

## BAGELS

"AWARD WINNING FRESHLY BOILED & BAKED DAILY"

EACH \$1.20 / SPECIAL BAGELS \$1.50

RAINBOW \$1.99 / 1/2 DOZEN \$7.20 • BAKERS DOZEN \$14.40

## CRAFT SPREADS

MADE FRESH DAILY WITH PHILADELPHIA CREAM CHEESE

BUTTER OR JELLY	2.49
PEANUT BUTTER	3.49
PEANUT BUTTER & JELLY	3.99
AVOCADO	4.49
AVOCADO TALK (avocado, tomato, cucumber)	4.99

## Our Selection of CREAM CHEESES

PLAIN	3.00
LITE PLAIN	3.29
VEGETABLE	3.99
LITE VEGETABLE	3.99
SCALLION	3.99
OLIVE PIMENTO	3.99
NUTELLA	3.99
JALAPENO	3.99
BACON SCALLION	3.99
MAPLE BACON	3.99
STRAWBERRY	3.99
BLUEBERRY	3.99
WALNUT RAISIN	4.45



Add Jelly 50¢ • Bacon \$1.75 • Avocado \$1.75

## BAGEL Specials

### THE BIG DEAL:

1 DOZEN BAGELS, 1/2 LB BUTTER OR PLAIN CREAM CHEESE, 1/2 LB FLAVORED CREAM CHEESE  
**\$19.99**

### THE BAGEL TALK BASKET:

1 DOZEN BAGELS, 4 JUMBO MUFFINS, 1/2 LB BUTTER, 1/2 LB PLAIN CREAM CHEESE  
**\$29.99**

### THE BAGEL TALK SPECIAL:

1 DOZEN BAGELS, 1/2 LB PLAIN CREAM CHEESE, 1/2 LB LOX  
**\$35.99**

*Breakfast Served All Day!*

## BAKERY SWEETS

CROISSANT	2.49	JUMBO COOKIES	3.99
CHOCOLATE CROISSANT	2.99	CRUMB CAKE	2.99
APPLE TURNOVER	3.49	BLONDI/BROWNIES	2.99
JUMBO MUFFIN	3.49	DANISH	3.99

## NOVA LOX

LOX SPREAD	4.99
CENTER CUT NOVA LOX	8.99
LOX & CREAM CHEESE	9.99
LOX & VEGGIE CREAM CHEESE	10.49
LOX & SCALLION CREAM CHEESE	10.49
LOX & WHITE FISH SALAD	14.99



## Signature OMELETTE'S

MADE FRESH WITH 3 LARGE EGGS  
SERVED W/HOME FRIES, TOAST OR BAGEL

LITE OMELETTE	9.39
egg-whites, onions, peppers, mushrooms, tomatoes	
THE WESTERN	9.39
ham, peppers & onions & American cheese	
THE VEGETARIAN	9.39
Spinach, peppers, onion, mushrooms & tomato	
HAM, BACON, SAUSAGE OR PORK ROLL	9.39
THE GREEK	9.39
peppers, onions, tomato, spinach, feta	
THE SPANISH	9.39
Eggs, sausages, jack cheese & salsa	
THE LEFT COAST	9.99
egg whites, turkey bacon, tomato, spinach	
THE MEAT LOVER	12.99
bacon, sausage, pork roll, ham, cheddar	
THE BIG TALKER BREAKFAST	12.99
2 eggs, 2 pancakes, 2 bacon & sausage	

## PANCAKES, FRENCH TOAST & PLATTERS

3 EGGS PLATTER w/ home fries & toast/bagel	6.49
3 BUTTERMILK PANCAKES	6.49
FULL STACK PANCAKES	7.99
CHOCOLATE CHIP PANCAKES	7.49
BLUEBERRY PANCAKES	7.49
CLASSIC FRENCH TOAST	7.49
THE NUTELLA FRENCH TOAST	6.99
Nutella spread, powder sugar	
WAFFLES	6.99
CHICKEN & WAFFLE	10.99
Waffle, chicken tenders & powdered sugar	

