

Milton Probus

Pulse

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Volume 19 No. 5

June 2024

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President's Message:



As I write my President's message, we are still in Spring but today on this Victoria Day weekend it feels like summer. Today we went walking with the Probus Walking Group (PWG). We used to walk with this group years ago with our dog Kiru. Kiru was allowed off-leash when it was appropriate to do so, and she would walk ahead to the front to walk with Terry Cole. There were over twenty of us that walked today. I had forgotten on how much fun it is to walk with other members of our Probus group, meeting members with whom I have never spoken before! I'm going to repeat the experience.

Our Management Committee met on May 13th and we are now into a two month break for the summer. Nevertheless, our club will continue to function with such activities as the walking group, card games, Spinecrackers, "Bits and Bites", and the list goes on.

The upcoming monthly meeting on Wednesday June 5th will be our last meeting before the summer break, until we return on Wednesday September 4th. In August the Management Committee will start up again and plan for the coming months.

I encourage you to continue to stay involved in our Special Interest groups. Our Probus motto is "Our Strength is Fellowship; Our Success is Participation" and what better way to do that than to participate in all that we have to offer with our Special Interest groups.

In addition to the regular weekly and monthly activities within the smaller groups, Lisa Covey and Heddy Wright, our Special Events planners, continue planning and arranging future events. To the extent that those events are already fixed, they are listed in this edition of The Pulse. We encourage you to take part in these extra activities and outings, thereby staying connected with your Probus friends and perhaps making new ones. I wish you all a wonderful summer! Please stay safe but have fun as we will.

'See You in September', as the 1966 song by The Happenings says!

Susan Popp

President

From our Secretary:

If you haven't read our new Health & Wellness Policy protocols already, (they were sent out separately) they are included on page 16 of this newsletter

Anne Eadie

From our Membership Director:

IMPORTANT: Probus Canada now requires each Club to have members' Emergency Contact Information on file. Further to Anne's message, please find the form on page 17 which ensures, in a personal emergency, we know how to reach your family or advocate.

Please fill out the following form/s on page 17:

1. **Emergency Contact information** and, if any,
2. **Recent changes to your personal contact information**

You may complete, print, and submit the form/s at the meeting on June 5th and for those who don't have a printer the Forms will also be available for completion at the meeting.

Thank you for your co-operation in this request for information.

Barbara Shein

In April we were delighted to welcome two new members



Nancy Lynn inaugurated Marion Wright at our meeting, where Marion introduced herself with a great speech.

Contact information can be found in the Members Only section of our website.

Marion Wright & Susan Hooper

Please help them
feel at home



From our Fellowship Director:

Dear Probus Members:

If you are aware of a member who is ill, hospitalized or lost a loved one, please advise the Fellowship Team or a member of the Management Committee.

Also, if you are in need of a ride to our Monthly Meetings or one of our events, please contact me to arrange for a pick-up.



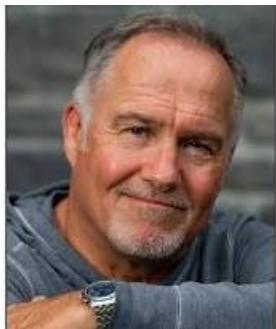
2 Pat McIntyre

From Our Program Directors:

The Speaker for our June 5th Meeting is Neil Crone

Neil's a 'Feel Good' Comedian, Cancer Survivor

Neil is an easily recognized actor who has performed in dozens of TV shows and radio commercials. He is the voice of numerous cartoon characters on Saturday morning. His most current television and feature film roles include a guest starring appearance in **'Rogue'**, **'Murdoch Mysteries'**, **'Remedy'**, **'The Strain'**, **'One Starry Christmas'**, and the soon to be released, **'Bon Cop Bad Cop 2'** and Stephen Kings **'It'**. He has enjoyed six seasons playing the role of Radio Redneck Fred Tupper in CBC's hit sit-com **'Little Mosque on the Prairie'** and two seasons of Family Channel's **'Really Me'**. A Second City mainstage alumnus, Neil has been performing improvised and sketch comedy for over twenty years and is the recipient of a Canadian Comedy Award for Best Radio Comedy.



