

# FAIRMONT COMMUNITY HOSPITAL FOUNDATION

## REMEMBER *the gift of giving*

A talented, qualified, engaged and diverse workforce is at the heart of America’s health care infrastructure. Yet COVID-19 has taken a heavy toll on health care teams who have been on the front lines of the pandemic with many suffering from stress, trauma, burnout and increased behavioral health challenges. Even though this daunting challenge of sustaining the health care workforce predates the COVID-19 pandemic, we need your help more than ever.

Staffing is currently a priority focus as there are 13 open nursing positions and several open positions in other departments at MCHS-Fairmont. Therefore, with the help of our supporters, we will be implementing two programs; a nursing sign-on / retention incentive program and a community referral incentive program. The programs align with our mission to develop, manage and distribute philanthropic support to assist MCHS-Fairmont with providing excellent health care close to home. The six-month incentive programs will run through April 30, 2022.

### NURSING INCENTIVE PROGRAM OVERVIEW

Incentive	Amount	Maximum
Sign-on Incentive	\$3,000 paid in full upon hire	Up to \$30,000 [ 10 nurses ]
Retention Incentive	\$2,000 paid upon completion of 3 years	Up to \$20,000 [ 10 nurses ]

### COMMUNITY REFERRAL INCENTIVE PROGRAM OVERVIEW

The referral incentive program is an opportunity for existing employees, or community members living within the service area, to recommend people for employment at MCHS-Fairmont. [Referral forms can be found on our website, under the Projects Tab]

Incentive	Amount	Maximum
Referral Incentive	\$500 paid to referrer upon referral start date	Up to \$5,000

Your gift will support staffing needs so we can keep health care closed to home. Donations can be send in then enclosed envelope.

**YES! I will help support the Incentive Programs for MCHS-Fairmont.**

In memory of

In honor of

Please make checks payable to FCH Foundation. Your gift is tax deductible subject to IRS regulations.

SCAN TO GIVE!



#### Mission

The mission of Fairmont Community Hospital Foundation, a not-for-profit 501 (C) 3 corporation, is the development, management and distribution of philanthropic support to assist Mayo Clinic Health System – Fairmont, Minnesota (MCHS-Fairmont) in providing excellent health care for the local area.

#### Vision

Fairmont Community Hospital Foundation believes much of the strength of rural life lies in having excellent health care close to home, with neighbors caring for neighbors. We will continue to be an active and dedicated fund development entity that supports a first-class community Medical Center. We will work together with the Medical Center to serve as one set of eyes and ears to identify community health and wellness needs.

#### Purpose

The Fairmont Community Hospital Foundation was created in 1989 with sole purpose of enhancing health care in our community through charitable support of our locally-owned medical center. Our efforts are focused on the priorities in this community and we are directed by members of our community. Over the decades, the FCH Foundation has funded projects and initiatives that matter to both our local residents and our local health care providers. We are here to serve the local need, big or small.

#### Board of Directors

- Brian Ruschy
- Marilyn Forstrom
- Ross Wohlhuter
- Logan Peymann
- Robynn Buhmann
- Deb Heinrich
- Dr. Mark Anderson
- Tim Miller
- Lisa Carlson
- Courtney Cutler
- Jane Kotewa
- Dr. Hyun Kim
- Mike Sullivan

## Good News Gems You Made Possible



### Blanket Warmer

With the ever-growing volume of infusion center patients, their one small unit was no longer able to keep up with the needed demand. A warm blanket is a great way to keep patients more comfortable, especially when they're receiving their cooling cap treatments. With warm blankets being used frequently on busy days and the small machine being restocked, blankets don't have time to warm up before they are needed. With the new, higher capacity warming unit, patients will always receive a blanket that will keep them warm and comfortable during their treatment.

### Wellness Packages

Spreading wellness. COVID-19 brought isolation to many of those in our community and continues for some. With your support, we were able to provide funds for MCHS-Fairmont to distribute well-being kits to those in need. Kits include exercise bands, puzzles, crosswords, word finds, recipes, notecards and greeting cards with stamps, small journal and educational pieces.



