

A BRIDGE OF GRACE & HEALING



The holy oils are one of the oldest and most sacred elements of the Christian tradition and remain profoundly significant for the Catholic Church today.

Often, the use of holy oils in sacraments such as the Anointing of the Sick, Baptism, and Confirmation which may seem like a ritual gesture that goes unnoticed. However, behind every drop of oil lies a rich history full of theological and spiritual meaning that connects the faithful with God's healing and transformative grace.

The Oil acts as a Conductor, the Holy Spirit as the Power, in just the same way as a copper wire carries electricity, holy oil serves as the physical channel, but the Holy Spirit is the actual current that breaks sickness, disease, and oppression. The physical act of anointing grounds a believer's faith. It gives the human mind a tangible moment to believe, receive, and release the power of God.

In ancient times, oil was used to mark property. When a true believer is anointed, the Holy Spirit seals them, testifying in the spiritual realm that they belong exclusively to God. The Prophet Isaiah ^(10:27) states that the yoke shall be destroyed because of the anointing. The Holy Spirit uses the oil as a weapon to shatter demonic strongholds, curses, and emotional trauma. When the oil penetrates the skin, it symbolizes the Holy Spirit saturating the believer's inner being, renewing their strength, and aligning their physical body with divine health.

Within the Old Catholic Church, when Holy Oil is used, we acknowledge the Holy Spirit's presence ^(1 Samuel 16:13; cf. Luke 4:18) It is only within church practice, that being anointed with oil serve as a reminder of the Spirit's active work in both physical and spiritual healing. Healing is a profound gift, and when it comes, it is important to express our gratitude to God. Whether physical, emotional, or mental healing, acknowledging God's hand in our recovery strengthens our faith and deepens our relationship with Him.

We are fortunate to have witnessed healing within our congregations around the world who have faced health challenges. Yet, as believers, we have a powerful tool at our disposal: prayer. It connects us to the divine, serves as a source of comfort, and reminds us that we are not alone in our struggles against evil intent.