

2023 Club Championship - Women



Runner	No. Races Run	Total Race Points	Best 8 Race Points
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Llswerry 8	Ponty Reverse 10	Cardiff Bay 10k	Whitchurch 5k Race For Victory	ROSE INN 4 Miles	PORTHCAWL 10k	BUTE TOWN MILE	SSAFA 3 - 5k	BARRY ISLAND 10k	Cardiff 10k	Cardiff Half Marathon	Gwent League XC Cardiff	Richard Burton 10k	Cosmeston parkrun (Any in)	MARATHON [ANY]
Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Race 10	Race 11	Race 12	Race 13	Race 14	Race 15

Championship Rules Summary
 Based on chip time, the 1st club runner in each category is awarded 20 points, the 2nd 19 points, etc., down to 1 point.

The best 8 race scores count towards the final championship placings.

Club vest to be worn to score (exceptions - Representing region/county, running for charity or Christmas fancy dress)

A minimum of 4 races must be completed

Women (All age categories)			
Catherine Barker	9	175	156
Jane Sheldon	11	192	146
Lucy Entwistle	8	142	142
Keira Evans-Determan	7	125	125
Arabella Calder	10	135	119
Emma Healy	15	167	116
Beverley Warburton	10	133	114
Bron Calnan	7	103	103
Kathryn Petersen	6	88	88
Ann Johnston	5	85	85
Helen Sharpe	4	80	80
Debbie Rees	7	75	75
Heather Edmunds	6	72	72
Jan Frost	6	68	68
Michelle Hoey	4	61	61
Kaarina Ruta	3	58	58
Lydia Ferriday	3	55	55
Debbie Warburton	3	52	52
Sarah Patnett	4	45	45
Clare Jones	4	40	40
Ciara Oliva	2	38	38
Sarah Martin	2	31	31
Laura Humphrey	2	31	31
Sophie Gott	3	27	27
Julie Broughton	3	27	27
Andrea Goodfellow	3	20	20
Natalie Priest	1	20	20
Anna Helsing	1	19	19
Sarah Pope	2	17	17
Mandy Barrington	2	16	16
Grace Newbould	1	13	13
Catherine Wade	1	12	12
Danielle Rayner	1	11	11
Clare Skivens	1	10	10
Lynne Evans	1	7	7
Sarah Lees	2	7	7
Margaret Ogden	1	4	4
Debbie Williams	1	1	1
Lisa Cleary	1	1	1

Race Points														
19		14	18	18	16	19		18	18	16		19	17	
18		16			17					20		20	15	19
15	16		15	17		17		10		6		16	11	12
10	14	7	14	16	6	14	15	9	7	9	17	13	3	13
12	17				10	16	17	12	9	13			10	17
		13	16		14			15	17	14			14	
		11					18	14		15		17	13	
17			17				18	16		17				
		20	20		20								20	
						15	16		8	7		15	6	8
								13	13	12		14	8	
	15	10			11					12	11		9	
	19	12								14				16
20					18				20					
16	18								19	18		18		
		8								8	18			11
									11	10			5	14
			18					20						
									15				16	
									16					15
					9			11					7	
14										4				9
		6	13										1	
														20
		9			8						19			
														10
									6					
														12
11														
									10					
					7									
										5			2	
													4	
													1	
													1	

Best 8 Race Points							
20	20	20	20	19	19	19	19
19	19	19	18	18	18	18	17
20	19	19	19	18	17	15	15
20	20	19	18	17	16	15	
17	17	16	16	15	15	12	11
17	16	15	14	14	14	13	13
17	17	17	16	13	12	12	10
17	16	15	14	14	14	13	
18	17	15	14	13	11		
18	17	17	17	16			
20	20	20	20				
16	15	15	8	8	7	6	
14	13	13	12	12	8		
15	12	11	11	10	9		
19	16	14	12				
20	20	18					
19	18	18					
18	18	16					
18	11	8	8				
14	11	10	5				
20	18						
16	15						
16	15						
11	9	7					
14	9	4					
13	6	1					
20							
19							
9	8						
10	6						
13							
12							
11							
10							
7							
5	2						
4							
1							
1							

Senior Women			
Lucy Entwistle	8	157	157
Bron Calnan	6	111	111
Lydia Ferriday	3	59	59
Ciara Oliva	2	40	40

Race Points														
		18		20	20		20	19		20	20		20	
		17	20		19			18	19	18				
									20	19		20		
		20							20					

Best 8 Race Points							
20	20	20	20	20	20	19	18
20	19	19	18	18	17		
20	20	19					
20	20						

Veteran Women 35			
Keira Evans-Determan	7	133	133
Heather Edmunds	6	106	106
Helen Sharpe	4	80	80
Michelle Hoey	4	73	73
Kaarina Ruta	3	59	59
Sarah Martin	2	37	37
Laura Humphrey	2	36	36
Natalie Priest	1	20	20
Catherine Wade	1	17	17
Danielle Rayner	1	17	17
Grace Newbould	1	17	17
Clare Skivens	1	15	15

Race Points														
19		19				18				20		20	18	19
						16		20	16	19		19	16	
		20	20		20								20	
	20	18								17				18
20						19				20				
									18				19	
									19					17
														20
													17	
17														
						17								
									15					

Best 8 Race Points							
20	20	19	19	19	18	18	
20	19	19	16	16	16		
20	20	20	20				
20	18	18	17				
20	20	19					
19	18						
19	18						
20							
17	17						
17							
17							
17							
15							

Veteran Women 45			
Catherine Barker	9	180	160
Jane Sheldon	11	212	155
Emma Healy	15	248	142
Arabella Calder	10	169	141
Ann Johnston	6	111	111
Kathryn Petersen	6	109	109
Clare Jones	4	71	71
Sarah Patnett	4	69	69
Andrea Goodfellow	4	56	56
Sophie Gott	3	49	49
Sarah Lees	2	25	25
Lynne Evans	1	17	17
Margaret Ogden	1	14	14

Race Points														
	20	20	20	20	20	20	20	20	20				20	
20		19	19	19	19	19		19	20	19		20	19	
17	18	16	16	16	16	16	18	13	18	16	19	17	13	19
18	19		17	17		17		14		14		18	17	18
19			18	18		18		18		20				
		18					19	17		18		19	18	
									19	17			15	20
		17								15	20			17
						18							16	
								15						
										13			12	
						17								
													14	

Best 8 Race Points							
20	20	20	20	20	20	20	20
20	20	20	19	19	19	19	19
19	19	18	18	18	17	17	16
19	18	18	18	17	17	17	17
20	19	18	18	18	18		
19	19	18	18	18	17		
20	19	17	15				
20	17	17	15				
15	15	15	11				
18	16	15					
13	12						
17							
14							

Veteran Women 55			
Beverley Warburton	10	194	