

My One Word Lists

I love a good list!

Here, I keep running lists that pertain to My Word. These are organic, living lists. Nothing's written in stone. You don't have to explain them to anyone! I may use all, none, or some of these resources in my One Word Year. No pressure—only options.

Under **Books...** I include fiction, non-fiction, and poetry. I keep my interpretation loose.

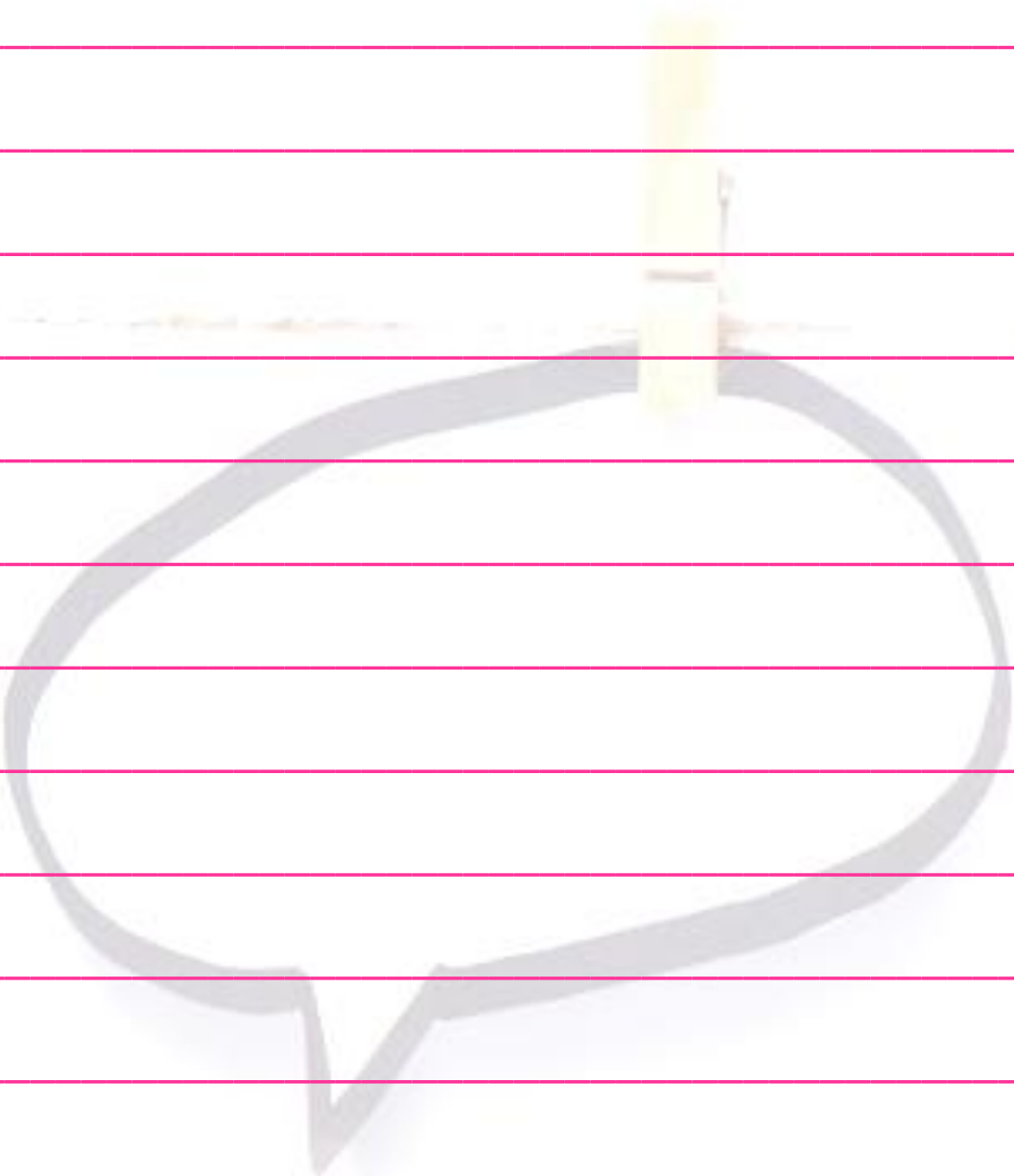
Other Media... might include blockbuster films, Netflix series, documentaries, podcasts, inspiring Instagrammers, you name it.

