



www.HighBrowEventGroup.com

Please order 48-72 hours in advance

info@highbroweventgroup.com

484-909-3284 call/text

**Menu requests accommodated based on availability*

PERFORMANCE MEAL OPTIONS

Half 7-8 Athletic Portions/Full 15-18 Portions

Proteins:

Pineapple Chicken

Chicken & Veggie Stir Fry

Shrimp & Veggie Stir Fry

\$85 Half /\$150 Full

BBQ Chicken Breast

Herbed Pork Loin

Lemon Caper Chicken

Vegetables & Sides

Roasted Root Vegetables

Sesame Broccoli

Sauteed Green Beans

Cheesy Cauliflower

\$65 Half /\$120 Full

Brown Rice Pilaf

Sweet Potato Fries

Roasted Rosemary Potatoes

Multi-Grain Power Blend

Salads

Garden Salad

Watermelon Feta

\$45 Small/\$79 Large

Greek

Mandarin Orange & Almond

Smoothies

16 oz/ \$7.5

Strawberry Banana * Green Machine * Chocolate Peanut Butter

Individual Boxed Meals Starting at \$17.95 per athlete