

ACCOMMODATION TO STAGE ONE

<b>MINI BUS</b>	CHRIS (D)
KATH (N)	STUART
SIMON J	MATTHEW
HUW	DEBBIE
JAMIE	ARABELLA
KEIRA	KEVIN
RICHIE	ROSS
ANDY	JACOB
	<b>15/17</b>

<b>CAR ONE</b>	SIMON W (D)
KIT (N)	

= 2

<b>CAR TWO</b>	NIGEL (D)
EMMA (N)	PABLO

= 3

<b>CAR THREE</b>	TONY (D)
SIMON G (N)	LUIGI
KAARINA	

= 4

TOTAL = 24

NOTES = CAR 3 GOES DIRECTLY TO STAGE 2

STAGE ONE – CAERNARFON TO PENYGROES

<b>MINI BUS</b>	CHRIS (D)
KATH (N)	KEIRA
HUW	DEBBIE
KEVIN	ARABELLA
JAMIE	RICHIE
<b>PABLO</b>	
	<b>10/17</b>

<b>CAR ONE</b>	SIMON W (D)
<b>ROSS (N)</b>	<b>SIMON J</b>
<b>JACOB</b>	

= 4

<b>CAR TWO</b>	NIGEL (D)
EMMA (N)	<b>ANDY</b>
<b>STUART</b>	<b>MATTHEW</b>

= 5

<b>CAR THREE</b>	TONY (D)
SIMON G (N)	LUIGI
KAARINA	

= 4

+ 1 RUNNER = KIT

TOTAL = 24

NOTES = CAR 3 GOES DIRECTLY TO STAGE 2

STAGE TWO – PENYGROES TO CRICCIETH

<b>MINI BUS</b>	CHRIS (D)
KATH (N)	KEIRA
HUW	DEBBIE
KEVIN	ARABELLA
JAMIE	RICHIE
PABLO	<b>KIT</b>
	<b>11/17</b>

<b>CAR ONE</b>	SIMON W (D)
ROSS (N)	SIMON J
JACOB	

= 4

<b>CAR TWO</b>	NIGEL (D)
EMMA (N)	ANDY
STUART	MATTHEW

= 5

<b>CAR THREE</b>	TONY (D)
SIMON G (N)	LUIGI

= 3

+ 1 RUNNER = KAARINA

TOTAL = 24

NOTES =

STAGE THREE – CRICCIETH TO MAENTWROG

MINI BUS	CHRIS (D)
KATH (N)	KEIRA
HUW	DEBBIE
KEVIN	ARABELLA
JAMIE	RICHIE
PABLO	KIT
KAARINA	
	<b>12/17</b>

CAR ONE	SIMON W (D)
ROSS (N)	SIMON J
JACOB	

= 4

CAR TWO	NIGEL A (D)
EMMA (N)	STUART
MATTHEW	

= 4

CAR THREE	TONY (D)
SIMON G (N)	LUIGI

= 3

+ 1 RUNNER = ANDY

TOTAL = 24

NOTES =

STAGE FOUR – MAENTWROG TO HARLECH

<b>MINI BUS</b>	CHRIS (D)
KATH (N)	KEIRA
HUW	DEBBIE
KEVIN	ARABELLA
JAMIE	KIT
PABLO	RICHIE
KAARINA	ANDY
	<b>13/17</b>

<b>CAR ONE</b>	SIMON W (D)
ROSS (N)	JACOB

= 3

<b>CAR TWO</b>	NIGEL (D)
EMMA (N)	STUART
MATTHEW	

= 4

<b>CAR THREE</b>	TONY (D)
SIMON G (N)	LUIGI

= 3

+ 1 RUNNER = SIMON J

TOTAL = 24

NOTES =

STAGE FIVE – HARLECH TO BARMOUTH

<b>MINI BUS</b>	<b>KEVIN (D)</b>
<b>JAMIE (N)</b>	KEIRA
HUW	DEBBIE
CHRIS	ARABELLA
KATH	KIT
PABLO	RICHIE
KAARINA	ANDY
<b>SIMON J</b>	
	<b>14/17</b>

<b>CAR ONE</b>	SIMON W (D)
ROSS (N)	JACOB

= 3

<b>CAR TWO</b>	NIGEL (D)
EMMA (N)	STUART

= 3

<b>CAR THREE</b>	TONY (D)
SIMON G (N)	LUIGI

= 3

+ 1 RUNNER = MATTHEW

TOTAL = 24

NOTES =

STAGE SIX – BARMOUTH TO DOLGELLAU

<b>MINI BUS</b>	KEVIN (D)
JAMIE (N)	RICHIE
HUW	DEBBIE
CHRIS	ARABELLA
KATH	KIT
PABLO	ANDY
SIMON J	KEIRA
KAARINA	<b>MATTHEW</b>
	<b>15/17</b>

