ Includes corresponding mat area or any other obstruction, i.e., other apparatus, walls, pillars, etc.
- Recommended there be a minimum of a 20-foot ceiling height for all NGA sanctioned competitions
- Equipment specifications, must be published in the pre-Comp information
- All flooring used at NGA-sanctioned competitions must be manufactured by a recognized equipment supply company

COMPETITION DIRECTOR

SAFETY CONSIDERATIONS

- Ensure all reasonable safety measures are considered
 - ▶ Each competitive area must have its own physical space and may not overlap with another competitive area
 - ▶ There cannot be any obstructions on the Floor Exercise Area
 - ▶ Procedures for the removal of blood and disinfection of the flooring: A solution of 1 part bleach and 10 parts water (or an Anti-viral spray disinfectant) should be available for the removal/disinfection of blood from the matting

COMPETITION CHECK LIST FORMS

COMPETITION FORMS

NGA COMPETITION FORMS

- Certificate of Insurance ([pdf](#))
- Incident Report Form ([pdf](#))
- Inquiry Form ([pdf](#))
- NGA Sanction Form ([pdf](#)) - Only if not able to Online register
- NGA Timer Sheet ([pdf](#))

COMPETITION SIGNAGE

NGA PROVIDED COMPETITION SIGNAGE – Available for download

- Athletes Only ([pdf](#))
- NGA Admission Check-In ([pdf](#))
- NGA Awards ([pdf](#))
- NGA Concessions ([pdf](#))
- NGA Flash Off ([pdf](#))
- NGA Hospitality ([pdf](#))
- NGA Restrooms ([pdf](#))

Chapter 2

TYPES OF COMPETITIONS

INVATIONALS

NATIONAL CHAMPIONSHIPS COMPETITIONS

INVITATIONAL COMPETITIONS

GENERAL REGULATIONS

<p>Invitational Hosting</p> <ul style="list-style-type: none"> To host an invitational with NGA sessions, host Club must be NGA Club Member or Event Producer membership Online Sanction Request to be completed to be added to National Calendar Competition Directors may set dates, days, registration fees, admission fee, set own competition schedule Judges requested through services of each State's Judging Rep and/or assigner or through Gymjas.com 	<p>Invitational Competitions Judges</p> <ul style="list-style-type: none"> Judged by minimum number of qualified judges to meet requirements of a State Championships qualifier: <ul style="list-style-type: none"> Levels 1N-5N may use a one (1) judge panel Levels 6N-10N must two (2) judge panel Not enough judges in a state, may request to use a one (1) judge panel for all levels Requests go to: NGA National Judges Administrator Any invitational competition directly qualifies a team to State Championships MUST be judged by NGA rated judges NAWGJ/NGJA contracts will be used for procuring rated judge for all competitions
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nationalgym.org

Click for Annual Competition Calendar

RESULTS AND REPORTING

<ul style="list-style-type: none"> Official results distributed to each participating club by printed copy in hand, emailed or online posted Final Results MUST be posted on meetscoresonline.com for score storage to verify qualifying scores to yearend Championships 	<ul style="list-style-type: none"> State Reps notified of final results in location of competition All State Reps responsible for distributing results to other State Reps of clubs who entered and competed in the competition
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NGA CHAMPIONSHIPS COMPETITIONS

GENERAL REGULATIONS

<p>State Championships</p> <ul style="list-style-type: none"> • State Championships are under jurisdiction of State Rep • Dates determined by State Rep - Any weekend in April if possible—Check NGA National Calendar 	<p>Competition Format</p> <ul style="list-style-type: none"> • Format choice, including number of athletes standardized by NGA • Any deviation to be approved by NGA National Office 	<p>Championship Dates</p> <ul style="list-style-type: none"> • 2022 State Championships to be in-person, any weekend in April— states may combine for multiple State Championships 	<p>Entry Fees</p> <ul style="list-style-type: none"> * State Championships <ul style="list-style-type: none"> * Individual: \$95.00 all levels * Team \$50 per level three (3) or more gymnasts * Team competition optional—discretion of State Rep
<p>Number of Judges</p> <ul style="list-style-type: none"> • All Women’s Levels use a two (2) judge panel per event • All Men’s Levels use a one (1) judge panel per event • State Rep and/or NGA National Office selects judges and Competition Referee— may also determine event assignments 	<ul style="list-style-type: none"> • All competitions should be Men and Women combined • All competition entries go through: www.Allgymnastics.com • All competition results available at: www.meetscoresonline.com * Entry deadlines = minimum three (3) weeks prior to competition 	<ul style="list-style-type: none"> • 2022 Regional Zone Championships to be in-person = May 6-8, 2022 and virtual = May 1-8, 2022 • 2022 NGA National Championships = June 8-12, 2022 	<ul style="list-style-type: none"> * Regional Zone Championships <ul style="list-style-type: none"> * Individual: \$105.00 all levels * No team fees * National Championships <ul style="list-style-type: none"> * Individual: \$125.00 all levels * No Team fees * Cash prize = \$1,000 Super Teams * Super Teams 1N-5N = Top 6/each event/min 3 levels * Super Teams 6N-10N = Top 6/each event/min 3 levels

