

ROBERT J. LOPICOLA

**BREAKING CHAINS,
EMBRACING POWER,
RECLAIMING YOUR LIFE**



Motivational and Inspirational Keynote Speaker

Author | Entrepreneur | Speaker | Coach
Master Personal Trainer | Nutritionist
Former NBC Weatherman

TOPIC EXPERTISE & SIGNATURE TALKS

Overcoming Addiction and Personal Demons

Signature Talk: *Rock Bottom to Rock Solid*

The Psychology of Reinvention

Signature Talk: *The Power of Reinvention*

Leadership Through Personal Transformation

Signature Talk: *Creating a Purpose-Driven Life After Hitting Rock Bottom*

Rebuilding Life After Loss and Failure

Signature Talk: How to Rebuild Your Life When Everything Falls Apart

Cultivating Grit and Resilience

Signature Talk: Why Your Lowest Point Can Be The Foundation of Your Strongest Future

Leadership Through Personal Transformation

Signature Talk: Creating a Purpose-Driven Life After Hitting Rock Bottom

What Audiences Walk Away With:

- A raw, real, and redemptive perspective on addiction, recovery, and transformation
- Tools to reframe shame and rediscover self-worth
- A proven framework for healing pain, loss, behavioral compulsions, guilt, and shame
- Motivation to transform pain into purpose

Speaking Highlights

- Published 6 books on Amazon
- Over 150 educational and coaching videos on YouTube
- Nearly 20 years of speaking experience
- Dandy Don Award in 2005 for being a “true voice in the community”
- Presented hundreds of hurricane seminars across South Florida

Book Rob for your next event and transform your audience's outlook on life with his **empowering insights.**

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