## Our Famous BREAKFAST SANDWICHES

2 EGGS ANY STYLE	3.50
BREAKFAST MEAT	5.25
MEAT & EGGS	5.25
MEAT, EGGS & CHEESE	6.00
Turkey, Roast Beef, or Pastrami	+1.00
Turkey Bacon or Turkey Sausage	+ 75¢
Cheese	+ 75¢
Egg White	+1.00

THE BELLY BUSTER	7.99
2 eggs, bacon, sausage, pork roll & cheese	
CALIFORNIA BREAKFAST BURRITO	7.99
Eggs, peppers, onions, ham, potatoes & salsa	
JERSEY BREAKFAST BURRITO	7.99
Eggs, peppers, onions, pork roll, & home fries	
LONE STAR BREAKFAST BURRITO	7.99
Eggs, peppers, onions, steak, home fries	
BAGEL TALK BOMB	6.99
2 eggs, bacon, sausage, cheese & home fries	
DOUBLE TALK	6.99
2 eggs, bacon, pork roll, & cheese	
HEALTHY BREAKFAST TALK	6.99
Egg whites, turkey, tomatoes & pepper-jack cheese	
GARDEN STATE TALK	6.99
Egg whites, spinach, mushrooms, tomatoes, peppers, onions	

## SIDES

BACON	3.99	HOME FRIES	3.99
HAM	3.75	FRENCH FRIES	3.99
PORK ROLL	3.75	CHEESE FRIES.	4.99
TURKEY BACON	4.49	BUFFALO RANCH FRIES	4.99
TURKEY SAUSAGE	4.49	ONION RINGS	4.99
HASH BROWN PATTY	1.80	MOZZARELLA STICKS (5)	5.99



## SOUP



SM: 4.99 • LG: 6.99  
CHICKEN NOODLES  
CREAM OF MUSHROOM  
NEW ENGLAND CLAM CHOWDER  
LOBSTER BISQUE  
CREAMY TOMATO LENTIL

## FROM THE GRILL

BLT / TBLT	5.99
Bacon/turkey bacon, lettuce, tomato & mayo	
GRILLED CHEESE w/bacon & tomato	6.49
GRILLED OR CRISPY CHIC	6.99
HOT PASTRAMI/CORNERED BEEF	7.99
Sliced thin & piled high w/ deli mustard	
PEPPER JACK CHICKEN	7.99
Grilled chicken, bacon, jack cheese, chipotle ranch, L&T	
THE REUBEN	7.99
Corned beef, melted Swiss, sauerkraut, russian dressing	
THE MONTE CRISTO	7.99
Turkey, bacon, melted Swiss, coleslaw, russian dressing	
TUNA MELT	7.99
Open face white tuna salad & melted American cheese	
ROAST BEEF TALK	8.49
Roast beef, grilled onions, melted cheddar, & horseradish	
CHICKEN CORDON BLEU	8.49
Grilled chicken, deluxe ham, melted Swiss	
FALAFEL WRAP	5.99
FALAFEL WRAP & FRIES	8.49
CHICKEN QUESADILLAS W/ FRIES	8.99

## BURGERS

SINGLE BURGER	5.99
DOUBLE BURGER	9.99
CHEESEBURGER DELUXE	9.99
DBL CHEESEBURGER DELUXE	13.99
JERSEY BURGER	7.75
Burger, pork roll, lettuce & tomatoes	



## GYROS

BEEF GYRO	6.99
CHICKEN GYRO	6.99
BEEF GYRO W/ FRIES	8.99
CHICKEN GYRO W/ FRIES	8.99
GYRO SALAD	8.99



## CHEESE STEAK

CHICKEN CHEESESTEAK	7.99
PHILLY CHEESESTEAK	7.99
Sautéed onions, peppers & melted American cheese	

