### Tele-Health Principles and Practices Applied in Audiology

James W. Hall III, Ph.D.

Professor Salus University

Adjunct Professor Nova Southeastern University

Extraordinary Professor University of Pretoria South Africa jwhall3phd@gmail.com www.audiologyworld.net

# Tele-Health Principles and Practices Applied in Audiology

- The global challenge ... so many ears and so few audiologists
- Terminology
- Tele-audiology: Technologies and strategies
- □ Tele-audiology: Rationale and venues
- □ Tele-audiology is evidence based
- □ Future directions in tele-audiology

#### Audiology Applications of Tele-Health: The global challenge ... so many ears and so few audiologists





### Tele-Health Principles and Practices Applied in Audiology

- The global challenge ... so many ears and so few audiologists
- Terminology
- □ Tele-audiology: Technologies and strategies
- □ Tele-audiology: Rationale and venues
- □ Tele-audiology is evidence based
- □ Future directions in tele-audiology

# Tele-Health Principles and Practices Applied in Audiology: *Terminology and Concepts*

Tele-Health = clinical and non-clinical services

- Medical education and training (e.g., video-conferencing)
- Administration
- Research

#### Tele-Medicine = provision of clinical medical service

- Real time service delivery (synchronous)
- Store-and-forward techniques (asynchronous)
- Real-time transmission of data for remote
  - Clinical screening, assessment or management
  - Analysis
  - Interpretation

Remote monitoring (e.g., cardiac parameters, EEG)

### Tele-Health Principles and Practices Applied in Audiology: Tele-Health in Other Disciplines

Tele-radiology\*
Tele-cardiology
Tele-dermatology\*
Tele-obstetrics and tele-gynecology
Tele-neurology
Tele-pediatrics
Tele-pharmacy
Tele-pharmacy
Tele-dentistry
Tele-surgery (robotic surgery)
Tele-pathology\*

\* Common applications are asynchronous (store-and-forward)

# Tele-Health Principles and Practices Applied in Audiology

- □ The global challenge ... so many ears and so few audiologists
- Terminology
- □ Tele-audiology: Technologies and strategies
- □ Tele-audiology: Rationale, populations, and venues
- □ Tele-audiology is evidence based
- □ Future directions in tele-audiology

#### Tele-Health Principles and Practices Applied in Audiology: *Technologies and Strategies*

- □ Tele-audiology is the audiology application of tele-health
- □ Two general categories of tele-audiology
  - Asynchronous (store-and-forward)
  - Synchronous (real time or live)
- Tele-consultation regarding challenging patients
- **Tele-education** 
  - Students in audiology training programs anywhere
  - Technicians
  - Audiologists
    - Advanced training
    - Continuing education

#### Tele-Health Principles and Practices Applied in Audiology: *Technologies and Strategies*

- Asynchronous (store-and-forward) tele-audiology
  - Most commonly used
  - Any type of test information, e.g.,
    - ✓ Audiogram
    - ✓Tympanogram
    - ✓ABR recordings
    - ✓ Video-otoscopy image
  - May include findings from automated testing
  - Transmitted via
    - ✓Email
    - ✓Fax
    - ✓Direct storage (e.g, DropBox)



#### Tele-Health Principles and Practices Applied in Audiology: General Synchronous Technology Set Up (Krumm M & Syms MJ. Teleaudiology. Otolaryngol Clinics North America, 44, 2011)



#### Tele-Health Principles and Practices Applied in Audiology: *Technologies and Strategies*

- Equipment requirements for synchronous audiologist remotecontrolled tele-audiology diagnostic evaluation
  - Audiology test equipment at patient venue
  - •Two laptops
  - Two video conferencing units
  - Audiologist controls panning and zooming
  - •Two internet connections
  - Desktop sharing software
  - Constant real-time images
  - Adjustable audio

### Tele-Health Principles and Practices Applied in Audiology: *Automated Audiometry with a Facilitator*



KUDUwave Automated Audiometer

- Swanepoel D, Maclennan-Smith F & Hall JW III (2013).
   Diagnostic pure tone audimometry in schools: Mobile testing without a sound-treated environment. JAAA, 24, 992-1000
- Matthysen C, Swanepoel D, Hall JW III (2014). Automated pure tone audiometry outside a sound-booth using earphone attenuation and integrated ambient noise monitoring.