2022—QUALIFYING REQUIREMENTS

<p>2022 State Qualification</p> <ul style="list-style-type: none"> * Into State Championships <ul style="list-style-type: none"> * Men’s 1N-10N—Participate and fully complete in one (1) NGA sanctioned invitational * Women 1N-10N—Participate and fully complete in one (1) NGA sanctioned invitational * From State to Regional Zone Championships <ul style="list-style-type: none"> * Men 1N-10N—No qualifying * Women 1N-10N—31.00 AA and 7.75 IES * From State to National Championships <ul style="list-style-type: none"> * Men 1N-10N—42.00 AA and 7.50 IES * Women 1N-10N—32.00 AA and 8.00 IES 	<p>2022 Regional Zone Qualification</p> <ul style="list-style-type: none"> • Regional Zone Championships are combined: <ul style="list-style-type: none"> • Zone 1, 2 Western • Zone 3, 4 & 5 MidWest • Zone 6, 7 Eastern • Zone 8 Southern * From Regional Zone to National Championships <ul style="list-style-type: none"> * Men 1N-10N—42.00 AA and 7.50 IES * Women 1N-10N—32.00 AA and 8.00 IE • Regional Zone Championships offered as in-person competition and virtual 	<p>2022 Atlantic/Pacific Qualification</p> <ul style="list-style-type: none"> • Atlantic/Pacific National Championships will not be held in 2022 • Scheduled to start 2023 for Levels 1N-5N Men and Women 	<p>2023 National Qualification</p> <ul style="list-style-type: none"> * From State to Regional Zone Championships <ul style="list-style-type: none"> * Men 1N-10N - 42.00AA and 7.50 IES * Women 1N-10N—32.00 AA and 8.00 IES * From Regional Zone to Atlantic/Pacific/National Championships <ul style="list-style-type: none"> * Men 1N-10N—42.00 AA and 7.50 IES * Women 1N-5N—33.00 AA and 8.25 IES * Women 6N-10N—34.00 AA and 8.50 IES
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Chapter 3

EQUIPMENT REQUIREMENTS

MEN'S EQUIPMENT REQUIREMENTS

WOMEN'S EQUIPMENT REQUIREMENTS



MEN EQUIPMENT REQUIREMENTS

EVENT REGULATIONS

Matting as per FIG Junior Code of Points.

<p>Runway / Safety Zone / Hand Mat</p> <ul style="list-style-type: none"> • <u>Runway thickness</u>: 3/4” - 1-3/8” • <u>Runway width</u>: 3” • <u>Max runway length</u>: 80’ Measure from front of VT Table • <u>Runway length</u>: 25 meters • <u>Safety Zone</u>: Mandatory for all RO and HS to board entry vaults • <u>Hand Mat</u>: Recommended for RO VT 	<p>VT Mat / Table Height</p> <ul style="list-style-type: none"> • <u>1N</u>: Mat stack — Min 16”+ • <u>2N</u>: Mat stack or Resi—Min 10’ x 5’ x 32” • <u>3N</u>: Mat stack or Resi—Min 5’ x 32” • <u>4N</u>: Mat Stack or Resi—Min 5’ x 32” • <u>5N</u>: Mat stack or Resi—Min 10’ x 5’ x 32” • <u>6N</u>: Mat stack or Resi—Min 10’ x 5’ x 32” • <u>7N</u>: Table height— Min 110 cm • <u>8N/9N/10N</u>: Table height— Min 110 cm • Additional matting may be used at all levels for safety of the athlete 	<p>HB Matting Specifications</p> <ul style="list-style-type: none"> • Additional matting may be used at all levels for the safety of the athlete 	<p>PB Matting Specifications</p> <ul style="list-style-type: none"> • Panel mat may be used to mount • Additional matting may be used at all levels for the safety of the athlete
<p>General Equipment</p> <ul style="list-style-type: none"> • Equipment FIG Junior Code requirements except PB and PH Height may be lowered if needed to adapt to athlete 	<p>Fall time = 30s</p> <ul style="list-style-type: none"> • Timing starts when gymnast is on his feet after the fall 	<p>PH Matting Specifications</p> <ul style="list-style-type: none"> • Panel mat may be used to mount 	<p>FX Matting Specifications</p> <ul style="list-style-type: none"> • Max (1) 4” mat or sting mat allowed for “C” VP landings—must remain in place for entire routine
<p>VT Landing Mat Dimensions</p> <ul style="list-style-type: none"> • Same as per FIG 	<p>HB Grip failure</p> <ul style="list-style-type: none"> • Athlete given choice to repeat exercise 	<p>SR Matting Specifications</p> <ul style="list-style-type: none"> • Same as per FIG 	<p>Measurements</p> <p>4 inch = 10 cm 8 inch = 20 cm 16 inch = 40 cm</p>



