

# LIFE TEEN MARYSVILLE

DESERT-ED - A TIME OF PREPARATION

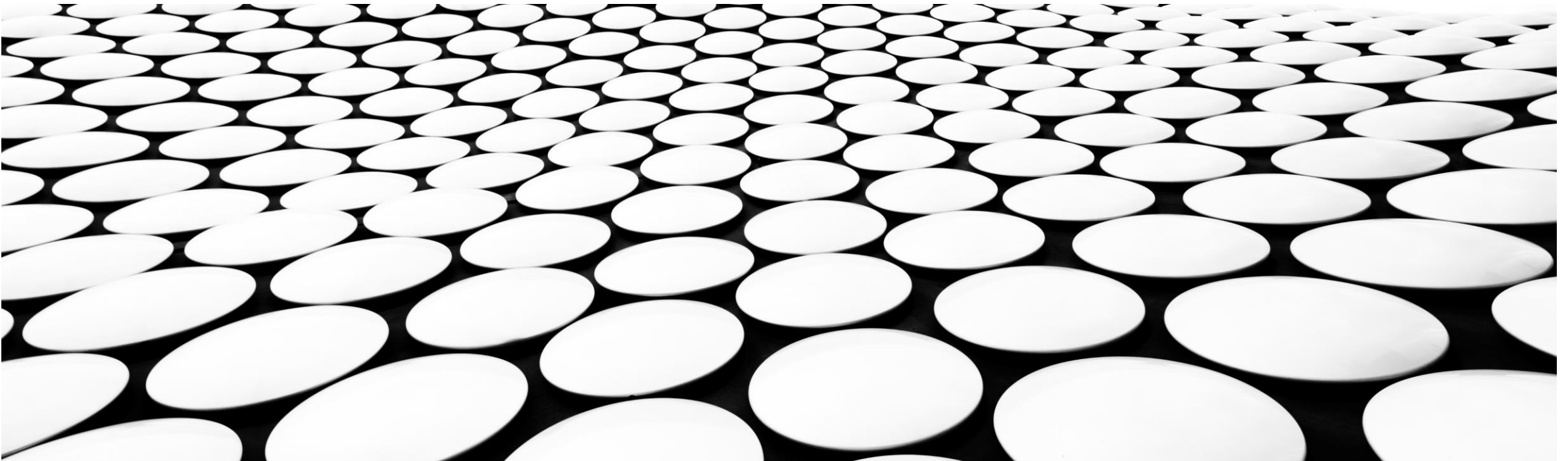
AND PURIFICATION

<https://lifeteenmarysville.com/>

<https://www.instagram.com/lifeteenmarysville/>



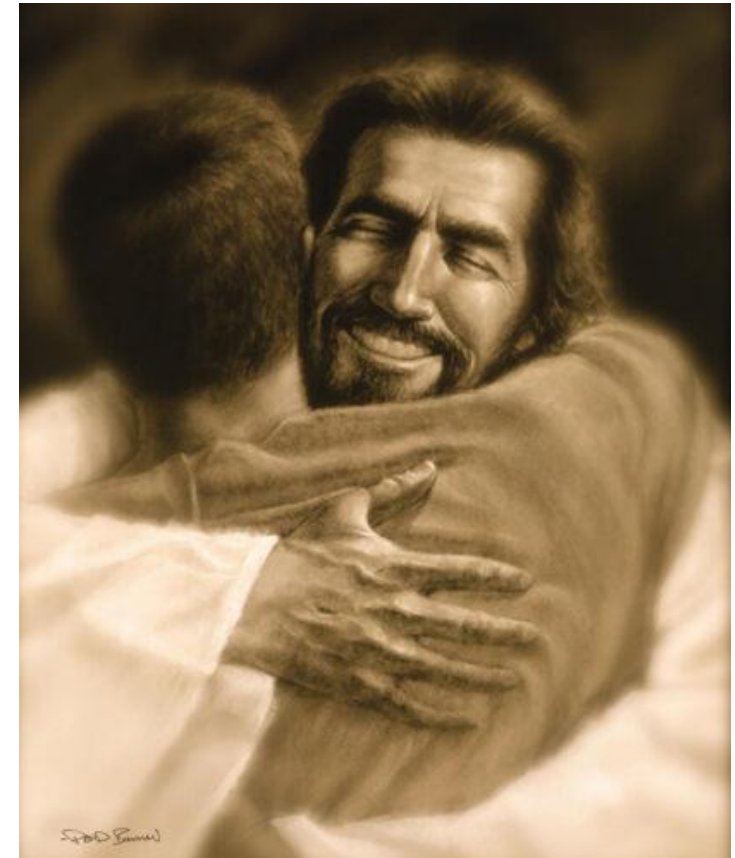
LIFE TEEN  
MARYSVILLE



<https://www.youtube.com/watch?v=y4f0yIWMbXg>

## TODAYS AGENDA

- Lunch – Croissant sandwiches/hot dogs!
- Anyone New – Get to know
- Get Pumped Up for Lent!
- **LENT – Time for preparation and purification**
- Small Group
- What is next?
- Meditation.... I Thirst for you! (from Jesus)



## INTRODUCTIONS – ANYONE NEW – PLEASE STAND UP

- Name
- Grade
- School
- If you could only eat one type of pizza for the rest of your life – what would it be?



# LENT A TIME FOR PREPARATION AND PURIFICATION

Understand that during Lent we are called out, like Christ, into the desert for a time of preparation. It will also look at fasting, prayer and almsgiving as ways to help us prepare for Easter.

## SCRIPTURES:

Exodus 12:46  
Numbers 21:8-9  
Zechariah: 12:10  
Matthew 4:1-11  
John 18-19  
Romans 6:5-11  
Revelation 1:7

God's message to you today...  
I thirst for you!

