

Association of Minority Healthcare Professionals

Monthly
Newsletter

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From Heatwaves to Heartfelt Talks

Welcome to the heart of summer! August is a time for warmth, reflection, and preparation for the exciting months ahead. As we continue our mission of preparing the generation behind us to be bold, thoughtful, and effective leaders, we are reminded of the importance of staying grounded in truth and driven by purpose. This season offers a perfect opportunity to reset, refocus, and recommit to our goals, both individually and as a community.

To further this mission, we're excited to introduce our new Hearthside Chat, weekly discussions centered on topics that aim to inspire, spread truth, and educate our listeners. Each week, we'll explore a new theme designed to challenge perspectives, spark meaningful conversation, and equip our audience with tools to lead with integrity and vision. Join us on this journey of growth, and let's build a future rooted in wisdom, courage, and collective empowerment.

What makes these conversations special is the inclusion of everyday voices, people just like you, who are navigating life's challenges with determination and vision. These are average folks facing real struggles, yet choosing to stay focused and work steadily toward success. Their stories remind us that leadership isn't reserved for the spotlight, it grows in the quiet moments, the hard choices, and the daily decisions to keep going. We invite you to listen in, reflect deeply, and be part of a community committed to growth, truth, and lasting impact.

When we leave our current roles, offices, positions and hang up our titles, or pass on a career baton, we must be confident, that our protégé's and successors are equipped with the knowledge, education and skill required to carry on a legacy. Not our legacy, not an organizations' legacy but the legacy of a better community, better services, better teams; and are prepared to lead spaces, better than we ever had. Our role is to ensure that they are prepared, guided, mentored, supported to be the next generation of leaders and experts in their respective fields.

We should not hoard knowledge, strategy or tactics, when we do, we end up in a world where our future fate, rests in the hands and skills of the unprepared.

Dr. Kay

♥ Celebrating Black Business Month: Honoring Excellence, Building Equity

Local Spotlight: Open Hands, LLC

This month, we're proud to highlight Open Hands, LLC, a Black-owned Home Health Agency right in our community.

Known for their provision of impeccable care services for individuals with disabilities, they embody innovation, excellence, and leadership.

Be sure to check them out at <https://www.openhandsllc.com/>

August is National Black Business Month, a time dedicated to recognizing and supporting Black-owned businesses across the United States. It's not just about commerce, it's about community, creativity, resilience, and equity.

Why It Matters : Black entrepreneurs have long played a vital role in shaping the cultural and economic fabric of our society. From historic storefronts in underserved neighborhoods to innovative startups breaking new ground, Black-owned businesses create jobs, inspire generations, and reinvest in their communities.

Yet despite their contributions, Black business owners often face disproportionate challenges, including limited access to capital, systemic barriers, and underrepresentation in many industries. Black Business Month is a call to not only celebrate their success but also to support policies and practices that create real opportunities.

How You Can Support: Whether you're a consumer, collaborator, or community leader, here are simple ways to honor and uplift Black businesses this month:

- Shop intentionally: Seek out and support Black-owned local shops, restaurants, service providers, and online stores.
- Amplify voices: Share and promote Black entrepreneurs on social media or in your networks.
- Collaborate and partner: Consider Black-owned businesses for B2B services or creative partnerships.

Invest time and resources: Attend pop-ups, donate to business growth funds, or mentor new entrepreneurs.

Member Spotlight

Max Nicholas is a seasoned National Security Program Manager with over 28 years of distinguished service as a United States Marine Officer and more than two decades in law enforcement. Throughout his career, he has led critical national security operations, crisis response efforts, and public safety initiatives at the highest levels.

Max has a proven track record in developing and executing strategic security programs designed to protect vital infrastructure, personnel, and national interests. His leadership in high-pressure environments, ranging from large-scale emergency responses to complex interagency operations, has made him a trusted figure in both military and civilian security spheres.

He has worked extensively with federal, state, and local agencies, fostering interagency collaboration, intelligence sharing, and integrated security planning. Max's expertise spans incident command, operational planning, risk mitigation, and national policy development, all aimed at strengthening the nation's security posture.

Renowned for his ability to build effective partnerships across government, military, law enforcement, and the private sector, Max is also a skilled communicator with experience in media relations, crisis communication, and briefing senior leadership on evolving threats and operational strategy.

He currently holds an active TS/SCI clearance with CI Polygraph, underscoring his continued commitment to protecting the United States in today's dynamic threat environment.

Max Nicholas, USMC