WOMEN EQUIPMENT REQUIREMENTS

GENERAL LANDING MAT REGULATIONS

Landing Mats <ul style="list-style-type: none"> • 10 cm (4") mats minimum required • 20 cm mats = allowed 	Placement <ul style="list-style-type: none"> • Landing mats should be placed under and/or around Vault, Uneven Bars and Balance Beam covering all landing areas 	• Additional Matting Allowed on Top of Landing Mats <ul style="list-style-type: none"> • 8" Skill Cushion + (1) Sting Mat allowed = 9" • 4" Throw Mat + (1) Sting Mat allowed = 5" • Two (2) 4" Throw Mat + (1) Sting Mat allowed - 9"
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GENERAL EQUIPMENT REGULATIONS

Runway / Safety Zone <ul style="list-style-type: none"> • <u>Runway thickness</u>: 3/4" - 1-3/8" • <u>Runway width</u>: 3' • <u>Max runway length</u>: 80' Measure from front of VT Table • <u>Runway length</u> <ul style="list-style-type: none"> • <u>1N-5N</u>: Min 60" • <u>6N-10N</u>: Min 79" • <u>Safety Zone</u>: Mandatory for RO and FHS onto board entry vaults <ul style="list-style-type: none"> • May be used for other vaults 	VT Mat or Resi/ Table Height <ul style="list-style-type: none"> • <u>1N</u>: Mat stack Min 8" - Max 24" • <u>2N/SN</u>: Mat stack Min 16" - Max 48" • <u>3N</u>: Mat stack height Min 24" - Max 48" • <u>4N</u>: Mat Stack height Min 24" - Max 48" • <u>5N</u>: Mat Stack height Min 24" - Max 56" • <u>GN/PN/DN</u>: Max 135 cm Table height • <u>6N/7N</u>: Max 135 cm Table height <ul style="list-style-type: none"> • Mat Stack Min 24" - Max 64" • <u>8N//9N/10/N</u>: Table height Min 110 cm - Max 135 cm 	UB Matting Specifications <ul style="list-style-type: none"> • <u>1N-SN Recommend</u>: 7'6 x 15' min mat area • <u>3N-7N Recommend</u>: 7'6 x 24' min mat area • <u>8N-10N Recommend</u>: 7'6 x 36' min mat area • <u>Max height</u>: 9" additional matting allowed • Up to (2) 5 x 10 x 8" skill cushions, used singly end to end • <u>Dismounts</u>: Additional matting = Max 9" 	BB Matting Specifications <ul style="list-style-type: none"> • <u>Dismount matting</u>: Min 7'6" x 15' x 4" on one BB end and Min 7'6" x 12' x 4' on other BB end • <u>Matting under BB</u>: Two (2) landing mats side by side 15' wide x 15'6" long
VT Landing Mat Dimensions <ul style="list-style-type: none"> • <u>3N/4N</u>: Behind resi Min 6'x12' • <u>GN</u>: Behind VT Table Min 6'x12' • <u>6N/7N</u>: Resi may sit on top of landing mat • <u>PN</u>: Behind VT Table Min 8'x12' • <u>8N-10N</u>: Behind VT Table 8'x12' Hand Placement Mat <ul style="list-style-type: none"> • May only be used for RO/FHS onto board entry vaults 	VT Board Springs <ul style="list-style-type: none"> • <u>1N</u>: Minimum two (2) springs • <u>2N/SN</u>: Minimum two (2) springs • <u>3N</u>: Minimum two (2) springs • <u>1N-3N</u>: Alternate Tramp Board allowed UB / BB Padding <ul style="list-style-type: none"> • UB heel padding allowed for warmup, not allowed for competition routines • BB pads allowed during warmup must be removed for competition 	UB / BB Mounts <ul style="list-style-type: none"> • <u>Boards/Mount Mats</u>: Max 8" allowed <ul style="list-style-type: none"> • Remove immediately after athlete leaves apparatus • Boards cannot be placed on 8" skill cushion • Mount trainers allowed on 8" skill cushion UB Grip failure <ul style="list-style-type: none"> • Athlete given choice to repeat exercise or re-start from point of grip failure UB / BB fall time = 45 seconds <ul style="list-style-type: none"> • Time may be paused if athletes safety is in question with no penalty while safety is verified BB Heights <ul style="list-style-type: none"> • 100 cm minimum / 125 cm maximum / all levels 	FX Matting Specifications <ul style="list-style-type: none"> • <u>On FX at any one time</u>: Max (2) 9" mat stacks • One (1) for each tumbling pass, may not be end to end • Mats may stay on FX or may be removed by coach • No penalty for coach on FX removing a mat

