



Monthly Mental

# Newsletter

March 2026, "Blooming Minds: Spring into mental wellness"



A huge win for mental health! Insurance is no longer requiring prior- authorizations for appointments!

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## Top News

### Staff Spotlight:

- Taylor Jackson is no longer with us, we wish her the best in her future endeavors.
- Amy Collins will be out of office for the month.
- Trace Yule will be out of office the first week of March

### Sunshine Stories:

- Thank you and congratulations to the 32 of the 84 clients that started and finished their Spravato treatment with Haylee!
- Our office has successfully introduced 7 new fish to our tank!

Thank you to all of our clients for your patience during our staffing changes. We are excited to announce we have 4 new providers starting soon!

### Upcoming Group Therapy:

- Bridgeway Providers are working with the VA to plan a group support session.
- Parents, be on the lookout for an adolescent session coming soon.

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