

2022 Club Championship - Women



Reverse 10	Llswerry 8	Whitchurch 5k Race 4	ROSE INN 4 MILES	Cardiff Bay 10k	CRESS 3 Mile	Porthcawl 10k	SSAFA 3	BARRY ISLAND 10k	BUTE TOWN MILE	Swansea 10k	Cardiff Half Marathon	Gwent League XC Cardiff	Richard Burton 10k	SOSPAN 10
Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Race 10	Race 11	Race 12	Race 13	Race 14	Race 15

Championship Rules Summary
 Based on chip time, the 1st club runner in each category is awarded 20 points, the 2nd 19 points, etc., down to 1 point.
 The best 8 race scores count towards the final championship placings.
 Club vest to be worn to score (exceptions - Representing region/county, running for charity or Christmas fancy dress)
 A minimum of 4 races must be completed

Women (All age categories)

Runner	No. Races Run	Total Race Points	Best 8 Race Points
Catherine Barker	10	195	160
Jane Sheldon	11	204	152
Lisa Cleary	8	131	131
Arabella Calder	14	194	126
Keira Pratt	7	126	126
Debbie Rees	8	117	117
Bev Warburton	8	110	110
Ruth Cann	5	91	91
Kaarina Ruta	4	76	76
Lucy Entwistle	4	73	73
Ann Johnston	4	66	66
Laura Humphrey	4	63	63
Louise Hunt	3	46	46
Kathryn Petersen	3	44	44
Andrea Goodfellow	4	43	43
Helen Sharpe	2	40	40
Bethan Apglyn	2	39	39
Deb Warburton	2	33	33
Catrin Roberts	2	33	33
Sophie Gott	2	32	32
Jan Frost	3	30	30
Emma Jane Healy	3	28	28
Clare Jones	2	26	26
Sarah Patnett	2	26	26
Andrea Hurman	2	24	24
Chelle Jenkins	2	20	20
Tania Miranda	2	19	19
Rachel Eales	1	17	17
Julie broughton	1	15	15
Sally Taylor-Goodwin	1	12	12
Grace Newbould	1	12	12
Danielle Rayner	1	10	10
Sarah Pope	1	9	9

Race Points														
		20	20	20	20		20	20	20	20	19	16		
	18	19	19	19	19	19	19	19	19		15		19	
	17	17					17	14	18	18		14	16	
15	12	13	14	12	18	15	15	11		17	11	9	15	17
		15		18		20					16	17	20	20
	13	14	15		17	14	14			16			14	
16	14			14		13		13			12		13	15
18	19	18	18				18							
20										19	18	19		
						18		18				18		19
			17			16		15					18	
				17				17			14	15		
	16					17						13		
							16					10		18
		12				10		9					12	
											20	20		
19	20													
17		16												
				16	16									
	8			13							9			
	10					11					7			
	11			15										
											10			16
											13	11		
								12			8	11		
				11								8		
											17			
	15													
						12						12		
								10						
	9													

Best 8 Race Points							
20	20	20	20	20	20	20	20
19	19	19	19	19	19	19	19
18	18	17	17	17	16	14	14
18	17	17	15	15	15	15	14
20	20	20	18	17	16	15	
17	16	15	14	14	14	14	13
16	15	14	14	13	13	13	12
19	18	18	18	18			
20	19	19	18				
19	18	18	18				
18	17	16	15				
17	17	15	14				
17	16	13					
18	16	10					
12	12	10	9				
20	20						
20	19						
17	16						
17	16						
16	16						
13	9	8					
11	10	7					
15	11						
16	10						
13	11						
12	8						
11	8						
17							
15							
12							
12							
10							
9							

Senior Women

Lucy Entwistle	4	80	80
Bethan Apglyn	2	40	40
Catrin Roberts	2	39	39
Sally Taylor-Goodwin	1	19	19
Grace Newbould	1	19	19

Race Points														
						20		20				20		20
20	20													
								19					20	
												19		

Best 8 Race Points							
20	20	20	20				
20	20						
20	19						
19							
19							

Veteran Women 35

Keira Pratt	7	134	134
Ruth Cann	5	99	99
Kaarina Ruta	4	78	78
Ann Johnston	4	75	75
Laura Humphrey	4	72	72
Louise Hunt	3	54	54
Helen Sharpe	2	40	40
Chelle Jenkins	2	33	33
Rachel Eales	1	18	18
Danielle Rayner	1	17	17

Race Points														
		19		20		20					17	18	20	20
19	20	20	20				20							
20										20	19	19		
			19			18		19					19	
				19				20			16	17		
	19					19						16		
											20	20		
											15			
											18			
											18			
								17						

Best 8 Race Points							
20	20	20	20	19	18	17	
20	20	20	20	19			
20	20	19	19				
19	19	19	18				
20	19	17	16				
19	19	16					
20	20						
18	15						
18							
17							

Veteran Women 45

Catherine Barker	10	200	160
Jane Sheldon	11	212	155
Arabella Calder	14	253	150
Andrea Goodfellow	4	68	68
Kathryn Petersen	3	57	57
Emma Jane Healy	3	51	51
Deb Warburton	2	38	38
Sophie Gott	2	36	36
Clare Jones	2	35	35
Sarah Patnett	2	35	35
Tania Miranda	2	32	32

Race Points														
		20	20	20	20		20	20	20	20	20	20		
	20	19	19	19	19	20	19	19	19		19		20	
19	19	17	17	16	18	19	17	18		19	18	18	19	19
		16				17		17					18	
								18				19		20
	17					18					16			
20		18												
			18	18										
	18			17										
											17			18
												17		

Best 8 Race Points							
20	20	20	20	20	20	20	20
20	20	20	19	19	19	19	19
19	19	19	19	19	19	18	18
18	17	17	16				
20	19	18					
18	17	16					
20	18						
18	18						
18	17						
18	17						
17	15						

Veteran Women 55

Lisa Cleary	8	160	160
Debbie Rees	8	153	153
Bev Warburton	8	153	153
Jan Frost	3	52	52
Andrea Hurman	2	39	39
Julie Broughton	1	19	19
Sarah Pope	1	16	16

Race Points														
	20	20					20	20	20	20		20	20	
	17	19	20		20	20	19			19			19	
20	18			20		19		19			19		18	20
	15			19							18			
											20	19		
	19													
	16													

Best 8 Race Points							
20	20	20	20	20	20	20	20
20	20	20	19	19	19	19	17
20	20	20	19	19	19	18	18
19	18	15					
20	19						
19							
16							