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Volume 16 No. 3, Mar., 2021 (published Feb. 24, 2021)

Next Meeting: AGM - Wednesday, Mar. 3rd, 2021 @ 10:00 a.m. (via Zoom)

President's Message David Wentzell 905-878-5862 (david.g.wentzell@gmail.com)



Laughter is the Best Medicine

Greetings. I hope this Milton Probus Pulse finds you healthy and happy. If you participated in our Zoom Trivia in February, you may have learned some little-known facts that have stuck with you. I learned that there are 32 muscles in a cat's ear. I also learned that on average, adults laugh 13 times a day. I got both of these questions wrong. One question, because I studied law, not veterinary medicine, and the other question, because 13 laughs a day seemed too few.

In follow-up research, I have learned that as babies we laughed up to 300 times a day. Somewhere along the line we outgrew laughter. That is truly retrograde development. Science has shown that laughter really is the best medicine. Consider that laughter has been proven to:

- reduce hormones that cause stress;
- increase infection fighting anti-bodies;
- promote muscle relaxation;
- stimulate both sides of the brain to enhance learning; and
- decrease your standing blood pressure

Perhaps best of all, it turns out, laughter is good exercise. A Stanford University study showed that one minute spent laughing is the exercise equivalent of 10 minutes on the rowing machine! I can now claim to be multitasking as I watch an episode of *Schitt's Creek*. "Yes, Dear, I am exercising".

With my new-found insights into the medicinal benefits of laughter, I encourage each of you to be above average – laugh more than 13 times a day. It's easy. Here's how. Find delight and amusement in ordinary things, like children do. Be mindful of "lightening up". Avoid negative people, conversations and news. Schedule a daily humour break. Plan to attend the monthly Probus meeting. After all, we end each meeting with the President's Joke!

Here is a little something to get your laugh meter started today.

What if the person who named walkie-talkies named everything?

- *Socks would be feetie-heaties.
- * Forks would be stabbie-grabbies.
- *Wigs would be hairy-wearies.
- *Microwaves would be heatie-eaties

March is PROBUS Month

If you need an excuse to extend March celebrations beyond the green beer and shamrocks of St. Patrick's Day, here it is: March is National PROBUS Month!

National PROBUS Month was started in 2013 as an initiative of the PROBUS Club of Shediac Shores in New Brunswick. March was selected in recognition of the founding of the first PROBUS Club in Canada, in Cambridge, Ontario in March, 1987.

When we gather in person, we mark the occasion with a special cake at coffee time. Usually we put off our cake until our April meeting. We don't want a blizzard to stand between us and our cake and icing! Of course, there will be no cake this year. But the absence of celebratory sweets doesn't keep us from embracing the essence of National PROBUS Month. The man behind the idea has said:

"The initial thinking behind National PROBUS Month (NPM) was to celebrate the PROBUS experience, to get to know PROBUS from within and to enhance its recognition and visibility throughout the country. More than an education program, its intent is to give us a chance to express ourselves, even reinvent ourselves."

This month, we encourage you to take up the challenge to expand the reach of your PROBUS Club. Let your friends know about the fellowship and fun you experience through PROBUS. Invite someone to join our meeting on Zoom. There is always a front row seat available.



I'VE LEARNED 2 VERY
IMPORTANT LESSONS
IN MY LIFE. I CAN'T
RECALL THE FIRST ONE,
BUT THE SECOND ONE IS
THAT I NEED TO START
WRITING THINGS DOWN.

From the Secretary Walter Eadie 905-691-5100 (walter.eadie@cogeco.ca)

The monthly Management Committee meeting was held by Zoom on Feb 15th

- The final slate of nominations for election to the 2021-2022 Management Committee will be announced at our March general meeting (see below for current list of volunteers)
- The final 2021 Budget was approved
- The Budget and the 2020 Financial Statement will be distributed to the Membership 30 days prior to the AGM
- The Committee agreed to amend the Policy on notification of the death of a member to also include previous members. Details will be finalized next month.
- Walter received approval to explore membership interest in a St Lawrence river cruise as a Probus trip in 2022.

NOTICE

Nominations for the Management Committee

The following Management Committee positions are up for renewal this year and the following nominations have been received to-date.

If you are interested in serving on the Management Committee, contact Ray Mathews, 905 636 8680, remathews@bell.net All Management Committee job descriptions are available from the Secretary for interested members.