When not performing, Neil is busy writing; as an award-winning weekly humour columnist for Metroland papers, and a contributor to numerous publications including Zoomer Magazine, Ontario Out of Doors, Dogs in Canada and ACTRA Magazine. Neil's books are **'Semi-Colon; A Writers cheeky journey through colo-rectal cancer'**, **'Who Farted? – Stories in Verse for big and little kids'** and **'The Farmers Secret Midnight Dance'** as well as a collection of syndicated columns. Neil is a cancer survivor and is a National Spokesperson for both the Colo-rectal Cancer Association of Canada and Colon Cancer Canada. He focuses on the power of laughter in healing. When Neil grows up he wants to be an Astronaut.

Don't miss this one!

Daphne Wand & Larry Meehan

“OUR STRENGTH IS IN FELLOWSHIP, OUR SUCCESS IS IN **PARTICIPATION**”
We have openings for people to introduce or thank a speaker. Just contact Larry or Daphne.

Coming up in September is AnnMarie Hagar on the 'Life of Hazel McCallion'

From Our Special Events Directors:



On **Tuesday, October 8th**

34 lucky members will be off to see the fabulous My Fair Lady at the Shaw Festival Theatre and to eat dinner at the Niagara on the Lake Golf and Country Club Restaurant — **The tickets are purchased and printed and will be distributed at the June 5th meeting.**

The tickets came in PDF bundles of 6 or 8 tickets together, thus they're difficult to separate to be emailed, and Heddy is in Europe until June 3rd.

At **10 a.m., Wednesday, June 26** members are invited to participate in a self-guided tour of the rose garden in Hendrie Park, Royal Botanical Gardens, Burlington.

After our garden walk, we will relocate to the Rock Garden Bistro for lunch.

Here's what you need to know:

- Advance registration is required.
- Last day to register is **June 5** at the monthly meeting. The sign-up sheet will be there.
- Entrance fee is \$16.58 (plus tax) per person, payable upon entry.
- No fee for parking.
- Lunch is a separate and individual expense.
- Pre-orders for lunch can be selected from the menu <https://www.rbg.ca/dining/rock-garden-bistro/#1676992265203-dc40d17c-360f>
- Lunch orders must be emailed by **June 19** to Lisa Covey's email: lisa_covey@me.com
- Carpooling is encouraged.

Watch for an email confirming transportation.

A reminder notice will be forwarded to registrants Monday June 24.

Heddy Wright & Lisa Covey

Looking forward to a pleasant day in the garden

Travel:

In April, 26 Probus members and 5 guests enjoyed a 7 day riverboat cruise in The Netherlands and Belgium. The round-trip itinerary from Amsterdam went as far south as Antwerp and Ghent in Belgium and as far east as Arnhem in the Netherlands. Windmills, tulips, canals, and lovely old European cities were the highlights. Everyone enjoyed the relaxing atmosphere of the riverboat life and we were well looked after from beginning to end.



Let **Walter Eadie** know if you'd like to be added to the list of members interested in our next trip – 7 days on the river Seine from Paris to Normandy and return in **September 2025**.

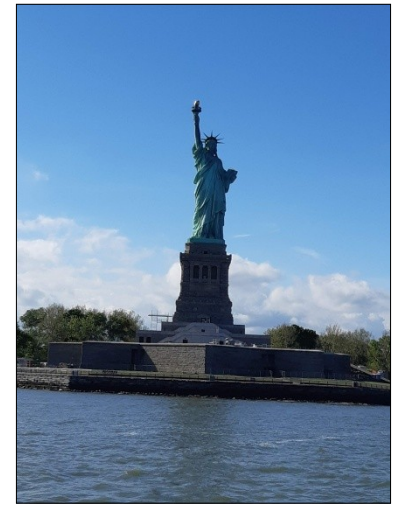


New York, New York

The May bus trip to NYC was quite the adventure:

We now can cross the streets like the native New Yorkers. We know the difference between Avenues and Streets and we can navigate through Times Square!

From our hotel, the Mariott Marquis, we could find our way to the various Districts - Garment, Flower, Hell's Kitchen, Theatre, Diamond, the Museum Mile and Central Park.



We took the elevator ride to the top of the One World Observatory of the World Trade Centre and the views were spectacular.

The cruise to the Statue of Liberty was informative and the Neil Diamond Tribute was fabulous.

