

2024 Club Championship - Women



Runner	No. Races Run	Total Race Points	Best 8 Race Points	Uisvery 8	Ponty Reverse 10	Telf Trail Half Marathon	Whitchurch 5k Race For Victory	Caerphilly 10k	CRE SS 4 Mile	RABBIT RUN	SSAFA 3 - 5k	Comeston Country Mile	CARDIFF 10k	CARDIFF Half Marathon	Richard Burton 10k	Gwent League XC Cardiff X	Comeston parkrun [Any In	MAAAATHON [ANY in 2024]
				Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Race 10	Race 11	Race 12	Race 13	Race 14	Race 15

Championship Rules Summary
Based on chip time, the 1st club runner in each category is awarded 20 points, the 2nd 19 points, etc., down to 1 point.

The best 8 race scores count towards the final championship placings.

Club vest to be worn to score (exceptions - Representing region/country, running for charity or Christmas fancy dress)

A minimum of 4 races must be completed.

Women (All age categories)				Race Points															Best 8 Race Points									
Catherine Barker	13	253	160	20	20	20	20	20	20	20	20	20	20	19		17	18	19	20	20	20	20	20	20	20	20	20	20
Jane Sheldon	11	192	145	18		19	16	18	18	19	18		17	16	18		15		19	19	18	18	18	18	18	17		
Lisa Cleary	13	199	135		16	17	12	16	17		16	19	14	12	16	13	13	18	19	18	17	17	16	16	16	16	16	16
Lucy Entwistle	7	131	131		19				19		19		18	18		19	19		19	19	19	19	18	18				
Debbie Warburton	8	130	130	17	18	18				18		20	15				12	12	20	18	18	18	17	15	12	12		
Sarah Patnett	11	142	119	11	15	15				17	15	18	10	4	15		9	13	18	17	15	15	15	15	13	11		
Bron Calnan	8	102	102	16			13			17			12	7		11	11	15	17	16	15	13	12	11	11	7		
Debbie Rees	10	112	101	12		14		12	16	14	13		9			5	6	11	16	14	14	13	12	12	11	9		
Arabella Calder	12	121	94	10	12	13	8	10		15	12		5		13	7	7	9	15	13	13	12	12	10	10	9		
Kaarina Ruta	5	93	93	19			18	19					19			18			19	19	19	18	18					
Kathryn Petersen	8	90	90	15	11		10			14			11	10		9	10		15	14	11	11	10	10	10	9		
Ann Johnston	5	81	81		17			17					16	14	17				17	17	17	16	14					
Beverley Warburton	8	76	76	13	13								8	2	14	6	4	16	16	14	13	13	8	6	4	2		
Jan Frost	7	70	70	15	14			14		13				1	10		3		15	14	14	13	10	3	1			
Helen Sharpe	3	60	60				20									20	20		20	20	20							
Natalie Priest	3	60	60											20	20			20	20	20	20							
Bethan Williams	3	50	50											15	19	16		19	16	15								
Emma Healy	7	44	44	8	9		7						6	3			1	10	10	9	8	7	6	3	1			
Sarah Martin	3	40	40				15							9			16		16	15	9							
Julie Broughton	4	38	38	9	10	11												8	11	10	9	8						
Lydia Ferriday	3	38	38				11						13					14	14	13	11							
Kalee Lau-Jones	3	35	35									17		8		10		17	17	10	5							
Keira Evans-Determan	2	34	34				17										17		17	17								
Sophie Gott	3	33	33					13				15					5		15	13	5							
Heather Edmunds	3	32	32				9	15									8		15	9	8							
Joanne East	2	31	31											17		14		17	14									
Tania Miranda	3	29	29			12				16				1				16	12	1								
Catherine Wade	2	28	28				14										14		14	14								
Laura Humphrey	2	26	26											11		15		15	11									
Bev Jones	3	24	24									16	7	1				16	7	1								
Andrea Partridge	2	22	22			16								6				16	6									
Margaret Ogden	3	20	20												11		2	11	7	2								
Sarah Pope	3	19	19	6										1	12			12	6	1								
Rachel O'Keefe	1	17	17															17										
Alex Hartley	1	13	13											13				13										
Susie Preston	1	12	12														12		12									
Clare Skivens	1	11	11				11											11										
Esther Denness	2	9	9											5		4		5	4									
Anna Helsing	1	8	8													8		8										
Lynne Evans	1	1	1											1				1										
Sarah Lees	1	1	1														1		1									
Louise Hunt	1	1	1														1		1									

Senior Women				Race Points															Best 8 Race Points									
Bron Calnan	8	155	155	20			20				20		19	18		18	20	20	20	20	20	20	19	18	18			
Bethan Williams	3	59	59											19	20	20			20	20	19							
Lydia Ferriday	3	58	58			19							20					19	20	19								
Joanne East	2	39	39											20		19			20	19								

Veteran Women 35				Race Points															Best 8 Race Points									
Lucy Entwistle	7	136	136	20	20			20			20		19	19		19	19		20	20	20	19	19	19	19			
Kaarina Ruta	5	97	97				19	20					20				18		20	20	20	19	18					
Helen Sharpe	3	60	60				20									20	20		20	20	20							
Natalie Priest	3	60	60											20	20			20	20	20	20							
Bev Jones	3	52	52									20	18	14				20	18	14								
Sarah Martin	3	50	50				17							16			17		17	17	16							
Heather Edmunds	3	49	49				15	19									15		19	15	15							
Keira Evans-Determan	2	36	36				18										18		18	18								
Laura Humphrey	2	34	34											17		17		17	17									
Catherine Wade	2	32	32				16										16		16	16								
Esther Denness	2	31	31											15		16		16	15									
Rachel O'Keefe	1	19	19															19										
Clare Skivens	1	18	18				18											18										
Alex Hartley	1	18	18											18				18										
Louise Hunt	1	14	14														14		14									

Veteran Women 45				Race Points															Best 8 Race Points									
Catherine Barker	13	260	160	20	20	20	20	20	20	20	20		20	20		20	20	20	20	20	20	20	20	20	20	20	20	
Jane Sheldon	11	210	153	19		19	19	19	19	19	19		19	19	20		19	19	20	19	19	19	19	19	19	19	19	
Sarah Patnett	11	194	146	17	18	18				18	18	20	16	15	18		17	19	20	19	18	18	18	18	18	17		
Kathryn Petersen	8	138	138	18	16		18				17		17	17			17	18	18	18	18	17	17	17	17	16	17	
Arabella Calder	12	195	133	16	17	17	17	16		16	16		14		17	16	16	17		17	17	17	17	17	16	16	16	
Emma Healy	7	106	106	15	15		16						15	14			13	18	18	16	15	15	15	14	13			
Ann Johnston	5	92	92		19			18					18	18	19				19	19	18	18	18					
Kalee Lau-Jones	3	53	53									19		16			18		19	18	16							
Sophie Gott	3	50	50					17				18					15											
Tania Miranda	3	46	46			16				17				13					18	17	15							
Margaret Ogden	3	44	44												16		14		16	14	14							
Susie Preston	1	19	19	14												19			19									
Lynne Evans	1	12	12											12														
Sarah Lees	1	12	12														12											