

153 RCSCC Woodstock  
Weekly Routine Orders

Date: Tue 09-Dec-25

RO No. 25-050

CAF Member Dress: No. 5B

Duty Personnel:

Cadet Dress: C5

Officer of the Watch:

Training Night Routine:  
(All times 24hr clock)

Officer of the Day: Lt (N) Harris

Petty Officer of the Day: PO2 Beintema

	Start	Finish
Arrival Time	18:30	
Fall-In / Inspection / Colours	18:35	18:45
Period One	18:50	19:20
Stand Easy	19:20	19:25
Period Two	19:30	19:55
Stand Easy	19:55	20:10
Period Three	20:10	20:40
Fall-In / Sunset	20:45	21:10
Dismissal Time	21:15	

Duty Division:

Mandatory Training

		Period 1		Period 2		Period 3	
		18:50	to 19:20	19:30	to 19:55	20:10	to 20:40
Phase One	PO/EO	M107.02		M107.03		M107.05	
	PO Title	GCK		GCK		GCK	
	Instructor	CV Fruin / CPO2 Nicholson		CV Fruin / CPO2 Nicholson		CV Fruin / CPO2 Nicholson	
	Location	Classroom 1		Classroom 2		Classroom 1	
Phase Two	PO/EO	M223.01		M223.01		M223.03	
	PO Title	Ship's Ops		Ship's Ops		Ship's Ops	
	Instructor	CV DeSapio / CPO2 Ling		CV DeSapio / CPO2 Ling		CV DeSapio / CPO2 Ling	
	Location	Classroom 1		Classroom 1		Classroom 2	
Phase Three	PO/EO	M303.06		M303.06		C203.05	
	PO Title	Leadership		Leadership		Leadership	
	Instructor	CV Cassells		CV Cassells		CV Cassells	
	Location	Classroom 2		Classroom 2		Classroom 2	
Phase Four	PO/EO	M403.03		M403.03		M403.04	
	PO Title	Leadership		Leadership		Leadership	
	Instructor	CI Lockhart		CI Lockhart		CI Lockhart	
	Location	Classroom 3		Classroom 3		Classroom 3	
Phase Five	PO/EO	M509		M509		M509	
	PO Title	GCK		GCK		GCK	
	Instructor						
	Location	Training Office		Training Office		Training Office	

Weekly Activities 10 Dec 25 to 16 Dec 25

Date	Day	Start	Finish	Activity	Location	Dress	OPI

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Upcoming Activities

Activity Start	Activity End	Activity	Location	Dress	OPI

Notes

Middleton  
Lt(N)  
Commanding Officer