

LUNCH MENU Available from 11a to 2:30p

Starters & Soups

Traditional French onion soup gratinée	\$7.95
Creamy tomato-basil soup	\$6.55
Crêpes Saskia crêpes served cold with cream cheese, ham, chives	
1 crêpe cut in 4 pieces	\$5.95,
2 crêpes	\$11.90
Crêpes Ilian crêpes served cold with cream cheese, smoked salmon, dill	
1 crêpe cut in 4 pieces	\$6.55,
2 crêpes	\$13.10
Taboulé couscous salad with raisins, cranberries, red bell pepper, cucumber, onions	small \$4.25 Large \$6.55
Ratatouille grilled vegetables stew	\$6.55
Onion rings served with our homemade dressing	\$4.85

Salads

Organic mixed green salad

Caribbean tomato, shrimp, avocado, pineapple, hearts of palm	\$13.45
Niçoise tomato, tuna albacore, potatoes, egg, black olives, cucumber, red bell pepper	\$13.45
Parisian tomato, bacon, ham, Swiss cheese, egg, croutons	\$13.45
Caesar à l'orange romaine, tomato, bacon, Swiss cheese, orange, croutons	\$8.65 Add chicken \$3.80
Italian tomato, fresh mozzarella cheese, pesto, prosciutto di Parma	\$13.95
My Grand-pa green salad, tomato, smoked salmon, avocado, grapefruit	\$14.35

Specialties

Quiche Lorraine (bacon and cheese)	\$12.25
Croque Monsieur dijon mustard, ham, Swiss cheese, béchamel sauce	\$12.45
Croque Madame croque monsieur with a sunny side egg on the top	\$13.95
Croque Mushrooms dijon mustard, Swiss cheese, mushrooms, béchamel sauce	\$13.75

All sandwiches, paninis, crêpes or spécialties are served with a choice of organic green salad, French fries, fruit salad or French taboulé

Add \$2.00 for onion rings

Sandwiches \$12.95 (½ \$8.45)

Made with French baguette, whole wheat or sourdough bread

BLT homemade dressing, bacon, salad, tomato	
Monte Carlo cream cheese, smoked salmon, salad, cucumber, dill	\$13.35
Turkey homemade dressing, turkey, Swiss cheese, bacon, salad, tomato	
Chicken homemade dressing, chicken, Swiss cheese, bacon, salad, tomato	
French butter, ham, Swiss cheese, salad, French pickles	
Lyonnais butter, imported salami, Swiss cheese, salad, French pickles	
Chef homemade dressing, ham, brie cheese, caramelized onions, tomato	
Cocktail homemade dressing, shrimp, avocado, salad, tomato	
Pan bagnat vinaigrette, tuna albacore, red bell pepper, tomato, black olives, salad, hard boiled egg on a ciabatta bread (not available in ½)	
Eiffel tower homemade dressing, turkey, ham, bacon, Swiss cheese, tomato, salad, avocado served on 3 layers of whole wheat or sourdough bread (not available in ½)	\$13.55

Panini \$12.95 (½ \$8.45)

Made with ciabatta bread and homemade pesto

Chicken tomato, grilled chicken, bacon, Swiss cheese	
Turkey tomato, smoked turkey, bacon, Swiss cheese	
Italian tomato, prosciutto di parma, fresh mozzarella cheese	
Goat cheese tomato, roasted red bell pepper, goat cheese	
Parisian tomato, ham, Swiss cheese	
Chef tomato, brie cheese, ham, caramelized onions	
Caribbean tomato, ham, fresh mozzarella, pineapple	
Gardener tomato, ratatouille (not available in ½)	
The Carter tomato, turkey, ham, bacon, brie cheese, caramelized onions (not available in ½)	\$13.55

Paris combo

Cup of tomato-basil soup and ½ sandwich or ½ panini	\$12.85
add \$1.80 for a cup of French onion soup	