Unified Determinism Model (UDM)

UDM is a variational principle unifying all processes – physical, quantum, thermodynamic, perceptual, and cognitive – as deterministic minimizations of a single **free-energy-like functional** under projective constraints. Formally, we define a global action (or "free-energy") functional

$${\cal F}[x(\cdot)] \;=\; \int \Bigl[H(x,t) \;-\; T\,S(x,t) \;+\; \Phi_{
m proj}(x,t) \Bigr] \,dt,$$

where H(x,t) is the system's Hamiltonian (energy), S(x,t) an entropy (thermodynamic/Shannon) term, and Φ_{proj} encodes projection/rendering constraints (e.g. observer limitations, holographic boundary conditions, Markov blankets). UDM asserts the **stationary-action condition** $\delta \mathcal{F} = 0$ (Euler-Lagrange equations) as the universal law. In other words, *every trajectory (physical or neural) extremizes this action*. This is analogous to classical mechanics' least-action principle 1 and Friston's free-energy principle 2 : systems "pursue paths of least surprise" or minimal free energy. For example, quantum systems that appear probabilistic can be embedded in an extended deterministic state space 3 ; classical chaotic systems (see below) follow unique trajectories given initial conditions 4 ; and cognitive processes perform deterministic Bayesian updates. In UDM, these are simply manifestations of $\nabla \mathcal{F} = 0$. Equivalently, one can write a Langevin-like flow or Euler-Lagrange equation

$$rac{dx}{dt} = - \,
abla_x \Big[H(x) - T \, S(x) \Big] \; + \; \dots,$$

reflecting descent on the energy-entropy landscape. By Boltzmann–Gibbs law $S \propto \ln \Omega$ and Shannon's formula $S = -\sum p \ln p$, this unifies thermodynamic and information entropy ⁵.

Projection-Rendering and the Illusion of Randomness

Determinism in UDM emerges as a *rendered projection* of a higher-order reality into the observer's lowerdimensional frame. In effect, apparent randomness or "free" choice arises because the observer only sees a filtered image of the underlying state. Key mechanisms:

- Quantum hidden variables: Any probabilistic quantum outcome can in principle be generated by additional deterministic variables ³. Bell's theorem admits superdeterminism (holistic constraints that preclude independent settings), so UDM treats "quantum randomness" as epistemic.
- **Chaotic complexity:** Classical systems (e.g. weather, fluid flow) obey fully deterministic laws, but tiny initial differences cause wildly diverging outcomes 4. Thus deterministic chaos produces the *appearance* of chance without actual indeterminism.
- **Predictive coding (projective inference):** The brain is modeled as a prediction machine 6. It continually projects an internal model onto sensory inputs, and treats prediction errors as "noise." Helmholtz's unconscious inference (the brain filling in depth from size cues) is a classic example 7.

In UDM, the brain's percepts are just a **rendering** of hidden states: discrepancies (stochasticity) reflect unmodeled factors or coarse observations, not fundamental randomness.



Figure: The Lorenz attractor ("butterfly") – a deterministic, chaotic trajectory in phase space. Small changes in initial state yield large differences, so the system appears random despite unique evolution 4 8 . UDM explains such chaos as arising from underlying fixed laws, with fractal self-similarity linking scales.

Entropy, Arousal, and Free-Energy Minimization

UDM integrates multiple entropy concepts (thermodynamic, Shannon, variational) into the action \mathcal{F} . Thermodynamic entropy $S_{\rm th} = k_B \ln \Omega$ (Boltzmann) and information entropy $S_{\rm info} = -\sum p \ln p$ are mathematically equivalent up to units \mathfrak{S} . The Euler-Lagrange equations of UDM imply that systems move along entropy gradients as well as energy gradients. Equivalently, one can view UDM as minimizing a Helmholtz free energy F = E - TS. In this picture, the "downhill" direction in configuration space is set by $\nabla(E - TS) = 0$, combining energy minimization and entropy maximization (Second Law). Concretely:

- Entropy gradients: A high entropy region (microstates) exerts an "entropic force" that drives the system toward states of greater disorder when energy is held fixed. UDM captures this by its TS term. For instance, heat spontaneously flows down a temperature gradient (higher to lower temperature) in accord with $dS/dt \ge 0$ (9), yet this flow is fully determined by initial conditions.
- Free-energy minimization: Following Friston, cognitive systems minimize variational free energy (a bound on surprisal) ⁽²⁾. This implies they reduce entropy of their internal model by absorbing energy (sensory evidence) and adjusting predictions. Mathematically, $\min(E TS)$ yields Bayesian update rules in neural processing.
- Arousal modulation: We interpret arousal or neuromodulatory state as tuning the effective "temperature" T in F = E TS. High arousal raises T, weighting entropy more and allowing exploration; low arousal lowers T, biasing energy minimization and rigid behavior. Notably, Carhart-Harris's *entropic brain* hypothesis finds that psychedelic (high-arousal) states exhibit elevated neural entropy ¹⁰, whereas normal waking consciousness (self-aware, low-arousal) suppresses entropy ¹⁰

11 . Thus arousal transitions modulate the free-energy landscape, changing the system's path deterministically.

