



ROBERT J LOPICOLA

From Addiction & Hopelessness to Purpose & Power

Motivational and Inspirational Keynote Speaker:

Master Life Reinvention Strategist | Transformation Specialist |

Former NBC Weatherman | Master Personal Trainer | Author

TOPIC EXPERTISE

- Overcoming Addiction and Personal Demons
- Rebuilding Life After Loss and Failure
- The Psychology of Reinvention
- Cultivating Grit and Resilience in Adversity
- Leadership Through Personal Transformation
- Creating a Purpose-Driven Life After Hitting Rock Bottom

SIGNATURE TALKS

ROCK BOTTOM TO ROCK SOLID
How to Rebuild Your Life After Addiction, Trauma, or Devastating Loss

THE POWER OF REINVENTION
Turning Rock Bottom Moments into Launchpads for Extraordinary Success

WHAT AUDIENCES WALK AWAY WITH:

- A raw, real, and redemptive perspective on addiction, recovery, and transformation
- Tools to reframe shame and rediscover self-worth
- A proven framework for healing from pain, loss, behavioral compulsions, guilt, and shame
- Motivation to transform pain to purpose

CERTIFICATIONS:

- Certified Life Coach
- Behavioral Health Coach
- Master Personal Trainer
- Certified Nutritionist
- Specialize in Sex Addiction Recovery Coaching
- Second-Degree Black Belt in Taekwondo

SPEAKING HIGHLIGHTS:

- Published 4 books on Amazon
- Over 140 educational videos on YouTube
- Nearly 20 years' experience speaking
- Dandy Don Award in 2004 for being a "true voice in the community"
- Presented hundreds of hurricane seminars across south Florida

BOOK ROB FOR YOUR NEXT EVENT:

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