#### Facilitator Training: International Hearing Care Technician Certificate (www.aicme.com)



Jackie Clark, Ph.D.



James W. Hall, III, Ph.D.





James Saunders, M.D., F.A.C.S.



Alexandra Feliz, Au.D.



Abraham Garcia, Au.D.

#### International Hearing Care Technician Certificate: Curriculum

#### **Core Curriculum:**

Designed to provide general knowledge and skills required by a hearing care technician who will work under the supervision and direction of a physician, otolaryngologist or audiologist. Successful completion of the core curriculum leads to a Hearing Care Technician Certificate.

#### **Each Course Features:**

A 48-60 minute instruction through a narrated PowerPoint presentation on a focused topic. Presentations include text, figures, and video demonstrations to enhance the learning experience.

Selected readings and resources, including websites and other internet sources information, are recommended for each topic.

International Hearing Care Technician Certificate: Courses are Grouped Into One of Three Categories

**Basic hearing courses** cover general knowledge of sound, acoustics, auditory anatomy and physiology.

*Auditory disorders courses* provide a brief overview of disorders and diseases commonly encountered in patient population.

Assessment Techniques category provides information needed in preparation for conducting techniques commonly applied in hearing assessment, such as otoscopic inspection, pure tone hearing screening and threshold assessment, tympanometry, and measurement of otoacoustic emissions.

International Hearing Care Technician Certificate: Grouping 1 (Basic Hearing Courses)

- Auditory anatomy and physiology
- Sound and acoustics
- Professional responsibilities and liabilities
  - ✓ Universal precautions
  - ✓ Infection control
  - ✓ Patient confidentiality
  - Privacy and security
- □ History taking and record keeping
- □ Patient needs and counseling
- □ Medical and audiological terminology

#### International Hearing Care Technician Certificate: Grouping 2 (Common Ear Disorders and Diseases)



#### International Hearing Care Technician Certificate: Grouping 3 (Assessment Techniques)

- □ Otoscopic inspection and ear examination
- □ Hearing Screening and identification of hearing loss
- □ Introduction to the audiometer
- **D** Pure tone hearing test techniques:
  - ✓ Air conduction
  - ✓ Bone conduction
- □ Masking theory and techniques

#### International Hearing Care Technician Certificate: Grouping 3 (Assessment Techniques Continued)\*

- Audiogram patterns
- □ Simple speech audiometry
- **Tympanometry**
- Otoacoustic emissions
- Introduction to diagnostic hearing assessment
- □ Introduction to hearing aids and other management options

\* Special course modules are in preparation, e.g., hearing aids

#### International Hearing Care Technician Certificate: Student Performance...Measuring Outcomes

- Each course concludes with an assessment of learner outcome that includes questions within different domains of learning as defined by revised Bloom's Taxonomy, specifically:
  - Remembering (formerly knowledge)
  - Understanding (formerly comprehension)
  - Applying, analyzing, evaluating, and creating
- For each course, recommendations and guidelines are offered for acquisition of related clinical and technical skills by technicians enrolled in the core curriculum.

### Tele-Health Principles and Practices Applied in Audiology

- The global challenge ... so many ears and so few audiologists
- Terminology
- □ Tele-audiology: Technologies and strategies
- □ Tele-audiology: Rationale and venues
- □ Tele-audiology is evidence based
- □ Future directions in tele-audiology

#### Audiology Applications of Tele-Health: Rationale, Populations, and Venues ... USA Perspective

#### Rationale

- Increase access to quality hearing care
- Reduce wait time for hearing care
- Decrease patient travel distance
- Enhance productivity (More services with fewer audiologists)
- Minimize hearing care cost
- Sample of populations
  - Hearing services in large states with too few audiologists
  - Persons living in remote or underserved regions
    - Native Americans in southwest USA
       Alaska
  - Veterans in rural areas distant from VA Medical Centers

# Audiology Applications of Tele-Health: Alaska Experience

- Hofstetter et al (2010). Impact of telehealth on wait time for ENT specialty care. Telemedicine J E Health, 16, 551-556 (Nome Alaska)
  - 16 year retrospective study
  - Evaluated impact of store and forward technology
  - Prior to use of tele-audiology, 47% of patients would wait
     5 months or longer for an ENT appointment
  - Within first 3 years of tele-audiology/tele-medicine, 8% of patients waited 5 months or longer
  - After 6 years of tele-audiology/tele-medicine, only 3% of patients waited 5 months or longer