Everywhere you look there are buildings - we can identify the Chrysler Building, Rockefeller Centre, Guggenheim, St Patrick's Cathedral, the Lipstick Building, MoMA, the NY Library Lions (Patience and Fortitude) and the list goes on.

Joe & Zina Yarworski

Special Interest Groups:

Jokers Venue 1 – 1st Friday of the Month @ 1 pm



Dan Reid and Ruth Parkinson

Carol Elliott was our gracious host this month. We nibbled on some snack food, then Carol served a delicious chocolate cake.

Our four game winners were Nancy, Lynn and Dan Reid and our three game winner was Ruth Parkinson.

There was lots of laughing during the joker games and everyone had a good time.

Linda & Dan Reid

Jokers Venue 2 – 1st Friday of the Month @ 1:00 pm

Maureen Rolph was the host for Venue 2. They nibbled on cheese and crackers, candy and soft drinks were provided.

Thank you Bob and Carol Streeter for playing as spares and being the game winners,
Bob won four games and Carol won three games.

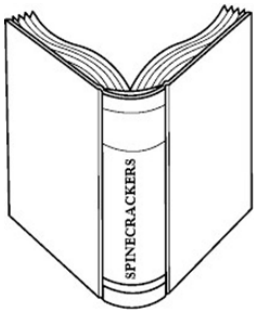
Everyone had a good time playing jokers.

Joe & Zina Yaworski



Bob Streeter, our 4 game winner

Spinecrackers – 2nd Thursday of the Month @ 1:30 pm



This month's meeting was quite unique:.

Pat Oates offered her community room as a venue to welcome Burlington author **Melodie Campbell**.

She is the winner of 10 awards for crime fiction with 17 books and over 60 short stories to her name. She writes capers, heists and golden age mysteries, all with a dose of humour and panache.

Her latest book is **The Merry Widow Murders**. We listened and laughed with Melodie when she spoke of literary 'true crime', her relationship with the 'Mob', her method of writing, and the demands of the publishing industry. She shared her own personal story of family and renewal. It's certain that all of those present went home, feeling they had just been part of a 5 star rating event. Many thanks to Pat who provided a wonderful banquet of treats and drinks.



Nancy Lynn

Friday Bid Euchre —2nd Friday of the Month @ 1:00 pm

On Friday May 10th, Anne Taylor hosted our Friday Bid Euchre games. It was a bright spring day and we enjoyed her peaceful backyard view before the games.

Nancy Lynn took the top spot, followed by Corinne Turnbull and Joe Yaworski. Bill Turnbull had a MOON!

Thank you to Maureen Rolph and Denise Potter for being our spares.

The June games will be hosted by Bill and Corinne Turnbull.

Joe & Zina Yaworski

Wednesday Euchre —2nd Wednesday of the Month. @ 1:30 pm

The Euchre group was not able to gather in May due to conflicts and busy schedules.

We will gather at the home of Suzanne Palumieri on June 12th at 1:30.

New members are welcome. Contact Barbara or Elizabeth if interested

Barbara Shein & Elizabeth Dixon

Bits and Bites —3rd Thursday of the Month @ 5 pm

Thanks to Mother Nature, the weather cooperated, it was a beautiful evening for May Bits and Bites. The group was able to enjoy the indoor and outdoor spaces at the Jones' home.

Anna Marie and Tom Jones hosted 21 members. There was lively conversation, bantering and telling of jokes. I personally was having so much fun that I forgot to take a picture.

Those attending brought a varied and plentiful selection of Bites. Everything was delicious. Not to be outdone, Anna Marie served a yummy selection of desserts to finish off the meal. I am sure, Tom helped. Maybe Tom harvested the rhubarb in their garden for the delicious rhubarb cake.



New members are always welcome to sign-up to join this group. If you are interested, please contact the convenors.

Marlene Murphy & Anne Eadie

Words of Wisdom

1. Only borrow money from pessimists – they don't expect it back
2. If at first you don't succeed, skydiving is not for you.



Wee Joker—3rd Friday of the Month @ 1:00 pm



Our three games winners, Susan Popp, Gaye Bovair, Angela Hunt and David Lynn at the back.

May brings the beautiful weather and spring flowers. We admired Angela's gardens when the Hunts hosted this month's Jokers.

A few of our group happen to be travelling, so David and Nancy Lynn helped to round out our three tables. We had a fun afternoon of Jokers.