### Cardiac Monitor

This is a necessary device in the Emergency Department and provides continuous monitoring of the patient's heart rhythm, automatically detecting and recording clinical arrhythmias as well as patient recordings. This is vital to the practice to determine the type and level of care patients in a cardiac crisis must receive. Adding an additional monitor will provide staff with greater accessibility for immediate response to patients.



### Radiology Technologists Mammography Technologists

Specific educational training is required in order for Radiology Techs to perform Breast Imaging. Taylor Juliar and Ellen Cerny recently completed the training requirements and will now begin to cross-train into MCHS-Fairmont Breast Imaging department.



### Cooling Cap Treatments

Cooling Caps are tightly fitting, helmet-like hats filled with a cold liquid that you wear during chemotherapy infusions. These devices have helped many patients keep some or quite a bit of their hair when treated with chemotherapy that can cause hair loss. This treatment is rarely covered by insurance; so far, we have covered this expense for fifteen patients.

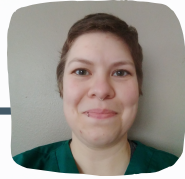


# 2021 ERMA ROSEN NURSING SCHOLARSHIP RECIPIENTS



**SIERRA COWING**

"My personal and professional life both took a hit from my mental health issues with depression and anxiety. Those things caused me to take a deeper look into myself, where I wanted to be, and where I saw myself. I quit my engineering job and started working at an assisted living facility and found what I was missing. My purpose in life is to help and care for others. Nursing aligns so well with my strengths and passions that it seemed like the next logical step to go back to school. Since I have started this nursing journey, I have felt more authentic and excited about what is to come than I ever remember being. I want to make a difference in this world, and I want people to remember how I made them feel more than my name."



**HILARY SHELGREN**

"When deciding what career path to take, I reflected on my personal attributes and what factors make me who I am. I have always been a person who has looked out for others, commonly reflecting on what it would be like to be in another person's shoes. When thinking of where this attribute may be used best, I thought of nursing. Nursing gives the opportunity to assist people with their health care, which often demands the nurse to think from others' perspectives, and advocate for their patient's needs."



**LAURA HARTKE**

"My interest in a career in nursing began from a young age. My aunt served as my nurse role model as she worked in the Neuro ICU. In addition, my twin brothers were in and out of the hospital/clinic with their evolving chronic medical conditions. Throughout my childhood experiences of nurse-patient care interaction, I knew I wanted to be part of that experience for someone when they need a comforting hand."



**ASHLEY KECK**

"I chose nursing as my career because I am a helper and love to heal people. When I was 7 years old, my father suffered a stroke at the age of 43, spending a little over a month and a half in the hospital. During this time, I spent many weeks with him in the hospital helping him regain his mobility and aiding in his recovery. I participated in and was there for many therapy sessions and doctor visits, however it was the nurses who made the greatest impact on me. They were always there to support the family in whatever they needed making us feel at home, while away from home. Each day I would watch them and dream about becoming them, which leads me to where I am today."



**ASHLEY CONRADT**

"Throughout my childhood, I grew up watching grandparents and great-grandparents live in nursing homes, assisted living facilities, and hospital beds. During these times, I witnessed doctors, nurses and many other healthcare professionals work tirelessly to give the best care possible to my family members. I became intrigued by the quick thinking, compassionate and empathetic care all nurses gave, it was a truly inspirational experience. I quickly got involved in exploring programs to learn about the different career opportunities in nursing. The ever changing medical field is amazing to be part of and I am excited for my future as a nurse."



**ALEXIS CHRISTIANSON**

"In 2018, I graduated with my exercise science degree. From there I utilized that degree working with residents in assisted living facilities, decreasing my community's risks of falls, and facilitating residents' independence. It was then that I got to work closely with nurses and providers to create a plan of care. Within this period, I realized I was drawn to more comprehensive care, assisting beyond physical wellness. From there, I shadowed nurses and recognized that this was a career change that I needed to pursue."