**\$19.99**

### THE BIG DEAL

1 Doz Bagels, 1/2 lb Butter or Plain Cream Cheese, 1/2 lb Flavored Cream Cheese

NOT BE COMBINED WITH ANY OTHER OFFERS. MUST MENTION COUPON WHEN ORDERING

**\$29.99**

### THE BAGEL TALK BASKET

1 Doz Bagels, 4 Jumbo Muffins, 1/2 lb Butter, 1/2 lb Plain Cream Cheese

NOT BE COMBINED WITH ANY OTHER OFFERS. MUST MENTION COUPON WHEN ORDERING

**\$35.99**

### THE BAGEL TALK SPECIAL

1 Doz Bagels, 1/2 lb Plain Cream Cheese, 1/2 lb Lox

NOT BE COMBINED WITH ANY OTHER OFFERS. MUST MENTION COUPON WHEN ORDERING

**\$79.99**

### SUPER SALAD PLATTER

1 lb Tuna, 1 lb Egg Salad, 1 lb White Fish Salad, 1 lb Vegetable Tuna, 1 lb Cream Cheese

NOT BE COMBINED WITH ANY OTHER OFFERS. MUST MENTION COUPON WHEN ORDERING

**\$89.99**

### TOP WRAP PLATTER

FEATURING A DELICIOUS SELECTION OF BOAR'S HEAD COLD CUTS AND HOUSE SALADS  
Includes: Italian, Turkey, Pastrami & Roast Beef

NOT BE COMBINED WITH ANY OTHER OFFERS. MUST MENTION COUPON WHEN ORDERING

**\$99.99**

### THE SILVER PLATTER

1 Whole Whitefish Deboned OR 1 lb White Fish Salad, 1 lb Hand Sliced Lox, 1/2 lb Plain Cream Cheese

NOT BE COMBINED WITH ANY OTHER OFFERS. MUST MENTION COUPON WHEN ORDERING

**\$19<sup>99</sup>**

**THE BIG DEAL**

1 Doz Bagels, 1/2 lb Butter or Plain Cream Cheese, 1/2 lb Flavored Cream Cheese

NOT BE COMBINED WITH ANY OTHER OFFERS. MUST MENTION COUPON WHEN ORDERING

**\$29<sup>99</sup>**

**THE BAGEL TALK BASKET**

1 Doz Bagels, 4 Jumbo Muffins, 1/2 lb Butter, 1/2 lb Plain Cream Cheese

NOT BE COMBINED WITH ANY OTHER OFFERS. MUST MENTION COUPON WHEN ORDERING

**\$35<sup>99</sup>**

**THE BAGEL TALK SPECIAL**

1 Doz Bagels, 1/2 lb Plain Cream Cheese, 1/2 lb Lox

NOT BE COMBINED WITH ANY OTHER OFFERS. MUST MENTION COUPON WHEN ORDERING

**\$79<sup>99</sup>**

**SUPER SALAD PLATTER**

1 lb Tuna, 1 lb Egg Salad, 1 lb White Fish Salad, 1 lb Vegetable Tuna, 1 lb Cream Cheese

NOT BE COMBINED WITH ANY OTHER OFFERS. MUST MENTION COUPON WHEN ORDERING

**\$89<sup>99</sup>**

**TOP WRAP PLATTER**

FEATURING A DELICIOUS SELECTION OF BOAR'S HEAD COLD CUTS AND HOUSE SALADS Includes: Italian, Turkey, Pastrami & Roast Beef

NOT BE COMBINED WITH ANY OTHER OFFERS. MUST MENTION COUPON WHEN ORDERING

**\$99<sup>99</sup>**

**THE SILVER PLATTER**

1 Whole Whitefish Deboned OR 1 lb White Fish Salad, 1 lb Hand Sliced Lox, 1/2 lb Plain Cream Cheese

NOT BE COMBINED WITH ANY OTHER OFFERS. MUST MENTION COUPON WHEN ORDERING

*Our Famous* **PANINIS**

- PETER LUGER** 7.99  
Roast beef, sautéed onion, mozzarella & luger sauce
- HONEY TURKEY CLUB** 7.99  
Honey turkey, cheddar, bacon, romaine, tomato, honey mustard
- THE RANCHERO** 7.99  
Turkey, avocado, bacon, ranch dressing, L & T
- THE CUBANO** 7.99  
Deluxe ham, crispy bacon, Swiss cheese, sliced pickle, Dijon mustard
- CHICKEN PESTO** 7.99  
Grilled chicken, mozzarella, roasted peppers, pesto sauce
- CAPRESE** 7.99  
Fresh mozzarella, tomatoes, pesto sauce

