

**THE BIG DEAL**

Bakers Dozen  
(13 Bagels)  
½ Lb. Cream Cheese &  
½ Lb. Flavored Cream  
Cheese  
**\$17.99**  
With Coupon. Exp 02/28/20  
Not to be combined with any other offers.  
Valid at Bagel Talk Old Bridge

**6 FREE BAGELS**  
with Purchase of 12

**3 FREE BAGELS**  
with Purchase of 6

With Coupon. Exp 02/28/20  
Not to be combined with any other offers.  
Valid at Bagel Talk Old Bridge

**6 BAGELS &  
½ LB FLAVORED  
CREAM CHEESE**  
**\$7.99**

With Coupon. Exp 02/28/20  
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Valid at Bagel Talk Old Bridge

**BOAR'S  
HEAD  
DELI MEATS  
\$1.00 OFF / LB**

With Coupon. Exp 02/28/20  
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Valid at Bagel Talk Old Bridge

Our Famous  
Homemade  
Chicken or Tuna Salad  
**\$7.99 / LB**

With Coupon. Exp 02/28/20  
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Valid at Bagel Talk Old Bridge

**BREAKFAST  
SPECIAL**

2 Eggs, Cheese  
Any Breakfast Meat  
on a Bagel  
with 12 oz. Coffee  
**\$4.99 +TAX**

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**SPECIALTIES OF THE HOUSE**

- Bagel Talk Tenders** .....6.49  
*Four all white meat chicken tenders, lightly breaded w/ mild seasoning.  
Served w/ French fries*
- Tuna Talk Melt** .....6.99  
*(Open Faced) Fresh tuna topped w/ your choice of melted cheese*
- Turkey Club Talk** .....7.49  
*Turkey, bacon, your choice of cheese, lettuce & tomatoes on choice of bread*
- Sloppy Talk**.....7.99  
*Turkey, roast beef, coleslaw & Russian dressing*
- Chicken Talk**.....7.99  
*Breaded chicken cutlet w/ melted mozzarella cheese & freshly  
made roasted peppers*
- Vegetarian Falafel Wrap** .....5.99  
**w/ Fries** .....7.49

**LET'S TALK SALADS**

- Garden Salad** .....4.99
- Garden Salad w/ Premium Topping** .....6.99
- Chicken Caesar**.....7.49  
*Romaine topped w/ grilled chicken breast & homemade Caesar dressing*
- Chef's**.....7.99  
*Mixed green veggies topped w/ turkey, ham, Swiss & American cheese*
- Cob Salad** .....7.99  
*Mixed greens topped w/ turkey, bacon, egg, black olives & carrots*
- Oriental Chicken Salad** .....7.49  
*Spring mix, grilled chicken, mandarin oranges & almonds*
- Create Your Own Salad** .....6.99  
*(Chopped or toasted. Up to 6 items... additional items extra)*

**"LET'S TALK SIDES"**

- |                           |              |      |
|---------------------------|--------------|------|
| Ham, Sausage, Turkey,     | Cheese Fries | 3.49 |
| Bacon or Pork Roll.....   | Onion Rings  | 3.49 |
| Coleslaw, Potato Salad or | Butter       | 0.50 |
| Macaroni Salad.....       | Cream Cheese | 0.50 |
| Home Fries.....           | Tomatoes     | 0.50 |
| French Fries.....         | Onion        | 0.50 |

**"LET'S TALK PASTRIES"**

- Croissants** *Chocolate Croissant*.....1.75
- Muffins** .....2.25
- Apple Turnover** .....2.29
- Crumb Cake** .....1.99
- Cronuts**.....3.75
- Cheese Danish**.....2.25
- Black & White**.....Sm. 1.25 Lg. 2.50

**CALL FOR DAILY SOUP**

- Small** .....3.99
- Large**.....4.99

**LET'S TALK CATERING**



**The Continental**  
Per Person ..... 5.95  
(15 Guests Minimum)  
*Assorted of fresh  
bagels, muffins,  
Danish, bialys, rolls,  
butter, jelly & cream*



**Mini Bagels Platter**  
*Serve 20-25 guests.*  
**Mini Bagel Sandwiches**  
**Overstuffed with Boar's Head**  
**Cold Cuts 4 Lb. of Salads**  
*(Macaroni, potato, pasta, coleslaw)*



