

KIDS KARATE

GRADING CURRICULUM

	Pinan Sandan & Bunkai	Renzoku Padwork	Choke Defence Follow Up	Rapid Fire Defence	Edged Weapon Defence	Sparring 1x Punches Only 5x Comp Sparring 2x Free Sparring
	Pinan Shodan & Bunkai	Renzoku Padwork	Wrist Grab Follow Up	Rapid Fire Defence	Blunt Object Defence	Sparring 1x Punches Only 5x Comp Sparring 1x Free Sparring
	Pinan Shodan	Renzoku Padwork	Punch Defence Follow Up	Rapid Fire Defence	Sparring 1x Punches Only 5x Comp Sparring	
	Pinan Nidan & Bunkai	Renzoku Padwork	Tackle Defence & Bear Hug Defence	Sparring 1x Punches Only 4x Comp Sparring		
	Pinan Nidan	Renzoku Padwork	Choke Defence Basics	Sparring 1x Punches Only 3x Comp Sparring		
	Kihongata 3-4	Wrist Grab Defence Basics	Sparring 1x Punches Only 2x Comp Sparring			
	Kihongata 1-2	Punch Defence Basics	Sparring 1x Punches Only 1x Comp Sparring			

HOW GRADINGS WORK

- Kids Karate (Under 13) students grade at the end of each school term.
 - Students are required to demonstrate the above requirements to a high standard, with no mistakes, in order to pass.
 - In addition to the above requirements, students must demonstrate basics and combinations to an acceptable standard. Benchmarks are outlined in the Student Handbook.
 - Students must earn a black stripe on their belt in order to test for the next belt at the next testing week.
 - All requirements are covered in class throughout the term.
- It is the student's responsibility to ensure they have covered their requirements prior to testing.