

2025 Club Championship - Men



				Llŷwerry 8 Ponty Reverse 10 Taff Trail Half Marathon Penttych Hill Race Race 4 Victory 5k Treforest 10k RABBIT RUN - 12k SSMA 3 - 5km Rose Inn 4 Miles Cosmeston Country Mile CARDIFF 10k CARDIFF Half Marathon Richard Burton 10k Gwent League XC Cardiff Cosmeston parkrun [Any in MARATHON] [ANY in 2025] Championship Rules Summary Based on chip time, where available, the 1st club runner in each category is awarded 20 points, the 2nd 19 points, etc., down to 1 point. The best 8 Race scores count towards the final championship placings. Club vest to be worn to score (exceptions - Representing region/county, running for charity or Christmas fancy dress) A minimum of 4 races must be completed.																			
Runner	No. Races Run	Total Race Points	Best 8 Race Points	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Race 10	Race 11	Race 12	Race 13	Race 14	Race 15	Race 16				
Men (All age categories)				Race Points																Best 8 Race Points			
Huw Hudson	6	120	120	20	20			20	20	20	20							20	20				
Kevin Chalke	5	83	83	17	19			12		19	16							19	17				
Kit Lambert	5	81	81	14	16		20			19	12							20	19				
Andy Pearce	5	77	77	16	18			14		14	15							18	16				
Mark Carter	4	60	60	10	17				18	15								18	17				
Nick Morgan	6	60	60	8	15			5	16	8	8							16	15				
John Fitzpatrick	3	56	56	18				19		19								19	19				
Stuart Allen	4	53	53	12				11		16	14							16	14				
Mike Harrison	4	51	51				19	9	13	10								19	13				
Ross Flanigan	3	46	46	13				16		17								17	16				
Ian Marshall	4	43	43		12		18	2		11								18	12				
Jacob Williams	3	42	42		14			17		11								17	14				
Gideon Calder	5	38	38	2	10	13	1	12										13	12				
Duncan Sheldon	2	37	37	19				18										19	18				
Rob Mahoney	4	37	37		11		17	4		5								17	11				
Simon Williamson	6	37	37	3	6		11	1	11		5							11	11				
Geoff Twigg	6	35	35	1	8			1	13	6	6							13	8				
Jake Allen	2	35	35							17	18							18	17				
Matthew Gwenter	3	34	34	9				8	17									17	9				
Steven Barker	5	32	32	4	7		10	1	10									10	10				
David Brown	4	31	31	5				1	15	10								15	10				
Frank Atherton	5	30	30	1	9		12	1			7							12	9				
Paul Deaton	2	29	29	11						18								18	11				
Adam Stavrakis	2	28	28				15				13							15	13				
Anthony Bannon	2	25	25	15				10										15	10				
John Shewring	2	20	20	6				14										14	6				
Pete Denness	2	19	19		13			6										13	6				
Malcolm Bradley	5	19	19		3			1	8	3	4							8	4				
Luigi Federici	1	16	16					16										16					
Peter McDonald	1	16	16				16											16					
Tom Clarke	1	14	14				14											14					
James Linney	1	13	13					13										13					
Duncan Baird	2	13	13					1		12								12	1				
Richie Williams	2	12	12					3			9							9	3				
Gareth Davies	1	9	9						9									9					
Christian Ogden	2	9	9		5					4								5	4				
James George	1	9	9							9								9					
Neil Siglechner	1	7	7					7										7					
Liam Kelly	1	7	7	7														7					
John Frank	1	7	7						7									7					
Tony Gale	1	4	4		4													4					
James Buckingham	2	2	2	1				1										1	1				
Meurig Chapple	2	2	2	1				1										1	1				
Nigel Adams	1	1	1					1										1					
Darryl Beaver	1	1	1					1										1					
Martin Chorley	1	1	1					1										1					
Richard Jackson	1	1	1					1										1					
Paul Mitchell	1	1	1					1										1					
Darren Morgan	1	1	1	1														1					
Michael Goode	1	1	1	1														1					
Senior Men				Race Points																Best 8 Race Points			
Huw Hudson	6	120	120	20	20			20	20	20	20							20	20				
Jacob Williams	3	55	55		19			19		17								19	19				
Adam Stavrakis	2	38	38				20			18								20	18				
Jake Allen	2	38	38						19	19								19	19				
Luigi Federici	1	18	18					18										18					
Veteran Men 35				Race Points																Best 8 Race Points			
Kit Lambert	5	99	99	19	20		20		20									20	20				
Mike Harrison	4	76	76				19	18		20	19							20	19				
Matthew Gwenter	3	54	54	18				17	19									19	18				
Anthony Bannon	2	39	39	20				19										20	19				
Pete Denness	2	34	34		19			15										19	15				
James Linney	1	20	20					20										20					
Peter McDonald	1	18	18				18											18					
Neil Siglechner	1	16	16					16										16					
Martin Chorley	1	14	14					14										14					
Veteran Men 45				Race Points																Best 8 Race Points			
Nick Morgan	6	103	103	16	19			17	19	14	18							19	19				
Gideon Calder	5	77	77	12	17		19	12	17									19	17				
Steven Barker	5	76	76	13	16		18	13	16									18	16				
Mark Carter	4	76	76	17	20				20	19								20	20				
Stuart Allen	4	75	75	18				18	20	20	19							20	19				
Ian Marshall	4	71	71		18		20	16		17								20	18				
David Brown	4	62	62	14				14	18	16								18	16				
John Fitzpatrick	3	59	59	19				20			20							20	20				
Duncan Sheldon	2	39	39	20				19										20	19				
Duncan Baird	2	33	33					15		18								18	15				
Christian Ogden	2	28	28		15					13								15	13				
Liam Kelly	1	15	15	15														15					
Gareth Davies	1	15	15					15										15					
James George	1	15	15					15		15								15					
Paul Mitchell	1	11	11				11											11					
Veteran Men 55				Race Points																Best 8 Race Points			
Kevin Chalke	5	97	97	20	20			18		20	19							20	20				
Andy Pearce	5	93	93	19	19			19		18	18							19	19				
Rob Mahoney	4	71	71		18		20	17		16								20	18				
Ross Flanigan	3	58	58	18				20		20								20	20				
John Shewring	2	36	36	16					20									20	16				
Paul Deaton	2	36	36	17						19								19	17				
Richie Williams	2	33	33					16		17								17	16				
James Buckingham	2	29	29	15				14										15	14				
Meurig Chapple	2	27	27	14				13										14	13				
John Frank	1	17	17						15		17							17					
Darryl Beaver	1	15	15					15										15					
Darren Morgan	1	13	13	13														13					
Michael Goode	1	12	12	12														12					
Nigel Adams	1	12	12					12										12					
Richard Jackson	1	11	11					11										11					
Veteran Men 65				Race Points																Best 8 Race Points			
Geoff Twigg	6	116	116	19	19			19	20	20	19							20	20				
Simon Williamson	6	113	113	20	18		19	19	19	18								20	19				
Frank Atherton	5	98	98	18	20		20	20	20	20								20	20				
Malcolm Bradley	5	87																					