

# My One Word Lists



I love a good list!

Here, I keep running lists that pertain to My Word. These are organic, living lists. Nothing's written in stone. You don't have to explain them to anyone! I may use all, none, or some of these resources in my One Word Year. No pressure—only options.

Under **Books...** I include fiction, non-fiction, and poetry. I keep my interpretation loose.

**Other Media...** might include blockbuster films, Netflix series, documentaries, podcasts, inspiring Instagrammers, you name it.

**Field trips...** well, these are my favorite. They're adventures, usually close to home...an hour or a day trip (but don't be afraid to go big!) that in any way resonate with My Word.

**Remember: This is all you! Personalize new categories as you go.**

# BOOKS



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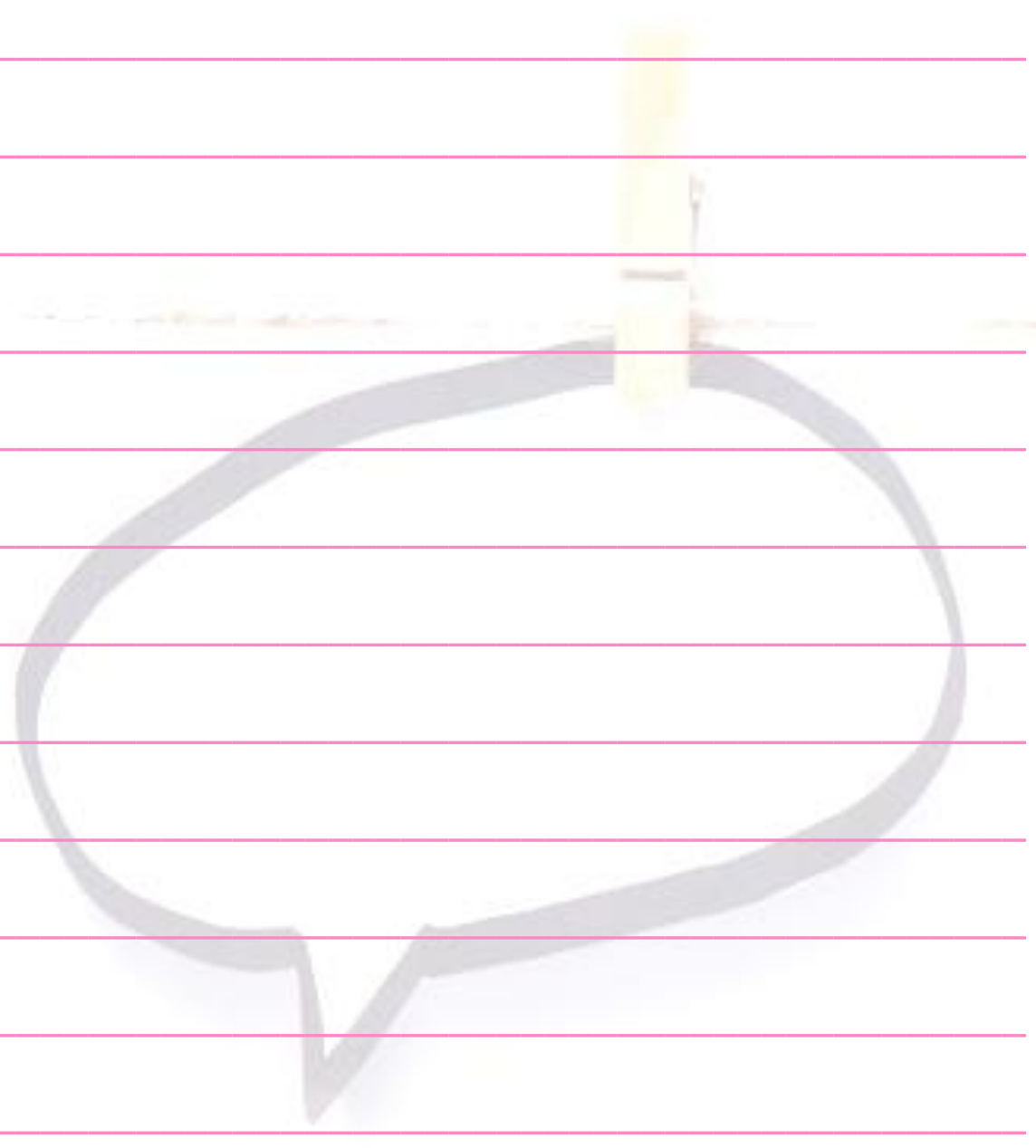
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# OTHER MEDIA



