2026 Club Championship - Women

Championship Rules Summary

Based on chip time, where available, the 1st club runner in each category is awarded 20 points, the 2nd 19 points, etc., down to 1 point.

The best 8 race scores count towards the final championship placings.

Club vest to be worn to score (exceptions - Representing region/county, running for charity or Christmas fancy dress)

A minimum of 4 races must be completed.

Runner	No. Races Run	Total Race Points	Best 8 Race Points	Race 1 Llisvery 8	Race 2 Porty Reverse 10	Race 3 Forest of Dean Half Marathon	Race 4 Pentyrch Hill Race	Race 5 Barry Island 10k	Race 6 SSAFA 1 5K	Race 7 Mick Morris 10k	Race 8 RABBIT RUN 12k MT	Race 9 Summer Sizzler 5k	Race 10 Cosmeston Country Mile	Race 11 CARDIFF 10k	Race 12 Taff Trail Half Marathon	Race 13 Richard Burton 10k	Race 14 Gwent League XC Cardiff	Race 15 Cosmeston parkrun [Any in	Race 16 MARATHON [ANY in 2026]	Best 8 Race Points						
Women (All age categories)				Race Points																Best 8 Race Points						
Rhian Jones	2	37	37	19	18															19	18					
Jane Sheldon	2	35	35	18	17															18	17					
Sarah Patnett	2	31	31	16	15															16	15					
Kathryn Petersen	2	29	29	15	14															15	14					
Emma Healy	2	26	26	14	12															14	12					
Debbie Rees	2	24	24	13	11															13	11					
Lucy Entwistle	1	20	20	20																20						
Catherine Barker	1	20	20		20															20						
Abigail Jones	1	19	19		19															19						
Keira Evans-Determan	1	17	17	17																17						
Kalee Lau-Jones	1	16	16		16															16						
Sophie Gott	1	13	13		13															13						
Margaret Ogden	1	12	12	12																12						
Lynne Evans	1	11	11	11																11						
Julie Broughton	1	10	10	10																10						
Lara Hopkinson	1	10	10		10															10						
Mandy Barrington	1	9	9	9																9						
Senior Women				Race Points																Best 8 Race Points						
Rhian Jones	2	39	39	20	19															20	19					
Abigail Jones	1	20	20		20															20						
Veteran Women 35				Race Points																Best 8 Race Points						
Lucy Entwistle	1	20	20	20																20						
Keira Evans-Determan	1	19	19	19																19						
Veteran Women 45				Race Points																Best 8 Race Points						
Jane Sheldon	2	39	39	20	19															20	19					
Sarah Patnett	2	37	37	19	18															19	18					
Emma Healy	2	34	34	18	16															18	16					
Catherine Barker	1	20	20		20															20						
Margaret Ogden	1	17	17	17																17						
Sophie Gott	1	17	17		17															17						
Lara Hopkinson	1	15	15		15															15						
Veteran Women 55				Race Points																Best 8 Race Points						
Kathryn Petersen	2	39	39	20	19															20	19					
Debbie Rees	2	37	37	19	18															19	18					
Kalee Lau-Jones	1	20	20		20															20						
Lynne Evans	1	18	18	18																18						
Julie Broughton	1	17	17	17																17						
Mandy Barrington	1	16	16	16																16						