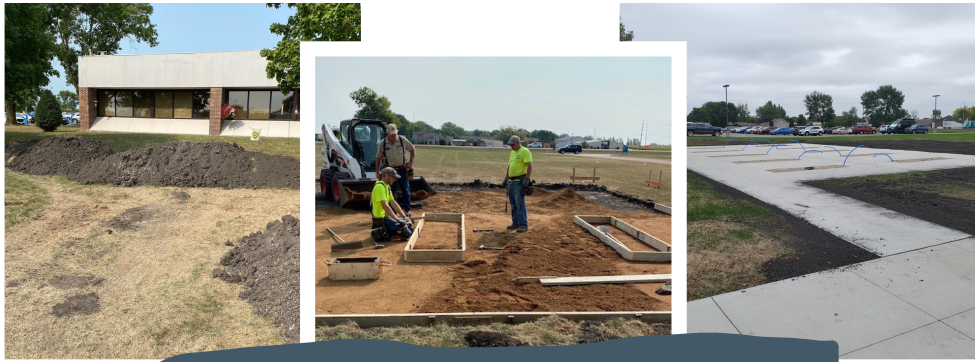
**ANNA SUNDBLAD**

"Growing up, I have always had an interest in the health care field. I enjoyed science courses throughout high school and have a passion for working with children. This along with the wide variety of opportunities in the field of nursing is what led me to pursue this career. I hope to become either a pediatric or neonatal nurse upon graduation."



**JEROME POOR BEAR**

"After achieving my BSN, my goal is to grasp a Doctorate in Nurse Anesthesia. I want to be a role model and beat the statistics of the 0.4% of Native Americans becoming a nurse and raise the bar. With the education I am receiving, it will give me the ability to raise the physical, mental, social, and spiritual health of Native Americans to the highest level."



## FCH Foundation Healthy Living Garden

Construction is underway and the garden is developing day by day! We are so excited to begin this project for the patients, families, staff and community.

The Healthy Living Garden provides an escape for all. An escape for patients receiving treatment, an escape for families who are waiting and an escape for staff who have worked a long shift. Not only does it provide an escape but it also provides nourishment for all.

If you have been by the Hospital, you will notice the garden is forming just outside the Lutz Cancer Center; vegetable beds have been formed and cement has been poured forming the walkways throughout.

A few benefits of donating to the FCH Foundation Healthy Living Garden:

- Contribute restorative and pleasant nature view for patients, visitors, staff
- Provide positive escape from work stress
- A garden for the community
- Opportunity for nutrition education
- Expand availability of nutritious foods for those in need
- Increase physical activity, mental health, and relaxation
- Beautify the medical campus ground



I've enclosed a donation for the FCHF Healthy Living Garden

In memory of       In honor of

\_\_\_\_\_ name of loved one(s)

Please make checks payable to FCH Foundation. Your gift is tax deductible subject to IRS regulations.

# Planned Giving

CARES ACT TAX ADVANTAGES MAKES  
NOW THE PERFECT TIME TO GIVE.

In response to the economic fallout of the COVID-19 outbreak—the Coronavirus Aid, Relief, and Economic Security (CARES) Act was signed into law, providing emergency financial assistance to individuals, families, and businesses affected by the pandemic. It also presented considerable tax incentives for Fairmont Community Hospital Foundation supporters for the 2020 tax year.

What does this mean for you now? The new law temporarily suspends the conditions for required minimum distributions (RMD) into the 2021 tax year. That means if you are 70 ½ or older, you can still make a gift from your IRA or name Fairmont Community Hospital Foundation as a beneficiary. The CARES Act also allows a charitable deduction of up to \$300 for single filers and \$600 for married couples filing jointly even if you don't itemize. If you do itemize, the tax incentives are even greater. The CARES Act removed the 60% of adjusted gross income (AGI) limitation for most cash gifts to public charities for 2020. That cap has also been removed for 2021, meaning you are able to offset up to 100% of your AGI with charitable contributions.

If you would like to make a difference in the health of our community, consider taking advantage of these current tax benefits by making a gift to the Fairmont Community Hospital Foundation. It's important to work closely with your tax and financial advisor to coordinate your tax and charitable giving strategies. Your advisors can provide a detailed tax projection so that you will be fully aware of how a potential gift would impact your overall tax and investment planning.

