

2025 Club Championship - Women



Runner	No. Races Run	Total Race Points	Best 8 Race Points	Ullswerry 8	Pembry Reverse 10	Taff Trail Half Marathon	Penttyrch Hill Race	Race 4 Victory 5k	Treforest 10k	RABBIT RUN 12k	SSAFA 3 - 5km	Rose Inn 4 Miles	Corneston Country Mile	CARDIFF 10k	CARDIFF Half Marathon	Richard Burton 10k	Gwent League XC Cardiff	Corneston parkrun [Any in MARATHON [Any in 2025]
Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Race 10	Race 11	Race 12	Race 13	Race 14	Race 15	Race 16			

Championship Rules Summary
Based on chip time, where available, the 1st club runner in each category is awarded 20 points, the 2nd 19 points, etc., down to 1 point.

The best 8 race scores count towards the final championship placings.

Club vest to be worn to score (exceptions - Representing region/county, running for charity or Christmas fancy dress)

A minimum of 4 races must be completed.

Women (All age categories)				Race Points																Best 8 Race Points							
Catherine Barker	8	153	153	20	20		20	18	20			18	17	20					20	20	20	20	18	18	17		
Ann Johnston	8	126	126				19	14			16	17	16	12					19	17	16	16	16	16	14	12	
Rhian Jones	6	119	119					20		19	20	20	20						20	20	20	20	20	19			
Jane Sheldon	7	118	118					16				18	19	15	14				19	18	18	18	16	15	14		
Lucy Entwistle	6	115	115					19		20	19	19		19					20	19	19	19	19	19			
Lisa Cleary	7	106	106					11	19	16	14				12				19	17	17	16	14	12	11		
Kathryn Petersen	7	86	86					8	17		11		12	11					17	14	13	12	11	11	8		
Susie Preston	5	71	71				18					16	13		10				18	16	14	13	10				
Arabella Calder	6	70	70					7	16					8					16	15	13	11	8	7			
Bethan Williams	4	67	67					17			18			14	18				18	18	17	14					
Sarah Patnett	5	58	58					9		13					6				15	15	13	9	6				
Joanne East	3	51	51							18	17				16				18	17	16						
Alex Hartley	3	47	47							17	15			15					17	15	15						
Emma Healy	5	43	43					5					11		5				12	11	10	5	5				
Catherine Wade	3	36	36					13		15					8				15	13	8						
Rebecca Gulliford	2	31	31											16	15				16	15							
Anna Helsing	2	30	30				16			14									16	14							
Kalee Lau-Jones	3	29	29								12			10	7				12	10	7						
Tania Miranda	2	28	28				17			11									17	11							
Keira Evans-Determan	2	27	27					10					17						17	10							
Sian Morgan	2	27	27						18						9				18	9							
Charlie Philipps	2	26	26											13	13				13	13							
Julie Broughton	2	25	25				11		14										14	11							
Mandy Barrington	2	25	25				10			15									15	10							
Sarah Martin	2	24	24					13							11				13	11							
Kaarina Ruta	1	19	19				19												19								
Jan Frost	4	19	19					7		4	7				1				7	7	4	1					
Sarah Pope	3	19	19				9				9				1				9	9	1						
Lisa Williams	3	19	19						7					9	3				9	7	3						
Zoe Dobbs	1	19	19												19				19								
Margaret Ogden	2	18	18					8			10								10	8							
Eloise Laity	1	18	18											18					18								
Laura Humphrey	1	17	17												17				17								
Bron Calnan	1	15	15						15										15								
Catriona Hayes	1	14	14										14						14								
Natasha Croll	1	13	13									13							13								
Esther Denness	1	12	12																12								
Sophie Gott	1	12	12							12									12								
Debbie Rees	1	9	9																9								
Lynne Evans	2	9	9							8					1				8	1							
Danielle Crowley	1	4	4												4				4								
Lydia Ferriday	1	3	3						3										3								
Bev Jones	1	2	2												2				2								
Lara Hopkinson	1	1	1												1				1								
Clare Jones	1	1	1												1				1								

Senior Women				Race Points																Best 8 Race Points							
Rhian Jones	6	120	120					20		20	20	20	20							20	20	20	20	20			
Bethan Williams	4	75	75					19		19			17	20						20	19	19	17				
Joanne East	3	56	56						19	18				19						19	19	18					
Rebecca Gulliford	2	36	36										18	18						18	18						
Charlie Philipps	2	33	33										16	17						17	16						
Catriona Hayes	1	19	19									19								19							
Eloise Laity	1	19	19										19							19							
Bron Calnan	1	18	18					18												18							
Lydia Ferriday	1	17	17					17												17							
Natasha Croll	1	17	17							17										17							
Danielle Crowley	1	16	16											16						16							

Veteran Women 35				Race Points																Best 8 Race Points							
Lucy Entwistle	6	120	120		20			20	20	20	20							20	20	20	20	20					
Alex Hartley	3	57	57						19	19		19						19	19	19							
Catherine Wade	3	53	53					19		18					16			19	18	16							
Sian Morgan	2	37	37					20							17			20	17								
Sarah Martin	2	37	37					19							18			19	18								
Keira Evans-Determan	2	37	37									20						20	17								
Kaarina Ruta	1	20	20	20														20									
Zoe Dobbs	1	20	20												20			20									
Laura Humphrey	1	19	19												19			19									
Esther Denness	1	19	19															19									
Bev Jones	1	15	15															15									
Lara Hopkinson	1	14	14												14			14									

Veteran Women 45				Race Points																Best 8 Race Points							
Catherine Barker	8	159	159	20	20		20	20	20			19	20	20					20	20	20	20	20	19			
Ann Johnston	8	148	148	18	18		19	18			20	19	18	18					20	19	19	18	18	18	18		
Jane Sheldon	7	135	135	19	19			19				20	20	19	19				20	20	19	19	19	19	19		
Arabella Calder	6	98	98	16	15		16	16	19					16					19	16	16	16	16	15			
Sarah Patnett	5	88	88	17	17			17		20					17				20	17	17	17	17				
Susie Preston	5	87	87		16		18					18	17		18				18	18	18	17	16				
Emma Healy	5	75	75	15	14			14					16		16				16	16	15	14	14				
Lisa Williams	3	48	48					16						17	15				17	16	15						
Tania Miranda	2	35	35				17			18									18	17							
Margaret Ogden	2	30	30		13					17									17	13							
Sophie Gott	1	19	19							19									19								
Clare Jones	1	14	14											14					14								