James W. Hall III Audiology Consulting, LLC

"The World is My Classroom and Clinic"

James W. (Jay) Hall III, PhD P.O. Box 3432 St. Augustine Florida 32084 USA 352-275-6335 jwhall3phd@gmail.com www.audiologyworld.net Audiology Applications of Tele-Health: Global Burden of Hearing Loss 90% of World Population is Without Access to Hearing Care

- WHO estimated in 2005:
  - 278 million people (>40 dB HL)
  - 4.3 % of global population
  - 647 million people (>25 dB HL)
    - 9.9 % of global population
- In 2008:
  - 288 million people (>40 dB HL)
  - 664 million people (>25 dB HL)



(WHO, 2006)

#### Audiology Applications of Tele-Health: Rationale, Populations, and Venues ... Global Perspective

#### Rationale

- Increase access to quality hearing care anywhere
- Deliver hearing care at lowest possible cost
- Link general physicians and technicians with formally educated audiologists
- Maximize impact of limited audiology personnel
- Sample of populations
  - Infants undergoing hearing screening or diagnosis in countries with large populations and few audiologists
  - Persons without access to complex clinical services, e.g.,
     ✓ Cochlear implants
  - Persons in remote or underserved regions ... most of the developing world!

## Tele-Health Principles and Practices Applied in Audiology

- The global challenge ... so many ears and so few audiologists
- Terminology
- Tele-audiology: Technologies and strategies
- □ Tele-audiology: Rationale and venues
- □ Tele-audiology is evidence based
- □ Future directions in tele-audiology

2014 AAA Convention: Featured Session Tele-Health Principles and Practices Applied in Audiology

- □ Introduction (*J* Hall)
- □ Historical Overview of Tele-Health (C Spankovich)
- AAA White Paper on Status of Tele-Audiology (*D Swanepoel*)
- □ California Tele-Audiology Program: Remote Comprehensive Hearing Evaluations for Infants *(A Simon)*
- Tele-Audiology in Rural India (V Ramkumar)
- The VA Experience: Telehealth as a Transformational Initiative (K Dennis)
- The VA Experience: Current Practices and Lessons Learned in Tele-Audiology (C Gladden)
- Panel Discussion with Audience Participation



#### Tele-Health Principles and Practices Applied in Audiology: Summary of Evidence-Based Applications

- Video-otoscopy
- Pure tone audiometry
- □ Infant hearing screening (OAE and ABR)
- □ ABR estimation of hearing loss
- Diagnostic auditory assessment
- Vestibular assessment
- Rehabilitation
  - Counseling patients and families
  - Hearing aid fitting and programming
  - Cochlear implant programming
  - •Aural rehabilitation
  - Tinnitus and hyperacusis management

#### **Tele-Health Principles and Practices** Applied n Audiology (www.aud logyworld.net)

#### A Systematic Review of Telehealth Applications in Audiology

#### informa

De Wet Swanepoel<sup>1,2</sup> Jackie L. Clark<sup>3,3</sup> Dirk Koekemoer<sup>4</sup> James W. Hall III<sup>5,1</sup> Mark Krumm<sup>6</sup> Deborah V. Ferrari<sup>7</sup> Bradley McPherson<sup>8</sup> Bolajoko O. Olusanya<sup>9</sup> Maruiras Maru<sup>10</sup>

Maurice Mars<sup>10</sup> Iêda Russo<sup>11</sup> Jose J. Barajas<sup>12</sup>

<sup>3</sup>Department of Speech and Hearing Therapy, University of Witwatersrand, South Africa <sup>4</sup>Research and Development Depart-ment, GeoAxon, South Africa <sup>3</sup>Department of Communicative Disorders, University of Florida, Gainesville, FL, USA

<sup>7</sup>Department of Speech Language Pathology and Audiology, Dentistry

**Original Article** 

Abstract

International Journal of Audiology 2010; 49: 195-202

#### Telehealth in audiology: The need and potential to reach underserved communities

<section-header><section-header><section-header><section-header><section-header> Department of Communication Pathology, University of Pretoria, South Africa "Callier Center for Communication Disorders, University of Texas at Dallas, TX, USA "Department of Speech and Hearing Therapy, University of Witwatersrand, South Africa. 6School of Speech Pathology and Audiology, Kent State University, OH,

