

ACCOMMODATION TO STAGE ELEVEN

MINI BUS	CHRIS (D)
KEIRA (N)	KIT
HUW	ARABELLA
JACOB	DEBBIE
SIMON J	ANDY
EMMA	ROSS
SIMON G	LUIGI
	13/17

CAR ONE	SIMON W (D)
KEVIN	MATTHEW

= 3

CAR TWO	NIGEL (D)
KATH (N)	STUART

= 3

CAR THREE	TONY (D)
RICHIE (N)	PABLO
JAMIE	

= 4

TOTAL = 23

RUNNER = N/A

NOTES = Kaarina left Saturday night

STAGE ELEVEN – NEWTOWN TO LLANBADARN FYNYDD

MINI BUS	CHRIS (D)
KEIRA (N)	KIT
JACOB	STUART
SIMON J	ARABELLA
LUIGI	ANDY
EMMA	ROSS
SIMON G	
	12/17

CAR ONE	SIMON W (D)
DEBBIE (N)	HUW

= 3

CAR TWO	NIGEL A (D)
KATH P (N)	

= 2

CAR THREE	TONY (D)
RICHIE (N)	PABLO
JAMIE	

= 4

+ 2 RUNNERS = KEVIN + MATTHEW

TOTAL = 23

NOTES = Debbie & Huw move to CAR 1. Minibus to cheer off Kevin & Matthew at start then drive straight to Crossgates.

STAGE TWELVE – LLANBADARN FYNYDD TO CROSSGATES

MINI BUS	CHRIS (D)
KEIRA (N)	ARABELLA
JACOB	KIT
SIMON J	ANDY
STUART	LUIGI
EMMA	ROSS
SIMON G	
	12/17

CAR ONE	SIMON W (D)
DEBBIE (N)	HUW

= 3

CAR TWO	NIGEL (D)
KATH (N)	KEVIN
MATTHEW	

= 4

CAR THREE	TONY (D)
RICHIE (N)	JAMIE

= 3

+ 1 RUNNER = PABLO

TOTAL = 23

NOTES = CAR 2 picks up Kevin & Matthew

STAGE THIRTEEN – CROSSGATES TO BUILTH WELLS

MINI BUS	CHRIS (D)
KEIRA (N)	ROSS
JACOB	KIT
SIMON J	ANDY
KEVIN	LUIGI
STUART	MATTHEW
SIMON G	
	12/17

CAR ONE	SIMON W (D)
DEBBIE (N)	HUW

= 3

CAR TWO	NIGEL (D)
KATH (N)	EMMA

= 3

CAR THREE	TONY (D)
RICHIE (N)	JAMIE
PABLO	

= 4

SUNDAY CAR ONE	GIDEON (D)
ARABELLA	

= 2

+ 1 RUNNER = DUNCAN

TOTAL = 25 (including Duncan & Gideon)

NOTES = Sunday CAR 1 (Gideon) delivers Duncan to start and collects him at finish. Various transfers (see above in **RED**) Arabella transfers to Sunday Car 1.

STAGE FOURTEEN – BUILTH WELLS TO DROVERS ARMS

MINI BUS	CHRIS (D)
KEIRA (N)	ROSS
JACOB	KIT
SIMON J	ANDY
KEVIN	LUIGI
STUART	MATTHEW
SIMON G	
	12/17

CAR ONE	SIMON W (D)
DEBBIE (N)	

= 2

CAR TWO	NIGEL A (D)
KATH P (N)	EMMA

= 3

CAR THREE	TONY (D)
RICHIE (N)	JAMIE
PABLO	

= 4

+ 1 RUNNER = HUW

TOTAL = 22

NOTES =

STAGE FIFTEEN – YPYNT VISITOR CENTRE TO BRECON

MINI BUS	STUART (D)
SIMON G (N)	ROSS
JACOB	KIT
SIMON J	ANDY
CHRIS	LUIGI
KEVIN	MATTHEW
STUART	KEIRA
HUW	
	14/17

CAR ONE	SIMON W (D)
DEBBIE (N)	

= 2

CAR TWO	NIGEL A (D)
KATH P (N)	EMMA

= 3

CAR THREE	TONY (D)
RICHIE (N)	JAMIE
PABLO	

= 4

SUNDAY CAR TWO	STEVEN (D)

= 1

+ 1 RUNNER = CATHERINE

TOTAL = 25 (including Catherine & Steven)

