



POST 90 GAZETTE

Edited by Amy Ostler



FLAG DISPOSAL CEREMONY

"WOW" - "AWESOME" were just a few of the comments heard after the American Flag disposal ceremony on Tuesday, March 19, 2019 by the Lester Keate Post 90 Ritual Team and Boy Scout Troop #1765. The ceremony took place in the parking lot of the Morningside LDS Chapel off 900 South and drew quite a crowd. Mayor Jon Pike and City Council members Ed Baca, Jimmie Hughes and Michele Randall were all in attendance.*See full story on page 4*



Save the Dates!

American Legion of Utah District 7 Spring Conference

Saturday, April 20th, 2019
 11:00 am - 1:00 pm (lunch served 12:30 pm)
 \$15.00 per person (includes meal, cookies and water)
 PAY AT REGISTRATION TABLE
 136 North 100 East, St George

RSVP by April 10th, 2019 martibigbie@gmail.com

2019 Department of Utah Convention

Dates of Convention:
 21-22-23 June 2019

Location:
 Desert Garden Inn
 1450 So. Hilton Drive, St. George, UT. 84770

POT LUCK / MEETING

Mexican Cook-Off

April 24, 2019 at 6:00 PM

A-G Salads H-M Vegetables
 N-S Deserts T-Z bread/butter

Dishes for judging need to be there by 5:45 PM

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UPCOMING EVENTS

- Apr 1-2** - Continue Mission at St. George Vet Center
- Apr 19** - Good Friday
- Apr 20** - District 7 American Legion Spring Conference
- Apr 21** - Easter Sunday



Commanders Message

Marti Bigbie

Nominations for Officers for 2019-2020 for Post 90 are listed below (you can still volunteer for any position). Voting for Post Officers will be done during April with installation at the May General Meeting/Dinner. Also at that time Legionnaire of the Year, Citizen of the Year and Business of Year will be honored.

Ballot for 2019-2020 Membership year (7-1-19 thru 6-30-20)

Post Commander -- Marti Bigbie

Vice Commander -- Terry Dunne

2nd Vice Commander -- Jim Webb

3rd Vice Commander -- Maynard Sorensen

Adjutant -- Brooks B Reese

Service Officer -- Terry Dunne

Finance Officer -- Pam Palermo

Chaplain -- Don Oborn, Paul Cramer, Terry Dunne, Ken Bricker

Sgt-at-Arms -- Bodie Bodenhamer

Historian & PR --

Judge Advocate -- Tom Lystrup

Membership (works w/Adjutant) entire membership of the Post



If you are planning on attending the District 7 Spring Conference on April 20th I will need to know by April 10th your choice of toppings for lunch that will be served after the District meeting which will start at 11:00 am with lunch served at 12:30 pm. Meeting is going to be held at the St George Chamber of Commerce (lower level) Auxiliary (top level) 136 N 100 E, St George. Members of the Department will be attending. Candidates for Vice Commander and Commander will also be there.

100th American Legion Department Convention will be held in St George on June 21-23. District 7 will be hosting and needs everyone's help in making this a success. Help is needed in several areas so if you have the time please call or email with your interest.

Volunteers are also needed to help with the American Legion Baseball June 19-22. See Terry Dunne or me to get your name on the list.

District 7 Report

Marti Bigbie

With the upcoming District 7 Spring Conference to be held on April 20th at the St George Chamber of Commerce, 136 N 100 E, St George. Any member of the Post within District 7 and Auxiliary members are invited to attend. Posts that have achieved 100% paid membership by April 20th will receive a certificate and pin. A new District 7 Commander will also be voted on at that time.

If you are planning to attend, I will need to know by April 10th of your choice of toppings for lunch that will be served after the meeting.

District 7 report continued....

REPORTS for each Post activities/events that the Post was involved with this past year (from July 1st to current) need to be presented at the District meeting. (these reports will also help you complete the CPR report that is due by 6-1-19)

Members from the Department will be attending along with the Candidates for Vice Commander and Commander NEC and alternate NEC for 2019-2020.

Vice Commander Department of Utah

Marti Bigbie

Utah is once again number 1 for the Western Region for membership. The Goal for 2019 is 6,516 which we have 6068 or 93%. We have to have 6190 by April 10th for the 95% Goal and 6,516 May 8th for the 100% goal. As I attend the District Meetings/conferences Certificates/Pins for 100% paid membership by the District meeting date are given to the Posts that have achieved this goal. Yellow ribbons for 100% paid membership by 12-31-18 are given to those Posts who reached the 100% paid membership goal.

I THANK EACH AND EVERY LEGION MEMBER WHO HAS HELPED THE DEPARTMENT TO REACH ALL MEMBERSHIP % GOALS. Still need to follow up on those unpaid memberships as we do not want to lose our Legionnaires or Veterans from the American Legion Family.

Unit 90 Auxiliary St George

Marti Bigbie Secretary

For the Americanism Essay Contest Unit 90 had 1 first place and 2 honorable mention essays out of the submitted essays for Utah.