Chapter 4

NGA COMPETITIONS

NGA COMPETITION HOSTS



NGA COMPETITION HOSTS

COMPETITION HOST BIDS

INVITATIONALS	STATE CHAMPIONSHIPS	REGIONAL ZONE CHAMPIONSHIPS
<ul style="list-style-type: none"> • Invitational competitions (considered State Qualifiers): Use online Sanction Request form to sanction competition and add to the National Calendar • No limit to number of competitions in one weekend as long as judges are available • All results MUST be posted on meetscoresonline.com 	<ul style="list-style-type: none"> • Send completed bid form to State Rep 	<ul style="list-style-type: none"> • Zone Championships hosted by NGA National Office
	ATLANTIC/PACIFIC CHAMPIONSHIPS	NATIONAL CHAMPIONSHIPS
	<ul style="list-style-type: none"> • Atlantic/Pacific Championships hosted by NGA National Office 	<ul style="list-style-type: none"> • National Championships hosted by NGA National Office



[Click for Annual Competition Calendar](#)

SELECTION CRITERIA – STATE CHAMPIONSHIPS HOST

State Reps are responsible for hosting their respective State Championships or they may put it out for bid

Host Organization/Competition Director	Location	Competition Schedule	Host Organization
<ul style="list-style-type: none"> • Host Organization/Competition Director must have successful event organizational experience • Have a background of operating according to high ethical standards 	<ul style="list-style-type: none"> • Competition geographic location should be rotated year to year • Venue must have sufficient space to accommodate competition for both men and women if possible 	<ul style="list-style-type: none"> • State schedule posted and sent to participants no later than two (2) weeks prior to competition • Deadline for State Championships should be no later than three (3) weeks prior to competition date 	<ul style="list-style-type: none"> • Host organization and Competition Director guarantee best practices set-up for a quality event, according to NGA Rules and Regulations
Competition Director	Financial – State & Below	Financial – State	After Event Report
<ul style="list-style-type: none"> • Competition Director must be: <ul style="list-style-type: none"> • NGA Member in good standing • Certified Competition Director 	<ul style="list-style-type: none"> • Host Organization/Competition Director are responsible for any financial loss it may incur 	<ul style="list-style-type: none"> • Host Organization/Competition Director must submit financial report within four (4) weeks following competition to NGA National Office: info@nationalgym.org 	<ul style="list-style-type: none"> • Host Organization/Competition Director must complete the Post Event Sanction Report to close out the competition. • Follow directions on Sanction Form

Chapter 5

COMPETITION FORMATS

COMPETITION FORMATS

COMPETITION DRAW

COMPETITION WARM UPS—MEN

COMPETITION WARM UPS—WOMEN

SCORING

INQUIRIES

AUDIENCE

INDIVIDUAL & TEAM AWARDS

TIE-BREAKING



COMPETITION FORMATS

TYPES OF COMPETITION FORMATS		
	Warm-Up/Compete Format One Set of Equipment	Capital Cup Format Two Sets of Equipment
Open Stretch	<ul style="list-style-type: none"> Open stretch and timed warm ups conducted in competitive gym 	<ul style="list-style-type: none"> Open stretch, timed warm ups conducted in competition gym
Event Warm up	<ul style="list-style-type: none"> Warm up event, compete event Rotate to next event 	<ul style="list-style-type: none"> Warm up event, compete event Rotate to next event Two (2) flights of competition
Equipment	<ul style="list-style-type: none"> One (1) set of equipment used 	<ul style="list-style-type: none"> Two (2) sets of identical equipment (VT/UB/BB) - One (1) floor Equipment identical for both sets Spring tumbling strip use at discretion of Competition Director - Not required
One Touch Warm Up	<ul style="list-style-type: none"> No touch warm-up unless more than 20 min passes following warm-up 	<ul style="list-style-type: none"> No touch warm-up unless more than 20 min passes following warm-up
Number of Participants Allowed Per Session	<ul style="list-style-type: none"> Level 1N-5N 72 gymnasts/18 per squad Level 6N-7N 64 gymnasts/16 per squad Level 8N-10N 56 gymnasts/14 per squad 	<ul style="list-style-type: none"> Level 1N-5N 96 gymnasts/12 per squad Level 6N-7N 80 gymnasts/10 per squad Level 8N-10M 64 gymnasts/8 per squad