Field trips... well, these are my favorite. They're adventures, usually close to home...an hour or a day trip (but don't be afraid to go big!) that in any way resonate with My Word.

Remember: This is all you! Personalize new categories as you go.

BOOKS





OTHER MEDIA



















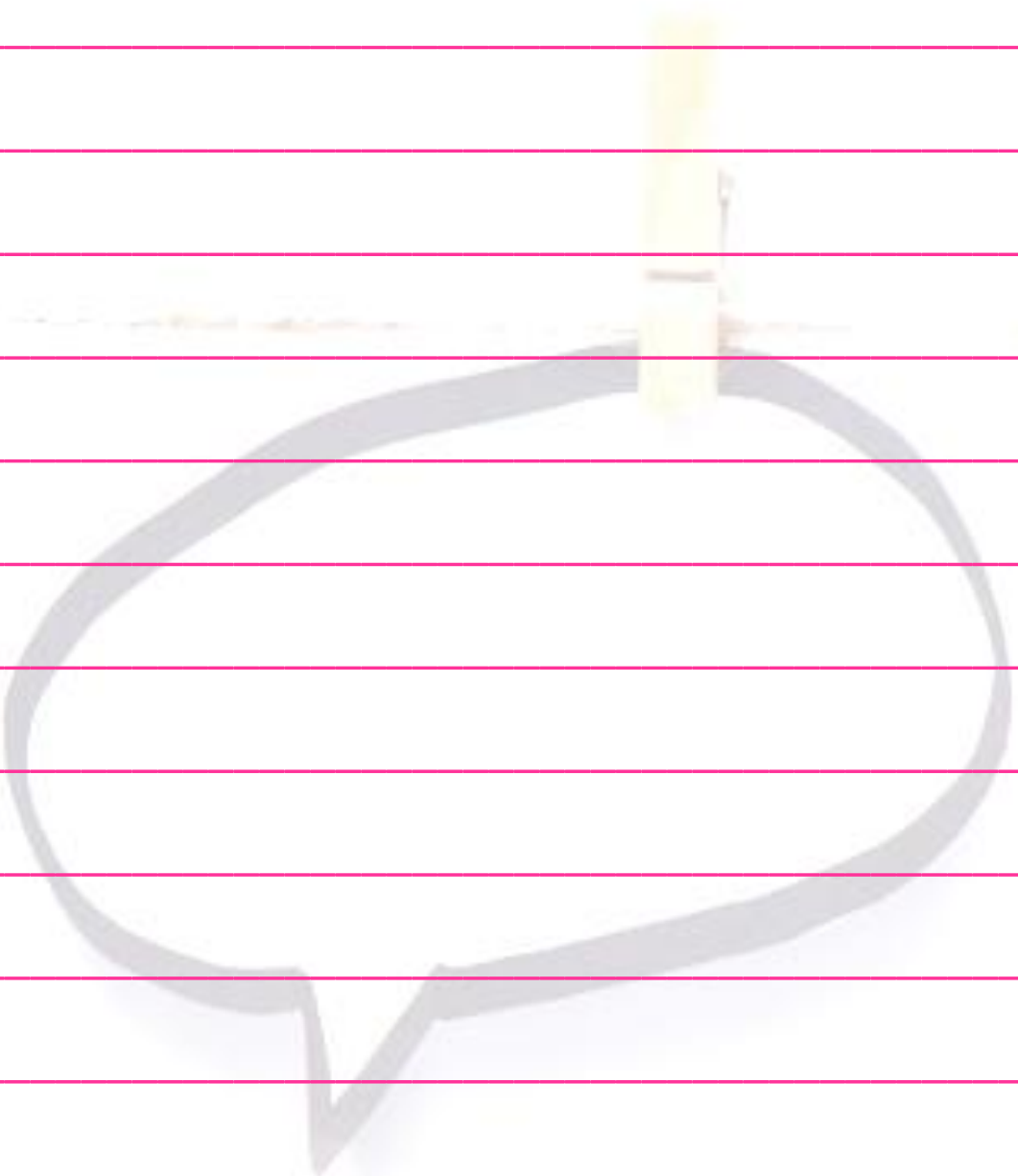












FIELD TRIP IDEAS



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