Angela's desserts were fabulous, as always.

We played four games of Jokers.

The fellowship at the end, is always a highlight

Marlene Murphy

Grape Expectations —4th Tuesday of the Month @ 7:00 pm



Thank you, James and Wendy for a wonderful evening of fine wines and great conversation.

Below are some photo memories of the evening. Tasting Notes on the wines we enjoyed, and a summary sheet with all our ratings and averages are on the next 3 pages. Enjoy.



Continued on page 9



PROBUS Club Of Milton - Grape Expectations Wine Group EVALUATION SUMMARY




#	WINE	PRICE	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	AVG.
1	Pelee Island Lighthouse Riesling VQA 12.5% abv, 2 g/l sugar	\$13.95	13	18	12	13	12	16	16	15	11	13	17	14	12	12	15	11	11	13	15	11	14	10	15	11	13.3
2	Cave Spring Riesling Dry VQA 11.5% abv, 7 g/l sugar	\$16.95	11	15	14	16	11	14	13	14	14	12	15	15	14	14	16	15	11	14	13	11	14	12	12	9	13.3
3	Inniskillin Dry Riesling VQA 12.0% abv, 12 g/l sugar	\$15.95	13	16	15	12	12	17	17	17	15	16	14	12	12	11	11	10	14	15	15	14	12	15	15	15	14.0
4	Oggi Botter Primitivo IGT Puglia 13.0% abv, 5 g/l sugar	\$11.55	15	11	12	8	12	11	12	14	14	14	16	13	12	14	12	8	11	14	14	12	12	13	12	13	12.5
5	Fantini Numero Uno Primitivo IGP, Puglia 13.5% abv, 10 g/l sugar	\$11.45	15	9	10	11	11	12	14	16	14	11	17	11	13	15	18	16	14	12	14	14	14	13	16	13	13.5
6	Zensa Primitivo IGP Puglia 13.5% abv, 5 g/l sugar	\$16.00	16	11	10	15	14	12	17	17	18	14	16	12	15	16	19	17	16	17	16	19	14	17	17	15	15.4

Date of Tasting: April 30th, 2024
Host/Hosts: James & Wendy Mistruzzi






ONTARIO DRY RIESLING

RIESLINGS are originally from Germany and were quite sweet. Nowadays, however, they are being produced around the world as much drier wines.

WINES IN ORDER OF TASTING	SUGAR CONTENT DESCRIPTION AND FOOD
<div style="text-align: center;">  </div> <p style="text-align: center;">Pelee Island Lighthouse Riesling VQA \$13.95 12.5%</p>	<p>Sugar Content: 2 g/L (Very Dry)</p> <p>This is a refreshing, medium-bodied wine and actually has a good aging potential.</p> <p>It's great with a variety of appetizers, cheeses and easy green salads.</p>
<div style="text-align: center;">  </div> <p style="text-align: center;">Cave Spring Riesling Dry VQA \$16.95 11.5%</p>	<p>Sugar Content: 7 g/L (Quite Dry)</p> <p>This is a fine balanced wine with aromas and flavours of limes and pears with a little bit of minerals.</p> <p>It's a perfect pairing with Greek Salads or any type of light fish and seafood.</p>
<div style="text-align: center;">  </div> <p style="text-align: center;">Inniskillin Dry Riesling VQA \$15.95 12%</p>	<p>Sugar Content: 12g/L (Dry)</p> <p>A dry medium-bodied wine with tastes and aromas of melon, pear and citrus fruits.</p> <p>Pairs best with fresh salads which include any combination of oranges, fennel, olives, cucumbers and prosciutto.</p>

ITALIAN PRIMITIVO

PRIMITIVO has a very long history dating back to the times of the Phoenicians. It has a lot in common with a more well-known grape variety called Zinfandel.

WINE IN ORDER OF TASTING	SUGAR CONTENT DESCRIPTION AND FOOD
 <p>Oggi Botter Primitivo IGT Puglia \$11.55 13% alcohol</p>	<p>Sugar Content: 5g/L (Very Dry)</p> <p>Aromas of plum jam, spices and figs. A dry to medium full-bodied wine with spicy black fruit flavours. It's great value for it's price.</p> <p>Steak with grilled Vidalia onions, topped with sweet and sour cherries.</p>
 <p>Fantini Numero Uno Primitivo IGP Puglia \$11.45 13.5%</p>	<p>Sugar Content: 10g/L (Dry)</p> <p>It has an intense ruby colour with aromas and flavours of toast, prune, chocolate, spices and herbs. A medium to full-bodied wine.</p> <p>Lamb & Sausage</p>
 <p>Zensa Primitivo IGP Puglia \$16.00 13.5%</p>	<p>Sugar Content: 5g/L (Very Dry)</p> <p>Deep, dark and definitely full-bodied wine with lots of oak. <u>This is a serious wine for its price.</u></p> <p>Rustic Italian pasta or Grilled Meats</p>

NOTE: All these wines are available at the LCBO in Milton

Jose Bernardino

Wednesday Bid Euchre—4th Wednesday of the Month @ 1:00 pm

Thanks to Nancy & Dave Lynn for hosting our Wed bid euchre game on May 22nd.

We enjoyed munchies, beverages & an excellent carrot cake.

Brenda Morrow had her first moon.
Congratulations!

Dan Reid's high score was 203, John Stubbington's 189 & Moe Rolph's 176.

There were also several other high scores.

The June game will be held at Brenda's on June 26th.



Donna Elliott & John Stubbington

First senior moment in history

The very first "senior moment".



And *that's* what happened to the dinosaurs!

This is Buddy , I bought him as a surprise present for my husband but it turns out he's allergic to dogs . So unfortunately I'm going to have to find a new home for him , and I'm just wondering if anyone out there can help ? . His name is Alan, he's 61, great at DIY, drives a nice car and plans wonderful holidays.



The Walking Group—Every Monday of the Month @ 9:30 am



On Monday morning, a band of intrepid walkers set off from the Mohawk Casino parking lot in search of the mystical 100 M steps marker, said to be somewhere on the Currie Tract trails. And guess what? They found it!

Clearly, there was then nothing to be done but to go back the way they had come!



The important part of Monday's event, was the unveiling of our "100 Million Steps" banner and where better to do this than at the "Morita Mansion". We did this to acknowledge and thank George and Marilyn for all the work they have done over the years to make our group a success.



It was great to see that the guest of honour was able to make an appearance and participate in the photos (and George, being George, had to take his own photos at one point as well!) He was as pleased to see us as we were pleased to see him



Continued on page 14



100,000,000 STEPS

Including those who joined us for lunch at Swiss Chalet, there were 36 Probus members who came out to celebrate this occasion. Including many who have been walking with the group almost since the beginning. Thanks to James Mistruzzi and Jean Robinson for some of the photos.



Terry Cole & Walter Eadie



Denise Potter wanted to check how many steps to walk the circumference of the earth.

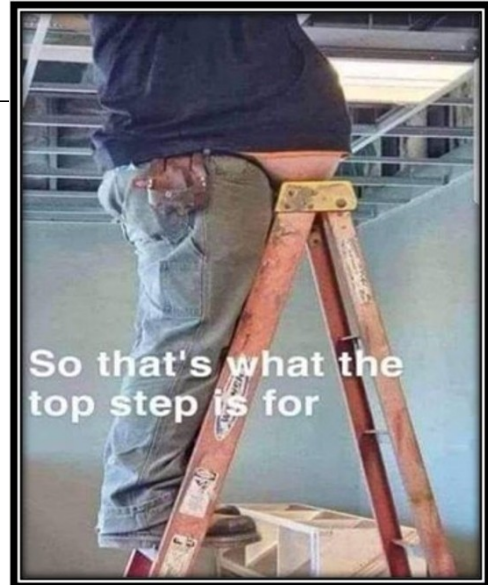
She thought it might make a new goal to reach for the Walking Group.

Wrong! It has been estimated at 52,592,000 steps.

We have almost doubled that distance.

Amazing!

Last night I ordered a glass of wine with my dinner and the waiter asked for my ID. I replied do I look that young and the waiter said "No. I just wanted to see if you qualified for the Senior Citizen discount."



