



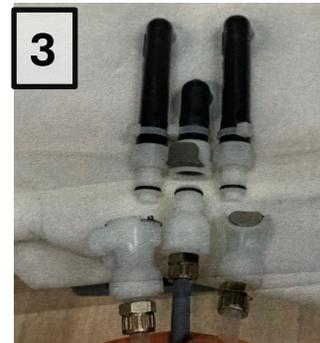
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## ThermoTek VascuTherm 5 Initial Setup

### Usage and Safety Instructions



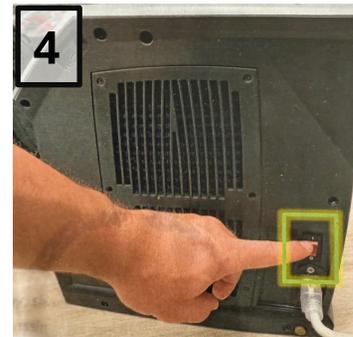
**1.** After removing contents from box/bag, find black insulated umbilical hose and determine male end to connect with female ports on front of the control unit



**3.** Body part wrap has been pre-filled for your convenience. Remove red caps (if any) then align and snap-in 3 prongs of female end of the black umbilical hose into provided single-use body part wrap



**2.** Align and snap-in 3 prongs into VascuTherm side. Note: grey (middle) is air line - may need to lightly moisten O-ring with wet/damp fingertips to ease this port connection



**4.** Plug power cord into wall then insert to right side of control unit. Flip power switch up to power on the device. LCD touch screen boots up and fan begins to prepare coolant

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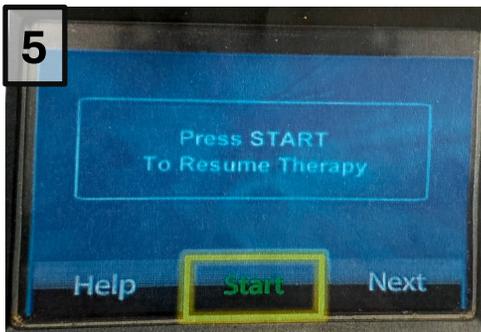


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**5.** Press START on the LCD Touchscreen to begin Therapy



**6.** The control unit is pre-programmed with settings that are optimal for most users. Default temp is 46°F, run time auto switches on/off every 30min; “on” time counts down on **Left**, “off” counts down on **Right**.



**7.** Press STOP on the LCD Touchscreen at any time to halt Therapy. For longer rest times between sessions simply turn off control unit using power button on the right side of unit

Note: Rest time between cooling session is critical to safety and optimal healing as it allows fresh blood and nourishment into the region

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## ThermoTek VascuTherm 5

### Maintenance, Settings and Troubleshooting

### Usage and Safety Instructions

#### Please add water every other day

1. Remove white cap on top of unit
2. Add Bottled or distilled water
3. While filling, place control unit higher than wrap (e.g. on a chair or table)



#### “Low Coolant” displaying on Screen

This notice just means unit needs water.  
Please add water every 2 days

1. Remove white cap on top of unit
2. Add Bottled or distilled water
3. Important: While filling, place control unit higher than wrap (on a chair or table)
4. Touch Accept
5. Touch Start to resume therapy

#### Adjust Temperature

1. While unit running, press Next
2. Select Cool/Heat Therapy
3. Adjust temp up or down using Arrows
4. Touch Accept



#### Activate/Adjust Compression

1. While unit running, press Next
2. Select Compression Therapy
3. Select Standard Compression
4. Select Intensity (Medium recommended)
5. Touch Accept



We're here to help, please call or text us with any questions

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