**Deluxe Salads Platter**  
Small .....54.99  
*Serve 8-12. Includes 20 half bagels  
& assortment of house made  
salads from chicken, tuna, spicy  
chicken, honey dijon, lite chicken,  
walnut raisin & egg*  
Large .....89.99  
*Serve 15-20. Includes 30 half  
bagels a Assortment of house  
made salads*



**Nova Lox  
& Bagels Platter**  
Small ..... 59.99  
*Serve 6-10. Includes 14 half bagels  
& 1.5 Lb. of center cut Nova Lox  
& cream cheese*  
Large ..... 99.99  
*Serve 10-20. Includes 24 half  
bagels & 2.5 Lb. of center  
Cut Nova Lox & cream cheese*



**Party Hero By the Foot**  
3-6 Feet  
Features your favorite Boar's Head  
cold cuts. Includes two choices of  
salad & all the condiments  
**American Style**..... 20.99/ft  
**Italian** ..... 22.99/ft  
**Half & Half** .....22.99/ft  
**Chicken (Grilled or Cutlet)** 22.99/ft  
**Chicken wit Fres Mozzarella &  
Roasted Pepper** ..... 24.99/ft



**Party Bagel**  
An 18-20" round bagel overstuffed  
w/ your favorite Board's Head  
cold cuts. Include 2 choices of  
salads & all th condiments  
**American Style**.....69.99  
**Italian** .....74.99  
**Half & Half** .....74.99  
**Chicken Cutlet** .....74.99  
*\*Also available in 12" Bagel,  
Numbers or Letters.*

*Special Request Platters. Let us help you design the right platters  
to make your party a memorable event*



**"Freshly baked, hand-rolled the old  
fashioned way"**

**Great Food & Excellent Service in a Friendly  
Casual Atmosphere**

**TICETOWN SQUARE MALL**  
**3175 Route 9 North, Old Bridge, NJ 08857**

**732-952-5456**

**Fax: 732-952-5458**

**HOURS**

Monday - Friday 5:00 AM - 4:00 PM  
Saturday 6:00 AM - 4:00 PM • Sunday 6:00 AM - 3:00 PM

*Eat-In • Take Out • Delivery • Catering*



**www.bageltalkob.com**

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## "LET'S TALK BREAKFAST" SPREADS

Butter.....	1.99	Cream Cheese.....	2.25
Lite Cream Cheese.....			2.50
Flavored Cream Cheese.....			3.25
<i>Vegetable, scallion, olive pimienta, hot pepper, maple bacon, walnut raisin, strawberry &amp; Nutella</i>			
Lox & Cream Cheese Spread.....			3.75
Peanut Butter & Jelly.....			3.25
Sliced Lox (Nova) & Cream Cheese.....			7.99

Add Butter or Jelly 50¢

## EGG SANDWICHES

Your Choice of Bagel, Roll, Pita, White Rye or Whole-Wheat Bread

Two Eggs.....	2.99
Eggs w/ Cheese.....	3.49
Eggs w/ Choice of Bacon, Pork Roll, Ham or Sausage.....	4.25
Eggs w/ Premium Meats <i>Turkey, Turkey Bacon, Pastrami or Roast Beef.....</i>	4.75
Bacon, Sausage, Ham & Porkroll Sandwich.....	4.00

## HOUSE SPECIALS

Healthy Breakfast Talk.....	5.99
<i>Egg white, turkey, tomato &amp; pepper Jack cheese</i>	
Garden State Talk.....	5.99
<i>Egg whites, peppers, onion, mushrooms, tomatoes &amp; spinach</i>	
Bagel Talk Bomb.....	5.99
<i>Eggs, bacon, cheese, sausage, potatoes &amp; onions on bagel or roll</i>	
Double Talk <i>Eggs w/ bacon, pork roll &amp; cheese.....</i>	5.75
California Breakfast Burrito.....	6.49
<i>Eggs w/ ham, peppers, onions &amp; potatoes in a whole-wheat wrap w/ spicy salsa</i>	
The Meatatarian (For Meat Lover's).....	7.99
<i>Eggs, bacon, sausages, ham &amp; pork roll</i>	
The Left Coast <i>Egg whites, turkey bacon, spinach &amp; tomatoes.....</i>	6.99
The LoneStar Burrito.....	7.99
<i>Scrambled eggs, grilled steak, sautéed onion, melted cheese &amp; potatoes</i>	