Cross-Scale Unification of Deterministic Laws

UDM shows that the same formal mechanism applies from subatomic to cognitive levels. In each domain, agents (particles, organisms, observers) appear to behave probabilistically only because of projection or coarse-graining. Examples of unification:

- **Classical physics:** Newtonian and Hamiltonian mechanics are recovered as the Euler–Lagrange equations from $\delta \mathcal{F} = 0$ with $\Phi_{\mathrm{proj}} = 0$. Thus all classical trajectories are deterministic. The holographic principle in gravity (AdS/CFT) shows how a higher-dimensional spacetime can emerge from lower-dimensional data¹², similar to UDM's projection of dynamics onto "screens."
- **Quantum mechanics:** Hidden-variable theories (de Broglie–Bohm, 't Hooft's cellular automata) explicitly construct deterministic accounts of quantum phenomena ³. UDM subsumes these by treating entanglement and wavefunction evolution as hidden correlated motion of a larger state. Even Bell-inequality violations can be seen as constraints on projection (superdeterminism).
- Thermodynamics: Macroscopic thermodynamic laws (entropy increase, equilibrium ensembles) are emergent from UDM's free-energy flows. Equipartition and Boltzmann statistics arise from $\exp(-\beta E) \propto p$, the equilibrium of the deterministic flow on $\delta(E TS) = 0$. Shannon's entropy (uncertainty) and Boltzmann's (microstate count) coincide ⁽⁵⁾, unifying information and thermal views of order.
- Neuroscience & cognition: Predictive coding and Bayesian brain models are instantiations of the same principle
 G . UDM implies that perception, action and learning all follow deterministic updates of synaptic/internal states to minimize prediction error. Phenomena like criticality in brain networks (e.g. 1/f power spectra, phase transitions near consciousness) follow naturally from a system poised at entropy/minimization balance
 In short, *psychophysical laws* (e.g. Weber–Fechner scaling, Bayesian inference biases) are consequences of deterministic free-energy dynamics.
- **Behavior & society:** The Behavioral Entropy Model (BEM) and related frameworks fit into UDM: agents maximize expected reward while also minimizing surprise, which can be recast as a freeenergy objective. Large-scale social dynamics (econophysics, Game Theory) often follow maximumentropy distributions under constraints (e.g. utility, resources) – again the solution of a Lagrangian. Geometric Constraints (GCM) and Emergent Structure (ESM) describe fractal, self-similar patterns in ecosystems, cities and brains; these are deterministic attractors shaped by UDM. For example, chaotic attractors have fractal dimension ⁽⁸⁾ and self-similarity across scale, analogous to how neuron arborizations or coastlines follow power laws.



Figure: A "fractal" leaf illustrating self-similar pattern formation (ivy). UDM predicts such scale-free structure: the same growth rules (a projection-rendering law) determine vein patterns at all scales ⁸. Similarly, the holographic principle asserts that a volume's entropy is encoded on its bounding surface ¹², so the whole-system dynamics are imprinted on interfaces.

Unified Determinism Law and Falsifiability

Unified Determinism Law (UDL): All phenomena are governed by a universal stationary-action principle on the free-energy functional $\mathcal{F} = E - TS + \Phi_{\text{proj}}$. Equivalently, for any isolated system its evolution minimizes a generalized free energy that combines energy, entropy, and projective constraints. Apparent randomness (in physics or mind) is not fundamental but a projection artifact; the underlying state evolves predictably. In practice one might express UDL as

$$\delta\intig[H(x)-TS(x)+\Lambda_{ ext{proj}}(x)ig]\,dt=0,$$

yielding deterministic Euler–Lagrange equations at every scale 1 2. For example, this principle recovers Hamilton's equations, the Navier–Stokes attractors, and predictive-coding update rules as special cases.

Falsifiability: As a high-level variational law, UDL is analogous to the free-energy principle or Hamilton's principle, which are themselves not directly falsifiable ¹³ ¹⁴. However, UDL makes substantive predictions and must produce simpler explanations than alternatives. In a Bayesian sense, it is testable if the "program length" (Solomonoff prior) required to describe observed laws under UDL is shorter than for any rival hypothesis ¹⁴. Concretely, UDL would be refuted if one could find an irreducibly stochastic phenomenon that **cannot** be modeled by any underlying deterministic process plus projection (even allowing nonlocal or superdeterministic effects), or if UDL fails to generate empirically accurate equations of motion. Put differently, if an experiment reveals genuine indeterminism at the finest level of description (beyond quantum uncertainty) or shows that predictive free-energy minimization fails in brain or physics, then UDL

would be falsified. (For example, a violation of assumed deterministic hidden variables, or a breakdown of holographic/projective encoding in any domain, would refute the model.) Until such evidence, UDL stands as a unifying deterministic axiom: a single free-energy/action law explaining all order and apparent randomness ¹³ ¹⁴.

Sources: UDM builds on principles from statistical physics, information theory, chaos theory and neuroscience. It leverages known results (Boltzmann/Shannon entropy equivalence ⁵, holographic entropy bounds ¹², free-energy minimization in cognitive and physical systems ², and the deterministic nature of chaos ⁴). In essence, UDL posits that the same mathematical structure underlies all these fields.

1 14 Thoughts on the Falsifiability of the Free Energy Principle

https://www.beren.io/2020-10-18-Thoughts-on-the-Falsifiability-of-the-Free-Energy-Principle/

2 13 Free energy principle - Wikipedia https://en.wikipedia.org/wiki/Free_energy_principle

³ Hidden-variable theory - Wikipedia https://en.wikipedia.org/wiki/Hidden-variable_theory

4 8 Chaos theory - Wikipedia https://en.wikipedia.org/wiki/Chaos_theory

5 9 12 Holographic principle - Wikipedia

https://en.wikipedia.org/wiki/Holographic_principle

6 7 Predictive coding - Wikipedia

https://en.wikipedia.org/wiki/Predictive_coding

¹⁰ ¹¹ Frontiers | The entropic brain: a theory of conscious states informed by neuroimaging research with psychedelic drugs

https://www.frontiersin.org/journals/human-neuroscience/articles/10.3389/fnhum.2014.00020/full