

Association of Minority Healthcare Professionals



Welcome Summer, 2025

July is National Minority Mental Health Awareness Month, also known as BIPOC Mental Health Month, a time dedicated to raising awareness about the unique mental health challenges faced by Black, Indigenous, and People of Color (BIPOC). This month serves as a powerful reminder of the importance of culturally responsive care and mental health equity.

For many BIPOC communities, mental health stigma, lack of access to care, historical trauma, and systemic inequality continue to create barriers to healing. According to the National Alliance on Mental Illness (NAMI), people from racial and ethnic minority groups are less likely to receive mental health services and more likely to face poor outcomes when they do.

But there is hope and there is strength in community. This year's theme centers around "Beyond the Numbers: Acknowledging the Real Impact" emphasizing that statistics only tell part of the story. Real people, real lives, and real struggles often go unseen. It's a call to amplify BIPOC voices, honor lived experiences, and advocate for systemic change.

This July, let's honor the stories of resilience, speak truth to systemic barriers, and commit to creating a world where everyone, regardless of race, culture, or background has the support they need to thrive.



Honoring Independence and the Power of Unity

Mentorship is a vital foundation for success in any industry, and it holds particular significance for minority professionals who often face systemic barriers and underrepresentation. At the Association of Minority Healthcare Professionals, Inc., we view mentorship not just as guidance but as a powerful vehicle for empowerment, leadership, and lasting change.

By connecting emerging professionals with seasoned mentors who share similar backgrounds and experiences, we create a community rooted in understanding, support, and shared growth. Through these relationships, knowledge is passed on, confidence is nurtured, and new opportunities are unlocked. Mentorship doesn't just uplift individuals, it strengthens the entire workforce by developing diverse leaders who are equipped to drive equity and excellence.

With that in mind, I'm thrilled to announce that we are now a Certified NAB CE Provider: Provider #S1505561. Join us, and become a leader in transforming the future of healthcare.

As we celebrate this Fourth of July, we honor not only the birth of our nation, but also the ongoing pursuit of liberty, equity, and justice for all. At the Association of Minority Healthcare Professionals, Inc we recognize the vital contributions of minority communities throughout American history, where resilience, compassion, and advocacy have helped shape a stronger, more inclusive system. This Independence Day, let us reflect on the progress we've made and recommit ourselves to the work still ahead. Whether you're on the frontlines of care, advancing research, or mentoring the next generation, your impact moves us all closer to the ideals this holiday represents. Wishing you a safe, joyful, and meaningful Fourth of July.

Dr. Kay

Member Spotlight

Dezada Galloway was born and raised in the Birdneck area of Virginia Beach, Virginia. Throughout her life, she faced numerous challenges, but she has come to view them not as struggles, but as pivotal moments of growth. These experiences shaped her into the resilient, faithful woman she is today. Raised in a community where poverty was the norm, Dezada's early years were marked by adversity. Her father was incarcerated, and her mother was grappling with her own battles. It was her grandmother, now laid to rest, who became the heart of the family, raising Dezada, her siblings, and extended relatives with unwavering grace and compassion. Her Aunt Vicky, her father's sister, also played a key role in Dezada's life, offering an example of love, stability, and spiritual grounding.

Although she left school in the 9th grade, Dezada always knew she was meant for more. Becoming a mother at 21 marked the beginning of a powerful transformation. While working full-time and raising her sons, she made multiple attempts to return to school, consistently placing her children's needs before her own. Once they were both in school full-time, Dezada earned her GED and enrolled at Tidewater Community College. After balancing work, motherhood, and studies and taking a brief pause to refocus she transferred to ECPI University, where she is now proudly pursuing a Bachelor's Degree in Healthcare Administration. Her journey has been guided and sustained by the divine placement of mentors like Dr. Kay Eloi, Dr. Lou Edwards, Eric Montgomery, and Rashawna Brown, whose support and encouragement helped her stay the course.

While raising her children remains her greatest achievement, Dezada continues to walk in her purpose, driven by faith and a commitment to growth. As she often reflects, the scripture in Luke 16:10 speaks to her journey: "Whoever is faithful with very little will also be faithful with much." For Dezada, this is just the beginning the best is yet to come.

Dezada Galloway