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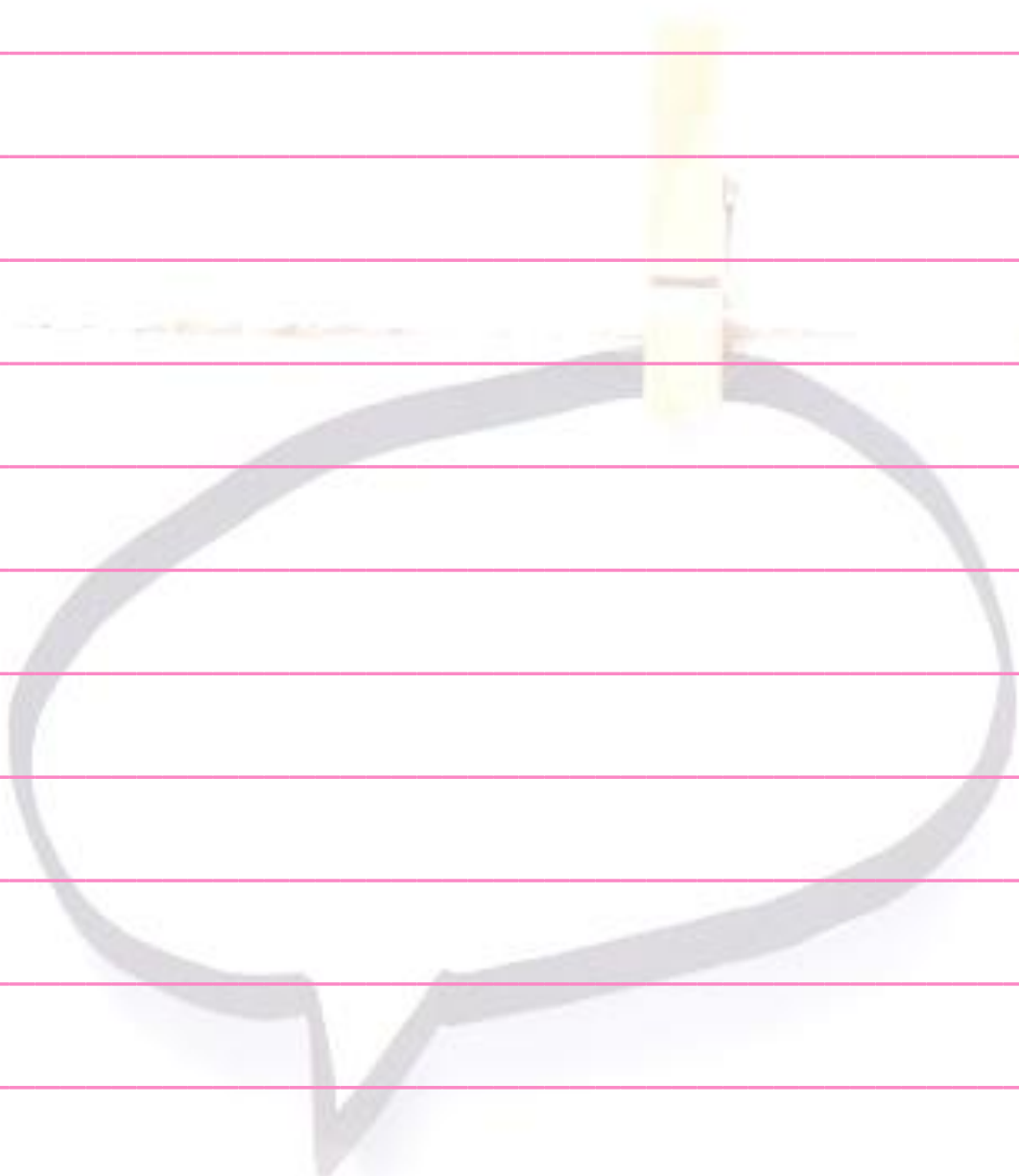
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# FIELD TRIP IDEAS



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