

2025 Club Championship - Women

				Championship Rules Summary Based on chip time, where available, the 1st club runner in each category is awarded 20 points, the 2nd 19 points, etc., down to 1 point. The best 8 race scores count towards the final championship placings. Club vest to be worn to score (exceptions - Representing region/county, running for charity or Christmas fancy dress) A minimum of 4 races must be completed.																														
Runner	No. Races Run	Total Race Points	Best 8 Race Points	Ulswerry 8	Ponty Reverse 10	Taff Trail Half Marathon	Penttyrch Hill Race	Penttyrch Hill Victory 5k	Treforest 10k	SSAFA 5k	RABBIT RUN	Rose Inn 4 Miles	Cosmeston Country Mile	CARDIFF 10k	CARDIFF Half Marathon	Richard Burton 10k	Gwent League XC Cardiff	Cosmeston parkrun (Any in MARATHON [ANY in 2025])	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Race 10	Race 11	Race 12	Race 13	Race 14	Race 15	Race 16
Women (All age categories)				Race Points																Best 8 Race Points														
Catherine Barker	5	98	98	20	20		20	18	20										20	20	20	20	18											
Ann Johnston	4	65	65	16	16		19	14											19	16	16	14												
Lisa Cleary	4	64	64	17	17			11	19										19	17	17	11												
Arabella Calder	5	62	62	13	11		15	7	16										16	15	13	11	7											
Kathryn Petersen	4	52	52	14	13			8	17										17	14	13	8												
Jane Sheldon	3	52	52	18	18			16											18	18	16													
Sarah Patnett	3	39	39	15	15			9											15	15	9													
Lucy Entwistle	2	38	38		19			19											19	19														
Susie Preston	2	32	32		14		18												18	14														
Emma Healy	3	27	27	12	10			5											12	10	5													
Julie Broughton	2	25	25	11			14												14	11														
Mandy Barrington	2	25	25	10				15											15	10														
Rhian Jones	1	20	20					20											20															
Kaarina Ruta	1	19	19	19															19															
Sian Morgan	1	18	18					18											18															
Tania Miranda	1	17	17				17												17															
Bethan Williams	1	17	17					17											17															
Anna Helsing	1	16	16				16												16															
Bron Calnan	1	15	15					15											15															
Sarah Martin	1	13	13					13											13															
Catherine Wade	1	13	13					13											13															
Esther Denness	1	12	12		12														12															
Jan Frost	2	11	11		7			4											7	4														
Keira Evans-Determan	1	10	10					10											10															
Sarah Pope	1	9	9	9															9															
Debbie Rees	1	9	9		9														9															
Margaret Ogden	1	8	8		8														8															
Lisa Williams	1	7	7					7											7															
Lydia Ferriday	1	3	3					3											3															
Senior Women				Race Points																Best 8 Race Points														
Rhian Jones	1	20	20					20											20															
Bethan Williams	1	19	19					19											19															
Bron Calnan	1	18	18					18											18															
Lydia Ferriday	1	17	17					17											17															
Veteran Women 35				Race Points																Best 8 Race Points														
Lucy Entwistle	2	40	40		20			20											20	20														
Kaarina Ruta	1	20	20	20															20															
Sian Morgan	1	20	20					20											20															
Catherine Wade	1	19	19					19											19															
Esther Denness	1	19	19		19														19															
Sarah Martin	1	19	19					19											19															
Keira Evans-Determan	1	17	17					17											17															
Veteran Women 45				Race Points																Best 8 Race Points														
Catherine Barker	5	100	100	20	20		20	20	20										20	20	20	20	20											
Arabella Calder	5	82	82	16	15		16	16	19										19	16	16	16	15											
Ann Johnston	4	73	73	18	18		19	18											19	18	18	18												
Jane Sheldon	3	57	57	19	19			19											19	19	19													
Sarah Patnett	3	51	51	17	17			17											17	17	17													
Emma Healy	3	43	43	15	14			14											15	14	14													
Susie Preston	2	34	34		16		18												18	16														
Tania Miranda	1	17	17				17												17															
Lisa Williams	1	16	16					16											16															
Margaret Ogden	1	13	13		13														13															
Michelle Hoey	0	0	0																															
Veteran Women 55				Race Points																Best 8 Race Points														
Lisa Cleary	4	80	80	20	20			20	20										20	20	20	20												
Kathryn Petersen	4	76	76	19	19			19	19										19	19	19	19												
Julie Broughton	2	37	37	18			19												19	18														
Jan Frost	2	35	35		17			18											18	17														
Mandy Barrington	2	35	35	17				18											18	17														
Anna Helsing	1	20	20				20												20															
Debbie Rees	1	18	18		18														18															
Sarah Pope	1	16	16	16															16															