Positions & Nominations

Vice President - Bill Scarrow (for a 1-year term)
Secretary - Susan Popp (for a 2-year term)
Fellowship Director - Patricia McIntyre (for a 2-year term)
Program Director - Carol Streeter (for a 2-year term)
Property/Facilities Director - Bob Streeter (for a second 2-year term)
Communications - David Wentzell (for a 2-year term)

Zoom Meetings

We would like to remind our members to update/upgrade their Zoom clients on a regular basis. Zoom releases new updates quite often which include updates for product enhancements, bug fixes and security updates.

Updating is fairly simple, if you don't have the app you can download the latest version at https://zoom.us/download. Otherwise, you can check for updates by signing into your app, then click your profile picture, and then click "Check for Updates".

Note that Zoom includes some details instructions and a visual guide in its Help Center at https://support.zoom.us/hc/en-us/articles/201362233-Upgrade-update-to-the-latest-version if you need more assistance.

From our Fellowship Directors:

(Marlene Murphy 905-659-2288 marlene_murphy@hotmail.com; Jim Miller 905-876-3105; jimmiller@rogers.com)

Greeting Cards



If you know of a member who is ill, hospitalized or lost a loved one, please advise the Fellowship Director or a member of the management committee.

If you or a fellow Probus member is moving out of the area, please inform us.



Upcoming Speakers: February Speaker

March Speaker

Steve Chappell:



Steve Chapelle has been providing information privacy and security education to Canadian organizations since 2006. Prior to that he spent over 20 years in information technology management, analysis and customer service, primarily in the financial services sector. Information management experience has included security, availability and disaster recovery planning. He has also written a book about the Spanish Flu pandemic, 'No Decision: The 1919 Stanley Cup Final', available at Amazon.

"The personal expressions and messages we routinely exchange in social media are in no way private. Some understand this and use discretion in their digital communication. Others do not or willfully continue to distribute content that puts reputation, property and physical safety at risk.

Refusing to take part in social media will gradually lead to personal and functional isolation. The answer lies in developing an instinct for appropriate digital communication."

If you would like to learn more about social media usage and its connection to privacy, safety, reputation or finances please join us in March at our Milton Probus Zoom Meeting.



April Speaker

Christine Allum: Ontario Securities Commission. Fraud



Protect Your Money!

Christine Allum is Senior Advisor, Investor Engagement and Stakeholder Partnerships in Investor Office at the Ontario Securities Commission where she partners with various groups and organizations to deliver investor education and fraud prevention workshops. Prior to joining the OSC, she worked at the Toronto Stock Exchange. Her financial expertise includes adult training, curriculum resource development, relationship management and community outreach. She graduated from Ryerson University and Ontario Institute for Studies in Education of the University of Toronto.

The Protect Your Money presentation will highlight some common frauds and scams and the warning signs of investment fraud.

Travel

PROBUS GROUP TRAVEL - Walter Eadie



Probus travel plans were cancelled for 2020 and 2021 so it is time to look ahead to 2022.

I am proposing that we take a 7-day cruise on the St Lawrence River, Kingston to Montreal and return, with St Lawrence Cruise Lines (https://www.stlawrencecruiselines.com/cruises/celebration-of-spring/)

The benefits for us are:

- staying relatively close to home
- no airline flights required
- no overseas travel insurance required
- 'hotel on the water' no daily packing and unpacking
- bus transportation (Milton to Kingston and return) will be

incorporated into the planning

The riverboat only has 32 cabins https://www.stlawrencecruiselines.com/the-ship/ so we will need to make commitments early to secure space. I believe this type of trip will be a popular choice for many.

This 7-day return trip is only done 3 times per year – late May, July and mid-October.

2022 dates and prices are not yet confirmed but the same trip in 2021 will be \$3000 to \$4000 pp depending on the time of year. (we may get a group rate to offset any price increase for 2022).

Singles rates are available but there are only 4 singles cabins. Additional bus cost is still TBD.

Deposits are \$350 pp with full refunds (less \$100 pp fee) up to 60 days prior to departure.

(I am assuming we may need to make deposits by the end of April this year to guarantee space).

The late May cruise will be the cheapest but some may think that is still a bit too soon given the uncertainties around Covid and vaccines, so I'd like to gather opinions on that too.

Please let me know asap (walter.eadie@cogeco.ca) if:

- you are interested in participating in this 2022 Probus group trip?
- whether you prefer a late May date, June/July or October date?