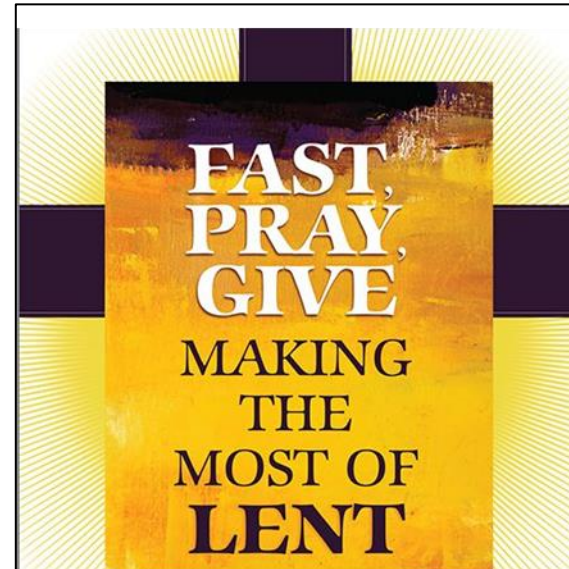


<https://www.youtube.com/watch?v=QiYXkGKRLbM&t=218s>



# SELL ME ON LENT... PUMP IT UP.... HELP US MAKE IT HAPPEN

- Options to win....
  - 1. Marketing Skit/Commercial...
  - OR
  - 2. Lent Encouragement Poster...
- 
- 20 minutes to prepare...
  - Winner gets....
  - ~~.... Prizes, Pride, Pleasure, Status...~~
  - Candy and Prayers





## LENT: GARDEN VS. DESERT



A garden on the other hand is calm, inviting, and sheltered. You could sit by a stream and rest in the coolness of the breeze and get lost in the colors of the flowers and sounds of the birds.



Deserts are very unforgiving. They are next to impossible to navigate and can quickly become deadly if you haven't been trained on how to survive. The conditions and weather of a desert are extreme and unpredictable.



# LENT: LED OUT TO THE DESERT

<https://www.biblegateway.com/passage/?search=Matthew%204%3A1-11&version=NIV>



Remove all distractions – prepare your heart for Him... He Thirsts for you! Just open your heart...

# MAKING THE MOST OF THE DESERT: FASTING, PRAYER AND ALMSGIVING

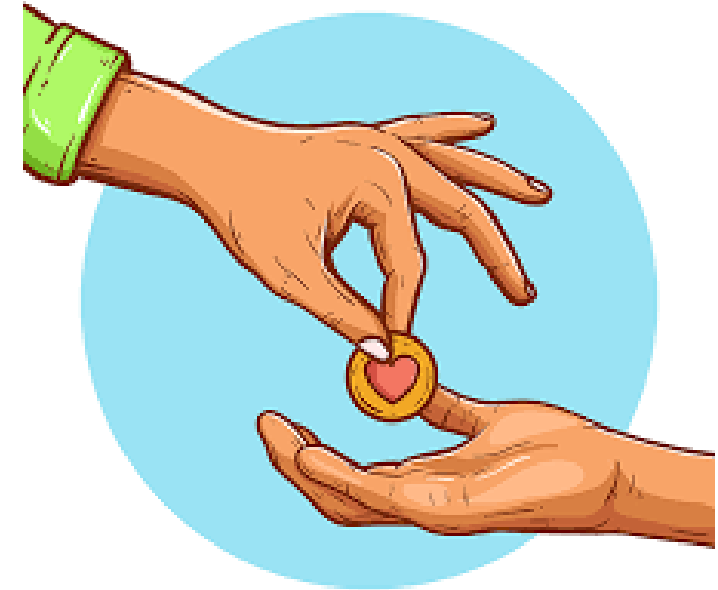


**FASTING...** fast from those activities during Lent and give that time to God in prayer. Our fasts are not just meant to last 40 days but continue beyond the season.

As Catholics what are we required to fast and when?



**PRAYER...** we often get distracted by how busy we are and forget to make time to pray. Lent gives us the opportunity to refocus our lives in prayer – communicating with God – pursuing a relationship with Him



**ALMSGIVING...** What is this?  
....an act of self-sacrifice that does not glorify us, but Christ. During Lent we are called to these acts of service as a way to purify our minds and hearts and focus on the sacrifice Jesus Christ made for each of us on the cross.



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## SMALL GROUP

- 1. What is the hardest part about entering fully into Lent?
- 2. Do you have a hard time holding to your Lenten fasts? Why or why not?
- 3. What are some ways you can live prayer, fasting, and almsgiving during Lent this year?



## **BRING IT BACK TOGETHER...**

What was the hardest part about entering fully into Lent?

Anyone still holding “FAST”?

What is your secret?

Who is having the hardest Lent?



## WHAT'S NEXT...

- March 17<sup>th</sup>: Dodgeball / Basketball Tournament
- 6-8pm @ Raymond Elementary

Date	Topic
3/12/2023	Desert-ed
3/19/2023	March 17th DodgeBall - Raymond Elementary Gym
3/26/2023	Preparing for Easter
4/2/2023	No Life Teen - Easter Break
4/9/2023	No Life Teen - Easter Break
4/16/2023	Another Fun Activity
4/23/2023	Life Teen End of Year Party

- Do you need a Reminder? Download the remind app – Join the group
- Keep smiling, saying Yes to God, and keep the faith!
- You have a team now... Life Teen Marysville!

Send a text to

**81010**

Text this message

**@ltmolol**



<https://www.youtube.com/watch?v=uxrLdeurxis>