



ROBERT J LOPICOLA

Breaking Chains, Embracing Power, and Reclaiming Your Life

Motivational and Inspirational Keynote Speaker |

Author | Entrepreneur | Speaker | Coach | Master Personal

Trainer | Nutritionist | Former NBC Weatherman

TOPIC EXPERTISE

- Overcoming Addiction and Personal Demons
- Rebuilding Life After Loss and Failure
- The Psychology of Reinvention
- Cultivating Grit and Resilience in Adversity
- Leadership Through Personal Transformation
- Creating a Purpose-Driven Life After Hitting Rock Bottom

SIGNATURE TALKS

- Rock Bottom to Rock Solid
- How to Rebuild Your Life When Everything Falls Apart
- The Power of Reinvention
- Why Your Lowest Point Can Be The Foundation of Your Strongest Future

WHAT AUDIENCES WALK AWAY WITH

- A raw, real, and redemptive perspective on addiction, recovery, and transformation
- Tools to reframe shame and rediscover self-worth
- A proven framework for healing pain, loss, behavioral compulsions, guilt, and shame
- Motivation to transform pain to purpose

CERTIFICATIONS

- Certified Life Coach
- Behavioral Health Coach
- Transformation Specialist
- Master Personal Trainer
- Certified Nutritionist
- Specialize in Sex Addiction Recovery Coaching
- Second-Degree Black Belt in Taekwondo

SPEAKING HIGHLIGHTS

- Published 6 books on Amazon
- Over 150 educational | coaching videos on YouTube
- Nearly 20 years' experience speaking
- Dandy Don Award in 2005 for being a "true voice in the community"
- Presented hundreds of hurricane seminars across south Florida

BOOK ROB FOR YOUR NEXT EVENT

Rob@academyoflifechange.com | 954.861.7385 | www.academyoflifechange.com