Special Events: (Susan Popp 905-876-3241; susulucky66@icloud.com and Henry Popp 905-876-3241; hpopp1891@icloud.com)

Looking for volunteers!

Starting in April, Henry Popp will be the person responsible for "Special Events", taking over from Susan Popp.

Henry is looking to develop a tight committee (2-3 members) to generate ideas and run Special events. The committee will meet monthly (currently via Zoom) or as often as required for planning. This team could reach out to other Probus members to run a particular event where they have a skill or an interest. An example would be our upcoming Chef event.

If you are interesting in being part of this small Special Events Committee, please drop Henry Popp a line (Hpopp1891@icloud.com) or call at 905-876-3241.

The Hungry Flight Attendant

We would like to invite you to a cooking demonstration by Philip Bernardino, son of Milton Probus members Dulce and Joe Bernardino. Philip is a trained chef and has had over 23 years experience working in restaurants and doing private catering. Currently he is also a flight attendant and has travelled extensively gaining inspiration to create delicious meals.

Chef Philip will do a virtual cooking demonstration on **Wednesday, March 10th at 5pm** so you can either cook your own delicious dinner simultaneously or cook afterwards full of inspiration to match cooking his skills!

If you would like to participate, please email Susan Popp at susulucky66@iCloud.com to confirm your attendance by March 7th. The grocery list will then be emailed to you. For those of you who would like to attend but just want to watch Philip please also confirm your attendance. Philip will be preparing Italian meatballs with a tomato sauce.

To see more of Philip's cooking talents, he can be found on Facebook and Instagram. He will also be launching a new website soon.



LETS GET TRIVIAL.....again

Our last Trivia Night was a great success, well received and well attended. So with that, we will host a second Trivia Night!

We will look forward to seeing you **Wednesday, March 31st at 6:45pm**. The trivia game will start at 7pm. As before, please have pen and paper ready and write down numbers 1 to 50.

The questions will be grouped into categories. Don't forget we will include some questions from recent Probus Pulse newsletters.

If you prefer to watch the trivia event, you are more than welcome to join, watch and listen to the chatter and fun of the participants.

Special Interest Groups

<u>2 Bridge</u> (Kathy Sellers 647-227-7036; kathleensellers@hotmail.com)

The Bridge Group continues to meet online. They are looking forward to meeting again in person (as we all are). Be safe everyone.

5 Friday Bid Euchre (Joe & Zina Yaworski 905-878-3959; joe_zina@hotmail.com)

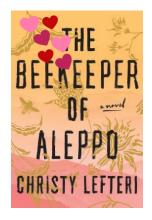
The February Friday Bid Euchre social gathering was hosted by Zina and Joe from Hawaii. Sipping on banana martinis they welcomed the usual group and special guests Hazel and Murray Switzer. We all compared the snowfall amounts in the various home areas and then played February Trivia and Family Feud. Listening to the giggles it almost felt like we were together! Anne Taylor will host the March social.



7 The Hiking Club (Co-Leader Terry Cole 905-845-0171; terryjane@sympatico.ca Leader Marilyn Morita 905-854-5046; george.morita@sympatico.ca)

As February quickly slides by on our way toward Spring, the PWG continued to amass steps in leaps and bounds (as it were). Despite the very frigid temperatures and some goodly dumps of snow our intrepid hikers managed to add another 518,273 steps as of this writing. This brings our total accumulation of step to 82,924,975. I would hazard a guess that our last long trek enabled this able bodied group to withstand the trials and tribulation of frigid cold, piles of snow and slippery slopes. Well done all participants.

9 Spinecrackers (Nancy Lynn 905-319-0191; lynn67.personal@gmail.com



Many thanks to Caroll Williams for her book choice this month. During our Zoom meeting, we had a great discussion about the refugee status in several countries at the present time. We also managed to discuss personal scars, family, health, dressing up for meetings etc. Missing were the desserts and refreshments!

In the novel **The Beekeeper of Aleppo**, by Christy Lefteri, a beekeeper and his wife, an artist, are forced to flee the city of Aleppo when civil war destroys their home and family. It is the story of their flight, the dangers, and their changing relationship as they attempt to reach

England and family waiting there for them.





10 Grape Expectations Wine Club (Tom & Alice Carey 905-336-6309;

carealic@sympatico.ca)

We celebrated the February "Zoom" Wine Club with a Valentine's Night hosted by Anne & Walter Eadie. We had Seventeen Members attending, many of whom had dressed in red for the occasion. Anne & Walter had a fun evening planned. First of all, Walter had a Valentine's Quiz prepared which turned out to be a lot of fun.