<b>CAR ONE</b>	SIMON W (D)
ROSS (N)	

= 2

<b>CAR TWO</b>	NIGEL (D)
EMMA (N)	STUART

= 3

<b>CAR THREE</b>	TONY (D)
SIMON G (N)	LUIGI

= 3

+ 1 RUNNER = JACOB

TOTAL = 24

NOTES =

STAGE SEVEN – DOLGELLAU TO DINAS MAWDDWY

<b>MINI BUS</b>	KEVIN (D)
JAMIE (N)	RICHIE
HUW	DEBBIE
CHRIS	ARABELLA
SIMON J	KIT
KATH	ANDY
KATH	MATTHEW
JACOB	
	<b>13/17</b>

<b>CAR ONE</b>	SIMON W (D)
PABLO (N)	ROSS

= 3

<b>CAR TWO</b>	NIGEL A (D)
EMMA (N)	STUART

= 3

<b>CAR THREE</b>	TONY (D)
SIMON G (N)	KEIRA
KAARINA	

= 4

+ 1 RUNNER = LUIGI

TOTAL = 24

NOTES = Pablo transfers to CAR 1. Keira & Kaarina transfer to CAR 3.



STAGE EIGHT – DINAS MAWDDWY TO FOEL

<b>MINI BUS</b>	<b>CHRIS (D)</b>
JAMIE (N)	RICHIE
HUW	DEBBIE
KEVIN	ARABELLA
SIMON J	KIT
JACOB	ANDY
KATH	MATTHEW
<b>LUIGI</b>	
	<b>14/17</b>

<b>CAR ONE</b>	SIMON W(D)
PABLO (N)	ROSS

= 3

<b>CAR TWO</b>	NIGEL A (D)
EMMA (N)	

= 2

<b>CAR THREE</b>	TONY (D)
SIMON G (N)	KEIRA
KAARINA	

= 4

+ 1 RUNNER = STUART

TOTAL = 24

NOTES = CAR 2 to drop off Stuart then head to end of stage to meet minibus and collect cooking team for evening meal.

STAGE NINE – FOEL TO LLANFAIR CAEREINION

<b>MINI BUS</b>	CHRIS (D)
JAMIE (N)	RICHIE
HUW	LUIGI
KEVIN	KIT
SIMON J	ANDY
KATH	MATTHEW
STUART	JACOB
	<b>13/17</b>

<b>CAR ONE</b>	SIMON W (D)
PABLO (N)	ROSS

= 3

<b>CAR TWO</b>	NIGEL A (D)
EMMA (N)	KATH P
DEBBIE R	ARABELLA

= 5

<b>CAR THREE</b>	TONY (D)
SIMON G (N)	KAARINA

= 3

+ 1 RUNNER = KEIRA

TOTAL = 24

NOTES = CAR 2 to return to accommodation. CAR 3 to deliver Kaarina to station (train @ 18:30)

STAGE TEN - LLANFAIR CAEREINION TO NEWTOWN

<b>MINI BUS</b>	CHRIS (D)
JAMIE (N)	RICHIE
HUW	LUIGI
KEVIN	KIT
SIMON J	ANDY
STUART	MATTHEW
KEIRA	JACOB
	<b>13/17</b>

<b>CAR ONE</b>	SIMON W (D)
PABLO (N)	

= 2

<b>CAR TWO</b>	NIGEL A (D)
EMMA (N)	KATH P
DEBBIE R	ARABELLA

= 5

<b>CAR THREE</b>	TONY (D)
SIMON G (N)	KAARINA

= 3

+ 1 RUNNER = ROSS

TOTAL = 24

NOTES = CAR 2 will have already returned to accommodation. CAR 3 to deliver Kaarina to station (train @ 18:30)

STAGE TEN TO ACCOMMODATION

<b>MINI BUS</b>	CHRIS N (D)
JAMIE (N)	RICHIE
HUW	ANDY
KEVIN	MATTHEW
SIMON J	KEIRA
LUIGI	SIMON G
ROSS	STUART
	<b>13/17</b>

<b>CAR ONE</b>	SIMON W (D)
PABLO (N)	JACOB

= 3

<b>CAR TWO</b>	NIGEL (D)
EMMA (N)	KATH
DEBBIE	ARABELLA

= 5

<b>CAR THREE</b>	TONY (D)
KIT (N)	

= 2

TOTAL = 23

NOTES = CAR 2 will have already returned to accommodation