DETERMINING COMPETITION FORMAT AND SCHEDULE			
Invitational <ul style="list-style-type: none"> Exceeding allowable # of gymnasts per session will not be allowed Competition Director must place clubs on wait list or change format to allow for all entries if venue space allows 	Format Type <ul style="list-style-type: none"> Format based on # of Athletes, # of age divisions, # of clubs, amount of apparatus available If competition is a state qualifying event, additional sessions and/or days must be added to accommodate all qualifiers 	Sessions by Level <ul style="list-style-type: none"> Athletes grouped in sessions, first by level and then age, if more than one (1) session required 	Start/End <ul style="list-style-type: none"> 15-30 minute general warm up/stretch may not begin before 8 am Competition must be scheduled to end by 10 pm
		Awards <ul style="list-style-type: none"> Separate awards area used between sessions recommended Allow adequate time for awards ceremonies if not using separate area between sessions when calculating total time for competition 	# of Judgements <ul style="list-style-type: none"> No specific max. number of judgments PER DAY per panel of judges Total number of athletes per day determined by number of athletes allowed per session based on format type to be used
Overtime <ul style="list-style-type: none"> Competition continues past 10 pm due to extenuating circumstances, Competition Director must submit a written explanation to NGA National Office Ten (10) minute leeway given with no penalties 			
<ul style="list-style-type: none"> Recommended session times to be no longer than 3 1/2 hours, including warm up New format ideas submitted to NGA National Office for consideration and/or approval and possible inclusion in future Rules & Regulations 			



COMPETITION DRAW - STATE AND ABOVE

PROCEDURES ORDER - STATE CHAMPIONSHIPS AND ABOVE

<p>Draw for sessions at State Championships & Above</p> <ul style="list-style-type: none"> • Determined by level and age divisions • State Rep determines specific guidelines determining competition order for levels and age divisions for State competitions • <i>Example—Random draw or youngest to oldest or oldest to youngest</i> • <i>Age groups by level must be kept together if levels need to be put into multiple sessions</i> 	<p>Assign competitive numbers</p> <ul style="list-style-type: none"> • Assignment of competitive numbers for each athlete may be determined by random draw or computer generated 	<p>Rotation Order</p> <ul style="list-style-type: none"> • Competition order distributed to all coaches and judges and posted at competition site
<p>Conducting the draw</p> <ul style="list-style-type: none"> • If not able to generate by computer, draw should be conducted by designated State Rep, Competition Director (if other than the State Rep) and 3rd non-affiliated person • Draw is to determine order of competition by level and age group 	<p>Competition Format</p> <ul style="list-style-type: none"> • All competition formats for State Championships and above should be Capitol Cup for Women and Warm-Up/Compete for Men 	<p>Draw for Competitive Order</p> <ul style="list-style-type: none"> • First Draw—Number all of athletes assigned to the session and draw randomly for squad, flight order first • Second draw—For competition order in each squad • More than one (1) Level in Session—If more than one level drawn in one session, all athletes of same level must compete together <ul style="list-style-type: none"> • Additional coaches may be needed • Athlete Order Change by Event—Athletes dropped uniformly by 1-2 gymnasts per rotation based on number per squad • Scratches—Squad numbers may reduced due to athletes scratching <u>prior to start of competition</u>, re-define start order on each event for that squad only if original number of dropped places affects the event order drop
<p>Format and Number of Athletes</p> <ul style="list-style-type: none"> • State Championships format does not need approval by NGA National Office • Maximum number of athletes per session may exceed by small percentage for special circumstances with approval of NGA National Office for State Championships 	<p>Draw for Athlete Placement Into Sessions</p> <ul style="list-style-type: none"> • All athletes of same age division from same club drawn for competitive order in same session • Priority—Levels and/or age divisions in same session • Limit two (2) sessions per club—No club team to be drawn in more than two (2) sessions, unless total number of athletes from that club exceeds number of athletes allowed into two sessions • Multi age/levels—Several age divisions from the same level should be assigned within same session, One level per session if possible • Competition Director should always consider safety of athlete first to determine best format for competition 	
<p>Awards</p> <ul style="list-style-type: none"> * Awards given for all levels and/or age divisions competing in each session * Events - 50% of age group up to ten (10) places and 100% AA awarded. Team competition up to top three (3) teams per level 		



COMPETITION WARM UPS - MEN

COMPETITION WARM UP		
GENERAL WARM UPS	TIMED WARM UPS	TOUCH WARM UPS
<ul style="list-style-type: none"> General warm up mat is designated for all athletes in that session Advised only stretching activities be performed with no tumbling, etc. 	<ul style="list-style-type: none"> Timed warm up on each event determined by athlete's level Block time or individual time is a choice and allowed on each event 	<ul style="list-style-type: none"> Touch warm up on each event (competition equipment) is designated for only one athlete at a time, usually in competitive order 30-secs warm up Touch warm up only used for extreme circumstances with competition stopped for more than 20 minutes
<p>Exceeding Warm up Time</p> <ul style="list-style-type: none"> Team ignores time, exceeds assigned warm-up time and is reported to the Competition Director or Competition Referee. Report is considered "the warning"—any additional time infractions would result in <u>•0.20</u> team penalty 		
<p>Extenuating Circumstances</p> <ul style="list-style-type: none"> If a team arrives late to competition due to circumstances beyond their control (traffic delay, weather related), every effort to be made to allow team to compete—should be afforded an effective yet safe warm up w/o upsetting competition flow. If team arrived for <u>designated</u> session/age division, scores considered valid for all athlete rankings 		
SPECIFIC COMPETITION PROCEDURES		
<p>Time between end of warm up and start of competition</p>	<ul style="list-style-type: none"> No more than 20 minutes 	
<p>Who is allowed onto competition and warm up area</p>	<ul style="list-style-type: none"> ONLY judges, competing athletes and their coach(es) allowed onto competition and warm-up areas ONLY during session in which they are competing <u>Exceptions:</u> <ul style="list-style-type: none"> Those involved with the competition such as: runners, judge assistants, equipment reps, trainers are allowed into competition or warm-up areas 	