# Support while you shop!

IT'S THE SEASON FOR HOLIDAY SHOPPING  
DO YOU SHOP ON AMAZON? IF SO, USE AMAZONSMILE!

AMAZONSMILE DONATES 0.5% OF YOUR PURCHASE (BEFORE TAXES AND REBATES) ON ALL ELIGIBLE PRODUCTS TO YOUR CHARITY OF CHOICE. THIS MAY NOT SOUND LIKE A LOT, BUT IF YOU'RE LIKE MANY OTHERS WHO PREFER THE CONVENIENCE OF ORDERING GIFTS AND NECESSARY ITEMS ONLINE, IMAGINE HOW QUICKLY IT COULD ADD UP!



# ANNUAL MEETING UPDATE

Every year, we look forward to connecting with our friends of FCH Foundation and sharing our vision for the future that we're building together. But given the concerns around COVID-19, we've made the decision to cancel our Annual Meeting.

This was a tough call to make -- the Annual Meeting is an incredibly important event as it's one of our favorite ways to celebrate all of you who have donated to the Foundation but we need to prioritize the health and safety of the community.

In the meantime, here is a quick overview of 2020. Thank you for your patience and understanding -- and we look forward to seeing you at our Annual Meeting in 2022. 🙌

### 2020 Donor Distribution

Amount	# of Donors	Gift Totals
> \$1,000	7	\$29,651.43
\$500 - \$999	6	\$3,250.00
\$100 - \$499	11	\$1,933.00
\$0 - \$99	71	\$3,040.00

95 UNIQUE CONTRIBUTORS  
REPRESENTING A  
TOTAL OF \$37,874.43

## 2020 Assets

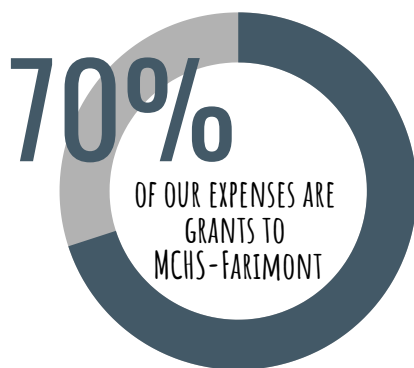
Erma Rosen Nursing Scholarship  
\$206,637.63

Charitable Gift Annuity  
\$107,443.29

Unrestricted Funds  
\$445,830.63

Restricted Funds  
\$142,311.18

Endowment  
\$4,076,122.31



Last year was a difficult year both locally and globally. A pandemic, social unrest and natural disasters have weighed heavy on our hearts and minds. Through it all, the generosity of our community never wavered.

Since 1989, FCH Foundation has partnered with the community to raise over \$9 million to support local health care. Over those decades FCH Foundation has funded projects and initiatives that matter to both the local residents and to local health care providers. In 2020, \$116,863.17 was granted to the local hospital.

Thank you for supporting FCH Foundation. Your gifts help improve the health of our community and serve as a beacon of hope for brighter days ahead.

BIG OR SMALL, FCH FOUNDATION  
IS HERE TO SERVE THE LOCAL NEED.

## Donor Recognition

It is with great honor to recognize these donors who have increased their accumulative giving in 2020. Thank you for your commitment of enhancing health care in our community!

FOUNDER [ \$50,000 + ]  
Glen & Ruth Draut Estate

PHILANTHROPIST [ \$25,000 - \$49,999 ]  
Warrne & Mildred Brodt Estate  
Helen Koenerke Lueck  
Felix & Betty Smietana Estate

BENEFACTOR [ \$10,000 - \$24,999 ]  
Rita & Dr. Amrit Singh

PATRON [ \$5,000 - \$9,999 ]  
Wally & Mary Reed  
Wyman & Rebecca Fischer

SPONSOR [ \$1,500 - \$4,999 ]  
Ove & Debra Oren  
Allen & Karen Struck  
Keith & Mary Jo Hartmann  
John & Donna Hilestad  
Harry Dr. Cherlynn Brumbaugh

