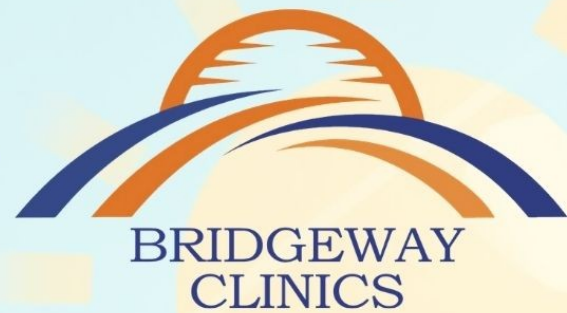


www.bridgeway-clinics.com
You're Not Alone, We Can Help
(816) 768-0090
info@bridgewayclinics.com



Monthly Mental

Newsletter

June, 2026 "Peace & Pride"

With pride and compassion, we recognize and support the mental health journeys of the LGBTQIA+ community.

Our offices will be closed
Friday, June 19th in observation of
Juneteenth

Men's Mental Health Month:

Men's Mental Health Month is a reminder that mental health challenges are common—and that men often face unique barriers to getting support. In the United States, about 1 in 5 adults have been told they have depression, and about 23.4% of adults experienced any mental illness in the past year. Suicide remains a major concern: more than 49,000 people died by suicide in 2023, and men account for the large majority of suicide deaths in the U.S. These numbers highlight the importance of reducing stigma, encouraging early help-seeking, and making mental health support more accessible for men and boys. If someone is in crisis, help is available 24/7 by calling or texting 988.

We are still searching for 1 more female, full time LPC.
Email
info@bridgewayclinics.com for details

Top News

Staff Spotlight:

- We are pleased to announce we are adding a new PHMNP and LPC next month. Stay tuned.
- Be on the watch for new testimonies via social media.
- Please join us in welcoming Amarachi Grace Obi, MSN, PMHNP-BC, to our team
- Congratulations to our Marketing Manager and Life Coach, Lexi, for passing her Missouri Board Exam for Peer Support!

Sunshine Stories:

- In 2027 we will see the launch of the Youth Mental Health Corps in Missouri, designed to place trained, young adult "near-peer" counselors in schools and clinics to mentor youth and help build the state's behavioral health workforce.

Upcoming Group Therapy:

- Saturday June 20th 1-3pm VA "Steady In the Storm" PTSD hosted by Ramzee Robinson email info@bridgewayclinics.com call or stop by the office to sign up