Sumario los cuidados de la salud a personas afectadas en grado guna otra estrategia que pueda ofrecer actua potencial, para impactar el peso global de las une en el fortuno comoron o nemicibila

#### Wet Swanepoel, Ph.D., 1,2 and James W. Hall, III, Ph.D.<sup>3,1</sup>

ourtment of Communication Pathology, University of Preto taria, South Africa. lier Center for Communication Disorders, School for laviaral and Brain Sciences, University of Texas at s. of Communicative Disorders, University of Florida,

and

#### © MARY ANN LIEBERT, INC. • VOL. 16 NO. 2 • MARCH 2010 TE

**Tele-Health Principles and Practices Applied in Audiology:** Summary of Evidence-Based Applications

Disability Rehabilitation Assistive Technology

http://informahealthcare.com/idt ISSN 1748-3107 print/ISSN 1748-3115 online

Disabil Rehabil Assist Technol, 2014; 9(5): 408–413 © 2014 Informa UK Ltd. DOI: 10.3109/17483107.2014.905642

informa healthcare

**REVIEW PAPER** 

#### Technology for hearing loss – as We Know it, and as We Dream it

Jackie L. Clark<sup>1,2</sup> and De Wet Swanepoel<sup>1,3</sup>

<sup>1</sup>Callier Center, University of Texas at Dallas, Dallas, TX, USA, <sup>2</sup>Department of Speech Pathology & Audiology, University of the Witwatersrand, Gauteng, South Africa, and <sup>3</sup>Department of Speech-Language Pathology and Audiology, University of Pretoria, Hatfield, South Africa

# Tele-Health Principles and Practices Applied in Audiology: *Video Otoscopy in Adults*



Video Otoscopy (Acute Otitis Media)

#### Biagio L, Swanepoel D, Adeyemo A, Hall JW III & Vinck B (2013). Asynchronous videootoscopy with a teleheatlh facilitator. *Telemedicine and e-Health*, *19*, 1-7

Tele-Audiology: Video Otoscopy is Comparable to Face-to-Face Otoscopy and When Performed by an Otolaryngologist versus a Facilitator

Table 2. Otologic Diagnoses Made Using Face-to-Face Otoscopy and Asynchronous Otoscopy Using Video-Otoscopic Images Acquired by an Otolaryngologist and a Clinic Facilitator (n= 120 Ears)

	OTOSCOPY (%)	OTOLARYNGOLOGIST IMAGES (%)	FACILITATOR IMAGES (%)	
Normal	76.2	72.5	62.5	
Wax in canal	12.3	10.8	15.0	
Chronic suppurative otitis media	5.7	5.0	4.2	
Otitis media with effusion	3.3	4.2	5.8	
Exostosis	0.8	1.7	0.8	
Foreign body in canal	0.8	0.8	0.8	
Otomycosis	0.8	0.8	0.8	
Image not reliable to make diagnosis	NA	4.2	10.0	
NA, not applicable.				

Table 3. Comparison of Asynchronous Assessment of Video-Otoscopic Image
Acquired by an Otolaryngologist and a Clinic Facilitator ( $n=120$ Ears)

	FREQUENCY TH FEATURES COU ASSESSED IN IM	CONCORDANCE BETWEEN ASYNCHRONOUS VIDEO-OTOSCOPY IMAGES <sup>a</sup>			
	OTOLARYNGOLOGIST	FACILITATOR	κ VALUE	ASYMPTOTIC SE	
TM surface structure	81.1	71.3	0.693	0.068	
TM translucent/opaque	81.1	72.1	0.574	0.076	
TM color	82.8	73.0	0.512	0.071	
TM position	77.9	68.9	0.484	0.067	
Diagnosis	-	-	0.596	0.070	
<sup>a</sup> Concordance between asynchronous assessment of images acquired by the otolaryngologist and facilitator.					

un sundare error, na, tyngene menorane.

