

2025 Club Championship - Women



				Championship Rules Summary Based on chip time, where available, the 1st club runner in each category is awarded 20 points, the 2nd 19 points, etc., down to 1 point. The best 8 race scores count towards the final championship placings. Club vest to be worn to score (exceptions - Representing region/country, running for charity or Christmas fancy dress) A minimum of 4 races must be completed.															
Runner	No. Races Run	Total Race Points	Best 8 Race Points	Livery 8 Pony Reverse 10 Taff Trail Half Marathon	Penrych Hill Race 10k	Race 4 Victory 5k	Treforest 10k	RABBIT RUN 12k	SFAFA 3 - 5km	Rose Inn 4 Miles	Cosmeston Country Mile	CARDIFF 10k	CARDIFF Half Marathon	Richard Burton 10k	Gwent League XC Cardiff	Cosmeston parkrun [any in JANV in 2025]	MARATHON [ANY in 2025]		
				Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Race 10	Race 11	Race 12	Race 13	Race 14	Race 15	Race 16

Women (All age categories)				Race Points																Best 8 Race Points							
Catherine Barker	5	98	98	20	20		20	18	20									20	20	20	20	18					
Lisa Cleary	6	94	94	17	17			11	19	16	14							19	17	17	16	14	11				
Ann Johnston	5	81	81	16	16		19	14			16							19	16	16	16	14					
Lucy Entwistle	4	77	77				19			20	19							20	19	19	19						
Kathryn Petersen	5	63	63	14	13			8	17		11							17	14	13	11	8					
Arabella Calder	5	62	62	13	11		15	7	16									16	15	13	11	7					
Rhian Jones	3	59	59					20		19	20							20	20	19							
Jane Sheldon	3	52	52	18	18			16										18	18	16							
Sarah Patnett	4	52	52	15	15			9		13								15	15	13	9						
Joanne East	2	35	35							18	17							18	17								
Bethan Williams	2	35	35					17			18							18	17								
Susie Preston	2	32	32		14		18											18	14								
Alex Hartley	2	32	32							17	15							17	15								
Anna Helsing	2	30	30					16		14								16	14								
Tania Miranda	2	28	28					17		11								17	11								
Catherine Wade	2	28	28					13		15								15	13								
Emma Healy	3	27	27	12	10			5										12	10	5							
Julie Broughton	2	25	25	11			14											14	11								
Mandy Barrington	2	25	25	10				15										15	10								
Karina Ruta	1	19	19	19														19									
Sian Morgan	1	18	18					18										18									
Jan Frost	3	18	18																								
Sarah Pope	2	18	18	9				4		7								7	7	4							
Margaret Ogden	2	18	18		8					9								9	9								
Bron Calnan	1	15	15					15		10								10	8								
Sarah Martin	1	13	13					13										15									
Natasha Croll	1	13	13								13							13									
Esther Denness	1	12	12		12													12									
Sophie Gott	1	12	12							12								12									
Kalee Lau-Jones	1	12	12								12							12									
Keira Evans-Determan	1	10	10					10										10									
Debbie Rees	1	9	9		9													9									
Lynne Evans	1	8	8							8								8									
Lisa Williams	1	7	7					7										7									
Lydia Ferriday	1	3	3					3										3									

Senior Women				Race Points												Best 5 Race Points						
Rhian Jones	3	60	60				20	20	20							20	20	20				
Bethan Williams	2	38	38				19		19							19	19					
Joanne East	2	37	37					19	18							19	18					
Bron Calnan	1	18	18				18									18						
Lydia Ferriday	1	17	17				17									17						
Natasha Croll	1	17	17					17								17						

Veteran Women 35				Race Points												Best 6 Race Points								
Lucy Entwistle	4	80	80		20		20		20	20							20		20					
Alex Hartley	2	38	38						19	19							19	19						
Catherine Wade	2	37	37				19		18								19	18						
Kaarina Ruta	1	20	20	20													20							
Sian Morgan	1	20	20					20									20							
Esther Denness	1	19	19		19												19							
Sarah Martin	1	19	19					19									19							
Keira Evans-Determan	1	17	17					17									17							

Veteran Women 45				Race Points												Best 5 Race Points											
Catherine Barker	5	100	100	20	20		20	20	20									20	20	20	20	20					
Ann Johnston	5	93	93	18	18		19	18			20								20	19	18	18	18				
Arabella Calder	5	82	82	16	15		16	16	19									19	16	16	16	15					
Sarah Patnett	4	71	71	17	17			17		20								20	17	17	17						
Jane Sheldon	3	57	57	19	19			19										19	19	19							
Emma Healy	3	43	43	15	14			14										15	14	14							
Tania Miranda	2	35	35				17			18								18	17								
Susie Preston	2	34	34		16		18											18	16								
Margaret Ogden	2	30	30		13					17								17	13								
Sophie Gott	1	19	19							19								19									
Lisa Williams	1	16	16				16											16									

Veteran Women 55				Race Points														Best 8 Race Points							
Lisa Cleary	6	120	120	20	20			20	20	20	20							20	20	20	20	20			
Kathryn Petersen	5	94	94	19	19			19	19	18								19	19	19	19	18			
Jan Frost	3	51	51		17			18		16								18	17	16					
Anna Helsing	2	39	39				20		19									20	19						
Julie Broughton	2	37	37				19											19	18						
Mandy Barrington	2	35	35					18										18	17						
Sarah Pope	2	34	34		16				18									18	16						
Katee Lau-Jones	1	19	19						19									19							
Debbie Rees	1	18	18			18												18							
Lynne Evans	1	17	17						17									17							