COMPETITION WARM UP			
WARM UP CHOICES		TIMED WARM UPS	
<ul style="list-style-type: none"> Per gymnast Per team Per squad 		<ul style="list-style-type: none"> One (1) min warning given prior to end of time Squad w more than one (1) skill level competing, timed warm up combined by total minutes per each skill level 	
SKILL LEVELS			
# Athletes	1N / 2N	3N / 4N / 5N / 6N	7N / 8N / 9N / 10N
1	:30	1:00	1:30
2	1:00	2:00	3:00
3	1:30	3:00	4:30
4	2:00	4:00	6:00
5	2:30	5:00	7:30
6	3:00	6:00	9:00
7	3:30	7:00	10:30
8	4:00	8:00	12:00
9	4:30	9:00	13:30
10	5:00	10:00	15:00
11	5:30	11:00	16:30
12	6:00	12:00	18:00



COMPETITION WARM UPS - WOMEN

COMPETITION WARM UP

GENERAL WARM UPS	TIMED WARM UPS	TOUCH WARM UPS
<ul style="list-style-type: none"> • General warm up mat is designated for all athletes in that session • Advised only stretching activities be performed with no tumbling, etc. 	<ul style="list-style-type: none"> • Timed warm up on each event determined by athlete's level • Block time must be used for Vault, Bars and Beam • Floor Warm-up determined by Competition Director • Recommended to provide a Floor Manager when using a bump warm-up/compete format for Floor 	<ul style="list-style-type: none"> • Touch warm up only used in extreme circumstances when competition has been stopped for more than 20 minutes • Touch warm up on each event (competition equipment) is designated for only one athlete at a time, usually in competitive order • 30-secs touch warm up

Exceeding warm up time

- Team ignores timer and exceeds assigned warm-up, timer must report infraction to Competition Director or Competition Referee—Report considered “warning”—any additional time infractions receive •0.20 penalty

Extenuating Circumstances

- Team arrives late to competition due to circumstances beyond their control (traffic delay, weather related), every effort to be made to allow team to compete—afforded an effective yet safe warm-up without upsetting competition flow. If team arrived for their designated session/ age division, scores considered valid for all athlete rankings

SPECIFIC COMPETITION PROCEDURES

Time between end of warm up and start of competition	<ul style="list-style-type: none"> • No more than 20 minutes
Who is allowed onto competition and warm up area	<ul style="list-style-type: none"> • ONLY competing athletes and their coach(es) allowed in competition and warm-up areas • ONLY during session in which they are competing • <u>Exceptions:</u> <ul style="list-style-type: none"> • Those involved with competition such as: runners, judge assistants, equipment reps, trainers are allowed in competition or warm-up areas

COMPETITION WARM UP

WARM UP CHOICES	TIMED WARM UPS
<ul style="list-style-type: none"> • Per team • Per squad 	<ul style="list-style-type: none"> • One (1) minute warning given prior to end of time • Squad with more than one (1) skill level competing, timed warm up combined by total minutes per each skill level

Multiple Scratches and Timed Warmup

- In the event of multiple scratches in a squad that reduces the size to 1-3 athletes, an additional 1.5 to 2.0 minutes (based on level warm up time) will be provided. If additional time needed may be requested to Head Judge

SKILL LEVELS

# Athletes	1N/2N	SN/3N	4N/GN/5N	6N/PN/7N	8N/DN/9N/10N
1	:30	:45	1:00	1:30	2:00
2	1:00	1:30	2:00	3:00	4:00
3	1:30	2:15	3:00	4:30	6:00
4	2:00	3:00	4:00	6:00	8:00
5	2:30	3:45	5:00	7:30	10:00
6	3:00	4:30	6:00	9:00	12:00
7	3:30	5:15	7:00	10:30	14:00
8	4:00	6:00	8:00	12:00	16:00
9	4:30	6:45	9:00	13:30	18:00
10	5:00	7:30	10:00	15:00	20:00
11	5:30	8:15	11:00	16:30	22:00
12	6:00	9:00	12:00	18:00	24:00