Table 5. Concordance (Percentage) of Face-to-Face Otoscopy and Asynchronous Video-Otoscopy Using Images Acquired by an Otolaryngologist and a Clinic Facilitator (n=120 Ears)

ASYNCHRONOUS VIDEO-OTOSCOPY CONCORDANCE				
OTOLARYNGOLOGIST IMAGES	FACILITATOR IMAGES			
87.2	76.6			
75.0	82.1			
	CONCORDA OTOLARYNGOLOGIST IMAGES 87.2 75.0			

# Tele-Health Principles and Practices Applied in Audiology: *Video Otoscopy in Children*



Biagio et al (2014). Video-otoscopy recordings for diagnosis of childhood ear disease using telehealth at primary care level. *J Telemed Telecare* 

#### Tele-Health Principles and Practices Applied in Audiology: *Trans-Atlantic Pure Tone Audiometry (AAA, 2009)*



Photo taken at the Featured Session on Tele-Audiology at AudiologyNOW! 2009 shows Hall at a computer performing pure-tone audiometry on a woman in rural South Africa, who can be seen on the screen, along with the test results. At the podium is Dirk Koekemoer, MD, a South African physician and self-described "social entrepreneur." Tester in Dallas Texas, USA Patient in rural South Africa

Equipment: KUDUwave Automated Audiometer



(Krumm M & Syms MJ. Teleaudiology. Otolaryngol Clinics North America, 44, 2011)







#### Tele-Audiology in Rural India: Identification and Diagnosis of Infant Hearing Loss



Vidya Ramkumar, Senior Lecturer, Part time-PhD, Dept of Speech, Language and Hearing Sciences, Sri Ramachandra University, Chennai, India.



Fulbright Doctoral Research Fellow, Dept of Speech pathology and Audiology, Kent State University, Kent, Ohio, USA

#### Validation of Remote identification (DPOAE) and Confirmation (ABR) of Infant Hearing Loss (Vidya.Ramkumar@gmail.com)







informa healthcare International Journal of Audiology 2014; Early Online: 1-9

International Journal of Audiology

**Original Article** 

# Smartphone hearing screening with integrated quality control and data management

De Wet Swanepoel\*, ^†,‡,#, Hermanus C. Myburgh<sup>§</sup>, David M. Howe\*,<sup>§</sup>, Faheema Mahomed<br/>\* & Robert H. Eikelboom\*, <sup>†,‡</sup>

\*Department of Speech-Language Pathology and Audiology, University of Pretoria, Pretoria, South Africa, <sup>1</sup>Ear Sciences Centre, School of Surgery, The University of Western Australia, Nedlands, Australia, <sup>3</sup>Ear Science Institute Australia, Subiaco, Australia, <sup>8</sup>Callier Center for Communication Disorders, University of Texas at Dallas, USA, and <sup>8</sup>Department of Electrical, Electronic and Computer Engineering, University of Pretoria, Pretoria, South Africa

# Tele-Health Principles and Practices Applied in Audiology: *Calibration of SmartPhone*

**Table 1.** Smartphone acoustic calibration correspondence to reference equivalent threshold sound pressure levels (RETSPLs) at different intensities (20, 30, and 40 dB HL) using Sennheiser HD202 supraaural headphones. Four smartphones (Samsung Galaxy Pocket Plus S5301) were calibrated at three intensity levels (20, 30, and 40 dB HL) using the same headphones according to RETSPLs for TDH39 supra-aural headphones (ISO 389-1:1998; ANSI/ASA S3.6:2010). Eight measurements (four in the left and four in the right) were made to approximate the RETSPL levels at every intensity for each smartphone.

	Calibration levels								
	20 dB HL			30 dB HL		40 dB HL			
	1 kHz	2 kHz	4 kHz	1 kHz	2 kHz	4 kHz	1 kHz	2 kHz	4 kHz
Average difference*	0.9	0.5	-0.6	-0.7	-0.7	-0.4	-0.5	-0.6	-0.1
SD	0.1	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.3
Maximum difference (abs)	1.0	0.8	0.8	1	0.9	0.7	0.8	0.8	0.4

\*Average difference between smartphone calibration intensity and specified RETSPL for TDH39 supra-aural headphones (n = 8).

# Tele-Health Principles and Practices Applied in Audiology: *Hearing Screening with SmartPhone*



**Table 3.** Cross tabulation of screening outcomes for ears using conventional and mobile phone based hearing screening (n = 324 ears).

	Conventional screening				
		Pass	Refer	Total	
Mobile phone screening	Pass	96.3% (312)	0.9% (3)	97.2% (315)	
	Refer	1.2% (4)	1.5% (5)	2.7% (9)	
	Total	97.5% (316)	2.4% (8)		

**Figure 5.** Clinical hearing screening test on school child using smartphone with hearScreen<sup>TM</sup> application and HD202 headphones. Phone is held upside-down to ensure the microphone faces towards the test subject for environmental noise monitoring.



