



Monthly Mental

Newsletter

March 2026, "Blooming Minds: Spring into mental wellness"



A huge win for mental health! Insurance is no longer requiring prior- authorizations for appointments!

www.bridgeway-clinics.com
You're Not Alone, We Can Help
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Top News

Staff Spotlight:

- Congratulations, Brooke, on passing her Board Certification! We are so proud to have another Peer Support Specialist on our team!
- We are excited to announce we have 4 new providers starting soon

Sunshine Stories:

- Thank you and congratulations to the 32 of the 84 clients that started and finished their Spravato treatment with Haylee!
- Our office has successfully introduced 7 new fish to our tank!

Upcoming Group Therapy:

- Bridgeway Providers are working with the VA to plan a group support session.
- Parents, be on the lookout for an adolescent session coming soon.

email lexi@bridgewayclinics.com for updates