Then the story telling began, we each had to tell about our first Valentine's Date where we went for Dinner and what Wine did we drink. Then we graduated to the stories about our Wedding Day, did anything funny happen on the day that had stuck with us, like arriving home from our Honeymoon, opening the front door to be confronted by tons of Balloons, or the getaway car covered inside with loads of

confetti, next, a Date that went awry, like getting on the wrong train and going in the opposite direction, resulting in getting home much later than curfew. Wines of the evening were 'Goats do Roam' Radio Boka Tempranillo, Gato Negro, Black Tower, and a Riesling to name but a few.

Many thanks Walter & Anne for an excellent night.

11 Suds Sippers Beer Tasting Club (Walter Eadie 905-691-5100; walter.eadie@cogeco.ca)



The Suds Sippers met for their monthly 'beer appreciation' evening on Feb 16th.

Since we were so close to Valentine's Day, the theme for this month was obvious and indeed we got chocolate beer (well, actually, milk chocolate stout), red beer and red cans.

David Hunt's grand-daughter even produced a special valentine's wrap for his beer can.

David Wentzell's red can was 'Old Milwaukee' which led to a great discussion on Beers of our Youth – memorable old TV adverts and labels that would not be politically correct these days. David even found a website ranking "Cheap American Beers from Drinkable to Awful".

Not content with all that beer talk, our Zoom hosts Nancy and Dave Lynn started us off with a Quiz to test our 'Beer IQ'. 10 questions at the Basic level was challenge enough for us. Did you know that Louis Pasteur wrote a book on beer? (Etudes sur La Biere). No-one scored enough to be a Beer Brainiac but champs

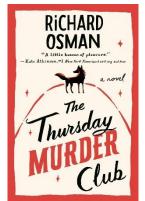
Joe & Zina were crowned Beer Barons!!

Next month's meeting is March 16th and Tom Jones is our host! No prizes for guessing the theme for next month.





12 Bookies (Diane Miller; dianemiller@rogers.com)



The **BOOKIES** book club met and discussed the book "Thursday Murder Club" along with several other fun subjects. We found the book more interesting after the first third which involves confusing character introductions.

At this meeting we got to watch a huge tree being cut down on Betty Ames beautiful lakefront property.

The book for this month's reading is titled "Outlanders" by Gil Adamson.

We invite Probus members interested in meeting on Zoom to join us. It is a lot of fun and our next meeting is on St. Patrick's day, Wednesday, March 17 at 1:30 PM. We will be

wearing green and bringing along a green drink of our choice.

Please contact Diane Miller at <u>dianemiller@rogers.com</u> for more information. A lifelong commitment is not required.

13 Shutterbugs (905-878-5862; david.g.wentzell@gmail.com)



editor with digital photographs.

On February 15, guest presenter Peter Rasberry, retired outdoor educator and amateur photographer, shared his photographs and experiences behind the camera lens. Peter's glorious photos were an inspiration to those in attendance as was his advice that "the best camera for the shot is the one you have with you", whether it is a phone camera, a point and shoot or a top of the line DSLR.

At our March meeting (March 15 at 2pm) George Morita will guide us through the workings of PhotoShop and the benefits of using photo





14 Clässical Crüe (905-878-5862; david.g.wentzell@gmail.com)

Our February meeting found us at the theatre, musically speaking. Michael Hooker presented a program of music by Ludwig van Beethoven, composed for a variety of theatre openings, operas and musical plays. At our March meeting we will venture into the "other" music created by some of Classical music's "One Hit Wonders" Carl Orff, Bedrich Smetana, Johann Pachelbel and more. Plan to join us on Wednesday, March 10 at 2 pm for "The Iron Butterfly Syndrome".

JOKES AND WISE WORDS OF THE MONTH

(Send your submission for possible inclusion in a future newsletter)

As I sat, strapped in my seat waiting during the countdown, one thought kept crossing my mindevery part of this rocket was supplied by the lowest bidder.

-John Glenn

When the white missionaries came to Africa they had the Bible and we had the land.

They said 'Let us pray.' We closed our eyes.

When we opened them we had the Bible and they had the land.

- Desmond Tutu

America is the only country where a significant proportion of the population believes that professional wrestling is real, but the moon landing was faked.

- David Letterman

After the game, the King and the Pawn go into the same box!

- Italian proverb

The only reason they say 'Women and children first' is to test the strength of the lifeboats.