PARTNER [ \$500 - \$1,499 ]  
Karla Schwanz  
Marvin & Beth Christianson  
Kathleen Lloyd  
Pam Wedel  
Ross & Cindy Wohlhuter  
Rob & Lynda Stauter  
Helen Rolling

It is with sincere appreciation that we acknowledge these gifts received by Fairmont Community Hospital Foundation from March 1, 2021 - October 31, 2021

## In Memory

### **Cory Anderson**

James & Betty Smith

### **Ed Beckman**

Judith Beckman

### **Wayne Brolsma**

Helen Lueck

### **Clarence LeRoy Schulz (Bud)**

Julie Schulz

### **Glenys Maschoff Butler**

Larry & Linda Becker

Dean Maschoff

Marlo Maschoff

### **Ross & Adeline Cone**

Jim & Rhonda Cone

### **Don Dahlke**

Harry & Dr. Cherlynn Brumbaugh

### **Phyllis Evans**

Steve & Donna McMurtry

### **Ruth Fink**

Steve & Donna McMurtry

### **Janice Gardner**

Harry & Dr. Cherlynn Brumbaugh

### **Charles Gustafson**

Steve & Donna McMurtry

Phyllis Salz

### **John & Velma Haeckel**

Gary Haeckel

### **Helen Hager**

Jane Kotewa

### **Harold & Greta Jagodzinske**

Maynard & Mary Jagodzinske

### **Lilah Mae Jorgensen**

Helen Lueck

### **Verl Koecher**

Marlowe & Jean Potter

### **Gracie Leiding**

James & Betty Smith

### **Duane Madsen**

Arnold & Donna Madsen

### **Marlin F. Mosloski**

Helen M. Mosloski

### **Marilyn Nielsen**

Julie Becker

Dennis Bremer

Marilyn Forstrom

Steve & Donna McMurtry

Matt & Jennifer Nielsen

Virginia Riedesel

Stephanie Schmitz

John & Shelley Selstad

### **Nellie Oanes**

Steve & Donna McMurtry

### **Judy Olson**

Bob & Eileen Millette

### **Marianne Petersen**

Arlen & Bonnie Bock

Ray & Vicki Davison

Cliff & Charlotte Dobie

Matthew & Patricia Flynn

Todd & Bonnie Froehlich

Colleen Geisler

Fred & Kathleen Aizen Glenview

Steven & Vanessa Graham

Marly & Mary Ann Hagen

Harriet Haglund

Mark Hansen

Patricia Jones

Jean Kaduce

Marlene Moeller

David & Merilee Petersen

John Petersen

Carol Ries

Jerry Teig

Janice Tennyson

Randy & Diane Wink

Karen Weihe

### **Julie Potter**

Marlowe & Jean Potter

### **Kathleen Rudolph-Raine**

Jon & Cheryl Rowan

### **Lura & Glenn Reed**

Wally & Mary Reed

### **Helen & Darwin Roebbeke**

Urban & Nina Nawrocki

### **Leo J. Salz**

Phyllis Salz

### **Jerome Schuder**

Bonnie Schuder

### **June Schultz**

Burdean & Dorothy Hartwig

### **William Schaefer Senior**

Jean & Pat Fiedler

### **Harold Shelstad**

Joan Campe

### **Mary Beth Snyder**

Michael Katzenmeyer

Kwik Trip

Tom & Darla Lytle

Thomas & Jane Palmer

Gordon & Karen Toupal

### **Tom Sparks**

Steve & Donna McMurtry

### **Robert (Bob) Stewart**

Richard & Marlys Traetow

### **Karen Stine**

Jeffrey & Jacqueline Cink

Ray & Vicki Davison

Patricia Jones

Janice Tennyson

Robert & Madge Toland

### **Norma Stough**

Art Stough

### **Bruce Thompson**

Dale & Lee Ann Erickson

### **Jerry Tietje**

Harry & Dr. Cherlynn Brumbaugh

### **Larry Totzke**

Pat Totzke

### **Donna Zaborowski**

Ray & Vicki Davison

Keith & Mary Jo Hartmann

## In Honor

### **Infusion Therapy Staff**

Linda & Ron Kallheim

### **Jane Kotewa**

Gail Stremel

*We asked,*

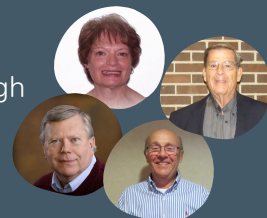
**YOU MADE TIME.**

# THANK YOU

FCH Foundation would like to recognize and appreciate the enormous contributions fellow individuals have given in their roles on the Board of Directors.