**FROM THE GREASE TRUCK**

- THE BIG JOHN** 13.99  
Cheesesteak, onion rings, mozzarella sticks, french fries, lettuce, tomato, ketchup & mayo
- THE BIG MAMA** 13.99  
Cheeseburger, chicken tenders, mozzarella sticks, french fries, lettuce, tomato, ketchup, mayo
- THE BIG POPPA** 13.99  
Cheesesteak, chicken tenders, mozzarella sticks, french fries, lettuce, tomato, ketchup, mayo
- THE SPOILED PRINCE** 13.99  
Chicken tenders, mozzarella sticks, french fries, lettuce, tomato, ketchup, mayo

**HOT WRAPS**

- CHEESEY BBQ CHICKEN** 7.99  
Grilled chicken, BBQ sauce & melted cheddar
- BUFFALO CHICKEN** 7.99  
Crispy chicken, buffalo sauce, blue cheese dressing, lettuce & tomato
- THE BAGEL TALK WRAP** 7.99  
Grilled chicken, melted cheddar, lettuce, tomato & ranch dressing
- BALSAMIC CHICKEN** 7.99  
Grilled chicken, mozzarella, roasted peppers, spinach & balsamic vinaigrette
- GRILLED VEGGIE WRAP** 6.99  
Assorted vegetables, lettuce & balsamic vinaigrette
- HONEY DIJON WRAP** 7.99  
Grilled chicken, onion, mushrooms, mozzarella, spinach, honey Dijon

**COLD WRAPS**

- HEALTHY WRAP** 7.99  
Turkey, roasted peppers, lettuce, tomato & low fat mayo
- MANHATTAN WRAP** 7.99  
Grilled chicken, fresh mozzarella, roasted peppers, lettuce & balsamic vinaigrette
- CALI WRAP** 7.99  
Oven roasted turkey, bacon, avocado, lettuce, tomato & ranch dressing
- CHICKEN SALAD BLT WRAP** 7.99  
Homemade chicken salad, bacon, lettuce & tomato
- CHICKEN CAESAR WRAP** 7.99  
Grilled chicken, romaine lettuce, parmesan cheese & caesar dressing
- TURKEY CLUB WRAP** 7.99  
Turkey, crispy bacon, lettuce, tomato & mayo

**TENDERS & WINGS**

- CHICKEN TENDERS COMBO**  
Crispy tenders with one sauce, regular fries & one dip
- 4 TENDERS COMBO** 7.99
- 7 TENDERS COMBO** 13.99
- 15 TENDERS COMBO** 29.99
- CHICKEN WINGS COMBO**  
Crispy wings with one sauce, regular fries & one dip
- 6 WINGS COMBO** 12.99
- 8 WINGS COMBO** 15.99
- 10 WINGS COMBO** 19.99
- 20 WINGS COMBO** 34.99



**SAUCE CHOICE :**  
BBQ, BUFFALO, MANGO HABANERO, GARLIC PARMESAN, SWEET CHILL OR CAJUN SPICE

**DIP CHOICE:**  
HONEY MUSTARD, RANCH, BLUE CHEESE

**HOUSE Specials**

- THE ITALIAN SUB** 7.99  
Ham, salami, capicola, provolone, lettuce, tomato, oil & vinegar, mayo on 8" sub roll
- THE AMERICAN HERO** 7.99  
Turkey, ham & american cheese on an 8" sub roll
- SLOPPY TALK** 7.99  
Roast beef, turkey, coleslaw & Russian dressing
- TURKEY CLUB TALK** 7.99  
Turkey, crispy bacon, lettuce, tomato, mayo
- TUNA TALK MELT** 7.99  
White tuna, melted American cheese on an open face
- CHICKEN TALK** 7.99  
Crispy chicken, melted mozzarella & roasted peppers
- NY SKY HIGH** 9.99  
Premium pastrami, turkey breast, coleslaw, Russian dressing & sliced deli pickles
- CHICAGO STYLE CORNED BEEF** 7.99  
Thin corned beef with deli mustard and sliced pickles

