

Milton Probus Pulse



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From the President: Henry Popp



Weather good or bad is always a good way to start my monthly comments. The winter that hasn't been has not quite left us either judging by the weather we have had over the past week. The change to daylight savings time raises our expectations for more spring-like temperatures, but even as we head into the Easter weekend and the month of April, it seems we will still want to keep our winter woolies close at hand.

This last weekend many of us took part in the "Old Time Rock 'n Roll" event, which was a great success, a great "bash" arranged by Darlene Scarrow and Heddy Wright with a few able and willing helpers. In mid-April a group of us will travel to Amsterdam for a week-long river cruise on the canals and rivers of Holland. The membership of The Probus Club of Milton continues to be an active group!

April, of course, brings the usual change in the management team, which will take place at our monthly meeting April 3rd, at which time we will also hold our Annual General Meeting (AGM). It has been my privilege to serve as your club President this past year. However, the accolades rightfully go to the very dedicated and conscientious Management Committee members. It has been a really remarkable team! Please continue to support the new Management Committee and the very good work that its members do on our behalf to make The Probus Club of Milton the success it is.

Wishing you all the very best as I hand over the reins of the Presidency to Susan Popp!

From Our Membership Director: Nancy Lynn

Please welcome these new members to our group:



Eileen O'Neil, Gwen Holroyd, Brian Idenden, Jennifer Wells

Contact information can be found in the Members Only section of our website.

From Our Program Directors: Larry Meehan, Brian Budworth

From our March Speaker – Bob Streeter



Digital Safety

Tech Safety Canada, a project of [Women's Shelters Canada](#), has 6 digital toolkits to help people stay safe online and support them if they've experienced gender-based violence through the use of technology. For example, this could include domestic violence, harassment, stalking, sexual assault, identity theft, and the filming and sharing of private images without consent.

<https://cleoconnect.ca/resource/yourlegalrights/dig>

Thanks for stepping in Bob (as our March speakers was unable to attend) and providing us with online security advice.

April- Josh Martin, Topic - Making Tough Times less Tough



Our next presenter will be Josh Martin speaking on **Making tough times less tough**. From tight deadlines to global pandemics, obstacles come in all shapes and sizes. The biggest one Josh Martin ever faced was an aggressive leukemia that left him with a 50/50 shot at surviving.

May – Jim Kenzie

Our May speaker will be Jim Kenzie renowned Milton car journalist who will entertain us on some of his stories of driving in far flung countries.



From Our Special Events Directors: Darlene Scarrow, Hedy Wright

April 24th

The McMaster Reactor Tour is booked for Wednesday, April 24. The tour begins at 11:00 and we should meet by 10:45 in front of the reactor at 1280 Main Street. It will TAKE 40 minutes to drive from Milton to the MacMaster campus area. I will try to arrange carpools at our general meeting on April 3rd. I can arrange a lunch spot if people are interested. Visitor cards will be at our meeting.

Please read the following conditions:

Tours are subject to the following conditions:

Each participant must present government-issued identification (driver's license, passport, etc.) prior to embarking on the tour and fill out the visitor information card available here:

[Reactor Visitor Information Card.](#)

- There is a maximum of 10 persons per tour, with no more than 3 tours going through the reactor building at any given time.
- All tours require that a visitor information card be filled out; tour cards can be filled out in advance and are available here.
- **All participants must wear closed-toe low-heeled shoes and long pants, (no sandals, high-heeled shoes, shorts or skirts).**
- The reactor tour involves some enclosed spaces.
- Participants' cellphones, cameras, backpacks etc. must be left in the reception office. Furthermore, MNR reserves the right to refuse admission at our discretion.

McMaster Nuclear Reactor Tours

Nuclear Operations & Facilities | McMaster University
1280 Main Street West – NRB A333 | Hamilton, ON L8S 4K1

T: 905.525.9140 ext.23911

Email: mnrtours@mcmaster.ca Web: <https://nuclear.mcmaster.ca/>

March 23- the Rockin' Rob Oldies Dance at the Milton Royal Canadian Legion.

On March 23, 48 Probus “youngsters” twisted, jived, and grooved to the Oldies. DJ Rob Hewlett kept the tunes going all night and even sang a few songs. He did a Fabulous job.

