

No Bake Energy Balls

Author: Brittany Mullins Prep Time: 10 minutes Total Time: 10 minutes
Yield: 16



DESCRIPTION

These peanut butter no bake energy balls require only one bowl, eight ingredients and about 10 minutes of hands-on prep time. You'll love having them as a portable snack option!

INGREDIENTS

- 1 cup old fashioned rolled oats
- 1/2 cup natural peanut butter
- 1/4 cup honey
- 1/4 cup unsweetened shredded coconut
- 1/4 cup chocolate chips
- 2 Tablespoons ground flaxseed
- 1 teaspoon vanilla extract
- pinch of sea salt

INSTRUCTIONS

- 1 Place all ingredients in a large bowl and stir together well to combine.
- 2 Place bowl of "dough" in the fridge for 30 minutes to an hour so it can set up.
- 3 Bring dough out of the fridge and roll into balls about 1 Tablespoon in size.
- 4 Store in a covered container in the fridge or freezer.

Find it online: <https://www.eatingbirdfood.com/no-bake-energy-balls/>