- Jean Kerr

When a man opens a car door for his wife, it's either a new car or a new wife.

- Prince Philip

A computer once beat me at chess, but it was no match for me at kickboxing.

- Emo Philips.

Wood burns faster when you have to cut and chop it yourself.

- Harrison Ford

The best cure for sea sickness, is to sit under a tree.

- Spike Milligan

We are here on earth to do good unto others. What the others are here for, I have no idea.

- W. H. Auden

I don't believe in astrology. I am a Sagittarius and we're very skeptical.

- Arthur C Clarke

Hollywood must be the only place on earth where you can be fired by a man wearing a Hawaiian shirt and a baseball cap.

- Steve Martin

Home cooking. Where many a man thinks his wife is.

- Jimmy Durante

The first piece of luggage on the carousel never belongs to anyone.

- George Roberts

If God had intended us to fly he would have made it easier to get to the airport.

- Jonathan Winters

The weather person is the only person that I know, that can be wrong 99.9 % of the time, and still have a job the next day.

-Johnny Carson

	Of	ficial Canadian Temper	ature Conversion Chart
°F	°C	International	Canada
50	10	New Yorkers attempt to turn on the heat	Canadians plant gardens
40	4.4	Californians shiver uncontrollably	Canadians sunbathe
35	1.6	Italian cars won't start	Canadians drive with the windows down
32	0	Distilled water freezes	Canadian water gets thicker
0	-17.9	New York City landlords turn on the heat	Canadians have the last cookout of the season
-40	-40	Hollywood disintegrates	Canadians watch Pay Per View
-60	-51	Mt. St. Helens freezes	Canadian Girl Guides sell cookies door-to-door
-100	-73	Santa abandons the North Pole	Canadians pull down their ear flaps
-173	-114	Ethyl alcohol freezes	Canadians get frustrated because the keg won't thaw
-460	-273	Absolute zero – all atomic motion stops	Canadians start saying, "She's cold, eh?"
-500	-295	Hell freezes over	The Toronto Maple Leafs win the Stanley Cup

MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
9:30 AM <i>The Hiking Club</i> E-mail notification Marilyn Morita		10:00 AM Annual General Meeting Zoom David Wentzell		1:30 PM Jokers - <i>Joker</i> Cancelled Linda Reid
8	9	10	11	12
9:30 AM The Hiking Club E-mail notification Marilyn Morita	1:30 PM Jokers – Jester Joker Cancelled Peter Sneyd	2:00 PM Music - Clässical Crüe Zoom David Wentzell 5:00 PM The Hungry Flight Attenant Zoom- Cooking	1:30 PM Book Club - Spinecrackers Zoom Nancy Lynn	3:00 PM Bid Euchre - Friday Zoom Zina Yaworski
15	16	17	18	19
9:30 AM The Hiking Club E-mail notification Marilyn Morita 2:00 PM Executive Meeting Zoom David Wentzell	2:00 PM Photography - Shutterbugs Zoom David Wentzell 7:00 PM Beer - Suds Sippers Zoom Meeting Walter Eadie	1:30 PM Book Club – Bookies Zoom Diane Miller 7:30 PM Cards - Euchre TBD Carol Crawford	5:00 PM Dining – Bits and Bites TBD Carol Elliott	1:30 PM Jokers – <i>Wee Joker</i> Cancelled Brian Murphy
22	23	24	25	26
9:30 AM The Hiking Club E-mail notification Marilyn Morita	7:00 PM Wine – Grape Expectations Zoom Alice Carey	1:30 PM Bid Euchre - Wednesday TBD Myra Faichnie	1:00 PM Cards - Bridge Playing Online Kathy Sellers	1:00 PM Cards - Canasta Cancelled Alice Carey
29	30	31		
9:30 AM The Hiking Club E-mail notification Marilyn Morita		Trivia Night 6:45 PM		





APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
				1:30 PM Jokers - Joker Cancelled Linda Reid Good Friday
5	6	7	8	9
9:30 AM The Hiking Club E-mail notification Marilyn Morita Easter Monday		10:00 AM General Meeting Zoom David Wentzell	1:30 PM Book Club - Spinecrackers Zoom Nancy Lynn	3:00 PM Bid Euchre - Friday cancelled Zina Yaworski
12	13	14	15	16
9:30 AM The Hiking Club E-mail notification Marilyn Morita	1:30 PM Jokers – Jester Joker Cancelled Peter Sneyd	2:00 PM Music - Clässical Crüe Zoom David Wentzell	5:00 PM Dining – Bits and Bites TBD Carol Elliott	1:30 PM Jokers – <i>Wee Joker</i> Cancelled Brian Murphy
19	20	21	22	23
9:30 AM The Hiking Club E-mail notification Marilyn Morita 2:00 PM Executive Meeting Zoom David Wentzell	2:00 PM Photography - Shutterbugs Zoom David Wentzell 7:00 PM Beer - Suds Sippers Zoom Meeting Walter Eadie	1:30 PM Book Club – Bookies Zoom Diane Miller 7:30 PM Cards - Euchre TBD Carol Crawford	1:00 PM Cards - Bridge Playing Online Kathy Sellers	1:00 PM Cards - Canasta Cancelled Alice Carey
26	27	28	29	30
9:30 AM The Hiking Club E-mail notification Marilyn Morita	7:00 PM Wine – Grape Expectations Zoom Alice Carey	1:30 PM Bid Euchre - Wednesday TBD Myra Faichnie		



Management Committee:

President	David Wentzell	905-878-5862
Vice President	Shirley Mathews	905-636-8680
Past President	Ray Mathews	905-636-8680
Fellowship Dir.	Marlene Murphy	905-659-2288
Fellowship Dir.	Jim Miller	905-854-2313
Media Director	Brian Murphy	905-659-2288
Media Director	David Hunt	905-875-0350
Membership Dir.	Anne Eadie	905-878-7143
Program Dir.	Clare Ganson-Bell	1 905-878-8091
Program Dir.	Diane Miller	905-854-2313
Property Dir.	Robert Streeter	343-999-5245
Secretary	Walter Eadie	905-691-5100
Special Events Dir.	Susan Popp	905-876-3241
Special Events Dir.	Henry Popp	905-876-3241
Treasurer	Alice Carey	905-336-6309

Club Activity Schedule and Contacts

Club	Date/Time	Convenor	Telephone	Email	
Board Games – Jokers - Joker	1st Fri 1:30 pm	Linda Reid	905-878-7717	dlreid@sympatico.ca	
Board Games – Jokers - Jester Joker	2nd Tues 1:30 pm	Peter Sneyd	905-693-1708	psneyd@sympatico.ca	
Board Games – Jokers – Wee Joker	3rd Fri 1:30 pm	Brian Murphy	905-659-2288	b_e_murphy@hotmail.com	
Book Club - Spinecrackers	2nd Thurs 1:30 pm	Nancy Lynn	905-319-0191	lynn67.personal@gmail.com	
Book Club – Bookies	3^{rd} Wed $-1:30$ pm	Diane Miller		dianemiller@rogers.com	
Classical Music	2^{nd} Wed. $-2:00$ pm	David Wentzell	905-878-5862	david.g.wentzell@gmail.com	
Cards - Bid Euchre - Friday	2nd Fri. – 3:00 pm	Zina Yaworski	905-878-3959	joe_zina@hotmail.com	
Cards - Bid Euchre - Wednesday	4th Wed 1:30 pm	Myra Faichnie	905-878-6615	billmyra@sympatico.ca	
Cards - Bridge	4th Thurs 1:00 pm	Kathy Sellers	647-227-7036	kathleensellers@hotmail.com	
Cards - Canasta	4th Fri 1:00 pm	Alice Carey	905-336-6309	carealic@sympatico.ca	
Cards - Euchre	3rd Wed 7:30 pm	Carol Crawford	519-836-1985	dcraw4d@sympatico.ca	
Dining – Bits and Bites	3rd Thurs 5:00 pm	Carol Elliott	905-875-3980	celliott7@cogeco.ca	
Photography	3^{rd} Tues. $-2:00$ pm	David Wentzell	905-878-5862	david.g.wentzell@gmail.com	
Probus Info Network - PIN Online	only - no meetings	Bill Turnbull	905-878-9573	turnbullwt@yahoo.com	
Tastings – Beer – Suds Sippers	3rd Tues 7:00 pm	Walter Eadie	905-691-5100	walter.eadie@cogeco.ca	
Tastings – Wine - Grape Expectations	s 4th Tues 7:00 pm	Alice Carey	905-336-6309	carealic@sympatico.ca	
Travel – Event Coordinator					
Walkers – The Hiking Club	Every Mon 9:30 am	Marilyn Morita	905-854-5046	george.morita@sympatico.ca	