

Royal Canadian Sea Cadet Corps Woodstock



Statement of Duties and Terms of Reference

Title: Sports and Fitness Petty Officer

Short Title: Sports PO

Responsible to: Training Officer (Trg O)

1. Conduct a warm-up with all cadets at the start of each sports/fitness activity.
2. Set a positive example regarding drill, dress and deportment.
3. Ensure all cadets are in proper fitness attire prior to conducting the activity and report any deficiencies to the supply officer.
4. Organize and run sports activities by ensuring the activity is approved by the training officer.
5. Assist the training officer in conducting the fitness assessment in accordance to the assessment guidelines.
6. Submit a request to the supply officer for the required equipment no later than a week prior to the sport/fitness activity.
7. All other duties assigned by higher authority.

Signature of Sports and Fitness Petty Officer

Date:

Signature of Commanding Officer

Date: