

# Tanya Zabinski

studied fine art and design at Buffalo State College, Kansai Gaidia Daigaku in Japan, and Parsons School of Design in NY. She has a lifelong interest in meeting, reading about and learning about people who exemplify peaceful ways of living, and in applying elements of their lives to her own life. She channeled this interest into her book, *Peace, Love, Action! Everyday Acts of Goodness from A to Z*.



“Peace Love Action! perfectly embodies one of the key messages that I am always trying to get across to children around the world—that every day we live on this planet, we make some impact—and we have a choice as to what sort of difference we make.”

— *Dr. Jane Goodall, DBE, UN Messenger of Peace*

Each illustrated act of goodness, is accompanied by an inspirational mini-bio of a person who exemplifies that action from Thich Nhat Hahn (“breathe”) to Wangari Maathai (“plant”) to Alice Waters (“go local”). A set of “What You Can Do” prompts follows each bio, making each biography applicable to everyday life.



In her work with students from elementary through college, Tanya emphasizes simple, actionable, doable choices that each of us has each day.

## Author/Illustrator Visit

During a school visit, Tanya’s focus is to shine a light on peace and love. She draws it out of the abstract realm and into the concrete realm. She uses stories of people who exemplify it in their lives, illustrations of ways it might manifest, and ideas of ways in which we all can manifest it, starting with self-care, then rippling outwards. She can also touch on her life as an artist, her silk screen printing process, writing process, and the world of publication. If your school has a particular area of interest, she’s happy to tailor her talk to address it.

[Peace, Love, Action!](#)

[Website](#)

[Contact](#)

*School Visit Fees For 2022*

*Local In-Person Visits (less than 2 hours away): \$800.*

*In-Person Visits that Require Overnight Travel: \$1500 plus expenses.*