**SALAD BOWLS**

- TOP YOUR SALAD 2.50 EXTRA**
- GRILLED CHICKEN - CRISPY CHICKEN - TUNA - VEGGIE TUNA - CHICKEN SALAD**
- THE CLASSIC GARDEN** 5.99  
Lettuce, tomatoes, cucumbers, carrots, black olives, hard boiled eggs
- THE CHEF SALAD** 9.99  
Mixed greens topped w/ turkey, ham, roast beef & cheese
- THE CALIFORNIA COBB** 9.99  
Mixed green topped w/ turkey, bacon, avocado & bleu cheese, carrots & crumbles
- THE GREEK GARDEN** 6.99  
Lettuce, tomatoes, green peppers, onion, Greek olives & feta
- THE CAESAR** 6.99  
Romain lettuce, seasoned croutons & fresh parmesan
- CREATE YOUR OWN SALAD** 6.99  
Make it your own with our fresh ingredients and toppings

**HOMEMADE SALADS**

- SERVED ON A BAGEL, BREAD, WRAP, OR 8" SUB ROLL WITH SIDE SALAD & PICKLE**
- WHITE TUNA** 6.99 **PER LB.** 9.99
- CHICKEN SALAD** 6.99 9.99
- EGG SALAD** 5.49 8.99
- LIGHT VEGGIE TUNA** 7.49 11.99
- SPICY CHICKEN SALAD** 7.49 11.99
- HONEY DIJON CHICKEN SALAD** 7.49 11.99
- WALNUTS CRAISINS CHICKEN** 7.99 12.99
- SEAFOOD SALAD** 7.99 13.99
- WHITEFISH SALAD** 7.99 13.99

**BOAR'S HEAD DELI**

- SERVED ON A BAGEL, BREAD, WRAP, OR 8" SUB ROLL WITH SIDE SALAD & PICKLE**
- OVENGOLD TURKEY** 6.99 **PER LB.** 12.99
- MAPLE HONEY TURKEY** 7.49 12.99
- DELUXE HAM** 6.99 11.99
- VIRGINIA HAM** 6.99 12.99
- GENOA SALAMI** 5.99 11.99
- HARD SALAMI** 5.99 11.99
- BOLOGNA** 4.99 8.99
- CAPICOLA** 5.99 11.99
- BLAZING BUFFALO CHICKEN** 5.99 11.99
- ROAST BEEF** 7.49 15.99
- CORNED BEEF** 6.99 14.99
- PASTRAMI** 6.99 14.99
- ROAST PORK** 6.49 13.99
- PEPPERONI** 5.99 9.99
- YELLOW AMERICAN CHEESE** 4.49 7.99
- SWISS CHEESE** 4.99 8.99
- PROVOLONE** 4.99 8.99
- MONTEREY JACK CHEESE** 4.99 8.99
- CHEDDAR CHEESE** 4.99 8.99
- WHITE AMERICAN CHEESE** 4.99 8.99
- MOZZARELLA CHEESE** 4.99 8.99
- MUENSTER CHEESE** 4.99 8.99



**TICETOWN SQUARE MALL**  
3175 Route 9N  
OLD BRIDGE, NJ 08857

**732-952-5456**  
FAX: 732-952-5458

*HOURS:*  
Monday - Friday: 5am - 4pm  
Saturday: 6am - 4pm  
Sunday: 6am - 3pm

**ORDER ONLINE:**  
[WWW.BAGELTALKOB.COM](http://WWW.BAGELTALKOB.COM)