## OMELETTES & PLATTERS

All Omelettes Are Made w/ 3 Large Eggs & Come w/ Home Fries, Bagel or Toast

Three Eggs		Greek Omelette.....	7.99
Omelette or Platter.....	6.49	<i>Spinach, mushrooms, tomatoes &amp; feta</i>	
Cheese Omelette.....	6.99	Left Coast Omelette.....	8.99
<i>Ham, Sausage, Bacon or Turkey</i>		<i>Egg whites, turkey bacon, spinach &amp; tomatoes</i>	
Omelette w/ Cheese.....	8.99	French Toast.....	5.99
<i>Western Omelette.....</i>		<i>Our tender &amp; fluffy classic recipe</i>	
<i>Ham, cheese, peppers &amp; onions</i>		Pancakes.....	5.49
Lite Omelette.....	7.99	<i>Three lite &amp; fluffy classic pancakes</i>	
<i>Egg whites, onions, peppers, mushrooms, tomatoes &amp; low-fat cheese</i>		Add Chocolate Chips.....	1.00

Egg Whites Add 85¢ · Cheese Add 75¢ · Wrap Add \$1.00

All Prices Subject to Change without Notice

## "LET'S TALK LUNCH"

All Sandwiches are Served on Your Choice of a Bagel, Roll, White, Rye, or Whole-Wheat Bread, Coleslaw, Macaroni Salad or Potato Salad

Turkey.....	6.49	Roast Beef.....	6.99
Honey Turkey.....	6.99	Pepperoni.....	6.99
Ham.....	6.49	American Cheese.....	3.99
Bologna.....	6.49	Other Cheeses.....	4.99
Buffalo Chicken.....	6.99	Italian Hero.....	7.99
Salami.....	6.49	<i>Ham, salami, pepperoni &amp; provolone</i>	
Pastrami.....	6.99	American Hero.....	7.99
Corned Beef.....	6.99	<i>Turkey, ham &amp; American</i>	

## HOMEMADE SALADS

	Sandwich	per Lb
Spicy Chicken Salad.....	6.29	9.99
Honey Dijon Chicken Salad.....	6.29	9.99
Tuna Salad.....	5.99	9.99
Lite Tuna Salad.....	6.29	10.49
Chicken Salad.....	5.99	9.99
Lite Chicken Salad.....	6.29	10.49
Egg Salad.....	4.25	6.49
White Fish Salad.....	6.49	11.99
Walnuts Craisins Chicken Salads.....	6.49	10.99

## TOASTED FLATBREAD

Grilled Chicken.....	7.49	Caprese.....	7.49
<i>Grilled chicken, fresh mozzarella cheese, roasted peppers &amp; balsamic vinegar</i>		<i>Fresh mozzarella cheese, tomatoes, basil pesto &amp; olive oil</i>	
Cheesesteak.....	7.49	Buffalo Chicken.....	7.49
<i>Thinly sliced steak, smothered w/ American cheese, peppers &amp; onions</i>		<i>Boar's Head buffalo chicken w/ pepper Jack cheese, lettuce, tomatoes &amp; mayo</i>	
Peter Luger.....	7.49	Grilled Chicken Pesto.....	7.49
<i>Roast beef w/ grilled onions, melted mozzarella cheese &amp; Peter Luger steak sauce</i>		<i>Grilled chicken, fresh mozzarella, roasted peppers, basil pesto &amp; olive oil</i>	
Grilled Veggie.....	6.49	Chicken Cutlet.....	7.49
<i>Fresh mozzarella cheese, mixed vegetables &amp; balsamic vinegar</i>		<i>Breaded chicken cutlet w/ American cheese, lettuce, tomatoes &amp; ranch dressing</i>	
Club.....	7.49	Honey Turkey Club.....	7.49
<i>Turkey, Swiss cheese, bacon, tomatoes &amp; mayo</i>		<i>Boar's Head honey turkey, bacon, lettuce, tomatoes &amp; honey mustard dressing</i>	

Make it a Club \$1.99 Extra · Add Cheese 75¢ Extra  
Big Talk: Add French Fries \$1.99