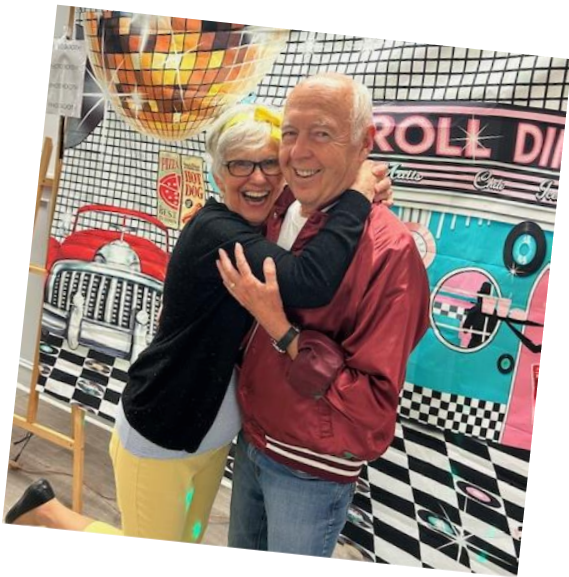
David Lynn won the prize for “Best Oldie Guy”. You should have seen his hair. Lisa Covey’s friend, Grace was the “Best Oldie Gal” with her poodle skirt, saddle shoes and ponytail. “Most Enthusiastic Dancer” went to Pat McIntyre (of Diana and the Supremettes fame) There were also prizes for spot dances.

The decorations and photo booth added to the Oldies ambiance. Many people came dressed as their favourite oldie. The music was great, the food yummy and the people were Amazing! Who knew we have such energetic dancers!

A special Thank You to those who came in the afternoon to set up. At the end of the evening, the room was cleaned up so quickly, I couldn’t believe it.

All the hard work from our Planning team made this a Fun Special Event that was enjoyed by all who attended. My Thank You for your support of this event.





ROCK & ROLL



From our Fellowship Director: Patricia McIntyre

Greeting Cards



Dear Probus Members:

If you are aware of a member who is ill, hospitalized or lost a loved one, please advise the Fellowship Team or a member of the Management Committee.

Also, if you are in need of a ride to our Monthly Meetings or one of our events, please contact Pat to arrange for a pick-up.



Special Interest Groups

Jokers Venue 1 – Linda & Dan Reid - 1st Friday of the Month @ 1:00



Marjorie Clark hosted Venue 1 today.

Bob and Carol Streeter kindly spared for us, as 7 joker players were away on vacation.

Dan, Linda, Ruth, Bob and Carol won 2 games each.

The weather felt like spring today and all had a wonderful time playing jokers.

Thank you Marjorie for all the treats, tea and coffee.

Jokers Venue 2 – Joe & Zina Yaworski - 1st Friday of the Month @ 1:00

Lisa Covey was the host for Venue 2.

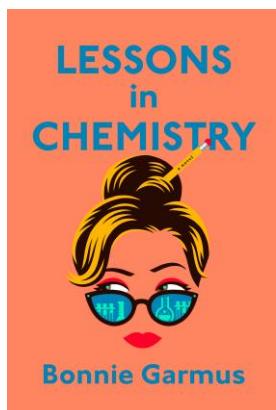
Everyone had fun playing the game, laughing and socializing.

Terry, Jane and Carol Elliott each won three joker games.

Thank you Lisa for the snacks and cold drinks.



Spinecrackers Nancy Lynn – 2nd Thursday of the Month @ 1:30



The book this month was **Lessons in Chemistry** by Bonnie Garmus. This book has been on the best seller list for months and is also an Apple TV movie/series. Basically, we enjoyed the humour, especially the dog, and the non acknowledgement of female talent in the male dominated 1950's world.



I thought it was time to share a 'group' photo. Many thanks to Marion and Pat for hosting. We welcomed a new member who just happened to have read our book for the month so she was able to join in the conversation - a welcome opinion to add to our reading discussion.



Wednesday Euchre Barbara Shein & Elizabeth Dixon – 2nd Wed. @ 1:30

Our next game is planned for April 10th at Carol Elliott 's.

Bits and Bites Marlene Murphy & Anne Eadie 3rd Thursday of the Month @ 5:00

March Bits & Bites was held on the evening of the 21st with two venues, hosting a total of 25 members.

Joe & Dulce Bernardino hosted a group of 15 with one new member, Gwen, joining in for the first time and we welcomed Zenia & Don Morrier back after not being able to attend for some time. As always, the variety of Bits & Bites contributed continues to amaze me as we never seem to end up with duplicates. Dulce satisfied every one's sweet tooth with a delicious cake & a fruit tray which I sadly neglected to get a picture of. And of course, conversation flowed! Thanks Dulce & Joe.

Patricia McIntyre was second venue host this month and reported they also had a great evening of comradery, great conversation and of course super food of some delicious savory appetizers followed by desserts by Pat of cheesecakes, crème puffs, cookies and a fruit tray. Everyone had a great time - so much so – they were too busy eating to take a picture! Thanks for hosting again Patricia.

If you are a new or “older” member and interested in finding out more about or attending Bits & Bites please contact Marleen Murphy at marlene_murphy@hotmail.com or Anne Eadie at aeadiehome@cogeco.ca.



Wee Joker Marlene Murphy 3rd Friday of the Month @ 1:00



The Wee Joker group met on March 15 at Bonnie Chapman's. The games moved along so quickly that we were able to play four games. We had two players, Elizabeth Dixon and Bob Streeter, who won all four games. David Hunt and Carol Streeter both won three games. Thanks to Bonnie for hosting and Carol Elliott who spared for us.