It is through passionate members that we have been successful. A tremendous thank you for the gift of your time, talents, and leadership.

Dr. Cherlynn Brumbaugh  
Ove Oren  
Dr. John Holstine  
Paul Edman



One term ending, is another's beginning. We are thrilled to welcome our new Board Members!



Tim Miller  
Logan Peymann  
Jane Kotewa  
Mike Sullivan

# A message from MCHS-Fairmont:

Mayo Clinic Health System in Fairmont has experienced many successes in 2021, with the dedication and expertise of our staff at the center of everything. Despite the ongoing pandemic and nationwide staffing challenges, the local teams continue to tirelessly administer tests, provide vaccinations, and care for patients inside the hospital and clinic in many ways.

Several other noteworthy accomplishments have taken place this year:

- We have successfully recruited a new podiatrist, social worker and two primary care providers. Recruitment efforts persist for two primary care physicians, an ophthalmologist, a behavioral health psychologist and a psychiatry nurse practitioner.
- The Mobile Health Clinic launched in late-July. The clinic — which is set inside a large recreational vehicle — includes two exam rooms, an on-site laboratory and equipment to connect patients with Mayo Clinic experts virtually through video appointments. To date, the unit has provided basic and specialized care to hundreds of patients.
- Earlier this year, Mayo Clinic Health System in Fairmont expanded surgical services to include after-hours coverage for emergency cases.
- The Fairmont hospital received a four-star overall quality rating from the Centers for Medicaid and Medicare Services (CMS) for the second consecutive year.

We are proud of all of the aforementioned and unmentioned accomplishments of 2021 and look forward to another year of growth and exceptional patient care in 2022.



Dr. Marie Morris  
Medical Director



Amy Long  
Administrator

## COMPANY MATCHING GIFTS

YOU DONATE.

THEY MATCH.

DOUBLE THE IMPACT.

Did you know many companies offer a matching gift program to encourage philanthropy among their employees? And that some companies will even match to spouses and retirees?

With matching gifts, it is possible to double or even triple your gift to FCH Foundation, at no additional cost to you. Contact your Human Resources department to determine if the company you work for, matches gifts!

# 'TIS THE SEASON TO BE GRATEFUL AND THANKFUL

Almost no one in healthcare could have predicted that they'd be in the midst of a global pandemic at some point in their career. But even as what was asked of them continued to increase and take a toll, the staff at MCHS-Fairmont was unwavering. Every day there is new patients, new guidelines, and new fears; and even when exhaustion set in, they continued to work, continued to care for patients, and continued to stay positive.

To show our appreciation, every staff member of MCHS-Fairmont will be receiving \$50 in Chamber Bucks which not only benefits the employee but helps support our Community as well. Know that you are seen and appreciated and we have immense gratitude for each and everyone of you. Thank you from the bottom of our hearts.

*Health Care Team:*  
**PILLARS OF STRENGTH  
 AND SUPPORT**

## Your gifts today make for a better tomorrow

More than ever, we send our heartfelt gratitude to you, our generous partners. Everyone who enters MCHS-Fairmont benefits from your support, whether they seek emergency or specialty care, whether they have stable health insurance or need financial assistance. Never have your gifts had more impact than in 2020.

Whether you chose to designate your gift to a special purpose or make your gift in memory of a loved one, please know that with each gift, you are furthering the FCHF Mission and helping someone's loved one live their lives more fully in our community, where health, independence and choice come to life.

We are grateful for every gift to the FCH Foundation because you're enhancing our ability to serve our residents. Thank you for your help in providing this critical funding.

Wishing you and your families a blessed Holiday Season.

*Kayla Caven*

FCH FOUNDATION ADMINISTRATION