*9N-10N Uneven Bar warm-up = 2.5 min/athlete



SCORING

<p>Scoring System</p> <ul style="list-style-type: none"> Any scoring system may be used Final competition scores must be posted to meetscoresonline.com 	<p>Open Scoring</p> <ul style="list-style-type: none"> Required—for all Championships, State, Zone, Nationals Allowed—Open Invitationals-discretion of Competition Director 	<p>Score Input</p> <ul style="list-style-type: none"> Each judge independently inputs their score electronically or submit score in writing on a separate score sheet Only one keypad used per panel—Head Judge to enter all scores—all scores entered electronically to ensure an accurate average and final score
<p>Scoring Review</p> <ul style="list-style-type: none"> Competition Referee has authority to allow officiating panel to review a routine to verify Special Requirements were fulfilled. May be done by video review if available. Coach must be notified a review will occur—No additional deductions are allowed after review if Special Requirement in question is awarded 	<p>Procedures for Open Scoring</p> <ul style="list-style-type: none"> Each judge independently determines their score Each judge records SV (if used) Each judge records final score on judging slip, sends to Head Judge—only <u>score</u> is entered if using electronic scoring Adjusted score from a conferenced score change re-flashed as "Corrected Score" 	<p>Score Change</p> <ul style="list-style-type: none"> Head Judge may change a score after submission to scoring system only if a neutral deduction was not applied (i.e., overtime, out-of-bounds) Score change must occur within five (5) minutes of session end Coach must be notified of score change and start value change, and if possible, new score to be publically displayed
<p>Scoring Increments</p> <ul style="list-style-type: none"> Judges score in 0.05 increments at all NGA sanctioned competitions 	<p>Courtesy Score</p> <ul style="list-style-type: none"> Courtesy score of 5.0 awarded for any routine that would result in score equal ≤ 4.95 points 	<p>Final Average Score</p> <ul style="list-style-type: none"> Once final average score is submitted to scoring system, changes cannot be made unless a submitted inquiry results in a score change
<p>Judges' Using Incorrect Rules</p> <ul style="list-style-type: none"> Athlete mistakenly judged using incorrect level rules <ul style="list-style-type: none"> Routine may be re-evaluated using appropriate rules to determine correct Start Value and specific composition deductions, based on judges notes Re-evaluation must occur within 5 minutes of competition end for that session Judging panel must notify Competition Referee and scoring personnel that the re-evaluation is to occur Coach to be notified immediately of any score or start value change 		



INQUIRIES

INQUIRIES		
<p>Inquiry Base</p> <ul style="list-style-type: none"> • Inquiries based only on: <ul style="list-style-type: none"> • Incorrect elements, evaluation of major elements, falls, neutral deductions or unusual occurrences • SV Award—specific “flat” composition deductions, falls, neutral deductions or unusual occurrences <p>Location of Inquiry Form</p> <ul style="list-style-type: none"> • NGA website • State Rep • Head Scoring table during competition 	<p>Inquiry Procedures</p> <ul style="list-style-type: none"> • Competition Director must provide inquiry forms and announce location at coaches meeting • Coach must submit an inquiry within five (5) minutes of end of session • After Head Judge completes inquiry response, Competition Referee or Competition Director returns inquiry form to coach • Coach may approach Competition Referee regarding inquiry during competition • No fee charged for inquiry submission • Inquiry allows for a second evaluation which may result in: <ul style="list-style-type: none"> • No change in score • Score being raised, or • Score being lowered 	<p>Inquiry Requirements</p> <ul style="list-style-type: none"> • Properly written inquiry form by coach • Inquiry submitted in timely manner to Competition Referee or Competition Director • Reviewed/answered by judging panel of inquiry in question • Inquiry returned to Competition Referee or Competition Director • Competition Referee or Competition Director returns inquiry to coach by pre-defined inquiry return procedure <p>Video Review Process</p> <ul style="list-style-type: none"> • Video review allowed at any sanctioned competition by completing official inquiry form <ul style="list-style-type: none"> • Coach may request video review by Competition Referee and event panel—May also include the highest rated unaffiliated judge if available • Inquiry involves judges missing an element affecting Start Value • Video review should be requested within ten (10) minutes after the end of the event rotation
<p>Where a video review is used</p> <ul style="list-style-type: none"> • All NGA sanctioned competitions 	<p>What a video review is not</p> <ul style="list-style-type: none"> • Video review process may NOT be used to appeal a “degree judgment”, i.e degree of twist, holds, incomplete turns, element direct connections, or flexibility elements leg separation 	
	<p>Click HERE for Inquiry Form</p>	



AUDIENCE/SPECTATOR REGULATIONS

AUDIENCE/SPECTATOR REGULATIONS

<ul style="list-style-type: none"> • Invitationals are able to set their own admission prices • Spectators not allowed to enter competitive or warm-up areas • Spectators must only use designated public areas 	<ul style="list-style-type: none"> • Spectators may not use flash photography during pre-competition warm ups or competition—may endanger the performing athletes 	<ul style="list-style-type: none"> • Spectators may not disturb the competition order, competing athletes or judges • Individuals causing violations may be asked to leave competition site
<ul style="list-style-type: none"> • Coaches or judges children may not be in competition arena, including warm up areas unless performing a specific competition duty 	<ul style="list-style-type: none"> • Spectators may not enter spectator's area with food or drinks if restricted 	