NOTES = Sunday CAR 2 (Steven) delivers Catherine to start, and picks up from finish

STAGE SIXTEEN – BRECON TO TORPANTAU

MINI BUS	STUART (D)
SIMON G (N)	ROSS
JACOB	KEIRA
SIMON J	KIT
CHRIS	LUIGI
ANDY	MATTHEW
KEVIN	HUW
	13/17

CAR ONE	SIMON W (D)
DEBBIE (N)	

= 2

CAR TWO	NIGEL A (D)
KATH P (N)	EMMA

= 3

CAR THREE	TONY (D)
RICHIE (N)	PABLO

= 3

+ 1 RUNNER = JAMIE

TOTAL = 23

NOTES = CAR 3 delivers Jamie to start. Sunday CAR 1 (Gideon) to collect Jamie from end of stage.

STAGE SEVENTEEN – TAF FECHAN TO CYFARTHFA CASTLE

MINI BUS	STUART (D)
SIMON G (N)	ROSS
JACOB	KEIRA
SIMON J	KIT
CHRIS	LUIGI
ANDY	MATTHEW
KEVIN	HUW
	13/17

CAR ONE	SIMON W (D)
DEBBIE (N)	

= 2

CAR TWO	NIGEL A (D)
KATH P (N)	EMMA

= 3

CAR THREE	TONY (D)
RICHIE (N)	PABLO

= 3

SUNDAY CAR THREE	JOHN (D)
NATHAN (N)	NICK

= 3

+1 RUNNER = LIAM

TOTAL = 25 (including John, Nick & Nathan)

NOTES = Sunday CAR 3 (John F) delivers Liam to start. Sunday CAR 2 (Steven) to pick up Liam from end of stage

STAGE EIGHTEEN – MERTHYR TYDFIL TO ABERCYNON

MINI BUS	STUART (D)
SIMON G (N)	ROSS
JACOB	KEIRA
SIMON J	KIT
CHRIS	LUIGI
ANDY	MATTHEW
KEVIN	HUW
	13/17

CAR ONE	SIMON W (D)
DEBBIE (N)	

= 2

CAR TWO	NIGEL A (D)
KATH P (N)	EMMA

= 3

CAR THREE	TONY (D)
RICHIE (N)	PABLO

= 3

SUNDAY CAR THREE	JOHN (D)
NATHAN (N)	LIAM

= 3

+ 1 RUNNER = NICK

TOTAL = 27 (including Nick, John, Liam & Nathan)

NOTES = Nick to be dropped at start of stage and collected by Sunday CAR 3 (Nathan). Liam to be returned to Sunday CAR 3 by Steven (either here or end of stage)

STAGE NINETEEN – ABERCYNON TO CAERPHILLY CASTLE

MINI BUS	STUART (D)
SIMON G (N)	ROSS
JACOB	KEIRA
SIMON J	KIT
CHRIS	LUIGI
ANDY	MATTHEW
KEVIN	HUW
	13/17

CAR ONE	SIMON W (D)
DEBBIE (N)	

= 2

CAR TWO	NIGEL A (D)
KATH (N)	EMMA

= 3

CAR THREE	TONY (D)
PABLO (N)	JAMIE

= 3

+ 1 RUNNER = RICHIE

TOTAL = 22

NOTES = CAR 3 to deliver Richie to start. Jamie to be returned to CAR 3 by Sunday CAR 1 (Gideon).

STAGE TWENTY – CAERPHILLY CASTLE TO CARDIFF

MINI BUS	STUART (D)
SIMON G (N)	ROSS
JACOB	KEIRA
SIMON J	KIT
CHRIS	LUIGI
ANDY	MATTHEW
KEVIN	HUW
	13/17

CAR ONE	SIMON W (D)
DEBBIE (N)	

= 2

CAR TWO	NIGEL A (D)
KATH P (N)	EMMA

= 3

CAR THREE	TONY (D)
PABLO (N)	JAMIE
RICHIE	

= 4

SUNDAY CAR FOUR	PETER C (D)
TRICIA (N)	

= 2

+ 1 RUNNER = NATALIE

TOTAL = 24

NOTES = Sunday CAR 4 (Peter C) delivers Natalie to the start. Minibus to Marshall start of Stage 20.

NB. Transport from Bute Park back to Penarth will be arranged on the day, depending on preferences of individual runners. Support drivers, please offer lifts to other runners if possible.