Nominations for 2019-2020 for Unit 90 Auxiliary are as follows: (still need volunteers for the open positions)

President -- Gwen Reese

Vice President --

Secretary -- Kayleen Beebe

Treasurer -- Judy Oar

Chaplain --

Membership --

Poppy Chairman --

Historian --

Girls State Chairperson -- Judy Oar

Volunteers are needed to man stations for Poppy Day May 25th. Please see Frieda to sign up.

Veteran Spotlight

“WOW” - “AWESOME” were just a few of the comments heard after the American Flag disposal ceremony Tuesday, March 19, 2019 by the Lester Keate Post 90 Ritual Team and Boy Scout Troop #1765.

The ceremony took place in the parking lot of the Morningside LDS Chapel off 900 South and drew quite a crowd.

Mayor Jon Pike and City Council members Ed Baca, Jimmie Hughes and Michele Randall were all in attendance.

“It was such a memorable and educational experience for all in attendance” said Harvey Hefley of Post 90. For many, Hefley continued “this was their first flag disposal ceremony.

To start the ceremony, Foster Johnson, Commander of the Post 90 Ritual Team handed out 50 worn out American Flags from over 250 donated that night to each uniformed scout, as they stood before the crowd in a single line formation.

After a brief history of the flag and the correct procedures for flying and disposing of the flag, the Pledge of Allegiance was offered and the flags were presented for disposal.



The audience was very respectful and quiet as each flag was placed on the burn pyre.

Each scout troop was acknowledged at the table before the Mayor and the City Council members and after the rounds of applause from the audience, refreshments were served.

Post 90 (made up of Post 90 and Post 142 ritual team volunteers) wish to thank all the following that well supported this special flag disposal ceremony. Boy Scouts of America,

National Parks Council, St. George Mayor Jon Pike, City Council members Ed Baca, Jimmie Hughes and Michele Randall. St. George area Chamber of Commerce, 8 boy scout troops, area club scout packs, and 2 young women groups.

Harvey Hefley - Post 90



Items of Interest

American Legion Auxiliary Poppy Program

Connecting the visual image of the poppy with the sacrifice of service made by our veterans has been an important goal of the American Legion Auxiliary Poppy Program since its inception in 1921. On Memorial Day and Veterans Day, millions of red crepe paper poppies—all handmade by veterans as part of their therapeutic rehabilitation—are distributed across the country in exchange for donations that go directly to assist disabled and hospitalized veterans in our communities.



ALA Poppy Program Fact Sheet - The Remembrance Poppy - Significance and Program Overview

Each year, the American Legion Auxiliary's three-quarters of a million members - direct female relatives of wartime veterans - raise more than \$5.5 million through the distribution of the symbolic red poppies to support active-duty military, veterans, and their families. The Auxiliary's 8,000+ neighborhood units distribute poppies throughout the year, especially on Memorial Day and Veterans Day. The red poppy has become a nationally recognized symbol of sacrifice worn by Americans since World War I to honor those who served and died for our country in all wars. It reminds Americans of the sacrifices made by our veterans while protecting our freedoms. One hundred percent of the donations collected directly support the needs of veterans, military, and their families.

Quick Facts

- The red poppy came to symbolize the blood shed protecting Americans' freedom following publication of the wartime poem "In Flanders Fields" written by Lt. Col. John McCrae, M.D., while serving on the front in WWI, to honor soldiers killed in battle.
- The popularity of the red poppy as a memorial to those who sacrificed their lives in war began in November 1918 when Moina (pronounced mo-ee-na) Michael was so moved by Lt. Col. McCrae's poem that she bought a bouquet of poppies on impulse - all that New York City's Wanamaker's Department Store had - and handed them to businessmen meeting at the New York YMCA where she worked. She asked them to wear the poppy as a tribute to the fallen. WWI was over, but America's sons would rest forever "in Flanders Fields." Later, Moina would spearhead a campaign that resulted in the adoption of the poppy as the national symbol of sacrifice. In 1923, the poppy became the official flower of The American Legion Family in memory of soldiers who fought on the battlefields during WWI.
- Last year, American Legion Auxiliary members raised more than \$5.5 million from poppy donations, 100 percent of which was used exclusively to support active-duty military, veterans, and their families through the Auxiliary's outreach program services.
- Veterans handcraft the flowers with assistance from unpaid volunteers. The veterans not only earn a small wage, which helps to supplement their incomes and makes them feel more self-sufficient, but the physical and mental activity provides many therapeutic benefits for the veteran.
- A veteran who devotes five to six hours per day assembling the red crepe paper poppies can make as many as 2,000 to 3,000 poppies in a week.
- Volunteers do not sell poppies - they "distribute" them, with a request that the person receiving the poppy make a donation to the poppy fund to support the Auxiliary's veteran outreach programs.
- Founded in 1919 to support the work of The American Legion, the American Legion Auxiliary is recognized as the world's largest women's patriotic service organization.