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INDIVIDUAL & TEAM AWARDS

INDIVIDUAL AWARDS		
	1N, 2N, SN, 3N, 4N, GN, 5N	6N, PN, 7N, 8N, DN, 9N, 10N
Invitationals	<ul style="list-style-type: none"> Determined by each Individual host 	<ul style="list-style-type: none"> Recommended awards distribution based on equal age groups per level with not more than 3 years age difference
State Championships	<ul style="list-style-type: none"> 50% events 100% All-Around Equal Age Groups per Level No more than 25 per age group 	
Zone Championships		<ul style="list-style-type: none"> TBD by NGA National Office
Atlantic/Pacific Championships		<ul style="list-style-type: none"> TBD by NGA National Office
National Championships		<ul style="list-style-type: none"> TBD by NGA National Office
<ul style="list-style-type: none"> Competition Director may present more awards, but not less than listed Non-citizens living in United States may participate in all NGA sanctioned events and are eligible for awards Awards for all age divisions must be presented at each session State Rep may request deviation from these min. recommendations from NGA National based on financial conditions of the State Competition Athlete competes in wrong age division, their scores are invalid for the competition (may not be used for qualifying or athlete awards) All results MUST be posted to meetscoresonline.com if not posting live 		



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TEAM AWARDS		
	Team Awards	# Team Awards per State per Level
Invitationals	<ul style="list-style-type: none"> Team Awards determined by Individual host 	
State Championships	<ul style="list-style-type: none"> Team Competition and Awards at discretion of each State Rep 	<ul style="list-style-type: none"> # team Awards determined by State Rep
Regional Zone Championships	<ul style="list-style-type: none"> Team = 3 or more athletes and top 3 scores on each event 	<ul style="list-style-type: none"> Top 3 teams in each level
Atlantic/Pacific Championships	<ul style="list-style-type: none"> Team = 3 or more athletes and top 3 scores on each event 	<ul style="list-style-type: none"> Top 3 teams in each level
National Championships	<ul style="list-style-type: none"> W/M—Super Team Competition M—Top 3 Scores per Event 	<ul style="list-style-type: none"> W/M—Levels 1N-5N W/M—Levels 6N-10



AWARD TIE BREAKING

TIE BREAKING PROTOCOLS—EVENT		
	NO DUPLICATE AWARDS AVAILABLE	DUPLICATE AWARDS AVAILABLE
	<ul style="list-style-type: none"> Both Athletes announced as 1st Highest All Around winner receives 1st Place Award Other athlete receives 2nd Place 	<ul style="list-style-type: none"> Both Athletes announced as 1st Both athletes receive a 1st place award
	<ul style="list-style-type: none"> Goes to tied athlete with lower individual event score 	<ul style="list-style-type: none"> No 2nd place awarded
	<ul style="list-style-type: none"> Announce 3rd place 	<ul style="list-style-type: none"> Announce 3rd place
Final Place Tie	<ul style="list-style-type: none"> Announce all final winners Highest individual event winner receives award Duplicate mailed to athlete, within 30-days 	<ul style="list-style-type: none"> Announce all final winners Highest individual event winner receives award Other athlete receives same award
<ul style="list-style-type: none"> Strongly recommend duplicate awards presented if financial conditions permit Whenever a tie occurs, program computer skips next place Athletes tied in AA, duplicate award must be sent to athlete with club closet to event host within 30 days State/Regional Zones/Nationals—All tied athletes receive duplicate awards 		

TIE BREAKING PROTOCOLS—ALL AROUND		
	NO DUPLICATE AWARDS AVAILABLE	DUPLICATE AWARDS AVAILABLE
	<ul style="list-style-type: none"> Both Athletes announced as 1st Highest Individual Event winner receives 1st place Other athlete receives 2nd place 	<ul style="list-style-type: none"> Both Athletes announced as 1st Both athletes receive 1st place
	<ul style="list-style-type: none"> Goes to tied athlete with lower individual event score 	<ul style="list-style-type: none"> No 2nd place awarded
	<ul style="list-style-type: none"> Announce 3rd place 	<ul style="list-style-type: none"> Announce 3rd place
Final Place Tie	<ul style="list-style-type: none"> Announce all final winners Highest individual event winner receives award Duplicate mailed to athlete within 30-days 	<ul style="list-style-type: none"> Announce all final winners Highest individual event winner receives award Other athlete receives same award
<ul style="list-style-type: none"> Athlete tied in highest event, next highest event used. If tied in all events, duplicate awards must be given State/Zones/Nationals—All tied athletes receive duplicate awards 		

TIE BREAKING PROTOCOLS - TEAM	
All Places Awarded	<ul style="list-style-type: none"> Team ties broken by highest AA score first If still tied, highest individual event score second If still tied, least number of gymnasts counted for team score third If still tied, duplicate award must be given Team furthest away receives award—Duplicate award mailed to team closest to hotel club within 30 days