Our 2024/25 Management Team

President - Susan Popp

Past President - Henry Popp

Treasurer - Brian Murphy

Fellowship - Pat McIntyre

Program Director - Larry Meehan

Special Events - Heddy Wright

Communications Newsletter - Lynn Townley

Vice-President - Tom Dusmet

Secretary - Anne Eadie

Membership - Barbara Shein

Property/Technology - Heather Ley

Program Director - Daphne Ward

Special Events - Lisa Covey

Communications Website - David Hunt

All members are here for you. Please contact us if you have any concerns or suggestions

THE PROBUS CLUB OF MILTON

Health Safety & Wellness Policy

Approved April 8th 2024

OBJECTIVES:

- Have our members and guests feel safe and secure in attending Milton Probus events.
- To create for members and guests at Milton Probus meetings & events, an environment, that minimizes risks from transmission of communicable illnesses & emergency situations
- To have procedures in place to be followed in the case of a health or safety emergency.

PROCEDURES TO BE FOLLOWED BY MEMBERSHIP

HEALTH & WELLNESS

DO NOT attend any Probus Meetings or Events:

- if you are ill or feel ill or have a fever
- if you have been in contact with someone ill with a communicable illness
- if less than 3 days after returning from travel
- if less than 3 days after exposure to ANY communicable disease

While proof of Covid vaccination is no longer required, members are encouraged to keep up-to-date on vaccinations

MEDICAL EMERGENCY PROCCESS

In the event of a Medical Emergency at a General Meeting the person to first realize the need for help must: Raise the alarm by notifying the person presiding at the meeting.

The presider will direct someone to:

- Call 911 immediately
- Notify Town of Milton Staff at the Customer Service desk (outside the meeting room door) and they will notify Operations & call 911 if not yet underway.
- Bring an Emergency Defibrillator to the scene if requested to do so by Town staff
- Meet Emergency personnel at building entrance to guide them to the location of the emergency.
- Accompany member to Hospital Emergency Department or to their home if required
- Contact next of Kin (if required) as per "Next of Kin Contact information" as provided to Membership Director.

Emergency Defibrillator

The closest defibrillator is located across the hall from the meeting room, just around the corner from the men's washrooms.

NOTE that:

- All Town of Milton Operations/Maintenance staff are trained with the Defibrillators.
- An alarm will sound to alert Town staff if a defibrillator is removed from the wall.

FIRE EMERGENCY PROCESS

In the event of a fire during the General Meeting the person to first realize a fire should: Raise the alarm by notifying the person presiding at the meeting.

The presider is to direct those at the meeting for someone to:

- Notify Town of Milton Staff at the Customer Service desk – who will notify staff situated throughout the building to provide direction.
- Use a fire extinguisher only if safe to do so and you have been trained.
- If directed by Town of Milton staff exit out the meeting room back doors (South side of room). Cross the parking lot and await further direction from Town staff.
- Leave coats and other belongings (not with you) behind

Request for Emergency Contact Information

Responses by June 5, 2024
(bring it to the meeting)

FORM A - EMERGENCY CONTACT INFORMATION

Probus Member: _____

Emergency Contact: _____

Relationship: _____

Phone Number: _____

Date: _____

I have had recent changes to my personal contact information. Yes___ No___

If you answered Yes to the question above, please complete FORM B.

FORM B – Recent Changes to my Personal Contact Information

Address: _____

e-mail: _____

Telephone Number: _____



June 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 9:30 am Walking Group Email notifications Terry Cole	4	5 10 am Proboscis General Meeting At Milton Sports Centre Susan Popp	6	7 1 pm Jokers Venue 1 —Linda & Dan Reid Venue 2 —Joe & Zina Yaworski	8
9	10 9:30 am Walking Group Email notifications Terry Cole	11 1:30 pm Jester Joker Bill Turnbull	12 1:30 pm Wednesday Euchre Barbara Shein & Elizabeth Dixon	13 1:30 pm Book Club—Spinecrackers Nancy Lynn	14 1 pm Friday Bid Euchre Joe & Zina Yaworski	15
16 Father's Day	17 9:30 am Walking Group Email notifications Terry Cole	18	19	20 5 pm Bits & Bittes Marlene Murphy & Anne Eadie	21 1 pm Wee Joker Marlene Murphy	22
23	24 9:30 am Walking Group Email notifications Terry Cole	25 7 pm Wine Tasting—Grape Expectations Jose Bernardino	26 1 pm Bid Euchre Donna Elliot & John Stubbington	27	28 1 pm Canasta Anna Marie Jones	29
30						