

ACCOMMODATION TO STAGE ONE

MINI BUS	CHRIS (D)
KEIRA (N)	KAY
LISA	SARAH JAYNE
DAVE	ROSS
PAUL	ANDY
ABI	RHIAN
ANTHONY	RICHARD
	13/17

CAR ONE	RICK (D)
KIT (N)	MIKE

= 3

CAR TWO	NIGEL (D)
EMMA (N)	

= 2

CAR THREE	TONY (D)
KATH (N)	STUART
ROB	

= 4

TOTAL = 22

NOTES = CAR 3 GOES DIRECTLY TO STAGE 2

STAGE ONE – CAERNARFON TO PENYGROES

MINI BUS	CHRIS (D)
KEIRA (N)	KAY
DAVE	SARAH JAYNE
ABI	KIT
RICHARD	
	8/17

CAR ONE	RICK (D)
ANDY (N)	LISA
PAUL	

= 4

CAR TWO	NIGEL (D)
EMMA (N)	RHIAN
ANTHONY	ROSS

= 5

CAR THREE	TONY (D)
KATH (N)	STUART
ROB	

= 4

+ 1 RUNNER = MIKE

TOTAL = 22

NOTES = CAR 3 GOES DIRECTLY TO STAGE 2

STAGE TWO – PENYGROES TO CRICCIETH

MINI BUS	CHRIS (D)
KEIRA (N)	KAY
DAVE	SARAH JAYNE
ABI	KIT
RICHARD	MIKE
	9/17

CAR ONE	RICK (D)
ANDY (N)	LISA
PAUL	

= 4

CAR TWO	NIGEL (D)
EMMA (N)	RHIAN
ANTHONY	ROSS

= 5

CAR THREE	TONY (D)
KATH (N)	ROB

= 3

+ 1 RUNNER = STUART

TOTAL = 22

NOTES =

STAGE THREE – CRICCIETH TO MAENTWROG

MINI BUS	CHRIS (D)
KIT (N)	KAY
DAVE	SARAH JAYNE
ABI	MIKE
RICHARD	KEIRA
STUART	
	10/17

CAR ONE	RICK (D)
ANDY (N)	LISA
PAUL	

= 4

CAR TWO	NIGEL (D)
EMMA (N)	RHIAN
ROSS	

= 4

CAR THREE	TONY (D)
KATH (N)	ROB

= 3

+ 1 RUNNER = ANTHONY

TOTAL = 22

NOTES =

STAGE FOUR – MAENTWROG TO HARLECH

MINI BUS	CHRIS (D)
KIT (N)	KAY
DAVE	SARAH JAYNE
ABI	MIKE
RICHARD	KEIRA
STUART	ANTHONY
	11/17

CAR ONE	RICK (D)
ANDY (N)	PAUL

= 3

CAR TWO	NIGEL (D)
EMMA (N)	RHIAN
ROSS	

= 4

CAR THREE	TONY (D)
KATH (N)	ROB

= 3

+ 1 RUNNER = LISA

TOTAL = 22

NOTES =

STAGE FIVE – HARLECH TO BARMOUTH

MINI BUS	STUART (D)
KIT (N)	CHRIS
DAVE	KAY
KEIRA	SARAH JAYNE
ABI	RICHARD
ANTHONY	MIKE
LISA	
	12/17

CAR ONE	RICK (D)
ANDY (N)	PAUL

= 3

CAR TWO	NIGEL (D)
EMMA (N)	RHIAN

= 3

CAR THREE	TONY (D)
KATH (N)	ROB

= 3

+ 1 RUNNER = ROSS

TOTAL = 22

NOTES =

STAGE SIX – BARMOUTH TO DOLGELLAU

MINI BUS	STUART (D)
KIT (N)	CHRIS
DAVE	KAY
KEIRA	SARAH JAYNE
ABI	RICHARD
ANTHONY	MIKE
LISA	ROSS
	13/17

CAR ONE	RICK (D)
ANDY (N)	PAUL

= 3

CAR TWO	NIGEL (D)
EMMA (N)	RHIAN

= 3

CAR THREE	TONY (D)
KATH (N)	

= 2

+ 1 RUNNER = ROB

TOTAL = 22

NOTES =

STAGE SEVEN – DOLGELLAU TO DINAS MAWDDWY

MINI BUS	STUART (D)
KIT (N)	CHRIS
DAVE	KAY
RICHARD	SARAH JAYNE
LISA	ROSS
ANTHONY	MIKE
ROB	
	12/17

CAR ONE	RICK (D)
KEIRA (N)	ANDY

= 3

CAR TWO	NIGEL (D)
EMMA (N)	RHIAN

= 3

CAR THREE	TONY (D)
KATH (N)	ABI

= 3

+ 1 RUNNER = PAUL

TOTAL = 22

NOTES = ABI transfers to CAR 3. KEIRA transfers to CAR 1.

STAGE EIGHT – DINAS MAWDDWY TO FOEL

MINI BUS	CHRIS (D)
KIT (N)	KAY
DAVE	SARAH JAYNE
RICHARD	ROSS
LISA	MIKE
STUART	ANTHONY
ROB	PAUL
	13/17

CAR ONE	RICK (D)
KEIRA (N)	ANDY

= 3

CAR TWO	NIGEL (D)
EMMA (N)	

= 2

CAR THREE	TONY (D)
KATH (N)	ABI

= 3

+ 1 RUNNER = RHIAN

TOTAL = 22

NOTES = CAR 2 to drop off RHIAN then head to end of stage to meet minibus and collect cooking team for evening meal.

STAGE NINE – FOEL TO LLANFAIR CAEREINION

MINI BUS	CHRIS (D)
KIT (N)	STUART
DAVE	PAUL
RICHARD	MIKE
LISA	ANTHONY
ROB	RHIAN
	11/17

CAR ONE	RICK (D)
KEIRA (N)	ANDY

= 3

CAR TWO	NIGEL (D)
EMMA (N)	KATH
SARAH JAYNE	KAY

= 5

CAR THREE	TONY (D)
ROSS (N)	

= 2

+ 1 RUNNER = ABI

TOTAL = 22

NOTES = CAR 2 to return to accommodation.

STAGE TEN - LLANFAIR CAEREINION TO NEWTOWN

MINI BUS	CHRIS (D)
KIT (N)	STUART
DAVE	RHIAN
RICHARD	PAUL
LISA	MIKE
ROB	ANTHONY
ABI	
	12/17

CAR ONE	RICK (D)
KEIRA (N)	

= 2

CAR TWO	NIGEL (D)
EMMA (N)	KATH
SARAH JAYNE	KAY

= 5

CAR THREE	TONY (D)
ROSS (N)	

= 2

+ 1 RUNNER = ANDY

TOTAL = 22

NOTES = CAR 2 will have already returned to accommodation.

STAGE TEN TO ACCOMMODATION

MINI BUS	CHRIS (D)
KIT (N)	STUART
DAVE	RHIAN
RICHARD	PAUL
LISA	MIKE
ROB	ABI
	11/17

CAR ONE	RICK (D)
KEIRA (N)	ANDY

= 3

CAR TWO	NIGEL (D)
EMMA (N)	KATH
SARAH JAYNE	KAY

= 5

CAR THREE	TONY (D)
ROSS (N)	ANTHONY

= 3

TOTAL = 22

NOTES = CAR 2 will have already returned to accommodation