## CALL FOR DAILY LUNCH SPECIALS



## TOP WRAPS

### HOT WRAPS

Cheesy BBQ Chicken.....	7.49
<i>Chicken breast in zesty BBQ sauce, grilled onions, peppers, shredded cheese &amp; lettuce</i>	
Buffalo Chicken (Spicy)....	7.49
<i>Grilled chicken breast in hot sauce, shredded lettuce, tomatoes &amp; blue cheese dressing</i>	
Bagel Talk Wrap.....	7.49
<i>Grilled chicken breast, melted cheddar, lettuce, tomatoes &amp; ranch dressing</i>	
Honey Dijon Talk.....	7.49
<i>Grilled chicken breast, sautéed onions, mushrooms, mozzarella cheese, fresh spinach &amp; honey mustard dressing</i>	
Mexican.....	7.49
<i>Grilled chicken breast, spinach, tomatoes &amp; melted cheddar</i>	
Grilled Veggie.....	6.99
<i>Assorted vegetables, mixed greens &amp; balsamic vinaigrette</i>	

### COLD WRAPS

Healthy Wrap.....	7.49
<i>Sliced Boar's Head turkey, roasted peppers, crisp lettuce, tomatoes &amp; low-fat mayo on a whole-wheat wrap</i>	
Manhattan.....	7.99
<i>Grilled chicken breast, fresh mozzarella cheese, roasted peppers, lettuce &amp; balsamic vinaigrette</i>	
Mediterranean.....	7.99
<i>Grilled chicken breast, roasted peppers, artichoke hearts, red onion, black olives, lettuce &amp; feta cheese</i>	
Chicken Caesar.....	7.49
<i>Grilled chicken breast, lettuce, croutons parmesan cheese &amp; Caesar dressing</i>	
Turkey Club.....	7.99
<i>Boar's Head turkey, crisp bacon, lettuce, tomatoes &amp; mayo</i>	
Wrap My Salad	
<i>Create you own salad on a wrap Add 1.00</i>	

## FROM THE GRILL

B.L.T.....	4.99	Cajun Chicken.....	7.49
<i>Bacon, lettuce &amp; tomatoes</i>		<i>Chicken strips grilled in cajun spices, melted Swiss, mayo, lettuce &amp; tomatoes</i>	
Reuben Talk.....	7.49	Chicken Delight.....	7.49
<i>Sliced corned beef, melted Swiss, sauerkraut &amp; Russian dressing on rye</i>		<i>Grilled onion, peppers, mozzarella, lettuce &amp; tomatoes on pita</i>	
Roast Beef Talk.....	7.49	Grilled Cheese.....	4.49
<i>Thin roast beef, grilled onion, melted cheddar &amp; horseradish sauce</i>		Beef or Chicken Gyro.....	6.49
Hot Pastrami.....	7.49	<i>Lettuce, tomatoes, onion &amp; tzatziki sauce on pita</i>	
<i>Melted Swiss &amp; dijon mustard on rye</i>		Combo.....	6.99
Philly Cheese Steak.....	7.49	The Monte Cristo.....	7.49
<i>Topped w/ grilled onions, peppers, &amp; American cheese on a roll</i>		<i>Sliced turkey, bacon, melted Swiss cheese, coleslaw &amp; Russian dressing</i>	
Pepper Jack Chicken.....	7.49	Cheeseburger Deluxe.....	7.49
<i>Grilled chicken strips, bacon, pepper Jack, chipotle mayo, lettuce, onion &amp; tomatoes</i>		<i>Grilled &amp; topped w/ lettuce, tomatoes &amp; grilled onions</i>	

## FROM THE GREASE TRUCK

Served On Fresh Baked Rolls

*The Big John.....	8.99
<i>Cheesesteak, French fries, mozzarella sticks, onion rings, lettuce, tomatoes, ketchup &amp; mayo</i>	
*The Big Poppa.....	8.99
<i>Cheesesteak, chicken tenders, mozzarella sticks, French fries, lettuce, tomatoes, ketchup &amp; mayo</i>	
*The Big Mamma.....	8.99
<i>Chicken tenders, cheeseburger, mozzarella sticks, French fries, lettuce, tomatoes, ketchup &amp; mayo</i>	
*The Big Spoiled Princess.....	8.99
<i>Chicken tenders, mozzarella sticks, French fries, lettuce, tomatoes, ketchup &amp; mayo</i>	

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Any Breakfast Meat  
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with 12 oz. Coffee  
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