

2024 Club Championship - Women



Runner	No. Races Run	Total Race Points	Best 8 Race Points	Llisbury 8	Ponty' Reverse 10	Taff Trail Half Marathon	Whitchurch 5k Race For Victory	Caerphilly 10k	CRE 4 Mile	BUTE TOWN MILE	RABBIT RUN	SSAFA 3 - 5k	CARDIFF 10k	CARDIFF Half Marathon	Gwent League XC Cardiff	Richard Burton 10k	Cosmeston parkrun [Any in MARATHON [ANY in 2024]
				Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Race 10	Race 11	Race 12	Race 13	Race 14

Championship Rules Summary
 Based on chip time, the 1st club runner in each category is awarded 20 points, the 2nd 19 points, etc., down to 1 point.

The best 8 race scores count towards the final championship placings.

Club vest to be worn to score (exceptions - Representing region/country, running for charity or Christmas fancy dress)

A minimum of 4 races must be completed

Women (All age categories)

Runner	No. Races Run	Total Race Points	Best 8 Race Points
Catherine Barker	3	60	60
Debbie Warburton	3	53	53
Sarah Patnett	3	41	41
Jane Sheldon	2	37	37
Arabella Calder	3	35	35
Lisa Cleary	2	33	33
Julie Broughton	3	30	30
Jan Frost	2	29	29
Kathryn Petersen	2	26	26
Beverley Warburton	2	26	26
Debbie Rees	2	26	26
Kaarina Ruta	1	19	19
Lucy Entwistle	1	19	19
Emma Healy	2	17	17
Ann Johnston	1	17	17
Bron Calnan	1	16	16
Andrea Partridge	1	16	16
Tania Miranda	1	12	12
Margaret Ogden	1	7	7
Sarah Pope	1	6	6

Race Points														
20	20	20												
17	18	18												
11	15	15												
18		19												
10	12	13												
	16	17												
9	10	11												
15	14													
15	11													
13	13													
12		14												
19														
	19													
8	9													
	17													
16														
		16												
		12												
7														
6														

Best 8 Race Points							
20	20	20					
18	18	17					
15	15	11					
19	18						
13	12	10					
17	16						
11	10	9					
15	14						
15	11						
13	13						
14	12						
19							
19							
9	8						
17							
16							
16							
12							
7							
6							

Senior Women

Bron Calnan	1	20	20
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Race Points														
20														

Best 8 Race Points							
20							

Veteran Women 35

Kaarina Ruta	1	20	20
Lucy Entwistle	1	20	20

Race Points														
20														
	20													

Best 8 Race Points							
20							
20							

Veteran Women 45

Catherine Barker	3	60	60
Sarah Patnett	3	53	53
Arabella Calder	3	50	50
Jane Sheldon	2	38	38
Kathryn Petersen	2	34	34
Emma Healy	2	30	30
Ann Johnston	1	19	19
Tania Miranda	1	16	16
Margaret Ogden	1	14	14

Race Points														
20	20	20												
17	18	18												
16	17	17												
19		19												
18	16													
15	15													
	19													
		16												
14														

Best 8 Race Points							
20	20	20					
18	18	17					
17	17	16					
19	19						
18	16						
15	15						
19							
16							
14							

Veteran Women 55

Debbie Warburton	3	60	60
Julie Broughton	3	48	48
Lisa Cleary	2	38	38
Jan Frost	2	37	37
Beverley Warburton	2	35	35
Debbie Rees	2	34	34
Andrea Partridge	1	18	18
Sarah Pope	1	15	15

Race Points														
20	20	20												
16	16	16												
	19	19												
19	18													
18	17													
17		17												
		18												
15														

Best 8 Race Points							
20	20	20					
16	16	16					
19	19						
19	18						
18	17						
17	17						
18							
15							