Grape Expectations Jose Bernardino 4th Tuesday of the Month @ 7:00

Only 13 lucky tasters made it to Tom & Anna Marie's for a very enjoyable evening of tasting California wines below \$20, followed by some delicious treats. The highest rated wine was a red, namely Three Thieves Cabernet Sauvignon, which garnered full marks from a very appreciative, long standing member of the group.

As usual, 3 whites and 3 reds were presented and rated. Below are some photos to celebrate the occasion. Nice job, Tom and Anna Marie.



Wednesday Bid Euchre Donna Elliott & John Stubbington 4th Wed. @1:00

Our Wed bid euchre game on Feb 28th was cancelled due to the weather forecast of very high winds & the risk of rain & flash freezing. Our March game is on the 27th at Moe Rolph's place. Anyone wishing to learn or join us as a spare, please contact Donna or John.

Canasta Anna Marie Jones 4th Friday of the Month @ 1:00

March Canasta games were held at the home of Carol Elliott. Fun times were had by all 12 players, as we watched the snow fall outside. Thanks to Bonnie Chapman for sparing at the last minute. Three players each won two games - Brenda Morrow, Bill Turnbull and Anna Marie Jones. Thanks to Carol for hosting, and providing tasty snacks, and a very delicious apple pie. April canasta will be held at Linda Heggie's.



The Walking Group Terry Cole & Walter Eadie - Every Monday @ 9:15



Well we have survived the winter, so we are told. Despite some rather nasty days the group as a whole have shown up in good numbers which is helping us to advance toward our goal of 1000,000,000 steps. The pictures that follow are from February's outings to Indian Trails in town, Mountsberg C.A. and Hilton Falls C.A.



I have not been out myself due to an injury that I experienced in February and have no pictures of the group for March's walks.

As I reported above, we are fast approaching the 100,000,000 step mark. We should reach that mark in late April. As a point of note for those retired walkers, we are contemplating an April 29th celebration day. Be prepared to attend as you have all made a contribution to the attaining this accomplishment. We will be updating plans as to the when and where. Hope to see a large group out for this occasion.

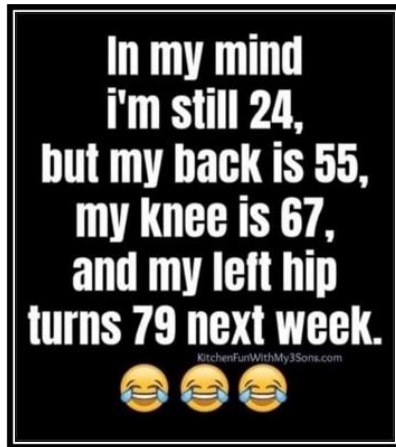


Bridge Ruth Parkinson 1st Thursday of the Month @ 1:00

Our next bridge with the Escarpement Probus is April 4th at the Grace. Respond to ruth.parkinson@sympatico.ca if you would like to join us.

JOKES AND WISE WORDS OF THE MONTH

(Send your submission for possible inclusion in a future newsletter)



FUN FACT
**Women spend more
time wondering what
men are thinking
than men spend
actually thinking.**

Husband: "Scientists have found that men say about 10,000 words a day, while women say about 20,000..."

Wife (shouts from the kitchen): "It's because we have to repeat everything twice to you blockheads!"

Husband: "What?"

**Nobody told me
that when you
get a husband
the ears are sold
separately.**



I'm not so sure about an inner child, but I have an inner idiot that surfaces every now and then.

**I found that I have
been happier since I
changed from coffee in
the morning to orange
juice. My doctor
explained that it's the
vitamin C and natural
sugars but I really
think it's the Vodka**

April

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Easter Monday	2	3	4	5
		10:00 AM Annual General Meeting Milton Sports Centre Henry Popp		1:00 PM Jokers - Joker V1 - Linda & Dan Reid V2 - Joe & Zina Yaworski
8	9	10	11	12
9:30 AM The Walking Group E-mail notification Terry Cole	1:30 PM Jokers – Jester Joker Bill Turnbull	1:30 PM Euchre Barbara Shein Elizabeth Dixon	1:30 PM Book Club - Spinecrackers Nancy Lynn	1:30 PM Bid Euchre - Friday Zina Yaworski
15	16	17	18	19
9:30 AM The Walking Group E-mail notification Terry Cole			5:00 PM Dining – Bits and Bites Marlene Murphy	1:30 PM Jokers – Wee Joker Marlene Murphy
22	23	24	25	26
9:30 AM The Walking Group E-mail notification Terry Cole 1:30 PM Executive Meeting Henry Popp	7:00 PM Wine – Grape Expectations Joe Bernardino	1:00 PM Bid Euchre - Wednesday Donna Elliott John Stubbington	1:00 PM Cards - Bridge Ruth Parkinson	1:00 PM Cards - Canasta Anna Marie Jones
29	30	27	28	29
9:30 AM The Walking Group E-mail notification Terry Cole				