

ACCOMMODATION TO STAGE ONE

MINI BUS	CHRIS (D)
KATH (N)	STUART
TOM	KEVIN
HUW	EMMA
PAUL	ANDY
DELLA	LUCY
RHIAN	
	12/17

CAR ONE	RICK (D)
KIT (N)	LIAM

= 3

CAR TWO	NIGEL (D)
RICHIE (N)	MIKE

= 3

CAR THREE	TONY (D)
KEIRA (N)	JACOB
ROSS	

= 4

TOTAL = 22

NOTES = CAR 3 GOES DIRECTLY TO STAGE 2

STAGE ONE – CAERNARFON TO PENYGROES

MINI BUS	CHRIS (D)
KATH (N)	STUART
TOM	EMMA
HUW	DELLA
RHIAN	
	8/17

CAR ONE	RICK (D)
KIT (N)	ANDY
KEVIN	

= 4

CAR TWO	NIGEL (D)
EMMA (N)	MIKE
PAUL	LUCY

= 5

CAR THREE	TONY (D)
KEIRA (N)	JACOB
ROSS	

= 4

+ 1 RUNNER = LIAM

TOTAL = 22

NOTES = CAR 3 GOES DIRECTLY TO STAGE 2

STAGE TWO – PENYGROES TO CRICCIETH

MINI BUS	CHRIS (D)
KATH (N)	STUART
TOM	EMMA
HUW	DELLA
RHIAN	LIAM
	9/17

CAR ONE	RICK (D)
KIT (N)	ANDY
KEVIN	

= 4

CAR TWO	NIGEL (D)
RICHIE (N)	MIKE
PAUL	LUCY

= 5

CAR THREE	TONY (D)
KEIRA (N)	JACOB

= 3

+ 1 RUNNER = ROSS

TOTAL = 22

NOTES =

STAGE THREE – CRICCIETH TO MAENTWROG

MINI BUS	CHRIS (D)
KATH (N)	STUART
TOM	EMMA
HUW	DELLA
RHIAN	LIAM
ROSS	
	10/17

CAR ONE	RICK (D)
KIT (N)	ANDY
KEVIN	

= 4

CAR TWO	NIGEL (D)
RICHIE (N)	MIKE
LUCY	

= 4

CAR THREE	TONY (D)
KEIRA (N)	JACOB

= 3

+ 1 RUNNER = PAUL

TOTAL = 22

NOTES =

STAGE FOUR – MAENTWROG TO HARLECH

MINI BUS	CHRIS (D)
KATH (N)	STUART
TOM	EMMA
HUW	DELLA
RHIAN	LIAM
ROSS	PAUL
	11/17

CAR ONE	RICK (D)
KIT (N)	KEVIN

= 3

CAR TWO	NIGEL (D)
RICHIE (N)	MIKE
LUCY	

= 4

CAR THREE	TONY (D)
KEIRA (N)	JACOB

= 3

+ 1 RUNNER = ANDY

TOTAL = 22

NOTES =

STAGE FIVE – HARLECH TO BARMOUTH

MINI BUS	STUART (D)
EMMA (N)	CHRIS
TOM	DELLA
HUW	PAUL
KATH	LIAM
RHIAN	ANDY
ROSS	
	12/17

CAR ONE	RICK (D)
KIT (N)	KEVIN

= 3

CAR TWO	NIGEL (D)
RICHIE (N)	MIKE

= 3

CAR THREE	TONY (D)
KEIRA (N)	JACOB

= 3

+ 1 RUNNER = LUCY

TOTAL = 22

NOTES =

STAGE SIX – BARMOUTH TO DOLGELLAU

MINI BUS	STUART (D)
EMMA (N)	CHRIS
TOM	DELLA
HUW	PAUL
KATH	LIAM
RHIAN	ANDY
ROSS	LUCY
	13/17

CAR ONE	RICK (D)
KEVIN (N)	

= 2

CAR TWO	NIGEL (D)
RICHIE (N)	MIKE

= 3

CAR THREE	TONY (D)
KEIRA (N)	JACOB

= 3

+ 1 RUNNER = KIT

TOTAL = 22

NOTES =

STAGE SEVEN – DOLGELLAU TO DINAS MAWDDWY

MINI BUS	STUART (D)
EMMA (N)	CHRIS
TOM	DELLA
HUW	PAUL
KATH	LIAM
LUCY	ANDY
KIT	
	12/17

CAR ONE	RICK (D)
ROSS (N)	KEVIN

= 3

CAR TWO	NIGEL (D)
RICHIE (N)	MIKE

= 3

CAR THREE	TONY (D)
KEIRA (N)	RHIAN

= 3

+ 1 RUNNER = JACOB

TOTAL = 22

NOTES = RHIAN transfers to CAR 3. ROSS transfers to CAR 1.

STAGE EIGHT – DINAS MAWDDWY TO FOEL

MINI BUS	CHRIS (D)
HUW (N)	STUART
TOM	DELLA
KATH	PAUL
KIT	LIAM
EMMA	ANDY
JACOB	LUCY
	13/17

CAR ONE	RICK (D)
ROSS (N)	KEVIN

= 3

CAR TWO	NIGEL (D)
RICHIE (N)	

= 2

CAR THREE	TONY (D)
KEIRA (N)	RHIAN

= 3

+ 1 RUNNER = MIKE

TOTAL = 22

NOTES = CAR 2 to drop off MIKE then head to end of stage to meet minibuss and collect cooking team for evening meal.

STAGE NINE – FOEL TO LLANFAIR CAEREINION

MINI BUS	CHRIS (D)
HUW (N)	STUART
TOM	RICHIE
KIT	PAUL
JACOB	LIAM
LUCY	ANDY
MIKE	
	12/17

CAR ONE	RICK (D)
ROSS (N)	KEVIN

= 3

CAR TWO	NIGEL (D)
EMMA (N)	KATH
DELLA	

= 4

CAR THREE	TONY (D)
KEIRA (N)	

= 2

+ 1 RUNNER = RHIAN

TOTAL = 22

NOTES = CAR 2 to return to accommodation.

STAGE TEN - LLANFAIR CAEREINION TO NEWTOWN

MINI BUS	CHRIS (D)
HUW (N)	STUART
TOM	RICHIE
KIT	PAUL
JACOB	LIAM
LUCY	ANDY
MIKE	RHIAN
	13/17

CAR ONE	RICK (D)
ROSS (N)	

= 2

CAR TWO	NIGEL (D)
EMMA (N)	KATH
DELLA	

= 4

CAR THREE	TONY (D)
RICHIE (N)	

= 2

+ 1 RUNNER = KEVIN

TOTAL = 22

NOTES = CAR 2 will have already returned to accommodation.

STAGE TEN TO ACCOMMODATION

MINI BUS	CHRIS (D)
HUW (N)	STUART
KIT	RICHIE
JACOB	PAUL
LUCY	LIAM
MIKE	ANDY
RHIAN	
	12/17

CAR ONE	RICK (D)
ROSS (N)	KEVIN

= 3

CAR TWO	NIGEL (D)
EMMA (N)	KATH
DELLA	

= 4

CAR THREE	TONY (D)
KEIRA (N)	TOM

= 3

TOTAL = 22

NOTES = CAR 2 will have already returned to accommodation